

Annex

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THE LECTURES OF BOYER
UPON
DISEASES OF THE BONES,

ARRANGED INTO A SYSTEMATIC TREATISE,

BY A. RICHERAND,

PROFESSOR OF ANATOMY AND PHILOSOPHY, AND PRINCIPAL SURGEON
TO THE NORTHERN HOSPITAL AT PARIS.

ILLUSTRATED WITH PLATES.

TRANSLATED FROM THE FRENCH

By M. FARRELL, M. D.

TWO VOLUMES IN ONE.

THE FIRST AMERICAN EDITION,

WITH

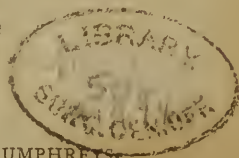
NOTES AND ADDITIONAL PLATES,

By JOSEPH HARTSHORNE, M. D.

Philadelphia :

PRINTED AND SOLD BY JAMES HUMPHREYS,
Corner of Second and Walnut-streets.

1805.



Am. M.

District of Pennsylvania, to wit :

BE IT REMEMBERED that on the fifth day of August, in the thirtieth year of the Independence of the United States of America, A.D. 1805, Joseph Hartsborne, of the said district, hath deposited in this office the Title of a Book, the right whereof he claims as Proprietor, in the words following, to wit :

“ The Lectures of Boyer upon Diseases of the Bones, arranged
“ into a Systematic Treatise, by A. Richerand, Professor of Ana-
“ tomy and Philosophy, and Principal Surgeon to the Northern Hos-
“ pital at Paris—Illustrated with Plates—Translated from the
“ French by M. Farrel, M.D.—Two Volumes in one.—The first
“ American Edition, with Notes and Additional Plates, by Joseph
“ Hartsborne, M. D.”

In conformity to the act of the Congress of the United States, intituled, “ an Act for the encouragement of learning, by securing the copies of maps, charts, and books, to the authors and proprietors of such copies during the times therein mentioned”—and also to the act entitled, “ an act supplementary to an act, entitled, “ an act for the encouragement of learning, by securing the copies of maps, charts, and books, to the authors and proprietors of such copies during the times therein mentioned,” and extending the benefits thereof to the arts of designing, engraving, and etching historical and other prints.”

D. CALDWELL,
Clerk of the District of Pennsylvania.

1805

TRANSLATOR'S PREFACE.

THE celebrity of the Authors of this Treatise entitles it to a considerable share of attention. Boyer, a distinguished professor of surgical pathology, and an eminent practitioner of surgery, who is the principal author, would have contented himself with delivering the substance of it in his public Lectures, had not some of his pupils attempted to publish from their notes a spurious edition of the work. These copyists presented Boyer's doctrine in so mutilated a form, that it was found necessary to give a genuine edition of the Lectures to the public. Richerand, professor of anatomy and physiology, and practitioner of surgery, in which department he has distinguished himself by his writings,* at the request of his friend Boyer, and immediately, under his inspection, undertook this task: but he has not confined himself to the duty of a compiler; he has enriched the work by many of his own observations.

The want of a complete treatise in English, on the Diseases of the Bones, must have been felt by students in surgery. The present work, it is pre-

* See Professor RICHERAND'S Elements of Physiology, translated from the French by R. KERRISON, 8vo. printed for J. Murray, 32, Fleet-street.

sumed, will not only fill up this deficiency, but facilitate the study of surgery, and expedite the progress of those who devote themselves to that branch of medical knowledge.

A scrupulous attention has been paid to preserve the precise meaning of the authors. Their ideas have been rendered in plain and intelligible language; and it is hoped that the work, as it is now presented to the public, will answer the same purposes to the English reader, that the original does to the French.

ERRATA.

- Page 11, line 10 from the bottom, for *astragolos* read *astragalus*.
 34, line 17, for *though* read *through*.
 40, line 2, for *Fabrice de Hilden* read *Fabricius Hildanus*.
 44, line 20, for *analogously* read *analogous*.
 45, line 11 from the bottom, and page 82, line 10 from the bottom,
 for *Ledran* read *Le Dran*.
 109, line 7, for *tear* read *bear*.
 116, line 2 from the bottom, for *greath* read *great*.
 121, line 22, dele *the*.
 121, line 4 from the bottom, for *Hook* read *Gooch*.
 156, line 5 from the bottom, for *parietal* read *parietal*.
 243, line 2 from the bottom, for *advantage* read *disadvantage*.
 251, line 3 from the bottom, for *latterly* read *laterally*.
 305, line 4, for *bare* read *bear*.

* These are errors of the London copy.

† This also is an error, (and probably a typographical error), of the London edition. See Benjamin Bell's *System of Surgery*, or *Gooch's Medical and Chirurgical Observations*.

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A TREATISE,

Ec.

INTRODUCTION.

BONES are subject to the same diseases as the soft parts. This assertion may at first appear to be made at random, but its truth will be proved by the explanation into which we are about to enter. Hardness, which is their distinctive quality, does not belong to them in every stage of their existence; their soft and gelatinous state in the embryo is changed in a more advanced stage of life to that of cartilage, which finally hardens by the deposition of a neutralized combination of lime and phosphoric acid, in its parenchymatous structure. To this saline inorganized substance is to be ascribed whatever difference is found between the bones and soft parts. When deprived of this substance, whether artificially, by immersion in an acid, or by the operation of the disease called rachitis, they become soft and flexible, and are reducible, by long maceration, to a cellular structure, in which vessels of every species are seen to ramify.

The existence, however, of the phosphate, and of a small quantity of carbonate of lime in bones, has a great influence on their diseases; the circulation is in some degree obstructed by the presence of this inorganized matter, and all the vital properties are thereby rendered more obscure. Thus all the diseases of the bones, which depend on a greater or less excitement of these properties, are slow in their progress, and of the chronic kind, although similar affections of the soft parts would produce acute diseases. A solution of continuity, for instance, or a simple wound of the soft parts, heals and reunites in two or three days, if the parts be brought into immediate contact; but a wound or

fracture of a bone requires twenty days at least, not unfrequently forty or fifty, and even several months in some cases; and in general it may be said, that the cure will be slow in proportion to the person's age; because, as years increase, the proportion of the saline part of the bones increases also.

How much greater is the duration of exostosis than of phlegmon or any other swelling of the soft parts? Is not necrosis, which is the true gangrene of the bony substance, equally slow? Is not the separation of the living from the mortified part slower than in the gangrene of soft parts? This long duration of these diseases, and the tardy succession of their symptoms, will be greater or less in proportion to the greater or less relative quantity of saline matter in the bones; whence it follows, that their progress will be quicker in the infant than in the adult, and, *ceteris paribus*, that they will be slower in old age than at any other period.

The best and most ancient division of the diseases of the bones is that which distributes them into two orders; the first of which comprehends whatever affects each bone singly, in its substance or continuity; the second comprehends their diseases in the joints, and in their points of contact one with another. But it is to be observed, that the diseases of this second order may affect also the substance of the bones, as, frequently, in cases of white or lymphatic swellings of the joints, caries of the extremities of the bones accompanies the morbid affection of the surrounding soft parts.

The first order of the diseases of the bones comprehends their fractures, wounds, exostosis, necrosis, and caries, the ricketty softening of the bones, their friability, and that morbid state known by the name of *spina ventosa*, or *osteosarcoma*.

The second order embraces sprains, luxations, dropsy of the articulations, the diseases arising from preternatural substances generated in the articulations, white or lymphatic swellings, and anchylosis.

It shall be shewn in the sequel, that the assistance of art is indispensable, and efficacious in the greater number of these diseases. Whatever relates to fractures shall first be considered: Of all the diseases of the bones they are the most frequent; to none is a strict attention more necessary; in the treatment of none is the utility of the surgical art more evident.

CHAPTER I.

OF FRACTURES IN GENERAL.

FRACTURE is defined a solution of continuity of one or of several bones, resulting from a force of extension disproportionate to, and exceeding their natural extensibility. We shall not, in imitation of the greater part of authors, add, "produced by some external cause;" for though the most usual cause of fractures be some external force, yet muscular force is sometimes the sole cause. It is this alone that always occasions the fracture of the patella, olecranon, and calcaneum. This definition might be applied to a solution of continuity produced by a cutting instrument, and therefore very different from fracture properly so called; but a rigorous precision of language is not to be expected, particularly in medical subjects.

SECTION I.

Of the different Species of Fracture.

FRACTURES differ from one another in five respects; 1st, as to the bone affected; 2d, as to the part of the bone; 3d, as to the direction of the fracture; 4th, as to the relative position of the fractured portions; 5thly, and finally, as to the attending circumstances by which the fracture may be either simple, or variously complicated. We proceed to consider them successively in these respects. The fractured bone may be broad, such as the scapula, or bones of the pelvis; or short, as the calcaneum and astragalos; or belong to the class of long bones, as is most frequently the case. The situation and use of the broad bones do not expose them much to be fractured, with the exception, however, of those of the cranium; in which case, the fracture is less to be attended to than the affection of the brain, which it almost necessarily occasions.

The fracture of short bones is still less frequent, on account of the equality of the three dimensions; and if not produced by an external force or weight, which crushes, or rather grinds the part,

is almost always produced by muscular contraction, which is by much the most frequent cause of the fracture of the patella, of the olecranon, and calcaneum. The long bones, whether they serve as pillars, as levers, or as arch-ending points of support and resistance, are much exposed to fracture, and are more frequently fractured than any other class of bones; therefore, all that is to be said of fractures in general, is principally applicable to them.

These bones may be fractured in different points of their length, and that happens most frequently in the point of bisection; in which case, the fracture is produced, like that of a stick bent beyond its natural extensibility, by a force applied at each extremity. These bones may, however, be fractured more or less near their extremities; sometimes even it happens in their extreme points, as shall be explained in treating of the fractures of the neck of the femur and humerus. Sometimes, too, the same bone is fractured in different points, whether it be caused by a weight falling on a fragment of a single fracture, or whether a cause of that nature alone, and exclusively of any pre-existing fracture, break the bone into several distinct splinters. This last species of fracture, which the ancients termed "nut-like," in allusion to the breaking of a nut by a hammer, is distinguished by the descriptive name of *comminutive* fracture.

The differences relative to the part of the bone fractured, establish a distinction of great importance, and not purely scholastic, as is imagined by some; for these differences influence the treatment and prognosis, as shall be proved. Thus, in a fracture of the middle part of a bone, though, on account of the bone being less thick in that part, and the contiguous surfaces therefore less extensive, the fractured portions are more easily and more widely separable one from the other, yet this kind of fracture is the least dangerous; because, in such cases, the cause is seldom applied to the part fractured, and for that reason the surrounding soft parts are injured equally seldom. Another reason of this difference is, that a less force suffices to break the bone in the middle than in any other part; besides, the means usually employed to keep the fractured portions in just contact are more effectual, because they are longer. Add to all this, that inflammation, stiffness, and ankylosis of the joint, are less likely to happen than when the bone is fractured near the articulation.

With respect to the direction of the fracture, there are several distinctions to be made. It is called transverse when its direction is perpendicular to the axis of the bone; oblique, when it deviates from the perpendicular. In this respect also, the *comminu-*

tive fracture is to be considered as of a particular species. This fracture of the bone into several pieces of different directions, is always attended with contusion of the surrounding soft parts. Another species of fracture of a longitudinal direction has been admitted by *Duverney*, of which he quotes two cases, and compares it to the cracks which sudden drying causes in a board that had been impregnated with humidity. *J. L. Petit* has, with reason, denied the possibility of this species of fracture; arguing, that the cause which could fracture a bone longitudinally would fracture it more easily transversely, and must necessarily have done so. The cases of these pretended fractures related by *Duverney* are by no means satisfactory; for it is very difficult to ascertain the existence of such a fracture through the skin, periosteum, and intermediate parts. *Heister* admits its possibility however, and even asserts, that the panaris is for the most part owing to the longitudinal fracture of the finger-bones; but this erroneous opinion has been amply refuted by *Louis* at the conclusion of his discourse on *Petit's* Treatise on the Diseases of the Bones. We adopt the opinion of this latter author, and reject as impossible, the longitudinal fracture, unless that name be applied to longitudinal splinters of comminutive fracture, as is most likely to happen when the fracture is occasioned by a gun-shot.

The most important distinction of fractures is that resulting from the different situations of the fractured portions; the knowledge of their derangements is of the greatest importance, because the principal object in the treatment of fractures is to prevent or remedy these derangements. The separation of the fractured parts is not, however, essential to the disease, for it often happens that the leg is fractured without any change in the form of the limb; and this is particularly the case when the tibia alone is fractured at its superior extremity, because its diameter is considerable in that part, and the extensive surfaces in contact cannot separate without difficulty: the fibula also contributes to retain the fractured portions in their natural situation. But when both bones of the fore-arm or leg are fractured, it rarely happens that the derangement of the parts is not the distinctive sign and proof of the accident. This derangement attends, almost without exception, the fracture of the thigh and arm, these members being each formed of a single bone, and surrounded by very powerful muscles. The causes of this derangement, and its varieties, shall next be considered.

It may happen in the direction of the diameter of the bone, be parallel to, or form an angle with the axis, or merely affect the circumference.

When a bone is fractured transversely, the contiguous surfaces may remain in partial contact, or be totally separated. In a fracture of the tibia, for instance, the inferior portion of the bone may be pushed inward, and totally separated from the superior; or the external part of the former may be placed in contact with the internal of the latter. This incomplete derangement in the direction of the diameter of the bone, does not produce any shortening of the limb; but when this derangement is complete, then follows that parallel to the axis of the bone. The derangement in the direction of the diameter happens when the fractured bone is of a considerable size, as the tibia, for instance, and the fracture transverse; and when the proper means of keeping the parts in their natural situation have been too long neglected. But if the fracture be oblique, the surfaces not extensive, and the accident neglected, the derangement in the direction of the axis takes place, and the limb is shortened. In this last-mentioned might be included the fracture of the patella, olecranon, and calcaneum; with this difference, however, that in the latter cases the fractured ends recede one from the other, and are always found separated by a greater or less distance, instead of passing one by the other, as in the former case.

The third species, viz. that in which two fragments form an angle one with the other, has not been mentioned by authors, and takes place principally in cases of comminutive fracture. It might happen, however, in a simple fracture of the leg, as may easily be conceived by supposing the foot placed on an inclined plane; in which case the angle formed would be salient anteriorly, if the heel were lower than the fore part of the foot, posteriorly if the contrary.

The fourth species, or that affecting the circumference, is produced by the rotation of the inferior fractured portion on the superior, in such a manner as that the part which was anterior becomes internal or external. We have an instance of this species of derangement in the fracture of the neck of the femur; when the foot being ill supported by the apparatus, and obeying its weight, aided by that of the leg and by the contraction of the muscles, turns outward, and carries the inferior fragment in the same direction; in which case, the anterior part of the body of the bone corresponds no longer to the anterior part of the neck.

The bones being but passive instruments of loco-motion, possess not, in their own organization, any cause of the change of situation which takes place, but yield to exterior causes, to the weight of the member, and to muscular contraction; whence it appears, that the causes of this change of situation may be very

various. The cause of the fracture may also be the cause of the derangement of the fractured portions; as when the thigh, for instance, is fractured by a fall from some height: if the weight of the body, pressing on the inferior extremity which bears on the ground, bends the femur forward, the force will not be entirely spent in producing the fracture, but will, in addition, produce a greater or less derangement of the fractured portions.

The celebrated *Ambrose Paré* has offered, in his own case, a fracture and separation of the bones produced by the same cause. This eminent surgeon received a kick from a horse on the leg, with such force, that the lower fractured portion abandoned entirely the upper, which, impelled by the weight of the body, pierced the flesh, integuments, stocking, and gaitre, and drove its pointed extremity even into the earth.

The weight of the limb suffices alone to produce the angular derangement, or that affecting the circumference, as has been already explained, when treating particularly on that subject. Another cause is, the impulse frequently communicated to the limb, by the assistants, during the dressing: but of all these causes, the most powerful is the contraction of the muscles.

Of the muscles which surround a fractured bone, some are attached to that bone in a great part of its length, and therefore in many cases to both portions of the fractured bone. Others extend from the bone which is superior to that fractured, to that which articulates with the lower portion, or to the lower fragment itself; there are still others which terminate in the upper fragment, the other extremity of which may be more or less distant. The muscles of the thigh offer examples of these three different dispositions. The triceps is attached to the whole length of the femur; the biceps, semi-tendinosus, and semi-membranosus, descend from the pelvis to the leg, to which the lower part of the femur is articulated, and all the movements of which it obeys; the great adductor muscle has its insertion in the lower part of the femur itself: finally, the psoas, iliacus, pectineus, &c. &c. descend from the loins and the pelvis, and have their insertion near the superior extremity of the femur.

The muscles which are attached to both portions of the fractured bone, contribute very little to their change of situation; but may, however, draw them both to the side on which they are inserted, and thus change the direction of the limb. The triceps, and more particularly its middle part, acts thus on the fractured femur, and renders the thigh convex anteriorly. The brachialis anterior tends to produce the same effect, when the humerus is fractured below its middle part. But the change from

the natural situation is principally owing to the muscles which are inserted into the lower portion of the fractured bone, or the limb with which it articulates. Let us suppose the fracture of the humerus between its superior extremity and the insertion of the great pectoral muscle; this muscle, aided by the latissimus dorsi and teres major, draws the inferior portion inward and upward, and causes it to ascend on the interior side of the superior, which rests motionless on account of its shortness, and because the muscles, which are inserted into it, are not acted on by any cause that excites them to action. In the fracture of the neck of the femur, the superior portion of the fractured bone has no muscle inserted into it, and remains motionless in the articulating cavity. Those muscles which, on the contrary, are attached to the lower portion, draw it upward and backward, and render its being displaced in that direction inevitable.

The lower portion being acted on by the limb to which it is articulated, follows all its motions, and is liable to be displaced by the action of the muscles which are inserted into it. Thus, in fractures of the body of the femur, the biceps, semitendinosus, and other muscles, draw the leg, and with it the inferior portion, upward, inward, and backward, and cause it to ascend on the internal, and a little on the posterior side of the superior portion, the inferior extremity of which projects, in that case, on the anterior and external side.

In the fractures of the leg, the gastrocnemii muscles, &c. draw the inferior portion upward and backward, with the foot; for in this, as in every similar case, the stronger muscles displace the lower portion of the fractured bone, and draw it in their direction: hence it is, that in this case the portion is drawn backward as well as upward, because the muscles are more numerous and larger on the back part of the leg than on any other. Therefore, when a fracture takes place in any part of a bone, it is easy to determine, from a knowledge of the muscles, what species of derangement will follow, if there be no counteracting cause. Finally, the muscles which have their insertion in a superior fragment, may produce its separation from the inferior. When the femur is fractured immediately below the small trochanter, the iliac and psoas muscles draw forward the inferior extremity of the superior fragment, which raises the skin and projects more or less. It is to be observed, however, that the displacing of this fragment is very rare, whilst the inferior fragment is displaced in almost every case.

Hitherto we have considered the derangements of fractures as simple, but they may be complicated; as for example, when in a

simple fracture of the femur, the lower fragment has ascended upward and inward, and the foot being ill supported inclines externally at the same time. The derangement in this case will be composed of the four species already described.

There are other differences still which depend on the fractures being simple or compound. A simple fracture is that in which the soft parts have received no other injury than that necessarily produced by the fracture; for it is easy to conceive, that a fracture cannot take place without lacerating more or less the periosteum, the small blood-vessels, and the muscular fibres contiguous to the fracture; some degree of contusion and of swelling follows necessarily, and the skin of the part becomes livid and yellow in two or three days. A fracture is compound when it is accompanied by circumstances which require particular modes of treatment; such are a much greater degree of contusion than ordinary; a solution of continuity of the surrounding soft parts, whether that be immediately produced by the fracturing cause, or by the fragments penetrating through the skin, after having lacerated the intermediate soft parts: this happens when the fracture is very oblique and the fragments pointed. This compound fracture may be rendered still more complex, by the rupture of a large blood-vessel, whether an artery or vein, and by the effusion of blood in the cellular texture, which would be its necessary consequence.

Fractures are but rarely accompanied with luxation; in which case the luxation must necessarily precede the fracture; for the fracture once effected, the fragments are not susceptible of luxation: any motion which may be communicated to them can only impel them into the surrounding soft parts producing more or less laceration.

Finally, fractures may be accompanied with other morbid affections, whether pre-existing to the fracture, succeeding that accident, or operating as its predisposing cause. Thus persons affected with a fracture, are also often affected at the same time with a vitiated state of the solids and humours; such are, for instance, the scurvy, scrofula, the venereal disease, or cancer. Add to all this, that the irritation caused by a fracture may be the occasion of an acute fever, which generally changes to the reigning epidemic.

We shall not treat here of the distinction of fractures into complete and incomplete; because these denominations appear to us unfounded, and fit only to lead into error. By complete fractures, authors mean those in which both bones of a limb are at the same time fractured; as those of the leg or fore-arm: incomplete, those in which only one of these bones is fractured, the other not being

injured; but it is evident that in this case the fracture is complete, for to the term incomplete, we can only attach the idea of a bone partially fractured, an occurrence utterly impossible.

SECTION II.

Of the Causes of Fractures.

The causes of fractures are as various as the means by which that effect may be produced; and, like the causes of other diseases, may be divided into predisposing, and remote. In the first class of causes are ranged the situation and functions of the bones, the age of the individuals, and their diseases, if affected by any. Superficial bones are more easily fractured than those which are covered by a considerable depth of soft parts. The functions of some bones render them more liable to be fractured than others; thus the radius, which supports the hand, and serves in some respect as a handle to it, is more liable to be fractured than the cubitus. The clavicle, which preserves the shoulder and sternum in their proper position, and supports on its arched extremity all the motions of the superior extremity, is on that account frequently fractured. The gradual accumulation of phosphate of lime in the cellular structure of the bones, renders them brittle in proportion as we advance in life. In old age the proportion of the inorganized to the organized part is so great, that the bones are then fractured by the slightest cause. In childhood, on the contrary, the fibrous and organized part prevails, and communicates its properties to the bone, which is then flexible and elastic. An advanced period of life is then, to be reckoned as one of the predisposing causes of fractures. Certain acrimonies affect the osseous system, by attacking its organized part, and reducing it to the same state as in old age, and render it even still more brittle. Thus, women affected with old and ulcerated cancers, have been known to fracture their bones, in performing the natural and ordinary motions of the body, or merely in changing their position in bed; instances of which are recorded by Louis and Saviard. In cases of this nature, all the bones of the body being equally affected, several fractures happen at the same time, and reduce the sufferer to the lowest state of wretchedness. The principal indication in such cases is not that of the fracture, as it is only a symptom of a more dangerous disease, the cure of which ought principally to be attended to. A certain degree of cold has been num-

bered among the predisposing causes of fracture; but if this accident be more frequent in winter than in summer, it is because persons are then more liable to accidents from falling.

Every efficient cause acts in overcoming the natural cohesion of the osseous particles, by separating these particles, and lengthening the bone beyond its natural extensibility; the force thus acting, may have been applied on the part fractured immediately, or on some distant part. When the cause of the fracture is applied to both ends of a bone, the bone is curved by the approximation of its extremities; thus it is, that, by falling on the shoulder, the clavicle, forcibly pressed against the sternum, is curved and fractured, as if by what the French term *contrecoup*. In falling on the knees, the femur, pressed between the weight of the body and the ground, bends about its middle part, and the fracture takes place there. In these and similar cases, the natural curvature of the bones contributes, with the force applied, to determine the fracture in a certain part; and in such cases the contusion is less considerable than if the fracture had been produced by a force immediately applied to the fractured part; for the action of the fractured extremities on the surrounding soft parts is then the only cause of laceration or irritation. But a force which fractures a bone exactly on the part which it strikes, bends it to the opposite side, and wounds or lacerates the soft parts. Thus a blow of a stick on the middle part of the clavicle, where the fleshy parts give it but a trifling support, bends it downward and backward, and fractures it, but never without producing a greater or less contusion, and sometimes a contused wound. If the fracturing force strike a bone equally supported in all its parts, the fracture will be of the comminutive species, that is, in several fragments: the contusion is always great in such cases.

SECTION III.

Of the Signs of Fractures.

THE signs or symptoms of fractures drawn from circumstances, and established by reasoning, are never conclusive. The pain, for instance, however intense, and the impossibility of moving the limb, may be occasioned by a simple contusion, a luxation, and a variety of other causes. The immediate signs (the natural evidence of which precludes reasoning), generally called sensible signs, such, for instance, as an alteration in the form of the limb,

its being shortened, and the crepitation produced by the fractured surfaces in rubbing one against the other, can alone give any certainty of the existence of a fracture.

When the limb affected is found shorter than the other, it is necessary, before pronouncing on the existence of a fracture, to be certain that no luxation has taken place, that it is not naturally so, nor in consequence of a former fracture ill set. In comparing the length of the lower extremities, the body should be placed, so as that the anterior and superior processes of the ossa ilia may be in a line parallel to the horizon; for if one of them be lower than the other, the member of that side will appear longer than the other.

Whoever has acquired a precise knowledge of the natural cast and conformation of our members, he more especially who has accurately studied the relative situation of the processes on the extremities of the bones, will quickly perceive any change induced by a fracture. Whenever, in consequence of a blow or a fall, a member becomes concave in a part where it is naturally convex or straight, and *vice versa*; this change of form and direction must be attributed to a fracture, with derangement of the fragments. The internal side of the great toe, when the foot bears on an horizontal plane, ought to be in the same perpendicular line with the inside of the patella: nothing but a fracture of both bones of the leg can change this relative position of these parts. The relative position of the condyles of the humerus, and of the apophyses of the olecranon, indicate in like manner the luxation or fracture of the humerus. The derangement of the fragments may sometimes be perceived by moving the fingers on the parts of the bone which are least covered by the integuments. This sign is easily detected in the fractures of bones which are not surrounded by much flesh, but which lie almost immediately under the skin: such, for example, are those of the lower jaw and the clavicles.

But of all the symptoms, crepitation is the most general and distinctive; and can never be confounded by an experienced practitioner with the noise produced by emphysema, by an aqueous effusion, or the defect of synovia. In order to know if this symptom exists, the operator, in some cases, seizes the member between both his hands, and presses it in different points of its length; it is thus that the fractures of the radius are ascertained, by pressing that bone from the external side to the internal. In other cases the operator takes a fragment in each hand, and by turning their extremities in opposite directions, produces the crepitation, if the fracture really exists: if the volume of the

member requires it, the operator causes the superior fragment to be held by an assistant, whilst he moves the inferior on it, if the fracture really exists, as is supposed by the trial, for which reason we have used the term fragments, as if it really did exist.

Although in the greater number of cases it be easy to ascertain the existence, or non-existence of a fracture, by the foregoing signs; yet there are cases in which certainty is very difficult to be obtained. This difficulty may depend on several causes.

In some cases the bone affected is surrounded by such a depth of fleshy parts, that the solution of continuity is almost impossible to be ascertained, and the crepitation is very indistinct. If in a case of this nature, such, for instance, as in some fractures of the neck of the femur, the separation of the fragments one from the other be inconsiderable, the fracture may easily remain undiscovered. The fracture of one of the bones of the fore-arm or leg is often difficult to be perceived, because the other bone remaining whole, preserves the form of the member, by preventing any considerable separation of the fragments.

Finally, if the surgeon be not called in, until a compound fracture has been still further complicated by an inflammatory swelling, it will be extremely difficult to ascertain with certainty the existence of the fracture; and though that knowledge should be obtained, yet it will be prudent to await the abatement of the symptoms before any attempt be made to set the fracture.

When every possible trial has failed, and doubts still remain on the existence of a fracture, it will be prudent to apply the ordinary apparatus imbibed with some resolvent liquid; after the lapse of a few days, the apparatus should be taken off, and discontinued if it be found that no fracture exists, or re-applied, in the contrary event; at all events, no inconvenience can arise from its first application.

SECTION IV.

The Prognosis of Fractures

Is different according to the bone fractured, the part of the bone where the fracture has happened, the direction of it, and the circumstances which attend it.

The fracture of bones which are superficial, and but thinly covered, is, *ceteris paribus*, less dangerous than the fracture of bones surrounded by many and strong muscles. Fractures of the

superior extremities are always less dangerous than those of the inferior extremities. The fracture of the middle part of a bone is less dangerous than that of its extremities; because in the former case it happens frequently, that the cause has not acted immediately; that the soft parts are not much contused, and the inflammatory swelling is less to be apprehended. Fractures of the extremities of bones may produce a false ankylosis of the neighbouring articulation. It is thus that in the fracture of the femur, a little above the condyles, the congestion extends to the knee, and occasions a stiffness, which it is difficult to remove: if the inflammation extend to the articulation, the consequence is still worse. Finally, the splints acting only on one of the fragments, render their disjunction very easy. Therefore, the fracture of the neck of the femur is more dangerous than that of the body of the same bone. With respect to the direction of the fracture, those which are transverse are less dangerous than the oblique; and the greater the obliquity, the greater the danger, as the disjunction is on that account more easy; for which reason, a very oblique fracture of the body of the femur is esteemed fully as dangerous as that of its neck.

The accidents which attend a fracture add more or less to its danger. In a case of extreme contusion, attendant on a comminutive fracture, and in which some of the splinters have lacerated the part to an excessive degree, the inflammation may be so violent, as that mortification will ensue, and extend from the member to the trunk, and kill the patient in a very few days. In general, fractures complicated with contusion and wound, are more dangerous in the inferior than in the superior extremities.

Finally, the prognosis will be more or less unfavourable, according to the health and age of the individual. In a debilitated old man, a fracture is more dangerous, than in a person in the flower of youth and health. There are certain dispositions of the body, which influence very much the prognosis. Scurvy, for instance, retards to such a degree the formation of the callus, that, joined with old age, it may prevent it entirely. The state of pregnancy, notwithstanding what authors have said of it, does not retard the consolidation of a fracture, at least not to any sensible degree.

SECTION V.

Of the Treatment of Fractures.

THE first and principal indication in a fracture, without derangement of the fragments, is to retain the fragments in their natural situation, to prevent the bad symptoms which generally follow, or combat them if they have already taken place; but if there be derangement, as most generally happens, it will be necessary, in the first place, to set the bone, that is, to restore the fragments to their natural situation.

The manner of setting a fractured bone varies, according to the nature and species of the fracture; and the precept is not perfectly correct, which says, that in every fracture, extension, counter-extension, and coaptation are necessary; because in several cases the extension and counter-extension are perfectly useless; as, for instance, in the fractures of the patella and olecranon, in which the fragments separate in opposite directions. It is merely necessary for their reduction to push the fragments one towards the other, having first extended the leg or fore-arm, in order to relax the muscles which have their insertion in the part affected. In the derangement in the direction of the diameter of the bone, only a very slight degree of extension will be necessary, in order to diminish the friction of the fractured surfaces, which move in contrary directions. Extension and counter-extension are still useless, when the displaced fragments form an angle one with the other; for it will suffice to place the member on an horizontal plane, in order to reduce the member to its natural direction. The derangement of the circumference is alike easily reduced by a rotatory motion given to the lower fragment, in the direction contrary to that which it took in quitting its natural situation.

Extension and counter-extension are not therefore of any very evident utility, except in the derangement in the direction of the axis of the bone, in which both fragments mutually pass one another.

Extension is the force exerted on the lower fragment, in order to bring its superior extremity lower than the inferior extremity of the superior fractured portion: counter-extension is a resisting force, which prevents the whole limb, or even the body, from obeying the force of extension. The hands of intelligent assistants are always best for both these purposes; it is but very seldom that any advantage can be derived from the use of more

powerful means, which by their excessive force extend too violently the muscles and soft parts, occasion much pain, and produce spasmodic contraction of the muscles, which resist always in proportion to the force of extension, and on that account render it most frequently of no effect.

The practice was formerly to apply the force of extension on the inferior fragment, and that of the counter-extension on the superior; but exclusive of the difficulty of seizing the two fragments, which difficulty is in some cases insurmountable, as in the fracture of the neck of the femur; there is, besides, a great disadvantage attending it when practicable, namely, the spasmodic contraction of the muscles which surround the fracture, caused by the irritation and violence which they suffer.

It is therefore better to make the extension on the lower part of the limb, or on the bone which articulates with the inferior fragment, and the counter-extension on that which articulates with the superior. In a fracture of the leg, for instance, the extending force should act on the foot, and the counter-extending on the thigh; whilst in that of the thigh, these opposing forces should be applied to the leg and pelvis. There is nothing to be said as to the degree of force to be employed, because that must vary according to the extent of the derangement, and the number and strength of the muscles which have produced it. The direction in which these forces ought to act, is that which the inferior fragment pursued in taking its unnatural position; but this applies alone to the force of extension, because the opposing force is a mere resistance. Thus, if, in a fracture of the thigh, the lower fragment has ascended on the internal side of the superior, the foot and knee will be turned a little externally; and the extension ought therefore to be directed at first downward, and outwards; afterwards, in proportion as the limb recovers its proper direction, the fragment ought to be drawn into its natural position. The assistants employed in this operation should be very intelligent, because, when extension is well made, coaptation becomes very easy. It is much easier to set a fracture, than to keep the bones in their place; in which it differs from luxation, which is difficult to be reduced, but easily prevented from relapsing. The means commonly in use to maintain the portions of a fractured bone in exact contact, and the member perfectly motionless during the time necessary for the formation of the callus, are reducible to a proper position, repose, bandages, and other kinds of apparatus, such as *fanons*, *faux-fanons*, compresses, stuffing, splints, machines of various constructions, and the means of effecting perpetual extension. We shall consider each of these in detail, successively.

In the first place, a situation is to be given to the limb, in which it may continue as long as the affection lasts; for that purpose it ought to be placed on a horizontal plane, so disposed, that the intervals between it and certain parts of the limb shall be filled up, in order that every part of it may be equally supported. This horizontal support ought to be capable of making a considerable resistance; without, however, being hard enough to give any uneasiness or pain. For this purpose a mattress of hair seems preferable to any other; because one of wool or feathers yields too much to the weight of the limb and apparatus.

Surgeons were for some time divided in their opinions on the best position. Pott has advised the limb to be kept half bent; which position, he says, has the advantage of giving to the muscles which surround an articulation, an equal and moderate degree of tension; whereas, if the member be placed straight, some of these muscles will be much extended, whilst others are as much relaxed. The latter position, however, is that which is generally preferred.

Demi-flexion is the most natural position; it is that which our limbs spontaneously assume during sleep, and has for that reason been recommended both by Galen and Hippocrates: but a limb half bent, is not solidly fixed, and changes frequently its situation, by numerous involuntary motions, which may be occasioned by dreams or pain. This position has, besides, this great inconvenience, that during the treatment, the length of the fractured limb cannot be compared with that of the opposite side, nor can it therefore be known if the fracture be well set, and the apparatus well applied; and in truth, demi-flexion becomes at length as painful as the extension at full length. The advantages of the former have therefore been a little exaggerated by Pott, as well as the disadvantages of the latter, which alone is now used in France, and generally adopted in foreign countries.

In whatever position the limb is placed, most perfect repose is absolutely necessary, particularly in the commencement; for if the fractured pieces be moved one upon the other, nature cannot effect their reunion, which would therefore be retarded or totally prevented, if the friction of the surfaces were frequent, and suffered to continue long; in which case an articulation would be formed in the situation of the fracture, and consequently the patient remain disabled for ever after.

It is necessary to apply proper bandages and other apparatus, without which the position given to the member, however good, would be insufficient; because, without these, the involuntary motions which are inevitable, those which are produced by pain,

and those again which are rendered necessary by our natural wants, would certainly, without that precaution, disturb more or less the just relative position of the fractured pieces, which even the depressions and inequality of the bed would affect, if not guarded against.

Bandages had been for a long time considered as the most effectual means of retaining the fragments in just contact; but it is easy to prove, that bandages, however contrived, can have but little, or absolutely no effect for this purpose. We shall examine successively, those which have been in use, viz. the roller, eighteen tailed bandage, and that of Scultet, composed of separate pieces.

The first ought to be long enough to cover the whole limb, three inches broad, and rolled up in one. It is applied, by drawing first three folds of it over the fractured parts; it is then made to descend to the extremity of the limb, in such a manner, as that each roll shall cover a part of the preceding; it is made to ascend again in like manner to the situation of the fracture, when three folds more of it are applied; after which the superior part of the limb is covered, in the same manner as the inferior; and if the bandage be long enough, it may be again rolled on downwards. Let us suppose this bandage applied to a fracture of the middle part of the femur, or humerus: it is plain that those parts of it which are applied on one of the fragments alone, are absolutely of no effect, and that that part of it only which comprehends both fragments, can contribute to keep them in contact. But in order to understand how extremely trifling its effect must be, it is sufficient to remark, that, as it is but three inches broad, it can include only an inch and a half of each fractured portion; and that this very trifling power is still farther diminished, by the greater or less quantity of soft parts which intercept its action.

In this respect, the eighteen-tailed bandage is preferable to the former. It is composed of three pieces of linen, equal in length to the member, and broad enough to pass once and a half round the limb. These pieces are sewed together by a seam, which runs from one extremity to the other; and afterwards, cut each into three; so that the whole is composed of eighteen pieces, nine at each end. The bandage thus composed, being moistened, is extended under the limb, and the middle piece on each side is first applied on the situation of the fracture, then the superior ones, and afterwards the inferior, and so successively with the middle and inferior pieces. The six middle pieces of this bandage act with more efficacy on the fracture, than the folds of the former bandage; because being much broader, they encompass a greater

part of it. It has this other advantage over the former bandage, that its application is easier, and does not require that the limb should be kept raised, nor exposed to many motions, which are always hurtful.

Scultet's bandage is composed of as many pieces of three inches broad each, as are necessary to cover the whole length of the member, in lapping two thirds over one another. It is composed of a piece of linen, of three times the length of the limb, and broad enough to pass once and a half round the limb; it is to be cut according to its breadth, in pieces of three inches broad each: this done, the pieces are extended under the member, one covering three parts of the other in proceeding from the inferior part. This bandage like the two former, acts only by the pieces which encompass at once the contiguous parts of the two fragments; it is preferable however in the following respects.

It contributes as much as the others to maintain the fragments in their just position; it compresses sufficiently the member, and prevents any œdema; it is in this respect preferable to the eighteen-tailed bandage, the parts of which not passing one on the other, do not compress all the parts equally; whence it happens, that those parts which correspond to the edges of the pieces become œdematous.

This bandage can be taken off, and re-applied, without moving the limb, in which it is far preferable to the first mentioned bandage, the disadvantage of which in that respect has been already pointed out. The eighteen-tailed bandage cannot be so conveniently renewed as that of Scultet, because, when any part of it is soiled by purulent matter, or any other cause, it is necessary to remove it entirely, and apply another; whereas any particular piece of that of Scultet may be changed, and a new one applied in its place, which may be done without moving the member, by fastening the new one to the extremity of the old, and drawing it into its proper situation at the same time that this latter is taken away. It ought, therefore, to be preferred to the two former, except in cases of simple fracture of the superior extremities.

Although bandages may be of no great use for keeping the broken pieces in their proper position, yet they are useful for supporting topical applications, and preventing œdema of the limb; they are still further useful in benumbing the muscles, and in preventing their contraction.

The *faux-fanon* is a cloth rolled on itself, and differs from the *fanon* in this, that in the latter there is enclosed a piece of wood.

They are applied on the internal and external sides of the limb; but our limbs, like the *fanons*, being nearly round, these latter come in contact with the limb but by a very narrow surface, so that in tightening the strings by which they are secured, they are liable to slide forward or backward; in which cases their action is frustrated, no effect produced, and the fractured portions separate without any difficulty.

Splints are much surer means; they may be formed of different substances, and their shape and length accommodated to those of the limb in which the fracture has taken place.

Splints made of pasteboard were formerly in use, which being wet were easily adapted to the form of the member, and in drying were moulded to it. They have been also made of the bark of trees, but the brittleness of these caused them to be laid aside. At present, wood or tin are the only materials of which splints are made: they are usually thin and narrow, and rounded at their extremities: their length must be determined by circumstances. Those of tin are extremely proper for simple fractures of the superior extremities; their flexibility admitting them to be adapted exactly to the form of the member. In case of not having them, their want may be supplied by thin laths of flexible wood, susceptible of being moulded into the shape of a trough. In general, splints for the superior extremities ought to equal the fractured bone in length. In fractures of the arm, the splint which is placed on the fore part, ought to be a little shortened, and not to descend to the bend of the arm, in order that its demi-flexion may not be prevented.

The splints designed for the inferior extremities ought to be strong, thick and flexible, and longer than the member. For a fracture of the thigh, the external splint ought to extend from the superior part of the os ilium, to a little lower than the sole of the foot; the internal should equally descend from the upper and internal part of the thigh to a little below the foot, and the anterior from the groin to the superior part of the leg. In fractures of the leg, the internal and external splints ought to ascend above the knee, and descend below the foot.

In order to understand how the splints act, it is necessary to recollect what has already been said of the derangement of fragments; it is clear they prevent that in the direction of the diameter of the bone, by being in opposition one to the other, on every side of the bone, and by resisting therefore any force which might tend to move either fragment internally or externally, forward or backward. In fractures of the inferior extre-

mity, no posterior splint is necessary, because its place is supplied by the plane on which the member rests.

Splints prevent also the angular derangement of the fragments, by supporting each of them in the whole length of the member. They prevent also the derangement in the circumference; but in order to do so, they must act on that part of the limb which is articulated with the lower fragment. For in a fracture of the femur, for instance, if the splints do not descend below the thigh there is nothing to prevent the weight of the foot or leg, or that of the bed-cloaths, from turning them either inward or outward, and with them the lower fragment.

The derangement in these three last mentioned directions is more easily prevented by splints, than that in the direction of the axis, or by *chevauchement*. If the fracture be transverse, the splints prevent even this latter kind of derangement, because they obviate that in the direction of the diameter of the bone, which must necessarily precede it. But, if the fracture be oblique, that is, with sloped surfaces, the fragments do not then oppose a sufficient mutual resistance, but slide on one another with a facility proportional to the obliquity of the fracture.

In such a case, the splints can oppose the derangement only by the degree of compression which they make on the whole length of each fractured portion; but if the fracture be very oblique, the surfaces smooth, and the part surrounded by strong muscles, this derangement will probably take place. Thus it is found by experience to be almost impossible to maintain properly adjusted, an oblique fracture of the body of the femur, by the aid of splints alone. It is equally difficult to remedy by their means oblique fractures of the clavicle; because they cannot be applied on every side of that bone.

The impossibility of obtaining, in certain cases, a cure exempt from all deformity, by ordinary means, has made surgeons recur to another apparatus, which, by drawing continually the two pieces in opposite directions, prevents them from repassing one on the other, and keeps the fractured surfaces in just contact all the time necessary for their consolidation; this method has been termed perpetual extension.

This apparatus should not be applied before the irritation and spasm of the muscles are completely removed. It prevents the muscular fibres from being too forcibly stretched or elongated beyond their natural extensibility; it supplies the place of the bone, which, before the fracture, regulated the contraction of the

muscles. Its application may be submitted to some general rules, which I shall copy here from a work on that subject.*

RULE I.

To apply the extending Force on the Parts of the Members inferior and superior to the fractured Bone.

The extending and counter-extending forces ought not to be applied immediately on the fractured bone, but on that which articulates with the inferior fragment, for the extension; and for counter-extension, on that which articulates with the superior. Continued extension not differing from simple extension and counter-extension, except in its being continued, the same reasoning applies to both cases.

RULE II.

To act on as great a Superficies as possible.

In order to fulfil this condition, the bandages and other pieces of the apparatus, ought to be as broad as possible. The effect which external causes have on our bodies, is small in proportion to the extent of the surfaces on which they act; because the action is then supported by a greater number of parts. A thin and narrow bandage of linen folds on itself quickly, and becomes a hard cord, which causes a distension of the vessels of the inferior part of the member, by obstructing the return of the lymph and venous blood.

RULE III.

To give to the extending Power a Direction parallel to the Axis of the Bone.

The science of mechanics teaches us that the action of a force on a lever is decomposed, if its direction be oblique to the lever,

* Anatomico-surgical Dissertation on Fractures of the Neck of the Femur, by A. Richerand, octavo, Paris, year 7.

one part of it acting in that direction, and the other in that of the lever; that is, in geometrical terms, the force acting on the lever will be to the whole force as the angle, formed by its direction with the lever, is to a right angle. It is easy to perceive that the part of this force which is not employed to effect the desired purpose, must counteract the proposed end, by causing pain, and uselessly compressing the parts.

RULE IV.

The Extension ought to be as gradual as possible, operating slowly, and by Degrees.

Animal parts which yield to long continued and insensible action of exterior causes, resist any violent and sudden effort, and revolt against it, as it were, with all their force: thus the slower and the less rapid the extension, the more easily do the parts of our body yield.

Continued extension does not exclude the ordinary apparatus, but is additional to it.

As every part of the surface of our limbs does not lie in the same plane, that is, as our limbs are prominent in some parts, and depressed in others, and therefore liable to be hurt and bruised by hard, straight, and inflexible splints, even to the degree of producing gangrene, some means of remedying these disadvantages, and preventing these bad effects, were naturally resorted to. For this purpose the different depressions of the limb are filled with lint, rags of old linen, compresses, or, what is still better, with little bags of the chaff of oats; the facility, which these latter offer, of moving the chaff from one part to another, as well as their soft and equable pressure, give them an evident advantage: by these means the pressure becomes equal on every part of the length of the member. Finally it is not superfluous to remark, that tape ought to be preferred to strips of linen, which knot with difficulty, particularly when wet, for the purpose of binding externally the whole apparatus. The number of these tape strings must be proportioned to the length of the member; as must the length of the bags of chaff to that of the splints, the action of which they are intended to moderate.

We shall in the next place examine what is required by the third indication of fracture? that is, to prevent the complications which may succeed to it, and to remedy them when they have really taken place.

In every fracture, with the exception of those of the superior extremities, which are simple, the patient ought to be confined to a low regimen for the first four or five days: more or less blood should be drawn, if it be not contra-indicated by extreme old age, or great debility. No greasy irritating plasters, of which quacks make so much use, such for instance, as the plaster of Cyroane, are to be employed; but in their stead, it will be sufficient merely to cover the limb with several folds of compresses soaked in camphorated spirit, or a solution of the acetate of lead, or any other repellent liquid, with which also the other parts of the bandage should be moistened. A solution of common salt is to be avoided, because that salt would quickly crystallize, hardening thereby the different pieces of the bandage, and giving them a stiffness unpleasant to the patient. The bowels should be kept open by gentle laxatives; such as veal broth, whey acidulated with tamarinds, &c. When the lapse of a few days renders this regimen no longer necessary, the patient should be allowed a moderate quantity of very nutritive and easily digestible food; for it would be not only useless, but dangerous to prolong the low regimen, in the case of a simple fracture, which does not sensibly disturb the functions, and which requires for its consolidation, a degree of vital energy in the solids, which a too sparing diet would enfeeble.

We shall not here amuse our readers with the different means recommended to increase the viscosity of the blood, in order thereby to accelerate the consolidation of the fracture; but proceed to consider the treatment adapted to compound fractures: this treatment must vary according to the nature of the complication.

Under this head, we have to consider, in the first place, the very difficult, but also very rare case of fracture accompanied by luxation. When this takes place, the luxation must have preceded the fracture; for a bone once fractured, is no longer capable of luxation. The principal question is, to which of the accidents shall we in the first place direct our attention? Some are of opinion, that the dislocated fragment should be first replaced in its natural articulation; others, on the contrary, recommend to await the consolidation of the fracture, before any attempt be made to remedy the luxation: but we adopt, most decidedly, the first opinion; for during the treatment of the fracture, the soft parts acquire a stiffness, and become so habituated, if the expression may be allowed, to their new situation, that the dislocation cannot, without great difficulty, be remedied; but if in order to effect it, violent efforts and straining are unavoidable, it will in

that case be better to set the fracture first ; and as soon as the consolidation is a little advanced, habituate the member to certain gentle motions, in order to preserve the suppleness of the ligaments, which will facilitate the cure of the dislocation, when the complete consolidation of the fracture allows it to be attempted.

When the soft parts of a fractured limb are violently contused, but without external wound, the apparatus should not be too much braced; and Sculter's bandage should in such cases be always used, even though the fracture be in the superior extremity. A large portion of blood should be immediately drawn, and the blood-letting repeated, except the patient has the stomach full, as is generally the case in hospitals; for the common people are usually brought there in a state of intoxication. The bandages must be taken off on the following day; this rule is without exception; the neglect of it has caused a mortification of the limb, which takes place by the bandages becoming too tight, in consequence of the swelling which ensues, and by the consequent stoppage of the circulation. On this first removal of the bandages, the member is generally found hard, tumefied, tense, and the patient complains of great pain. In which case the fractured part is to be covered with emollient poultices, over which the proper bandage may be applied, and the splints moderately braced. In cases of extreme contusion, without a wound of the integuments, the tension and inflammatory swelling may become so intense, as to cause the cuticle to rise in little blister-like vesicles filled with a limpid serum, very different from that blackish serum which fills the vesicles attendant on mortification. These vesicles should be opened without detaching the cuticle, and the small openings covered with linen on which some cerate has been spread. By these simple means the surgeon has the satisfaction of seeing the inflammation, and all its menacing consequences, subside in a few days, leaving merely a slight degree of ecchymosis, which disappears in a short time. The poultices are then discontinued, the patient is allowed a nourishing diet, the splints are braced to the ordinary degree, and the treatment is afterwards the same as that of a simple fracture.

If a vessel of a certain magnitude is opened by a fracture, and the cellular texture of the limb becomes distended by the effused blood, which may be perceived by the tumefaction, and black or livid colour of the member, the surgeon ought, without hesitation, to make an incision in the part over the artery, and apply on it two ligatures, one above the other, below the wounded part. J. L. Petit relates a case of a false primitive aneurism, produced by the laceration of the anterior tibial artery in a fracture of the

leg. It is possible too, that the laceration of a vein may occasion an effusion of blood, easy to be mistaken for a false primitive aneurism. Such, probably, was the case of the female of Gros Caillou, who fractured her leg with a wound by falling from her cart. In three or four days after entering the hospital *De la Charité*, the leg swelled enormously, the skin became of a violent colour, and of a marbled appearance; and there issued from the wound but a small quantity of blood. The lesion of the anterior tibial artery was suspected; the taking of it up was not, however, attempted: the patient was bled, emollient poultices were applied, and by these simple means the tension quickly diminished, and the effusion and distension vanished; a considerable degree of ecchymosis, however, remained, which gradually disappeared.

The wounds which render a fracture compound may be owing to the cause of the fracture, or may be occasioned by the penetration of the point of one of the fragments through the integuments. In the latter case, the wound should be enlarged by a bold incision, and the projecting fragment pushed into its proper situation. But if the projecting part be of a considerable length; if the muscles contract spasmodically, and much exertion and straining be necessary to reduce it, it would be better, in such a case, to cut off a portion of the projecting bone, which would facilitate its reduction, and prevent an excessive laceration of the parts. A young man having the thigh fractured, with a projection of two inches of the superior fragment stripped of its periosteum, was well for two days after the forced reduction of this portion, without having any part of it cut off; but on the third day the limb became violently inflamed, the tension and tumefaction extreme, mortification quickly followed, gained rapidly on the trunk, and put an end to the patient's existence. When the fracture has been reduced, as has been directed, without too violent exertions, the wound is generally treated as a simple division of the integuments. Copious and repeated blood-letting obviates the inflammatory symptoms so much to be apprehended.

When the wound is produced by the same cause as the fracture, such, for instance as the wheel of a very heavy carriage, which causes much contusion, the nature and method of the treatment must vary according to the circumstances of the case. If the lesion be excessive, the soft parts torn, enormously contused, and almost totally disorganized, the able and experienced practitioner sees at the first glance if the member be inevitably lost, or if mortification be certain: in which case he resolves instantly on amputating, and prevents by this conduct, the mischief which

might ensue from the gangrene, the extent of which might prove fatal. It is true, that in many cases in which the loss of the member was deemed inevitable, patients have preserved it by their own obstinacy. We ought not however, on that account, to follow the example of Van Swieten, who drawing a general rule from a single fact, establishes it as a maxim, that amputation should never be immediately performed after a fracture. In support of this doctrine, he cites a case of comminutive fracture, in which amputation was decided on, but the patient was deterred, or would not submit to it. La Motte treated the patient as in less extraordinary cases: he extracted several splinters, opened some abscesses, and succeeded finally in effecting a recovery, without the loss of the limb; but not, however, without having experienced a great number of disagreeable occurrences, of which this surgeon has given the particulars. It is impossible to establish any general rule for cases of this kind. The surgeon must be directed by his own talents and sagacity in each particular case.

In most cases, if the injury be not very great, the fracture may be set, and the splinters, which are entirely separated from the bone and from the soft parts, may be extracted; the wound is then gently dressed, the bandage of Scultet is applied, and the splints are but very slightly braced. The patient is restricted to the severest regimen, and copiously bled: a degree of inflammation equal to the extent of the evil is to be expected. If, on the third or fourth day, the tension become extreme, the part cold and livid, with vesicles arising on it, gangrene is certain. It is then necessary to wait until the progress of the gangrene is arrested, which, however, may be anticipated by the antiphlogistic regimen, and by making incisions to favour the separation. As soon as the mortification is stopped, and a red inflamed circle marks the boundary between the sound parts and those mortified, it is necessary to amputate; for if the putrid sanies be absorbed into the system, it will produce slow fever and death.

If the inflammatory swelling terminate by suppuration, as most generally happens, it is apt to be very abundant. When suppuration has commenced, the emollient poultices are discontinued. The dressings are repeated as often as may be necessary, to prevent the pus from retarding the consolidation by stagnating on the surfaces of the broken portions. The strength of the patient should be supported by the most nourishing diet, and by tonic medicines, such as the extract of bark, &c.

By this treatment it generally happens that in about a month the suppuration diminishes, the lips of the wound begin to close, and the consolidation of the fracture advances; but a greater or

less deformity is inevitable, from the impossibility of bracing sufficiently the apparatus. In some cases, the suppuration continues, and the fragments, always immersed in pus, cannot reunite; the pus is absorbed, and the patient dies of the marasmus, to which diarrhœa and colliquative sweats reduce him. In order to prevent this fatal termination, it is necessary to amputate as soon as it is perceived that the suppuration cannot be stopped. Delay in this case would be very dangerous.

It appears, therefore from the principles which we have established, that comminutive fracture, always attended with much disorder of the parts, offers three distinct cases in which amputation is necessary:

First, When the disorder and disorganization is such as to render gangrene inevitable.

Secondly, When gangrene takes place in opposition to the well directed use of antiphlogistic remedies.

Thirdly, When the too abundant suppuration prevents the consolidation of the fracture, and induces debility and hectic fever.

SECTION VI.

Of the Formation of Callus.

ALL that art can do in any fracture, is to maintain the fragments in contact; their reunion and identification is the work of nature alone: The different opinions on the mode in which this is effected, are as follow:

The ancients attributed it to the effusion of what they called the osseous juice, a fluid capable of growing hard, and contracting strong adhesions with each of the fragments, by which means it was supposed to join them together, as two pieces of wood are united by glue. The moderns who have adopted this opinion of the ancients, have said that this ossifiable humour was furnished by the vessels of the bone and surrounding parts, these vessels being developed by the inflammatory state.* An English surgeon† has compared this secretion to that of pus in the inflammation of soft parts. But in allowing the existence of this osseous juice or humour, which, by the bye, is mere supposition (for the ancients did not understand by it either the gluten extracted from bones by means

* See the Memoirs of Haller and Bordenave, collected by Faugeron.

† Essays on Fractures and Luxations, by John Aitkin. London, 1790.

of ebullition in Papin's digester, nor the phosphate of lime, which fills the cells formed by this gelatinous matter;) yet would it remain to be proved how the thickening or concretion of this fluid could constitute solid organized matter. By being effused between the fragments, this inorganized fluid should naturally intercept or dam up the medullary canal; but that does not take place, as any one may be convinced, by splitting a bone which had been fractured and re-consolidated. Finally, this osseous humour should naturally, by its effusion, create tumours of greater or less magnitude in the neighbourhood of the fracture.

And, in fact, the deformity which attends a great number of fractures treated without method, has been attributed to the defective or superabundant effusion of this matter. Thus, say the advocates of this opinion, the fracture of the clavicle is always attended with more or less deformity, because the particular position of that bone does not admit the application of a bandage, which, as in other cases, might prevent a redundant effusion of the osseous juice. The opinion of Duverney was different; he thought that the irregular formation of the callus was owing not to any want or defect of bandage, but to the bone's being stripped of its periosteum, and wanting, therefore, the means of giving to the callus its just conformation. But at present it is known beyond all doubt, that this irregularity of form is to be ascribed to the ill setting of the fracture.

When the phenomena of the production of callus were observed with more care, a more natural explanation of this operation was attempted.

Duhamel attributed it to the periosteum, which he considered also as the organ of ossification. When a bone is fractured (says that great naturalist), the periosteum of the two fragments unites first; afterwards this membrane swells, and forms a kind of hoop around the fracture. The periosteum thus tumefied, imbibes the humours, softens, and becomes a kind of jelly, which passes quickly to the state of cartilage. Vessels are formed in this cartilaginous substance; and nuclei of bone originate in several points, and gradually unite; and when the part of the periosteum adjoining the fracture is thus united, it has the appearance of a ring, which comprehends each of the fragments, and keeps them united. It was immediately objected to *Duhamel*, that in splitting a bone lengthwise, both fragments were found united, and not in simple contact, like two pieces of wood held together by a ring, agreeably to his theory. In order to answer this objection, he supposes that the periosteum extends itself from the circumference to the centre of the bone, and that this

elongated part of it underwent a process similar to that of the parts contiguous to the fracture, and thus identified the two pieces.

The intimate adhesion of the periosteum to the bone, and its inextensibility, caused some doubts on this elongation; besides, did it really take place, the medullary canal would in consequence be obstructed. This theory has, for these reasons, been almost universally abandoned, and has at present but few partizans.

When there happens a solution of continuity of the soft parts of our bodies, if the lips of the wound be not brought into immediate contact, the vessels become turgid, the vascular tissue extends forwards, and gives rise to those small red conical tumours known by the name of granulations. This augmentation in the calibre of the vessels, and a certain degree of inflammation in the granulations which arise from them, are means which nature employs to effect the reunion of divided parts. But it is not known, whether or not, in this case, the fibres of one side become continuations of those of the other; if the vessels identify in like manner by anastomosing; or if an humour of a certain nature be effused between the divided parts, which it agglutinates together. The only thing certainly known on this subject is, that the *cicatrix* is organized, as has been proved by incontestable experiments.

There is a strict analogy between what takes place in the solution of continuity of soft and osseous parts. The irritation caused by the fracture produces the extension and turgescence of the vessels of the periosteum, of those of the bone itself, and of those of the medullary membrane; and then the only condition necessary to consolidation is that the fractured surfaces be placed in just contact. But this operation of nature, by which an organized substance is produced, is slower in bones than in soft parts, which are furnished with numerous vessels, and in which the vital properties are not impeded, as in the bones, by the deposition of a saline inorganized matter. In examining a bone having a consolidated fracture, the place of the consolidation is marked merely by a line; and if the bone be split, the medullary canal is found narrowed at that part, and in some cases totally obstructed.

The production of granulations on the membrane which lines the bone, accounts for this narrowing or obstruction of the medullary canal, one or other of which takes place, according to the greater or less activity of the vessels of that part. This theory, suggested by the striking analogy between the fleshy and osseous parts, supported by observation of the phenomena of the

generation of callus in animals, has this further advantage over all the others, that it stands uncontroverted by any fact: on the contrary, it is confirmed by all the facts hitherto observed. Thus it offers a very natural and easy explanation of the difference of time required for the formation of callus in youth and old age, by the different proportions of the phosphate of lime which the bones contain at these periods.

The generation of callus is then an operation perfectly analogous to the cicatrization of wounded soft parts: its being more tardy is owing to the difference in the activity of the vital principle in these, and in bony parts. During a few days immediately subsequent to a fracture, the inflammation exists only in the neighbouring soft parts, and the bone seems perfectly inert; but its texture is soon after perceived to soften in that part, and the fractured surfaces become covered with granulations produced by the enlargement of the blood-vessels. This growth takes place without any secretion of pus, and the consolidation is effected by a process as little understood as that of cicatrization. Instead of pus, the enlarged vessels secrete and deposit a calcareous phosphate, which gives a solidity equal to that of the rest of the bone.

But leaving to physiologists the task of explaining the formation of callus, let us consider what more particularly interests us, that is, the means of accelerating, retarding, or totally preventing it. These means or causes are either general or local: we shall proceed to consider both the one and the other in detail.

The callus is formed, *ceteris paribus*, with more promptitude and facility in infancy and youth than in the adult or in old age. The younger the individual, the greater the proportion of the gelatinous to the calcareous part of the bones, and the more rapid on that account is the organization.

When the individual is extremely old, the vital principle becomes extinct, as it were, by the accumulation of calcareous phosphate, the enlargement of the vessels cannot take place, and consequently the consolidation, particularly if to old age be joined a vitiated state of the fluids, such as the scurvy, cancer, &c. cannot be effected: these diseases alone suffice in many cases to produce the same effect. A strong robust man of the sanguine temperament, recovers much more rapidly from a fracture than a weak person, or one affected with a cachexy. The difference of sex causes no difference in the generation of callus. At the period, however, of the cessation of the menses in our climate, that is, from the forty-fifth to the fiftieth year, its generation is slower, and the cure of fractures of women of that age is subject to the same irregularities as their other diseases.

The state of pregnancy does not perceptibly retard the generation of callus, though *Fabrice de Hilden* wishes to form a conclusion to the contrary from the observation of a few facts.

However favourable the general disposition may be to the quick consolidation of a fracture, different local circumstances may retard it. If one of the fractured portions does not receive a sufficient quantity of blood to nourish it, and to maintain in it the necessary vital force, the vessels will not be enlarged, nor, of consequence, the fracture consolidated. An instance of this is seen in fractures of the neck of the femur, in which the head of that bone is completely separated from its body, and the ligament which performed the functions of periosteum, and which enveloped the neck, is torn; so that the only vessels that enter the part of the bone thus detached, are those that pass to it by the round ligament; which cannot in old age, when these vessels are nearly obliterated, furnish a sufficient quantity of blood for the generation of callus. It is necessary, then, that both fractured portions be endued with a certain vital energy, without which it would be as useless to attempt their union, as that of a gun-shot wound before the parts disorganized by the violent contusion, be separated from the sound parts by suppuration.

Another local condition favourable to the formation of callus is, that the surfaces of the fractured portions be brought precisely into contact. Let us suppose, for example, a transverse fracture of the femur, and that the fragments, after sliding one upon the other, have fallen into the derangement in the length of the bone, the fractured portions cannot, in this case, touch one another without the periosteum intervening. Inflammation will be extremely slow; and even at the end of two months the progress in the formation of callus will be scarcely perceptible. To effect, in this case, a complete cure, even with a shortening of the member, will be extremely difficult. It is therefore absolutely necessary to maintain the fractured portions in the position in which they have been set, as already prescribed.

The perfect immobility of the fractured portions is not less essential to their union, than their proper contact and vitality. If the fragments were moved every day, no progress towards a union could be made; or were there fleshy granulations already formed, they would be quickly obliterated by the friction, and the surfaces would become smooth and polished. The periosteum and cellular texture, distended and thickened, would form a kind of orbicular ligament round the ends of the fractured portions, and an unnatural articulation would be formed, which would render the member absolutely useless.

When the usual period of consolidation is past, the apparatus ought to be taken off, and the limb examined, to see if the fractured portions have continued in the situation in which they were placed, and if the whole limb constitute but one piece. The time necessary for reunion depends on several circumstances, of which the principal are, the age of the patient, and the kind of bone fractured. In general, fractures of the bones of the superior extremities are consolidated in a shorter time than those of the inferior. Thus we frequently see a fracture of the clavicle in adults consolidated in thirty days, and that of the radius and cubitus in nearly the same interval; that of the humerus in from about thirty-five to forty days; whereas those of the leg and thigh require generally from forty to fifty days. A vulgar prejudice exists on this subject among the lower order of persons, who are those usually brought into hospitals: they think that every fracture ought to be consolidated in forty days exactly. But it is impossible to predict what time may be necessary for this purpose. In an infant, consolidation will take place six or eight days sooner than in an adult; and in an old man eight or ten days later.

If, on raising the apparatus, the limb be swelled, or a tumour be observed in the situation of the fracture, in consequence of the ends of the fractured portions having passed one another; and if, at the same time, the member, more or less shortened, be moveable in that part, it will be evident that the fracture is not consolidated, and that the apparatus has not had its due effect, whether from being badly applied, or not sufficiently examined from time to time.

If, instead of this swelling, the pieces be found moveable one on the other, and separated by a small interval, and the member has not diminished in length, the want of consolidation proceeds, in this case, either from the patient's advanced age, a vicious state of the fluids and solids, or from some imprudent motions of the limb during the treatment. In this latter case, if the fracture has already been of some months standing, the contiguous extremities of the fragments are worn into a rounded form by the friction, and surrounded by a species of ligament formed of condensed cellular membrane, so that an unnatural articulation is formed at this place.

Finally, it is possible, that on taking off the apparatus, the fracture may be found not to have consolidated, but with a shortening and deformity of the limb. In this case it will be requisite to adopt the following proceedings.

If the ends of the fractured portions pass one another, or if the fractured surfaces are partially in contact, or totally separated,

it will be necessary to reset the fracture, and to employ continued extension, if the ordinary means be insufficient for maintaining the fragments in their just relative situation. The duration of this second treatment is at least as long as that of the first; for if the natural period of consolidation be once past, the fractured surfaces are no longer equally disposed to unite.

If the fractured portions continue very moveable one on the other, notwithstanding the just position has been preserved, and if the cause of this be the advanced age of the patient, the same apparatus should be reapplied, and the vigour of the patient increased by the well directed use of wine and nourishing diet. By persevering in these means a cure is at length effected in the space of five or six months. But if some constitutional disease, such as cancer, scurvy, &c. be suspected of being the cause of non-consolidation, these diseases must be combatted by appropriate remedies, the mechanical means persevered in, and every kind of motion of the limb abstained from.

But whether the fractured portions have passed one another, or whether an articulation has been formed between the fractured surfaces, if the fracture has been already of several months duration, the action of the fractured surfaces ought to be revived by rubbing them forcibly one against the other, in order to excite the degree of inflammation necessary for the generation of callus. The fractured ends of the bones having by these means acquired a disposition favourable to their agglutination, the apparatus should be reapplied, the extension continued, if necessary, and the treatment prolonged until the cure be complete.

If, notwithstanding these means, the pieces do not unite, there remains another and last resource, the cutting off of their extremities. This operation is painful, terrifying, and of dubious event; its success has, however, been frequent enough to warrant the trial. It would be impracticable in fractures of the leg and fore-arm, on account of the difficulty of separating from the integuments the two bones of which each of these parts is formed, and on account of the numerous nerves and arteries which would be in danger of being wounded by the large incisions necessary for this operation. It is therefore practicable only in the femur and humerus, especially the latter.

This operation is performed by making a longitudinal incision over the fracture, on that side of the limb where the bone is most prominent and least covered; the nerves and vessels are to be avoided with the utmost care; each end of the fractured portions is nicely laid bare, and made to project beyond the soft parts, which may be protected by compresses, or by a thin plate

of lead or pasteboard, from the action of the saw with which a sufficient quantity of each fragment is to be taken off. This part of the operation being performed, the extremities of the fractured portions are restored to the position which they ought to have, and the wound dressed with soft lint, in short, the subsequent treatment is the same as that already prescribed in the case of compound fracture; that is, Scultet's bandage is to be applied moderately tight, as well as the splints and other parts of the apparatus; for beyond all doubt a violent inflammation and copious suppuration will succeed. An abundant formation of purulent matter is disadvantageous, on account of the pus stagnating in the bottom of the wound, lubricating the fractured surfaces, and preventing their agglutination.

Citizen Boyer has performed this operation but once; and although he was not successful, I think it my duty to mention the case.

A man, aged thirty-six, had his right arm fractured, and nothing was done to adjust the fractured bone. The solution of continuity took place above the middle part of the humerus: this arm had been for so long a time useless to the patient, that he was determined to undergo any trial for effecting a cure, but would not listen to any proposal of amputation. This operation was then resolved on: an incision was made over the fracture on the external side of the arm, a little above the place where the radial nerve winds on the humerus, for the purpose of saving this nerve, and thus preserving from paralysis the posterior muscles of the fore arm: this incision being made, he exposed the end of the inferior fragment, and caused it to project by raising the elbow and pushing it inward.

The soft parts were protected by means of a plate of wood, and the conical or rounded part of the ends of the bone was then sawed off. The part of the operation for the superior portions was more difficult; for the conical part was longer and the point sharper: one of the collateral arteries was opened, on which a ligature was applied. The end being sawed off, as in the former case, and with the same precautions, and both fractured portions being restored to their natural direction, it was found that they were separated one from the other by an interval of two inches and an half. In order to bring them into contact, the elbow was raised by means of two casts of a bandage, drawn from the forearm bent to the shoulder of the opposite side. For the two first days immediately after the operation, no bad symptom took place. The inflammatory swelling and tension, as well as the fever, were such as might be expected from the extent of the

wound. But on the third day the fever became more violent; a redness, and quickly after an erysipelas, appeared on the arm of the opposite side; the inflammation extended to the shoulder, and afterwards to the fractured arm. The tension was extreme; instead of pus there flowed from the wound a bloody sanies; gangrene came on, and the patient died on the sixth day.

The cure obtained by this operation is necessarily attended with a shortening of the member; but this inconvenience is but slight with respect to the arm: in the thigh it is evident that more or less lameness is necessarily the consequence of it.

It cannot be denied but that this operation is one of the most difficult in surgery; but it ought not to be renounced for that reason, when any hope may be had of recovering by it the use of a disabled member, and when the patient wishes at all risks to make the experiment. But should the patient prefer amputation to this cruel and uncertain chance, that operation ought to be recurred to, when all the other resources of our art have been tried in vain.

The progress of the callus to perfect consolidation is, analogously to that of the osseous system in general, slow and gradual. The patient is not, therefore, to be allowed the free use of a fractured limb immediately after the reunion of the fracture. In fractures of the inferior extremities, crutches ought to be used for some time, and the limb which had been fractured charged with its share of the weight of the body, but by little and little. From not paying sufficient attention to this circumstance, the callus has been sometimes so much pressed, as that the limb was shortened, and consequently lameness induced. Besides, the slightest false step might cause a relapse of the fracture; for, notwithstanding what certain authors have said to the contrary, the consolidated part of a fractured bone is never stronger than the other parts, nor even equally strong, until after a considerable lapse of time.

To procure the reunion of the fragments without any shortening of the limb, is not the sole object to be attended to in the treatment of a fracture. During the time that the member is necessarily motionless, the muscles lose the habit of motion, and grow rigid, and a false ankylosis frequently follows. This consequence is particularly to be apprehended in fractures which take place near the articulations (as has been already mentioned), in those, for instance, of the patella, of the inferior extremity of the femur, of the olecranon, or of the condyles of the humerus. It most frequently takes place in the articulations of the knee, elbow and instep. It may be prevented by gently moving the limb

from time to time, as soon as the consolidation is so far advanced as that its progress cannot be retarded by these motions. Finally, a false ankylosis may be removed by general bathing, by the use of the shower-bath, by resolvent plasters, and by continued and gentle efforts, as shall be more fully detailed in treating of that affection.

As fractures of the skull are more important by the necessarily attendant affection of the brain than by the simple consideration of the fracture, we think it most methodical to refer them to wounds of the head. The same may be said of the greater part of the fractures of the bones of the upper jaw, the parts of which being strongly united together, and to the bones of the skull, render them susceptible only of comminutive fracture, when the fractured part is that on which the cause has immediately acted.

Let us suppose that the wheel of a carriage rolls over a person's head (of which the examples are but too frequent), and that the zygomatic arch is thereby fractured; in such a case the surgeon's duty would be merely to bleed the patient, and use other means to combat the inflammatory symptoms. It would not be prudent to make an incision into the depression of the temple, in order to raise the zygomatic arch, at the risk of opening the temporal superficial artery, and of causing much pain by the laceration of the nerves, except in the case that the fractured bone crushed into the crotaphyte muscle, should excite great pain and other bad consequences.

If in a fracture of the superior maxillary bones, there should be detached from the body of one of these bones, a part of the alveolar process with one or more teeth, as in the third case of Ledran's Surgical Observations, it would be necessary to follow the example of this surgeon; viz. to fasten silk threads to the teeth of the broken portion, which adheres still by the gum, and by the internal membrane of the mouth; and then to attach these threads to the teeth of the adjacent sound part, the fragment being first placed in its natural situation. Dentists frequently employ this mean for the purpose of fastening artificial teeth; and its use has been advised in cases of fracture of the lower jaw. We shall give the details of the fractures of this last-mentioned bone, after having first treated of those of the bones of the nose; these being in this respect the only bones of the face which merit particular consideration.

CHAPTER II.

OF THE FRACTURES OF THE BONES OF THE NOSE.

THESE symmetrical bones, with the ascending processes of the maxillary bones by which they are supported, form a kind of arch. As they project in the middle of the face, and are but slightly covered by soft parts, they are much exposed to different kinds of fracture from different causes.

In all these cases the cause of the fracture is always applied to that part immediately where the solution of continuity takes place, and the fracture may be oblique, longitudinal, or transverse, without derangement of the fragments; but it more frequently happens that the bones are splintered and crushed into the cavity of the nostril; that the nose loses its natural form, and that the neighbouring soft parts are much bruised by being crushed between the bones and the cause of the fracture, whether a body against which the nose has been forcibly struck, or one which may have been strongly impelled against it.

If the soft parts have suffered no solution of continuity, and if the fragments have not been displaced, the fracture may not be discovered, because the form of the nose does not change. An oversight in this case is not dangerous, as the use of emollients and resolvents is all that is required. If the fracture be comminutive, not only the inflammatory symptoms ought to be combatted by blood-letting and other antiphlogistic means, but further, the fragments ought to be replaced, as they strain and irritate the soft parts, already contused, by their unnatural situation. For that purpose the operator takes a grooved sound, a female catheter, a ringhandled forceps, or any such instrument, introduces it into the nostrils, and by using it as a lever, pushes the fragments outward; at the same time with the index of the left hand applied to the ridge of the nose, he prevents them from being pushed out too far, and from lacerating the integuments. Sometimes the bones continue in the situation in which they have been thus placed; but it may happen, that, from being much fractured, and badly supported by the soft parts, they fall again inwards; in which case a canula of elastic gum should be directed along the

inferior surface of each nostril, which ought then to be stuffed with lint, and gently thrust in, lest the pituitary membrane should be hurt.

In cases of comminutive fracture, with depression of the splinters, it would be imprudent to wait the disappearance of the inflammatory symptoms, before making an attempt to raise and adjust the fragments; because, during the interval, the portions of bone might reunite in an unnatural situation, and produce deformity of the nose.

Fracture of the nasal bones is sometimes attended with very dangerous symptoms, whether produced by a violent commotion given to the head by the cause of the fracture, or by a co-existing fracture of the bones of the skull; or, as some authors think, by the concussion communicated to the perpendicular part of the ethmoidal bone, and thence to its cribriform part, which would, in that case, be fractured, on account of its great tenuity. The laceration of the dura mater and its vessels, caused by the fracture of the cribriform lamella of the ethmoidal bone, would produce effusion, and thus give rise to all the symptoms. It is certain that cases have occurred where blows on the root of the nose have produced coma, convulsions, and death; particularly when the nasal bones were not fractured. How such an injury may take place may be easily conceived by the consideration of the effect of *contre-coup*, commotion, and other consequences which may ensue, if a great part of the percussive force be not consumed in producing the fracture.

This etiology is, however, applicable but to persons advanced in age, because in youth the perpendicular part of the ethmoidal bone articulates with only a very small part of the nasal bones; the rest of these bones being then supported by the cartilage which separates the nostrils, and with which that part of the ethmoidal bone is connected. At this last mentioned period, the nasal processes of the os frontis are their principal support, and ought therefore to receive the principal part of the concussion.

CHAPTER III.

OF THE FRACTURES OF THE LOWER JAW.

THE great mobility of this bone is the reason of its being seldom fractured. A violent blow may however fracture it, and wound at the same time, more or less, the neighbouring soft parts. It may also be fractured by the passage of the wheel of a carriage across it. An impelled force which fractures this bone tends first to increase the elliptic curve which is its natural form, and that in proportion as it acts nearer to, or farther from the angle of that bone ; so that if a succession can be admitted in the rupture of the fibres, the rupture ought to commence in those which are external. When on the contrary, the solution of continuity is the effect of a force immediately and directly applied on the part that breaks, there is no tendency to increase the natural curve, but that part is pushed inward, and the solution of continuity commences on the inside.

These fractures vary, first, as to the part of the bone fractured. That sometimes takes place near the chin, but seldom so as to produce the division of the symphysis of that part, though it be not impossible. At other times the fracture takes place more or less near the angle of the bone. Two fractures may occur in it at the same time, by which it would be divided into three pieces, of which, that corresponding to the chin is extremely difficult to manage; because many of the muscles which draw the lower jaw downwards, are attached to that part.

The lower jaw is subject to be fractured, not only near the symphysis, but also near the processes which terminate its branches; that is, near the condyles and the coronoid processes. Of these two parts, the condyle is that which is the more frequently fractured, it being covered merely by the parotid gland; the coronoid process being, on the contrary, protected by the temporal muscle, by the masseter and by the zygomatic process.

The fractures of the lower jaw may vary infinitely in their directions: be perpendicular to its basis, oblique, or longitudinal: of this latter, examples have been seen, in which a portion of the

alveolar part, with the teeth implanted in it, was detached from the rest of the bone.

These fractures are seldom simple, particularly if the fracturing cause has been directly applied. The soft parts are always more or less contused or wounded. J. L. Petit mentions an instance of the complete denudation of the coronoid process, in a case of fracture by a kick from a horse.

In order to form a clear idea of the different ways in which the fractured portions of the lower jaw may be deranged, it is necessary to take a brief view of the muscles by which that bone is moved. The temporal muscle having its convergent fibres collected into one parcel, descends from the temporal to the zygomatic fossa, and embraces with its inferior angle the coronoid process of the lower jaw, of which it is the principal elevator. The masseter descends from the zygomatic arch to the external side of the branch of the lower jaw. The pterygoideus internus descends obliquely backward to the internal side of the same angle: this muscle serves not only to raise the lower jaw, but also to move it a little forward. This last motion is however, especially performed by the pterygoideus externus, which, passing obliquely outward and backward, embraces the neck, or narrowed part which supports the condyle.

The muscles which draw down the lower jaw, are attached to the body of that bone, and especially to the process at the chin. The greater part of these muscles come from the os hyoides. Those attached to it are the platysma myoides, the digastrici, the mylo-hyoidei, the genio-hyoidei, and the genio glossi.

Let us see in the next place, how these different muscles contribute to produce the derangement of the fractured portions. If the fracture be near the symphysis, on which is the processus in-nominatus, that side to which this process belongs, is drawn downward and backward by the submaxillary muscles, and even by those which extend from the clavicle and sternum, to the os hyoides, while the other fragment is supported by the levator muscles; if the fracture be more backward toward the branches, the derangement takes place in the same manner, but with a little more difficulty. In the double fractures, the middle portion is perpetually drawn downward and backward by the muscles which are attached to the process at the chin, whilst the two lateral are supported by the levator-muscles.

If the branch be the part fractured, any considerable degree of derangement is prevented by the masseter which is attached to each of the fractured portions. If the neck of the condyle be



the part fractured, the condyle will be drawn forward by the action of the pterygoideus externus.

All these different derangements, except the last, take place in the same line as that which passes from the teeth to the basis of the bone. The fractured portions are never deranged so as that one passes on the other, or in the direction of their length; for the action of none of the muscles of the lower jaw is parallel to the axis of that bone: besides, its extremities are retained in the glenoidal cavities of the temporal bones.

When a blow is received on the lower jaw, or the bone is injured by a fall on that part, or by the pressure of some heavy body, and at the same time an acute pain is felt in the part; and when, with these circumstances, an inequality is found at the basis of that bone by moving the fingers along it; when some of the teeth, corresponding to that inequality, are found to have lost their level, one being lower than the other; and when, besides, by seizing these apparently deranged parts, one in each hand, and impelling them in opposite directions, a mobility and crepitation are perceived, there can be no doubt as to the existence of a fracture; although there be no denudation of the bone by wound, nor any laceration of the gums; circumstances, however, which would render the fracture still more evident.

The fractures of the branches and condyles are not so easily distinguished as those of the body of the bone. Yet the acute pain which the patient feels in the region of the ear, especially when he moves the jaw, the crepitation produced by these motions, or by pressure on the condyle, are sufficient evidence of its existence; if an inflammatory swelling has not taken place before the surgeon has been called in. In that case, the diagnosis cannot be established, until, by the lapse of a few days, by bleeding, poultices, and regimen, the tumour has been dissipated.

Fracture of the lower jaw is in general not very dangerous. When simple, it would get well spontaneously; but there would be, it is true, some deformity, which it is the surgeon's duty to prevent.

Compound fractures of the lower jaw are more dangerous; and if the nerve which goes to the teeth, be torn, which rarely happens, because the greater part of these fractures take place between the symphysis and the foramen by which this nerve comes out from the conduit through which it runs in the substance of the bone, the square and triangular muscles of the chin are paralysed. The skin of that part and the internal membrane of the under lip preserve their sensibility, which it appears they owe to some

threads of the portio dura of the seventh pair; but the paralysis of these muscles does not prove of itself that the jaw is fractured.

In order to set a fracture simple or double of the lower jaw, it suffices to push the deranged part upward and a little forward, and afterwards, by pressing on the basis of the bone, to bring it exactly on a level with the portion which has preserved its natural position; which may be done by bringing all the teeth of the lower jaw into close contact with those of the upper. But the facility of setting this fracture is more than counterbalanced by the difficulty of maintaining it set. Different means of accomplishing this purpose have been proposed; but those alone act efficaciously which keep both jaws together, by supporting the lower jaw, and keeping it applied to the superior or upper jaw.

All other means would be useless, if the jaw were not kept perfectly motionless. And this immobility is extremely difficult to be obtained, on account of the motions induced by mastication, deglutition, and speech; but which ought to be suspended for a time. For the two or three first days the patient should be restrained to a very small quantity of food and nourished afterwards with broths, which may be given by introducing a small spoon between the teeth a little separated. If he should happen to want a tooth, that will be a fortunate circumstance on this occasion, because broths may be given through the opening by means of a canula, without causing the least motion to the fractured bone. If the patient be unmanageable, and insist on eating or speaking, in opposition to the surgeon's advice, the formation of the callus will be slow, and the cure difficult, and inevitably attended with deformity. An opening might also be preserved by introducing two pieces of cork, one on each side between the teeth.

It has been proposed to tie the two pieces together by means of a gold or silver wire, passed from some of the teeth on one side of the fracture, to those adjacent on the other side. But exclusively of this being very difficult, and even impossible in persons who have the teeth very close set, the wire could only prevent the longitudinal derangement. But we have already shewn that the fractured portions have no tendency to derangement in that direction, and consequently, that this expedient could be of use only in case of a part of the alveolar process being detached from the rest of the bone.

Some practitioners have made use of a pasteboard mould, composed of a semicircular piece, excavated for the purpose of receiving the neck: This piece is placed horizontally, with its convex edge projecting a little beyond the basis of the lower jaw. Ano-

ther piece, of about an inch in breadth, is placed so as to extend from one angle of the jaw bone to the other, having its under edge corresponding to the outer edge of the other, and its upper edge on a level with the under lip. Both these pieces are moistened with a resolvent liquid, which renders them flexible and more easily adapted to the form of the jaw. On these pieces are placed compresses, also moistened with a resolvent liquid, and a chin bandage is applied over all. Although the pasteboard, on being dry, constitutes a kind of mould, in which the lower jaw is contained, yet as it acts on the fracture only as it is acted on by the bandages, and as it injures by its hardness the soft parts on which it presses, it has been abandoned.

If the fracture be simple, the operator will commence by applying two bands externally, of three fingers breadth each: one of these is to be passed under the chin, and fastened on the top of the head to the patient's cap; the other is to be applied immediately to the chin and jaw, and fastened at the occiput; after which the chin bandage is applied: this bandage must be so long as that the two ends of it may cross on the top of the head, and broad enough to extend from the lip to the middle point between the chin and the neck. The extremities of this bandage are split to near the middle part, in which a hole is made to receive the chin, and two ends are knotted on the top of the head, and the other two on the occiput. For greater security, two bandages of this construction might be applied; but if the patient be perverse, and the fracture double, it will be necessary to apply the double *chevestre*, which is more easily done than described.

Fracture of the condyles requires the following modification of the apparatus. As that process is incessantly drawn forward by the pterygoideus externus, it would be necessary to push it back; but being so short, and situated so deeply it cannot be acted on but with great difficulty; for which reason the lower portion must, if possible, be pushed into contact with the condyle, which may be done by making the *chevestre* act on the angle, and aiding its action by means of a thick and graduated compress placed on that angle. It is almost needless to remark, that if both condyles be fractured, the double *chevestre* ought to be employed: in this case the parts are with difficulty kept in their situation; the apparatus ought therefore to be often examined, and reapplied frequently.

It is particularly important in fractures of the condyles to obtain a cure without deformity, because the motion of the bone would be affected by any deformity that would remain. If the

patient insists on eating or speaking during the treatment, it is probable that there will be no reunion, that the condyle will exfoliate, and be cast out through a fistulous opening. Thus a cart-er, who quitted the hospital *De la Charité*, after being three months a patient in it, but without being perfectly cured of a double fracture of the lower jaw, one near the middle part, the other near the right condyle, returned after an absence of seven or eight months to Citizen Boyer, who extracted from a fistula, in the external conduit of the ear, a bony mass, which had evidently the form of the condyle.

When at the end of fifteen or twenty days, the pieces begin to unite, soft food may be given to the patient, instead of broths; and according as the solidity augments, the consistence of the food may be increased. The cure will be complete between the thirtieth and thirty-fifth day, if nothing interrupts its natural progress.

After what we have already said on compound fractures, in treating of fractures in general, it is unnecessary to repeat here particularly what is there related, and which may be so easily applied to the fracture of the lower jaw, attended with violent contusion, or a division of the soft parts covering it. It may be remembered, however, that this bone frequently exfoliates, when the fracture is accompanied with a wound, and that the cure is on that account much more tedious.

CHAPTER IV.

OF THE FRACTURES OF THE VERTEBRÆ.

THE bones which compose the spine are seldom fractured, because, like other short bones, they resist any violence that might be applied to them, by the equality of their three dimensions. If any great force be applied to the vertebral column, it is apter to lacerate the intervertebral cartilages, or to separate them from the vertebræ, than to fracture these bones: they may however, be fractured in the very part against which the force has been immediately applied. The spinal processes which project from the body of the bones is the part most liable to be fractured, because it is that which is weakest and the most superficially situated. But it seldom happens that the fracture is limited to a single vertebra; several of them are generally fractured at once, and the spinal marrow suffers at the same time a commotion or contusion to a greater or less degree: and much less danger is to be apprehended from the fracture, than from the lesion of that substance. In fact, every cause that will fracture the vertebræ, must give a commotion to the spinal marrow.

It is thus that this substance suffers from a fall on the back from an elevated situation, or from the action of a bullet, which strikes against the vertebræ after having penetrated through the soft parts: the displaced pieces of the fractured bones might in such cases press on that substance, or the fractured splinters might penetrate into it after having pierced the dura mater and its other tunics. The laceration of its vessels might also produce an effusion, which by its pressure would, as effectually as any other cause, produce a paralysis of the organs whose nerves proceed from the parts of the spinal marrow below the fracture.

The variety of causes which may give rise to symptoms analogous to those of fracture of the vertebræ, render it difficult to establish a diagnosis. Yet, when a person has fallen on his back from an elevated situation, or when a body very forcibly impelled, as a bullet discharged from a musket, has struck that part, if a fracture has taken place, some derangement of the spinal process of the fractured vertebra may be observed, by an atten-

tive examination of the part affected. Much pain is caused by pressing on that process; the inferior extremities are paralysed, as also the rectum and bladder; the patient is afflicted with a retention of urine and fæces, or with an involuntary discharge of the latter.

A sack of flour, weighing 300 lbs. fell on the back of the neck of a porter of the corn-hall, in a moment that he was off his guard, and laid him prostrate. He complained of a very acute pain in the neck; and on being conveyed to *La Charité*, it was found that the spinal process of the seventh vertebra of the neck was more prominent than it naturally is. The superior and inferior extremities were paralytic, respiration became difficult, the bladder and rectum ceased to perform their functions, and the patient was suddenly cut off. On opening the body, a fracture of the seventh vertebra was found, with derangement of a fragment which compressed the spinal marrow.

The three following cases, of which the two first, like the foregoing, have been observed at *La Charité*, prove that the commotion or violent distention of the spine can produce the same symptoms as a fracture of the vertebræ.

A hosier fell into a shallow ditch on his loins; the commotion was sufficient to produce a paralysis of the inferior extremities. After his death, which followed from the fall, no disorganization could be perceived, nor any effusion either in the cranium or vertebral canal.

A builder fell from a height of fourteen feet, and remained for sometime senseless; and, on recovering from that situation, found that he had lost the use of his inferior extremities. He had at the same time a retention of urine, an involuntary discharge of the fæces, and some disorder in the function of respiration. Death followed on the twelfth day after the accident; the body was opened, and the vertebral canal was found to contain a sanguineous serum, the quantity of which was sufficient to fill a little more than its lower half.

A man exercising himself at feats of activity, distended so much the intervertebral ligaments, that he was instantly seized with an acute pain in the part so distended, by the strained posture which he had assumed: the next day, the inferior extremities, the bladder, and rectum, were paralytic, and the patient died in a few weeks.

This paralysis of the inferior extremities, the necessary concomitant of fracture of the vertebræ, and of any lesion of the medulla spinalis, is not, in itself, a mortal affection; but the patient, losing the power of loco-motion, and being obliged to lie

perpetually on his back, soon feels a troublesome itching in the region of the sacrum, on which the pressure of the body is principally concentrated; the skin of this part becomes inflamed, and gangrenë ensues to a greater or less degree, because the pressure on that part intercepts the course of the humours. The bone is quickly denuded, the ulcer extends rapidly, and consumes the patient's strength; the dissolution is accelerated by the retention of the excrements from the paralysis of the rectum and bladder. The catheter, which must be introduced into this latter organ for the purpose of evacuating the urine, gives admission to the air; its mucous secretion becomes more abundant, and its substance thickened; a slimy matter flows out with the urine, and the penis and scrotum become œdematous, &c. A slow fever succeeds these symptoms; and the patient, however robust he may be, falls in a few weeks. We have known, however, a man of a very vigorous constitution, to have survived for six months an accident of this nature. Examples of recovery are recorded, but they are extremely rare, and to be ascribed to the secret operations of nature, rather than to the efforts of art; and we repeat, that scarcely one in thirty recovers. Almost all die from the exhaustion of their strength, by slow fever, colliquative diarrhœa, &c.

Any attempt at setting these fractures, would be not only useless, but dangerous, by the straining which it would occasion. General treatment alone can be had recourse to; the inflammation and obstruction of the part affected may be moderated by cupping and scarification.

If the patient be affected with a flatulent distension of the abdomen, vomiting, hiccup, and other symptoms of that nature, the abdomen may be rubbed with a solution of two drachms of camphire, in a sufficient quantity of oil; purgative clysters may be also given, and antispasmodic medicines. A catheter should be allowed to remain in the bladder, with its external orifice corked, in order that the patient's bed may not be wēt: the ulcerations of the sacrum are to be dressed simply with pieces of linen covered with cerate. If the gangrenous eschar comes off, styrax ointment ought to be applied; and if the patient be fortunate enough to recover the use of the bladder, rectum, and inferior extremities, this return of the natural forces may be aided by frictions with tincture of cantharides, on the course of the nerves of the paralytic organs; and as soon as the patient is able to ride, or even walk with the aid of crutches, he will find it beneficial to drink the sulphureous waters of Bourbon or Barèges.

Such is the treatment in cases of fracture of the spine. Some authors recommend trepanning or cutting out a portion of the fractured bone, when the compression of the spinal marrow by effused fluid, or its disorganization by the action of a splinter, is suspected; but exclusively of the difficulty of that operation, on account of the great depth of the intermediate soft parts, the indication is never sufficiently evident to authorise it.

If a fracture of the vertebræ, or an affection of the spinal marrow, take place in the neck, death follows rapidly. This effect is instantaneous, if the lesion be as high as the origin of the cervical nerves, which convey nervous energy to the diaphragm; for that organ being for the most part supplied by these nerves, is deprived of the power of motion, by any considerable lesion of them.

The lesion of the fourth and fifth cervical pair of nerves by fracture, supposes that accident to have taken place in the third vertebra; because the vertebral nerves originate a little higher than the hole by which they pass out of the vertebral canal.

CHAPTER V.

OF THE FRACTURES OF THE STERNUM.

THE position of this bone, supported laterally by the flexible cartilages of the ribs, the great number of pieces of which it consists, unless in old age, its thickness, and spongy texture, co-operate in securing it against fractures. It may, however, be fractured, and in two different ways. The fracture takes place generally on the part where the force is immediately applied; but it may be occasioned by an extention, operating on both extremities of the bone.

David has cited (from a memoir on *contrecoups*, published under the name of Basile, among the prize essays of the academy) the case of a mason, who, in falling from a great height, struck against a cross-bar which intercepted his fall; and on

which the trunk was so extended, that the sternum was ruptured transversely by the violent action of the abdominal and the sterno-cleido-mastoidei muscles. In cases of this nature, very rare it is true, the fracture must be simple, and without derangement of the fragments, or affection of the soft parts. But in those produced by the immediate action of an external cause, the soft parts are necessarily affected, and the fractured portions may be impelled into the mediastinum, and cellular texture, so as to wound the pericardium, heart, or lungs.

Solutions of continuity of the sternum, like those of the cranium, are attended with a greater or less effusion of blood, mingled with a medullary substance, which is very abundant in the sternum; but the consequences of this effusion are very different in the two cases. The slightest effusion within the cranium, gives rise to the most alarming symptoms, and causes sometimes the death of the patient; but in this case, on the contrary, however abundant that effusion may be, it seldom occasions dangerous symptoms. The heart and lungs being composed of a substance less delicate and less compressible than the brain, suffer little or no inconvenience from this effusion: besides, the capacity of the thorax is variable, and may on that account accommodate itself to an unusual quantity of fluid.

A simple fracture is ascertained by the mobility of the pieces: that which is compounded with contusion, wound, effusion of blood, or by the splinters being thrust inward, is easily known by simple inspection of the part.

A simple fracture of the sternum requires no other treatment than the application of compresses, repose, and a proper position, that is, on the back, with the head and pelvis raised; so that the muscles already mentioned, which are attached to its extremities, may be in a relaxed state. But in cases (which are much more frequent) of fracture, with contusion, wound, or penetration of splinters into the mediastinum, the patient should be bled, and confined to a low regimen; poultices should be applied; and the necessary incisions made for extracting the splinters from the mediastinum, or for giving issue to the effused fluids. It is but very seldom necessary to trepan the sternum for either of these purposes; and that operation becomes necessary only when that part of the sternum which has been denuded, becomes affected with caries, the fistula proceeding from which would be incurable by any other means. Then a transverse or crucial incision should be

made on the part where the probe points out the course of the fistula. The part affected ought to be laid entirely bare, and completely removed, by a single or repeated application of the instrument, according as it happens to be more or less extensive. The instrument ought to be precisely the same as that used for the head, and applied with all possible care, lest, by pressing on it too much, it should be driven into the thorax, particularly as the sternum, naturally capable of making no great resistance, is then less so in consequence of the caries.

The appendix xyphoides is not susceptible of derangement backward; for, though violently struck and driven backward by a blow on what is vulgarly termed "the pit of the stomach," yet it restores itself by its own elasticity. It may be fractured in aged persons, as it is then ossified; but even in that case the remedies are resolvents and emollients, according to the degree of contusion. However, as the organs contained in the epigastric region may have suffered from the same cause that produces the fracture, it might be prudent to draw blood in proportion to the patients strength, and to confine him for a few days to the antiphlogistic regimen.

CHAPTER VI.

OF FRACTURES OF THE RIBS.

THE ribs are placed obliquely on each side of the thorax, and terminate in a cartilaginous substance, by means of which they articulate with the sternum. This oblique direction, and the cartilaginous termination, render them but little liable to fractures. Some, however, are more exposed to fractures than others: thus the first, or superior, being protected by the bones of the shoulder, and by the arm itself, when it hangs by the side, and the lower on account of their great flexibility, are less liable to be fractured than the middle ones.

Fractures of the ribs differ from one another by the part of the bone in which the fracture takes place, by the direction of the fracture, and by the cause, or its way of acting.

Fractures of the ribs happen generally near the middle of the bone; and this is the case, whether one or more of them be fractured at the same time. The fracture is sometimes transverse, at other times oblique; in which case the fractured portions may penetrate the skin or pleura, according to the direction they take.

As the cause of fractures of the ribs may act either on their opposite extremities, or on their middle part, a distinction of them has been made into fractures inwards or outwards. In the latter, both extremities of the rib are at the same time bent towards one another, so that the convexity of the rib is increased, and the fracture is effected when its natural extensibility is exceeded. This fracture is not without some reason termed outward; for it may be easily conceived that the external fibres are the first ruptured, and that there is a succession from the external to the internal side, although the fracture be effected almost instantaneously. This species of fracture is sometimes observed from the body being violently pressed between a wall against which the back is supported, and a wheel of a carriage which presses on the anterior part of the breast.

The fracture inwards is caused by a body strongly impelled against the middle and convex part of the rib; or when, in falling, that part strikes against a hard unyielding body; in which case the fracturing cause tends to straighten the rib, and consequently the fracture commences internally.

In whatever manner the fracture is produced, it may be complicated with contusion or external wound. The sloped and pointed pieces of broken bone directed internally, may, by lacerating the pleura and substance of the lungs, give rise to emphysema.

Fractures of the ribs are indicated by an acute pain felt in breathing. However, the part should be carefully examined, by pressing the posterior part of the rib inward, and the anterior backward, and by thus ascertaining if there exists in that part any unnatural motion, or if any crepitation can be produced. In fractures of the ribs the derangement cannot take place either in the direction of the diameter of the bone, nor in that of its axis or length. The ribs being fixed posteriorly to the spine, and anteriorly to the sternum, cannot shorten, as the interval between these fixed extremities is invariable. Neither can the derangement take place by one of the broken pieces becoming higher or lower than the other, because the same muscles are attached to both frag-

ments, and keep them at the same distance from the neighbouring ribs. The only derangement possible is the angular, which may be salient internally or externally, according as the fracture is in one or other of these directions. Experiments made on the dead subject, confirmed the reasoning used in this case.

Having taken off the muscles which cover the thorax, I fractured the true ribs by placing a great weight on the sternum, the body being laid on its back. This fracture was not attended with any derangement. If the weight on the sternum was increased, or the sides of the thorax pushed forcibly downward, the moveable pieces were not thereby displaced, but merely compelled to form with their contiguous extremities a salient angle externally. This angle was salient internally, in a subject the ribs of which were broken by a violent blow of a hammer on the middle part. Whether the projection was internal or external, it might be effaced by merely distending the cavity of the thorax as in inspiration.*

The derangement cannot then take place, unless the muscles be torn by the violence of the blow which caused the fracture, and a portion of the rib completely detached.

When one or more ribs are affected with simple fracture, it will be necessary merely to apply on the fractured part compresses moistened with a resolvent fluid; which compresses may be kept on by means of a bandage placed round the body, and drawn tight enough to impede the motion of the ribs, and to compel the patient to perform respiration chiefly by the descent and elevation of the diaphragm. When the fracture is outward, the compresses should be pretty thick, in order to repress the salient angle. When it is inward, they should be applied on the extremities of the rib or ribs, in order to force outward the fractured ends which have a tendency to point inwards towards the lungs. The bandage round the body is prevented from falling downwards by means of a scapulary bandage.

When the apparatus does not confine the ribs sufficiently, and in consequence the fractured parts move and give pain in the act of respiration, the *quadrige* ought to be applied in its stead. This bandage commences by a stellated cross on the shoulder, and it is then made to descend on the thorax in folds; that is, each succeeding roll covering a part of the preceding.

* Memoirs of the Society of Medical Emulation, vol. iii. page 159.

In order to render it more secure, it may be fastened with pins in different places. It is seldom necessary to raise the apparatus in order to view the state of the parts underneath, as the ecchymosis disappears of itself in a very few days.

When the violence has been considerable, and the lungs have been contused or lacerated by the pieces of bone, the patient suffers much pain, has acute fever, thirst, and difficulty of breathing; in short, all the symptoms of an inflammation of the lungs. In this case the treatment ought to be the same as in pneumonia; among the remedies for which, copious and repeated bleedings hold the first rank.

With respect to the emphysema, which is the name given to a tumour formed by the admission of air into the cellular texture, it may be produced by a fracture of the ribs in the following manner. Let us suppose that a pointed piece of bone, impelled into the thorax, lacerates the pleura, and vesicular texture of the lungs, and that the air which escapes through the lungs in the act of inspiration is received between them and the pleura in the cavity of the thorax. In the succeeding expiration, the cavity of the thorax becomes diminished; the air contained in it being compressed, endeavours to escape by the part where it finds least resistance, that is, by the wound of the pleura; but as there may exist no external wound in the thorax, or even, though there did, should it be narrow and sinuous, the air could not escape externally; it must therefore, make its way into the neighbouring cellular texture, which it distends and tumefies. This effect of a single inspiration and expiration, is increased by a second, a third, &c. to the degree that the air may pervade the cellular texture of the whole body, except the palms of the hands and soles of the feet; because in these parts certain ligamentous processes unite the integuments so closely to the subjacent aponeurosis, that the interjacent cellular texture cannot admit the air. A case of emphysema has been observed, in which the whole body had acquired a most enormous volume: the anterior side of the thorax was eleven inches deep. If something be not done to stop the progress of the emphysema, the air, after having filled the cellular texture under the skin, makes its way along the vessels into the substance of the viscera, the forms and functions of which it deranges, and in a short time destroys life. Happily this accident rarely succeeds to a fracture of the ribs. Citizen Boyer has seen only one example of it, which was that of a labourer, who received his death from the explosion of the powder-mills of Grenelle in 1793. Le-

dran, in his 24th Surgical Observation, makes mention of the case of a coachman, in whom a fracture of the fifth true rib, in consequence of a kick from a horse, was followed by an emphysema, in which the integuments were inflated to the depth of four inches.

In cases of this nature, it is necessary to follow the example of that able practitioner; that is, to apply pyramidal compresses on the part where the emphysema commences; the compresses should be impregnated with some resolvent liquid, and braced according as the tumour collapses.

If the emphysema, already far advanced, be still making progress, it will be necessary to make an incision into that side of the thorax where the fracture of the ribs, with lesion of the pleura and lungs, was suspected: the air, finding free egress through this wound, will no longer pass into the cellular texture. The validity of this precept will be rendered evident, by considering that emphysema never follows large incised wounds of the thorax; and that, on the contrary, it is frequently complicated with narrow and oblique wounds made by a pointed instrument, such as a small sword.

Whatever means be adopted for arresting the progress of the emphysema, the air which has already passed into the cellular texture, loses its elasticity; its component parts combine with the fat and lymph contained in the cellular substance, and the tumefied parts return gradually to their former size. This termination of the disease may be accelerated a little by making incisions in different parts of the body, and applying resolvents over them.

The cartilages of the ribs cannot be broken before they are ossified. As long as they retain their cartilaginous structure, and remain supple and flexible, though they may be bent in towards the lungs, yet, being eminently elastic, they return to their natural shape as soon the external force is removed. Nothing, then, can be more ridiculous, nothing more dangerous than the absurd practice of bone-setters for raising what they call "depressed ribs." Their greasy and irritating plasters ought also to be proscribed; for such topical applications can only irritate the skin, excite an erysipelatous inflammation, augment the pain which the contusion produces; and, by inspiring a false security, cause the consequences of the affection to be neglected. When the ossified cartilages are fractured in an old person, the treatment is the same as that for a fracture of any other part of the rib.

CHAPTER VII.

OF FRACTURES OF THE BONES OF THE PELVIS.

SECTION I.

Of Fractures of the Sacrum.

THIS bone is not much exposed to be fractured: it is thick and of a spongy texture, deeply situated, and covered by a great depth of soft parts, which deaden any force that tends to fracture it by acting on its great diameter, or transmit that force to the ossa innominata, between which it is fixed as a wedge. Some powerful cause, such as the fall of a very heavy body, or the passage of a carriage-wheel on the convex side of that bone, can alone fracture it: it may be also fractured by a fall on the same part from a great height. Thus we find that these fractures of it, which may have different directions, and exist in different parts, are always produced by a force which has crushed the bone. No muscle tends to derange by its contractions the position of the broken portions; and the fractures are, therefore, dangerous only by the contusion which the parts contained in the pelvis may suffer; and which, by producing effusion of blood, inflammation, and abscesses, may destroy the patient.

The treatment of these fractures consist simply in tying a napkin round the pelvis, an emollient poultice being previously applied on the fractured part. Inflammation, and its concomitants, are prevented by bleeding, low diet, and other means, of which mention shall be made in treating of fractures of the ossa innominata.

SECTION II.

Of Fractures of the Os Coccygis.

THIS little bone, though much slighter than the sacrum, is, however, not so often fractured, because it offers no point on which an external force can act with advantage; and because, by its mobility, it can yield to any impelled force, and return again to its natural position.

When it is fractured, as by a fall on the buttocks, the pain which ensues, and which augments by walking, indicates the existence of the fracture. Some fibres of the glutæi are attached to this bone, and by moving the fragments one on the other, in the act of walking, produce the painful sensation; this sensation may however, depend on the contusion, and cannot, therefore, be considered a proof of the existence of the fracture.

This kind of fracture does not require any apparatus for keeping the broken pieces in a just position; although the levatores ani may draw the anterior fragment a little forward. Resolvents, or emollient poultices, as the circumstances may require, ought to be applied; it may be also necessary to take away some blood; and the most perfect repose should be enjoined, in order that the action of the glutæi muscles may not interrupt the consolidation.

It is not amiss to remark here, that falls on the buttocks are frequently attended with bad consequences, when, from a foolish bashfulness, the patient conceals his sufferings, or refuses to submit to examination by a surgeon.

Thus, the sister of a celebrated actor, who refused to submit to examination, although she suffered much pain in the region of the coccyx, allowed an abscess to form in that part, on opening which, the os coccygis was found fractured, and affected with caries, as was also the inferior extremity of the sacrum.

SECTION III.

Of Fractures of the Ossa Innominata.

FRACTURES of these bones are not frequent, but never take place without an attendant contusion of the external soft parts, and sometimes of the parts contained in the pelvis. Different parts of these bones may be fractured, and the fracture may run in different directions. The anterior and superior spinal process of the os ilium may be fractured, and with it the adjacent part of the ridge of that bone; of which we have seen an example in the case of a farrier, who received a kick from a horse on that part. The ossa pubis and ossa ischia, being protected by the inferior extremities, are less frequently fractured than the ilia. No derangement takes place in the fractured portions, whatever may be the direction of the fracture; not even in fractures of the ossa ilia, which is the more to be wondered at, as these bones are very thin: this immobility of the broken parts is to be ascribed to the thick and strong muscles which are attached internally and externally to the broken portions.

But these fractures are rendered very dangerous by the extravasation of blood and medullary substance into the cellular texture of the pelvis, and by the contusion of the parts which are contained in it. When the pelvis has been fractured by the passage of a wheel, by the fall of a heavy body on it, by a fall on the breech, the patient is entirely disabled from walking. If the pelvis be pressed in opposite directions, the motion of the broken pieces on one another will be perceived, a crepitation will be heard, and some inequalities arising from the derangement of the bones may be clearly distinguished. The existence of the fracture being ascertained, the surgeon's first care will be to obviate the consequences of inflammation by copious and repeated blood-letting. If inflammation has already taken place, it must be combatted by the same means; at the same time topical remedies are to be applied. The pelvis ought to be surrounded with a napkin folded in the shape of a bandage for the trunk; and in cases where the contusion is excessive, the bones splintered and loose, and the neighbouring parts disorganized, as it would be impossible for the patient to move or go to stool without suffering the most excruciating

pain, it will be necessary to pass a piece of strong girth web under the pelvis, the corners of which, collected into one, are to be fastened to a pully suspended from the top of the bed: by means of this pully, the patient may raise himself with very little effort. Citizen Boyer invented this apparatus for a patient affected in the manner we have just described: he was able to raise himself with the greatest ease, and to such a degree as that a flat vessel might be placed under him. It is applicable to all cases of compound fracture of the inferior extremities, in which it may be necessary to raise the patient frequently.

However judicious the treatment, and well-directed the antiphlogistic remedies, the inflammatory symptoms will generally be so intense, that an excessive suppuration will be the consequence; and large abscesses will form, in which the pus will stagnate, in consequence of the great quantity of cellular texture in that part of the body.

Sometimes, however, the patient recovers, the effused blood is absorbed, and the inflammation ends in resolution. It may happen too, that detached splinters shall give rise to subsequent abscesses, as in a case related by *Maret*, in the Memoirs of the Academy of Dijon, of a woman who had had a fracture of the pubis, and from whom he extracted a large portion of that bone through an abscess formed in the labia pudendi.

Desault in giving an exit to a collection of urine which had taken place from a fracture of the pelvis, found a splinter which he extracted from the bottom of the wound.

If the bladder be perforated by a splinter, this should be extracted, and a catheter introduced into the bladder, in order to prevent the accumulation of urine, and its consequent effusion into the abdominal cavity. Chopart gives an example in Vol. II. of his Treatise on the Diseases of the Urinary Passages, which justifies this practice.

It may be said, that artificial means are but of small effect in fractures of the pelvis, that the treatment must be general, and that even this is not always efficacious, when (as most generally happens) the fracture is complicated with lesion of the external soft parts and contents of the pelvis.

CHAPTER VIII.

OF FRACTURES OF THE SCAPULA.

THIS bone is seldom fractured, because, being suspended on the superior lateral and posterior part of the trunk, and moveable in that situation, it yields easily to any force impelled against it. All its parts are not, however, equally secure from fracture. The acromion, which terminates externally its spinal process, and advances, like an arch, over the head of the humerus, forming thus a part of the shoulder, is easily fractured, because, being but thin, and lightly covered with soft parts, it yields easily to a force pressing it downward, where it is supported only by cellular texture. The inferior angle of the scapula is, after the acromion, that part of it which is most easily fractured. The coracoid process is too deeply seated to be fractured, except in the case of gun-shot wound: that is the only one in which J. L. Petit met an example of it. It has also been fractured by the fall of a heavy body on it; in this case, the soft parts were excessively contused, and the patient died.

Fractures of the scapula, whether passing from its superior to its inferior edge, across the spinal process, or from its external to its internal edge, are always accompanied with considerable contusion, because the fracturing cause must have acted immediately on the part. The first mentioned, or longitudinal fractures, are less frequent than the transverse. The vertical diameter being the greater, a greater force would of course be necessary to fracture the bone in that direction than in the other. Longitudinal fractures cause but very little derangement, because the muscles which are attached to the surface of the scapula, prevent the separation of the fractured portions. In transverse fractures, the derangement is not quite so trifling. The serratus anticus major draws forward the lower portion, to which it is principally attached. The rhomboides may also concur in producing this derangement, which is always great enough to be perceived by the fingers drawn along the base,

or internal side, where the inequality will be produced. In fractures of the acromion and inferior angle, the derangement is much more considerable. The weight of the arm, and the contraction of the deltoid muscle, draw downward the acromion, at the same time that the trapezius and levator scapulæ draw the rest of the bone upward and backward. The serratus anticus major draws forward the lower angle, the rest of the scapula remaining in its natural situation; or if the angular portion be considerable, the teres major and some fibres of the latissimus dorsi contribute to its derangement forward and upward.

If the coracoid process is fractured, the pectoralis minor, the coraco-brachialis, and short portion of the biceps, concur in drawing it forward and downward.

These different fractures may be ascertained by the following signs: the longitudinal ones are, however, not easily distinguished. If much pain be felt in consequence of a blow or fall on the shoulder, the part should be examined; for by feeling the scapula, and pressing it in different directions, the motion of the broken pieces, and crepitation, may be perceived, particularly if the patient be not fat, and an inflammatory swelling has not as yet supervened. Transverse fractures are more easily distinguished by the inequality which they cause in the basis of the scapula, by the mobility of the pieces, which may be moved in opposite directions, by seizing in one hand the inferior angle, and in the other the acromion and spinal process.

The derangement is so considerable in a fracture of the inferior angle, that it is impossible to be mistaken, or to overlook it; this part being quite detached, remains motionless, although the rest of the scapula should be moved.

The pain which always attends the fracture of the acromion, and which is increased by the motions of the arm, the alteration in the form of the shoulder, and the mobility of the acromion, which has descended, and which ascends when the elbow is raised close to the trunk, are the distinctive marks of this fracture. The small quantity of soft parts covering the acromion renders the discovery of it very easy.

The contusion which constantly attends fractures of the scapula, whatever may be the part fractured, is the most dangerous symptom. Abscesses have sometimes formed in the fossa subscapularis in consequence of fractures of the scapula, and effusions have taken place in the thorax, when the frac-

turing cause has acted with such violence as to extend the contusion to the parietes of that cavity.

When the scapula is fractured longitudinally, or transversely, near its spinal process, it is merely necessary to fix the arm to the side of the trunk by means of a bandage, which includes the arm and trunk, and which descends from the shoulder to the elbow. The steadiness of this bandage is still further increased by applying a roller which embraces the shoulder and the elbow. By binding the arm in this manner, the motions of the shoulder are prevented, because its motions are only concomitant to those of the arm. This apparatus, or that of Desault for the fracture of the scapula, with the omission of the cushion for the arm-pit, is by much preferable to that by which the hand of the side affected is placed on the shoulder of the opposite side—a situation which is unnatural and fatiguing, and which cannot be long persevered in.

As the inferior angle, when separated by fracture from the rest of the bone, is, like the condyloid process of the jaw, little susceptible of being acted on by any means in our power, it will be necessary to act on the scapula itself, to push it downward and forward toward the inferior fragment, which the serratus anticus major has drawn in that direction.

In this case too, it is on the arm that it will be necessary to act, in order to move the scapula. The arm is to be pushed inward, downward, and forward, the fore-arm being half bent: it must be kept in this position by a circular bandage seven yards long. It will be proper at the same time to act on the angular detached portion by means of compresses, which may be pressed backward by some rounds of a bandage, and thus brought in contact with the rest of the bone. The arm may be supported by a sling knotted on the opposite shoulder.

The acromion, when fractured, is drawn downward and outward by the action of the deltoides, at the same time that the rest of the bone is drawn upward and backward by the trapezius and levator scapulæ. This fracture is set by raising the arm in such a manner as that the head of the humerus may push upward the acromion, which has descended, and which naturally covers it like an arched roof; at the same time an assistant pushes the scapula forward and downward in a direction opposed to that which is given the arm. In order that the parts may remain in this situation, it will be necessary that the action by which they have been placed in it be perpetuated by bandages; that is, that the arm be supported parallel to the

trunk, and that the shoulder be pressed downward at the same time.

To effect this, a circular bandage is applied round the trunk and arm, and afterwards made to ascend from the elbow to the shoulder, and *vice versa*. In this last direction, the bandage has the advantage of securing on the shoulder the compresses, moistened with a repellent liquid, of raising the humerus against the acromion, of which it ought to be the support while nature effects the consolidation, and pressing down the scapula to the level of the acromion. This bandage, like all those of the thorax, is very liable to be displaced, on account of the motion of the thorax; it ought, therefore, to be frequently reapplied, never forgetting on these occasions to have the elbow raised, and the shoulder pressed down.

Although fractures of the scapula consolidate in the ordinary time of from thirty-five to forty days, yet in those of the acromion it will be necessary to continue the bandage a little longer: not that the generation of callus is slower in that part of the bone than in any other, but because that process is acted on by two strong muscles, which might rupture the callus, if exposed to their action before it had acquired a great degree of solidity.

To these mechanical means general remedies may be added, such as blood-letting, &c. The consequence of these fractures are seldom dangerous. A case has been given, however, in which the cellular texture which unites the subscapularis muscle to the depression of that name, became inflamed, suppurated, and a deep-seated abscess was formed, for which it was found necessary to trepan the scapula. A person received a thrust of a sword in the shoulder; the weapon, after having penetrated the integuments and infraspinatus muscle, pierced also the scapula, and wounded the subscapularis muscle. The inflammatory symptoms were intense, and an abundant suppuration took place. In order to stop the suppuration, Maréchal enlarged the fistulous orifice by trepanning the scapula. The operation was attended with success, as we learn from the author of its eulogium, which is found at the commencement of the second volume of the Memoirs of the Academy of Surgery.

CHAPTER IX.

OF FRACTURES OF THE CLAVICLE.

MANY causes conspire to render the clavicle liable to fracture: it is long and slender, supported in its middle part only by cellular texture; and protected externally but by a very thin covering of soft parts. But its functions contribute much more than these circumstances to render the fracture of it frequent. It serves to keep the scapula at a proper distance from the sternum, and acts as a *point d'appui* to the humerus, every impulse of which it receives and transmits to the sternum.

A fracture of this bone may take place in any part of its length, but it most frequently happens near its middle, because its curvature is greatest at that part. Sometimes, but rarely, it takes place near the extremity, articulated with the scapula.—Fractures of it may be transverse or oblique; simple, or complicated with contusion, wound, or detached splinters—differences which depend on the action of the fracturing cause. A blow on the shoulder, and of sufficient *momentum*, will, as it acts directly, fracture the bone in that part on which it is inflicted, and will at the same time lacerate or contund the soft parts. A comminutive fracture may be produced by this means; and if the violence be sufficiently great, the subclavian vessels, and nerves which lie between the clavicle and first rib may be torn; and a paralysis of the arm produced: this affection frequently follows the fall of a heavy body on the shoulder.

If the fracture be caused by *contre-coup*, in which case the fracturing force is immediately applied to the ends of the bone, it is not necessarily complicated with contusion. A fracture may be occasioned in this way by a fall on the point of the shoulder, or on the hands, the arms being extended. It may happen, however, in this case, that the clavicle, pressed very forcibly against the sternum, may be bent much beyond its natural curve, and fractured so obliquely, that the broken portions shall pierce through the integuments.

Fractures of the clavicle are generally attended with derangement of the broken portions, those, however, excepted, which take place near the extremity articulated with the scapula, and within the coraco-clavicular ligaments. Although the bone be very slender in this part, yet it is so strongly attached to the scapula by these fibrous productions, that the derangement is scarcely sufficient to indicate the existence of the fracture.

The mechanism of the derangement of the pieces is easily understood: the external portion is that which is always deranged, because the internal, retained in its articulation by the costoclavicular ligaments, and drawn in opposite directions by the sterno-cleido-mastoideus, and pectoralis major, is immovably fixed. The external fragment, on the contrary, being weighed down by the arm, and drawn in the same direction by the action of the deltoides, and being at the same time drawn forward and inward by the pectoralis major, is carried under the internal portion, which forms an eminence over it.

From the moment that the fracture of the clavicle allows the shoulder to approach the sternum, the arm falls on the fore part of the breast; and the patient resembles in that particular, an animal without a clavicle.

One of the principal signs of fracture of the clavicle, is the impossibility which the patient finds of applying the hand of the side affected to his forehead, because that act requires a semicircular motion of the humerus, which cannot be performed if that bone has not a firm *point d'appui*. If the patient attempts this motion of the arm, it may be remarked that he merely bends the fore-arm and inclines his head, in order to bring the hand and forehead into contact. In addition to this sign, it will be observed, that the shoulder and superior extremity are placed more anteriorly on the breast and nearer the sternum, than in their natural state, or than those of the opposite side. The patient leans to the fractured side; and if the part be examined before a swelling and inflammation has come on, the motion of the pieces on one another may be perceived, and the projection formed by the end, generally of the internal portion, will be evident. A crepitation may be produced by the motion of the shoulder, but not without causing great pain. These signs, independently of preceding circumstances, establish clearly the diagnosis of fractures of the clavicle.

If the soft parts have suffered no extraordinary contusion, a fracture of the clavicle is not dangerous; but if the fracture be comminutive, the soft parts lacerated, and the nerves of the brachial plexus injured, much danger may result from it.

For no fracture have so many bandages and so much apparatus been invented, as for that of the clavicle. We shall examine them successively, and point out their defects and perfections. The ancients and many of the moderns have imagined, that in order to set a fracture of this bone, it was necessary to have the shoulder drawn back, and fixed in that position: to effect this, it was ordered that the patient should be placed on a low stool, so that an assistant might place his knee between his shoulders, which he drew back at the same time with both his hands, whilst the surgeon applied the bandage, which was to keep the parts in this position. It is easy to perceive that in thus drawing the shoulders toward one another, the scapula is pushed toward the sternum, and with it the external portion of the clavicle, which passes under the internal. If this portion be sharp pointed, and the shoulders drawn back with great force, it may lacerate and pierce the integuments. The bandage in form of the figure 8, with which it is attempted to keep the parts in this position, does not correct the defect in any degree. The manner of its application is as follows: While the assistant acts as above mentioned, the operator applies one end of a seven yard bandage, rolled up in one, to the arm-pit of the side affected, and draws it obliquely to the opposite shoulder, round which it is made to pass, and from this to the other shoulder, about which it is to be rolled in the same manner, and crossed afterwards repeatedly before and behind. As this bandage acts obliquely, its force is decomposed; it is therefore necessary to draw it very tight, in order to keep the shoulders back. But this extreme constriction of the bandage excoriates the parts about the arm-pits, particularly in cases of women, and causes much distress, without producing any good; besides, the drawing back of the scapulæ forces the fractured portions to overlap, which is the very reverse of the desired effect; but luckily the obliquity of its action prevents it from acting so forcibly as to confine the shoulders; even though, as prescribed by J. L. Petit, they should be braced behind by a compress. The iron cross proposed by Heister, the corselet described by Brasdor in the *Memoirs of the Academy*, and the leather strap proposed by Brunninghausen, are only modifica-

tions of the figure of 8 bandage, and have no advantage over it. All act obliquely on the shoulders, tend to effect a derangement of the fractured portions, by drawing the scapulæ toward one another, excoriate the parts about the arm-pits, and do not prevent the descent of the arm.

The general rules which we have given for setting fractures, are to be attended to in those of the clavicle. Extension is to be performed by means of the limb, which articulates with the fractured bone, and in the direction of this latter. This double purpose is answered by using the humerus as a lever of the first species, that is, by bringing its inferior extremity forward, inward, and upward, and pushing the shoulder backward, upward, and outward: the humerus may be converted into a lever of the first species, by placing a cushion in the arm-pit, which cushion will act as a fulcrum to the lever.

The Arabians, and Ambrose Paré, saw, though indistinctly, the necessity of this practice, and now and then had recourse to it; but it remained for Desault fully to develope it, and invent an appropriate apparatus.

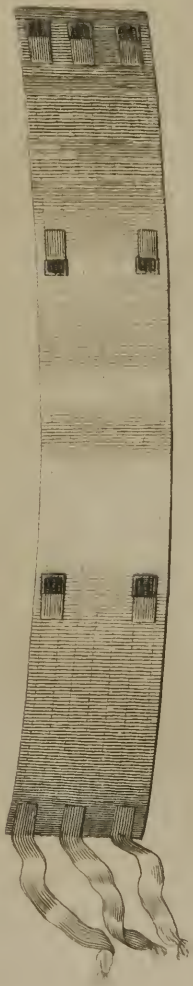
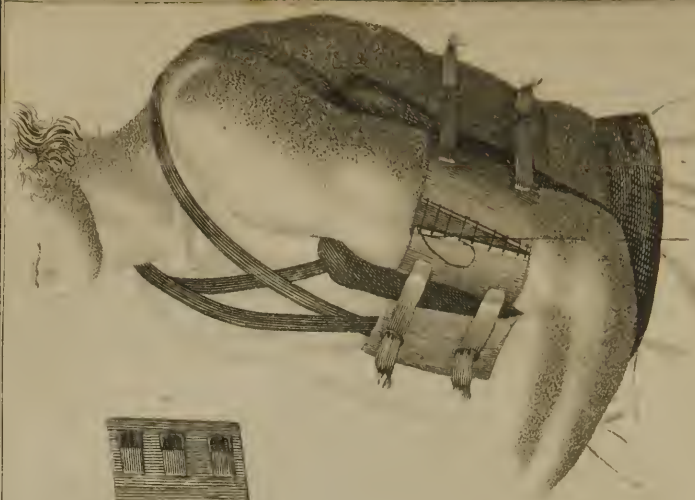
The practice of this celebrated surgeon consisted in applying in the arm-pit a cushion, made of hair or flocks, five or six inches long, and three inches and a quarter thick at its base. To the corners of its base, placed upward, are fastened two strings, which being passed across the back and breast, are to be tied on the opposite shoulder. The cushion being thus placed, the surgeon seizes the patient's elbow, the fore-arm being bent, and brings it forward, upward, and inward, pressing it with force against the breast. By this manœuvre the humerus carries the shoulder outward; the ends of the fractured portions are placed opposite one another, and the deformity disappears. All that is then necessary, is to fix the arm in that situation, and prevent it from moving all the time that nature requires for the consolidation of the fracture. For this purpose an assistant supports the arm in the position given to it by the surgeon; while he takes a bandage nine yards long, rolled up in one, and places one end of it in the arm-pit of the opposite side, and draws it from thence over the superior part of the arm, and across the back to the same part. This first cast of the bandage is exactly covered by another, which secures it, and the succeeding casts are made to overlap one another one third, until the arm is covered down to the elbow; taking care at the same time to draw the bandage tighter in proportion as it descends; because the bandage must be considered as the

force which acts on the lever; for which reason it should operate particularly on its extremity.

This first bandage being applied, compresses impregnated with camphorated spirit, or any other resolvent fluid, are placed along the fractured bone. Then, another bandage as long as the former, is taken by the operator, and one end of it placed under the arm-pit of the opposite side, from whence it is drawn across the breast over the compresses and the fractured part, down behind the shoulder and arm, and upward on the breast, after having passed under the elbow: it is then brought across to the sound shoulder, under and round which it is passed, in order to secure the first cast; it is then drawn across the back, brought over the compresses, carried down before the shoulder and arm, under the elbow, and obliquely behind the back to the arm-pit, where the application commenced. The same process is repeated until the bandage is entirely applied. The principal use of this bandage is to support the arm; it admits therefore of some variety in its application. By means of these two bandages, the external broken portion is raised upward, and pushed outward, and therefore the two principal objects are attained. The whole apparatus may be still further fixed and secured, by pinning the bandage where it appears to have any effect. Finally, the hand is to be supported by means of a sling.

It has been recommended to make the cushion for the arm-pit of old linen, but hair or flocks are preferable for that purpose. A cushion made of them is soft, and will not benumb the arm by compressing the brachial plexus, or occasion an inflammation or gangrene of the parts.

It must be allowed that this bandage of Desault fulfils every indication of cure; but it has a disadvantage necessarily attendant on every such bandage, passed by a great number of casts round a part so bulky as the trunk, it is easily deranged. The dilatation of the thorax contributes much to this effect, particularly in women. It has a further disadvantage with respect to females, namely, its pressure on the *mamæ*, which must make it at least very troublesome. In both man and woman it renders respiration difficult. To these disadvantages may be added that arising from the difficulty of applying it, on account of the number of pieces of which it consists, and the length of time required for its application. Every time that it becomes deranged, it will be necessary, in order to re-apply it,



to raise the arm and move the shoulder more or less, which motion counteracts the consolidation of the fracture.

Convinced by his own experience, of these disadvantages of Desault's apparatus, Citizen Boyer has invented the following one, more simple and less troublesome; by means of which he has effected a complete cure of a fracture of the clavicle, without deformity.

It consists of a girdle of linen cloth, quilted, and six inches broad, which passes round the trunk on a level with the elbow: it is fixed on by means of three straps, and as many buckles fastened to its extremities. At an equal distance from its extremities are placed externally on each side two buckles: that is, two anterior and two posterior to the arm. A bracelet of quilted linen cloth, five or six fingers broad, is placed on the lower part of the arm of the side affected, and laced on the outside of the arm; four straps fixed to this bracelet, that is, two before and two behind, correspond to the buckles on the outside of the girdle, already described, and answer the purpose of drawing the lower part of the arm close to the trunk; the more so as the straps, by being two before and two behind, prevent the arm from moving either backward or forward. With this apparatus, as well as with the preceding, the cushion must be applied under the arm.

Nothing can be easier than the treatment of a simple fracture by means of this apparatus, the use and application of which may be more easily conceived by the assistance of the engraving at the end of this volume. The patient himself may tighten the straps and press the elbow to the trunk, whenever it is found necessary. He may quit his bed in a few days and walk about, having the hand and fore-arm supported in a sling. A fracture of the clavicle is frequently consolidated in thirty days, during which time the patient need not be confined to any very strict regimen.

These fractures, when compound, are treated as directed in Chapter I. In some cases it may be necessary to rub an irritating substance on the arm, when a paralytic affection of it remains. If the fracture be double or comminutive, it will be well to apply a flexible splint over the compresses moistened with a resolvent liquid, as already directed.

If Desault's bandage be employed, it will be necessary to renew it as often as it becomes slack; and we believe that its having been found unsuccessful by several practitioners, is to be ascribed to the neglect of this particular circumstance.

CHAPTER X.

OF FRACTURES OF THE HUMERUS.

THIS bone may be fractured in any point of its length: in the middle, at either extremity, or above the insertion of the pectoralis major, latissimus dorsi, and teres major. The affection in this last-mentioned case is termed fracture of the neck of the humerus; but that denomination has not the merit of being strictly anatomical. It is possible, however, that what is strictly called the neck of the humerus may be fractured, particularly by a gun-shot wound. By neck of the humerus, we understand that circular narrowing which separates the tuberosities from the head.

The fractures of this bone may be transverse or oblique, simple or compound. In short, whatever has been said of the differences of fractures in general, is applicable to those in particular. The same may be said of the causes, whether acting on the extremities of the bone, or immediately on the part fractured.

The transverse fractures of the middle part under the insertion of the deltoid muscle, are attended with but a trifling derangement. The anterior brachialis and triceps brachialis, attached posteriorly and anteriorly to both fractured portions, counteract one another, and admit only a slight angular derangement. When the fracture takes place above the insertion of the deltoid muscle, the inferior portion is first drawn outward, and then upward on the external side of the superior. Fractures of the humerus, near its lower end, such particularly as are transverse, are not subject to much derangement: an effect which is to be attributed to the breadth of the fractured surfaces; to their being covered posteriorly by the triceps brachialis, and anteriorly by the brachialis anterior, which admit only a slight angular derangement by the inferior portion being drawn a little forward.

The oblique fractures are always attended with derangement, whatever be the part fractured. The inferior portion being

drawn upward by the action of the deltoides, biceps, coracobrachialis, and long portion of the triceps, glides easily on the superior, and passes above its lower extremity. Finally, fractures of the neck of the humerus are always attended with derangement, which is produced by the action of the pectoralis major, latissimus dorsi, and teres major, which being attached to the lower portion near its superior extremity, draw it first inward and then upward, in which last direction it is powerfully aided by the biceps, coracobrachialis, and long portion of the triceps. The superior portion itself is, in this case directed a little outward by the action of the infraspinatus, supraspinatus, and teres minor, which make the head of the humerus perform a rotatory motion in the glenoidal cavity.

We proceed to examine the different marks by which these fractures may be ascertained.

The shortening and change in the direction of the limb, the crepitation, which may be very distinctly perceived by moving the broken pieces in opposite directions, the pain, and impossibility of moving the arm, &c. joined to the history of the preceding circumstances, render it easy to establish a diagnosis. It may happen however, from ignorance or inattention, that a luxation of the cubitus may be mistaken for a fracture of the lower extremity of the humerus. In treating of luxation, we shall state how this mistake, which might be of the most dangerous consequence, may be avoided.

Fractures of the neck of the humerus are not so easily ascertained, and have been frequently, for want of attention, confounded with luxations of that bone. The diagnostic symptoms of these two affections are however very different.

When the neck of the humerus is fractured, a depression is observed at the superior extremity and external side of the arm, which is very different from that accompanying the luxation downward and inward of that bone. In the latter case, under the projection of the acromion, a deep depression is found in the part which the head of the humerus naturally occupies; whereas, in the fracture of the neck of that bone, the shoulder retains its natural form, the acromion does not project, and the depression is found below the point of the shoulder. Besides, in examining the arm-pit, instead of finding there a round tumour formed by the head of the humerus, the fractured and unequal extremity of that bone will be easily distinguished. The motion of the broken portions, and the crepitation which

may be produced by moving them, serve still further to establish the diagnosis.

A simple fracture of the body of the humerus is not a very dangerous affection: in that near the extremities, the danger is greater, because, as has already been mentioned, inflammation and false ankylosis are more to be apprehended, and the management of the fracture is more difficult.

Transverse or oblique fractures of the humerus are easily set. An assistant placed on the side not affected, and having his hands passed before and behind the thorax, fixes the shoulder, while another draws down the humerus, by seizing the fore-arm, or even the condyloid processes of the humerus: the operator then places the fractured surfaces in proper contact. The criterion of the fracture being well set, is the arm having its proper length, form and direction, so that the external condyloid process or tuberosity of the humerus may correspond with the most salient part of the shoulder. When the fracture is thus set, the surgeon takes a bandage eight yards long rolled up in one, and having placed some lint in the palm of the hand, commences the application of the bandage on that part, drawing by its means the fingers close together, after which it is rolled upward on the rest of the arm, each cast covering a part of the preceding. When it is brought as far as the elbow, the fore-arm is to be bent; and when carried as high as the depression under the insertion of the deltoides, some lint is to be placed under it, in order that the compression may be as equal as possible; the whole arm is to be covered alike; but three folds one over the other, are to be made on the situation of the fracture. When the bandage has reached the shoulder, four thin splints of wood, or, still better, of tin, slightly convex, are to be applied one opposite the other on the arm; or, if the arm be very slender, three splints may suffice. While an assistant holds these splints, they are fixed by turns of the bandage carried downwards, which cover one another partially as before. The bandage is brought up again in the same manner; and, if long enough, down again on the arm and fore-arm. The turns of the bandage which serve to fix the splints, ought not to be drawn so tight as to cause pain.

It is indispensably necessary to apply the bandage on the hand and fore-arm, as otherwise these parts would tumefy, on account of the circulation in the veins and lymphatics being obstructed. This obstruction, though not very painful, is at

least troublesome. Besides, the articulation is rendered stiff by the swelling, and the stagnant fluid becoming thick, conduces very much to produce a false ankylosis. Should this precaution have been omitted at first, the bandage should be applied even after the swelling has taken place. It is scarcely necessary to say, that every part of the bandage ought to be impregnated with some resolvent liquid: independently of the repellent effects of the liquid, the bandage can be better applied when wet than when dry.

If the patient keep his bed, a pillow should be placed under the arm; on the contrary, if he remain up, it will suffice to support the hand half prone in a sling. If the patient be very vigorous, it will be prudent to draw some blood, and to put him on a very low diet for some time. If no bad symptom come on after the application of the apparatus, it need not be taken off before the fifth day, and afterwards every eighth or tenth day, so that the consolidation will be found perfect at the fourth or fifth removal. It should be more frequently re-applied for a fracture of the lower extremity of the humerus. The articulations of the elbow and shoulder should be frequently moved, in order to prevent a false ankylosis; but the motion should not be attempted before the callus has acquired a certain degree of solidity.

If the fracture be complicated with violent contusion, and great inflammation be inevitable, or already established, the limb should be placed on a pillow, the fore-arm half bent, the hand prone, and a little raised, in order to facilitate the circulation in the veins and lymphatics. Scultet's bandage is first applied, its separate pieces being previously extended on a linen cloth as long as the humerus; the splints are rolled in this cloth, and applied over the bandage, care being taken to place little chaff bags where they may be necessary, as before directed. The strings or tapes with which the whole is to be bound externally, should not be drawn too tight. It will be necessary to apply emollient poultices on the arm, when the resolvent applications do not discuss the swelling. By accompanying these means with the general treatment in similar cases, such as bleedings, rigorous abstinence, diluent and cooling drinks, the inflammatory symptoms disappear in seven or eight days, and the rolled bandage, as last described, may be substituted for that of Scultet. If the fracture be comminutive, or complicated with wound, the treatment will vary as directed in Chapter I. on the General Treatment of Fractures.

It has been advised in fractures of the lower extremity of the humerus, to place the four splints in such a manner as that they should extend equally on the arm and fore-arm, care being taken to equallize the anterior and posterior sides, particularly the bend of the arm and olecranon, with the rest of the limb, by means of graduated compresses properly disposed.— But this extension of the whole member would be painful, and might produce a false ankylosis of the elbow.

If the case require it, four splints may be so hinged in their middle part, as that the anterior and posterior ones should open or close up on their breadth, and the two lateral ones on their edges. Instead of these hinged splints, Citizen Boyer has successfully employed four simple splints for the humerus, and four more for the fore-arm.

The fracture of the neck of the humerus requires a mode of treatment which it is necessary to particularize. It has been proposed in this case to apply the spica, or the eighteen tailed bandage, and other means equally insufficient. Moscati, a surgeon of Milan, sensible of the difficulty of acting in these cases, on the superior portion, invented a means by which this inconvenience was overcome. This consisted in filling the arm-pit, previously covered with a cloth fastened on the outside of the shoulder with tow soaked in a mixture of alum and the white of an egg beat up together. He covered the shoulder with a similar preparation, and over that applied the spica bandage. This mixture dried up rapidly, and formed a hard crust round the part. This mode of treatment (described by the author in the *Memoirs of the Academy of Surgery*) has a great disadvantage; it forces the patient to keep his arm at a distance from the trunk; and this strained and unnatural position is incompatible with the exact juxta-position of the broken portions, the situation of which cannot be known while covered by this substance.

Ledran thought of combining this invention of Moscati's with the means used by the ancients, which consisted in making the trunk serve as an internal splint, and binding the arm to the trunk by a circular bandage. This correction by Ledran led to the invention of the bandage for the clavicle, the application of which Desault extended to fractures of the neck of the humerus. According to this method, the arm is enveloped by a bandage, and the elbow pressed toward the breast, a cushion being first placed in the arm-pit: another circular bandage is then passed round the arm and trunk,

splints are applied to the anterior, posterior, and lateral parts of the arm, and some compresses wet with a resolvent liquid are applied on the shoulder.

By means of this apparatus, fractures of the neck of the humerus consolidate as easily, and sometimes in less time than those of its middle part.

It sometimes happens, that in young subjects the head of the humerus, being yet but an epiphysis, separates from the rest of the bone in consequence of a blow or fall; which affection, both as to the diagnostic symptoms and treatment, is analogous to a fracture of the same part in a more advanced age. It is, however, particularly necessary in this case, to fill the arm-pit so as to throw outward the lower portion of bone; because, if the parts be not exactly and fairly united, the motions of the arm will be impeded to a certain degree for ever after.

In compound fractures of the neck of the humerus, as well as in those of the body of that bone, no attempt is to be made to set the fracture till the inflammatory symptoms have subsided.

CHAPTER XI.

OF FRACTURES OF THE FORE-ARM.

SOME authors have denominated complete, those fractures of the fore-arm in which both bones are fractured: and incomplete, those in which one only is fractured. We have already given it as our opinion that these denominations are fallacious, and we will substitute for them that of fracture of the fore-arm, when both the bones of which it is composed are fractured; and that of the radius or cubitus, where only one of these bones is fractured.

SECTION I.

Of Fractures of the Fore-arm.

THESE are almost always the consequence of a fall, or blow on the fore-arm, and take place in the part on which the cause has immediately acted. It is difficult to imagine, that, by a fall on the palm of the hand, both bones could be fractured at once, because the radius alone receives the impulse communicated by the hand: the cubitus having no immediate connexion with the hand, cannot be often fractured by this cause.

These bones may be fractured on the same level, as most frequently happens, or the fracture of one may be higher than that of the other. Fractures of these bones, whether transverse or oblique, are generally complicated with greater or less contusion, wound, detached splinters, and other concomitants of affections of this kind.

The connexion of the two bones of the fore-arm, by the interosseous ligament which occupies the interval by which they are separated, and the manner in which the muscles which are attached to both, are inserted into them, render the derangement of the broken pieces in the longitudinal direction very difficult; and, in reality, a derangement in this direction has been seldom observed, and never to any considerable degree: when it does take place, it is to be ascribed to the cause of the fracture rather than to muscular contraction. The derangement in the direction of the diameter, on the contrary, always takes place in such a manner as that the four pieces approach one another, and the interosseous interval diminishes, or is entirely obliterated at that part near the seat of the fracture; which approximation of the ends of the bones causes an evident deformity of the part.

To this derangement must be added the angular, which the fracturing cause always produces, either forward or backward, according to its direction.

The existence of these fractures is easily ascertained from the history of the circumstance, from the pain, which is rendered more acute by moving the hand, from the impossibility of performing pronation or supination of the hand, and from the noise produced by the friction of the fractured surfaces

whenever these motions are attempted; finally, from the change in the form of the arm, the anterior and posterior sides of which appear tumefied by the protusion of the muscles which the broken bones have displaced from the interosseous interval, the other sides being depressed, and from the mobility of the broken portions, and change in the direction of the arm.

When these bones are fractured near their inferior extremities, the inflammatory swelling might render a diagnosis less clear, and cause the fracture to be mistaken for a luxation of the hand. But the two cases may be distinguished by simply moving the hand; by which motion, if there be luxation without fracture, the styloid processes of the radius and cubitus will not change their situation; but if a fracture do exist, these processes will follow the motion of the hand.

In order to adjust a fracture of these bones, the fore-arm is bent to a right angle with the arm, and the hand placed in a position between pronation and supination. The fore-arm and hand being thus placed, an assistant seizes the four fingers of the patient, and, by pulling, extends the fractured parts, while another assistant makes counter extension by fixing the humerus with both his hands. By these means the operator is enabled to restore the bones to their natural situation, and to push the soft parts into the interosseous space, by a gentle and graduated pressure on the anterior and posterior sides of the arm. Coaptation is very easy in fractures of these bones, as are indeed all the other parts of the operation, in which effort and violence are not at all required.

The fracture being thus set, the bones are kept in their place by applying first on the anterior and posterior sides of the fore-arm two longitudinal and graduated compresses, the base of which is to be in contact with the arm. The depth of these compresses should be proportioned to the thickness of the arm, increasing as the diameter of the arm diminishes. In the next place, the surgeon takes a bandage about six yards long, rolled up in one, and makes three turns of it on the fractured part, descends then to the hand by casts partially superposed on one another, and envelopes the hand in passing the bandage between the thumb and index: the bandage is then carried upward in the same manner, and reverted wherever the inequality of the arm may render it necessary. The compresses and bandage being thus far applied, the surgeon lays on two splints, one anteriorly, the other posteriorly, and

passes the part of the bandage that yet remains over them, in such a manner as entirely to cover them. It may not be unnecessary to remark, that the compresses and splints should be of the same length as the arm. It would be useless to employ lateral splints in this case, unless (what is scarcely ever to be expected or met with) a derangement should have taken place in that direction. It is evident, that lateral splints would counteract the compresses and two other splints, by increasing the radio-cubital diameter of the arm, and by concurring with the action of the pronatores to move the pieces into the interosseous space. The surgeon's attention should be most particularly directed to preserve the interosseous space; for, if this be obliterated, the radius cannot rotate on the cubitus, nor the motion of pronation or supination be executed; and this object may be obtained with certainty by applying the compresses and splints in such a manner as that the fleshy parts may be forced into, and confined in, the interosseous space, and by renewing the bandage every seven or eight days.

Such is the treatment of a simple fracture of the fore-arm: If the contusion be excessive, with wound or comminutive fracture, the splinters should be extracted, the arm placed on a pillow, and dressed with the usual topical applications adapted to the degree of inflammation, the patient bled, and Scultet's bandage applied. If the inflammatory symptoms continue a certain length of time, the bones consolidate in a manner that deforms the arm, and renders it impossible to perform the movements of pronation and supination: this may be prevented, if the inflammatory symptoms disappear so much on the fifteenth or twentieth day as to admit the application of the apparatus for simple fractures.

If the fracture be simple, and the contusion inconsiderable, it will not be necessary to confine the patient to bed: he may be allowed to walk about and attend to his business, having the arm supported in a sling. The consolidation is generally perfect in thirty or forty days, no difference being perceivable in the time necessary for the generation of the callus in the case in which the two bones are fractured, and that in which only one is broken.

SECTION II.

Of Fractures of the Radius.

OF all fractures of the fore-arm, this is the most frequent: the radius being almost the sole support of the hand, of which it has been called the *manubrium*, and being in the same line with the humerus, is for both these reasons more exposed to fracture than the cubitus, which corresponds with the hand only by a very small surface, and which does not form a strait line with the humerus.

Fractures of this bone, whether transverse or oblique, near its middle part or extremities, may be caused by a fall or blow on the fore-arm, or, as happens in most cases, by a fall on the palm of the hand. When the body is thrown off its centre of gravity, and falling appears inevitable, we are apt from habit to extend our arms, and let the hands come first to the ground; in which case the radius, pressed between the hand which is supported on the ground, and the humerus, from which it receives the whole momentum of the body, is bent, and if the fall be sufficiently violent, broken more or less near its middle part. When after an accident of this kind, pain and a difficulty of performing the motions of pronation and supination supervene, the probability of a fracture of the radius is very strong. The truth is fully ascertained by drawing the hand along that bone on the external side of the fore-arm, with as great a degree of pressure as the pain excited will admit: besides, in endeavouring to perform supination or pronation of the hand, a crepitation will be heard, and the moving of the broken portions perceived, if the bone be in reality fractured; but it is not amiss to warn against mistaking the noise made by the tendons of the muscles of the thumb which wind on the inferior and exterior part of the radius, for a crepitation produced by the rubbing of the fractured surfaces. These tendons are thick and dry in labouring people, and cause a certain noise on being moved in their sheaths, in which there is a scarcity of synovia. This noise is easily distinguished from crepitation by an experienced ear. When the fracture takes place near the head of the radius, the diagnosis is more difficult on account of the depth of soft parts over the bone in that part. In

this case the thumb is to be placed under the external condyle of the os humeri, and on the superior extremity of the radius, and at the same time the hand is to be brought to the prone and supine positions. If in these trials, always painful, the head of the bone rests motionless, there can be no doubt of its being fractured. The causes of derangement are here the same as in fractures of the fore-arm, and it can never take place but in the direction of the diameter of the bone, and is effected principally by the action of the pronating muscles. The cubitus serves as a splint in fractures of the radius; and the more effectually so, as these two bones are connected with one another in their whole length. Notwithstanding the evidence of the mechanism which prevents the longitudinal derangement, J. L. Petit has thought that derangement possible.

Extension and counter-extension are made in the same way as in fractures of both bones of the fore arm, with this slight difference, that the assistant who makes the extension should incline the hand to the cubital side of the fore-arm. Great care is to be taken, that, by means of graduated compresses placed on the anterior and posterior sides of the fore-arm, the natural shape be restored, the convexity produced by the fracture removed, and that the bandage may act principally on the extremities of the dorso palmaris diameters, by which action the fleshy parts will be pressed in between the two bones, and therefore these bones kept separate, and the interosseous space preserved to the extent which is natural, and which is necessary for the pronation and supination of the hand.

It would be superfluous to repeat here what has been said in the preceding section on the mode of perfecting the cure, and combatting the symptoms which might complicate the fracture: the treatment in this respect being absolutely the same in both cases.

SECTION III.

Of Fractures of the Cubitus.

FRACTURES of this bone, less frequent than those of the radius for the reasons already mentioned, take place generally at its lower extremity, because it is smaller and less covered at that part

than at any other; consequently we find, that a fracture of this bone is almost always the result of a force acting immediately on the part fractured; as, for instance, when one falls and strikes the internal side of the fore-arm against a hard resisting body. On applying the hand judiciously on the inside of the fore-arm, this fracture is easily ascertained by the depression in that part, from the inferior portion being drawn towards the radius by the action of the pronator radii quadratus. This derangement is in general less than that which takes place in fractures of the radius. The superior portion of the cubitus remains unmoved, as has been well observed by J. L. Petit.

In this case the assistant who extends the parts, inclines the hand to the radial side of the fore-arm, the surgeon pushes the flesh between the two bones, and applies the apparatus last described. In all fractures of the bones of the fore-arm, and particularly in those which are near the head of the radius, a false ankylosis is to be apprehended, and should be guarded against by moving the elbow gently and frequently, when the consolidation is advanced to a certain degree. This precaution is more especially necessary in fractures of the olecranon.

SECTION IV.

Of Fractures of the Olecranon.

THIS curved process, by which the cubitus is terminated superiorly, its anterior surface being covered with cartilage, and its posterior having the tendon of the triceps brachialis inserted into it, is very analogous to the patella; and the resemblance would be perfect, if the latter, instead of being attached to the tibia by a strong ligament, were a continuation of its substance, as the olecranon is of that of the cubitus. This similitude is still stronger in the fractures of these two bones; so that what will be said on fractures of the patella, to which a long chapter shall be consigned, may be applied to those of the olecranon.

These last-mentioned, which almost always take place at the base, and seldom at the summit of the olecranon may be oblique, but are more frequently transverse. They are occasioned sometimes by the contraction of the triceps brachialis,

but more frequently by some external force, as by a fall backward on the elbow. The fracture of the patella is, on the contrary, more frequently produced by muscular contraction than by an external cause.

When the olecranon is detached from the cubitus by any cause, it is always drawn upward by the contraction of the triceps brachialis, and the interval between it and the cubitus is perceptible to the touch or sight, and increases or diminishes by the flexion or extension of the fore-arm. The ascent of the separated olecranon along the lower extremity of the humerus, may be more or less considerable: in all cases however, it ascends above the condyles, or lower tuberosities of the humerus. Finally, the olecranon may be pushed by the fingers to one side or other, without any motion being communicated to the cubitus.

Nothing can be easier than to distinguish by these marks a fracture of the olecranon, from a luxation of the cubitus backward, with which, however, it has been confounded. It is true, that when the fracture has been occasioned by an extremely violent cause, the contusion and inflammatory swelling may be so great as to render the diagnosis difficult, if not impossible. But this uncertainty should not influence the treatment, which must be directed first against the inflammation, whether the fracture exist or not. When the inflammation and its concomitant symptoms have been allayed by blood-letting, the use of emollients and other such means, the discovery of the fracture will be easy; and if it be found to exist, it is to be treated in the following manner.

The divided parts are brought into contact, by extending the fore-arm, and pushing down the olecranon from the place to which it had been drawn by the contraction of the triceps. The principal object is to counteract the action of this muscle, which tends incessantly to separate the detached olecranon from the cubitus. To effect this purpose, a circular bandage, moderately broad, is passed on the fore arm, fully extended; this being done the olecranon is pushed down into contact with the cubitus, and the middle part of a long compress placed behind it, the extremities of which are brought downward and crossed on the anterior part of the fore-arm; after which several turns of the bandage made so as to cross one another, are carried round the articulation of the elbow. The bandage should then be rolled up on the humerus, in order to diminish, by pressure, the irritability of the triceps brachialis, which is re-

laxed by the extension of the fore-arm. This bandage being applied, the bend of the fore-arm is filled with lint, and a long splint applied on it anteriorly, by which the flexion of the arm is prevented. This splint is fixed by the same bandage, rolled on downward from the shoulder to the wrist, and upward again if the bandage be long enough. The oblique casts of the bandage, which cross one another on the articulation, forming a kind of a figure of 8, ought to be nicely applied, and drawn very tight; because if but slightly braced, their action, which is oblique, will not be sufficient to confine the olecranon to its situation. Previous to the application of these oblique casts, the skin of the olecranon should be drawn up by an assistant; for, if this precaution be not taken, it may sink between the divided portions and prevent their contact.

Though the contact be exact immediately after the application of the bandage, yet if, as is apt to happen, the bandage become relaxed, or if the patient inadvertently contract the triceps, the olecranon ascends, because the bandage, acting perpendicularly to its direction, can but feebly oppose the ascent of this process. An interval will therefore exist between the cubitus and olecranon, which will be filled up by granulations, and by the thickening of the periosteum, or tendinous expansion of the triceps which covers that bone; and the reunion of the parts will be effected by means of an intermediate ligamentous substance, the length of which will depend on the careful application and frequent renewal of the bandage.

To this cause as Camper supposed, is to be attributed the impossibility of obtaining an immediate reunion of the olecranon to the cubitus, and not to a defect of periosteum, or humectation of the parts by synovia, as some authors have thought.

We state the grounds of our opinion on this subject in treating of fractures of the neck of the humerus, and of the patella. In forty or forty-five days the ligamentous substance acquires its greatest consistence, but the articulation should not be kept motionless so long; gentle motion may be commenced on the twenty-fifty or thirtieth day. The object of these motions is to prevent a false ankylosis of the articulation, not, as David thought by preventing the growth of inequalities or asperities on the callus but by facilitating the absorption of the inspissated fluids accumulated about the part; by stimulating the secretion of synovia, and exciting the irritability of the muscles, benumbed by long inactivity.

In cases of recovery obtained by these means, the olecranon adheres to the cubitus firmly enough to transmit to it the action of the triceps muscle, and to moderate the extension of the fore-arm.

Compound fracture of the olecranon is an accident of the most grievous nature on account of the great number of nerves which pass in the neighbourhood of that part; it should therefore be treated with the greatest care: the inflammatory symptoms are to be combated by copious and repeated bleedings; the arm is to be placed half bent on a pillow, and dressed with Scultet's bandage. In these cases the intermediate ligamentous substance is always longer than in simple fracture, and, consequently, the force of the arm is much diminished. If a false ankylosis be prevented by judiciously exercising the articulation as soon as the state of the parts will permit, the patient may think himself fortunate.

If the inflammatory swelling, &c. be not dissipated before the twenty-fifth or twenty-sixth day, the application of the apparatus we have described will be useless, because it will be necessary, at that time, to begin to exercise the articulation, the formation of the ligamentous substance being then considerably advanced.

CHAPTER XII.

OF FRACTURES OF THE BONES OF THE HAND.

SECTION I.

Of Fractures of the Bones of the Carpus.

THE eight small bones which, placed in two rows, compose this part of the hand, are susceptible only of comminutive fracture. Their smallness, and spongy texture, do not admit of their being fractured but by a cause which acts on them immediately; and, in fact, fractures of them are always occasioned either by a gun-shot wound, or some very heavy body falling on the hand. It is obvious that in cases of this nature, more attention is to be paid to the state of the soft parts than to the fracture. It often happens, that fractures of these bones render amputation at the articulation of the wrist necessary, or even that of the fore-arm.

SECTION II.

Of Fractures of the Bones of the Metacarpus.

FRACTURES of these bones are rare, because any impulse received by the hand is divided between all these bones. That which supports the thumb, and which is unconnected with the others, would be frequently fractured, if its mobility did not secure it against that accident.

These fractures are always the result of a force immediately applied; for the length of the metacarpal bones, though ranged

in the class of long bones, so little exceeds their other dimensions, that it can never happen that a force acting on their extremities can break them about their middle part. If the hand be very forcibly pressed between two bodies, or if a heavy body fall on it, comminutive fracture will be the result; and almost always several of these bones are fractured at once. The following case, however, furnishes an example of a fracture of one of them. An armourer proving some muskets, made use of an iron ram-rod for setting fire to the priming: the musket was forced back by the explosion, and the iron rod thrust into his hand, so as to project on the other side, and raise up the integuments. The rod was drawn out, and the wound dressed with lint and emollient poultices; and on the fourth day the patient complained of excessive pain, when he attempted to bend the fourth or ring finger. On examining the part with care, and pressing the fourth bone of the metacarpus, it was found by the crepitation and motion, that that bone was fractured. Two long compresses were applied, one to the palm and the other to the back of the hand, both corresponding to the fractured bone: over these were placed splints, which extended to the extremity of the finger. A bandage was then rolled round the hand and three last fingers. The suffering of the patient ceased immediately on the application of this bandage, and his recovery was complete in six weeks. Comminutive fracture of these bones, as well as that of the carpus, frequently renders amputation necessary.

SECTION III.

Of Fractures of the Phalanges of the Fingers.

FRACTURES of these bones being uniformly the effect of the immediate action of the cause, are always attended with more or less contusion. The alteration in the form of the finger, the motion of the broken pieces, and the crepitation occasioned by it, leave no doubt as to the existence of the fracture.

The longitudinal derangement of a fractured phalanx is very difficult; and, in fact, that in the horizontal direction is almost the only one observed: it is effected by the flexor tendons, which draw the inferior portion to their side. The

broken pieces may be brought into their proper situation, by pulling by the extremity of the finger, whilst the hand is fixed by an assistant. A circular bandage, moistened with a solution of acetate of lead, is then rolled round the finger, and over that are placed four splints of thin wood or pasteboard, which are fixed on by the same bandage: the whole dressing is completed by including the two adjacent fingers in the last turns of the bandage.

Fractures of these bones are generally united in twenty-five or thirty days, but the finger continues a little stiff for about two months, at the end of which time the stiffness entirely vanishes.

When a very heavy body has crushed the extremities of the fingers, or when they have been bruised by a folding door, the soft parts are generally lacerated, the nail torn off, and the last phalanx fractured and denudated. If in such cases the parts hold together by a shred of a certain thickness, and which contains vessels enough for the nourishment of the phalanx, the reunion of the parts should be attempted. The prospect of success, it is true, is not great in most cases; but if our endeavours to save the finger fail, amputation is still as much in our power as in the commencement.

If the last phalanx alone is crushed, it will be better to amputate at once, than attempt to save the joint. The cure would be tedious and difficult, on account of the exfoliation that would take place. Besides, the part being deformed, instead of being useful would be troublesome. By amputating at the articulation with the second phalanx, a simple wound is substituted to the lacerated and ragged wound produced by the cause of the fracture. This will heal in a very short time, if care be taken to preserve a sufficiency of skin to cover the surface of the articulation.

CHAPTER XIII.

OF FRACTURES OF THE THIGH.

WHAT has been said of the treatment of fractures in general, in the first chapter of this work, is more especially applicable to those of this bone than to any other. The femur is much exposed to fracture from the nature of its functions, its length and direction; and notwithstanding the great depth of soft parts by which it is covered, yet it is frequently fractured.

It may be fractured in any point of its length, near the middle or either extremity. We shall devote a particular chapter to fractures of its superior extremity, or neck; but, besides these last mentioned, there is another species of fracture, which consists in the separation of the great trochanter from the body of the femur. In the fractures of the lower extremity of the femur, not only one of the condyles may be separated longitudinally from the rest of the bone, but both condyles may, at the same time, be separated one from the other, and from the rest of the bone. All varieties of simple or compound fracture may be observed in those of the femur.—They may be produced in any part of it by a cause acting immediately on that part, or by a force acting on its extremities, which will probably produce a fracture of the middle part, where the bone is naturally bent: a fracture produced by any of these causes, may be transverse or oblique.

Derangement of the fractured portions is a uniform concomitant of fractures of the thigh; it may take place in any of the four directions already repeatedly mentioned, but that most frequently observed is the longitudinal derangement by which the limb is shortened. The numerous muscles of the thigh, by means of which derangement may be effected, are divisible into three classes, relative to the manner in which they tend or contribute to effect it. The three portions of the triceps femoris are attached to both pieces, and tend to produce the angular derangement by drawing the two fractured por-

tions to a salient angle on the outside, where their fibres are the strongest and most numerous. The biceps femoris, semitendinosus, semimembranosus, sartorius, rectus internus, and third adductor, all those, in short, which extend from the pelvis to the inferior portion, or to the leg with which it articulates, tend to draw the inferior portion upward, on the internal side of the superior, the extremity of which forms a tumour on the external side of the thigh. The inferior portion is that which is always displaced, except when the fracture takes place immediately under the small trochanter, to which process are attached, by a common insertion, the psoas and iliacus muscles; which muscles would, in such a case, draw the superior portion upward and forward, producing by that means a tumour in the groin.

When the femur is fractured immediately above the condyles, the inferior piece is drawn backward, and its superior surface turned downward by the action of the gastrocnemius externus, plantaris, and popliteus muscles. When the great trochanter is detached from the rest of the bone, it is drawn upward by the muscles which are inserted into it, but without producing any change in the direction or form of the thigh.

The angular derangement in which the foot inclines either inward or outward, is the effect of the weight of the foot, or of the bed-clothes, rather than of muscular contraction. It shall be mentioned more particularly in treating of fractures of the neck of the femur.

Deformity and diminution of the length of the limb, a change in its direction, the tumour occasioned by the deranged portions of the broken bone, the impossibility of performing the ordinary motions, the acute pain and crepitation produced by the motion of the broken pieces one on the other, indicate a fracture of the femur in such a marked manner, that it is impossible to mistake it. Fractures of the thigh are, *ceteris paribus*, more dangerous than those of any other of our limbs, on account of the difficulty of keeping the pieces in a proper situation. The ancients considered a fracture of the femur difficult to be cured without a shortening of the limb; but at present the possibility of cure without any change or deformity is attested by numerous instances. It is to be remarked, however, that more unremitting care and attention is necessary in fractures of this bone, than in those of any other.

We shall point out, at some length, the objects to which the attention is to be particularly directed in the treatment of these fractures.

The bed in which the patient is to lie should not exceed three feet in breadth; a broader bed would render the raising and re-application of the apparatus very troublesome. It should have no foot-board, otherwise the assistant, whose duty it is to make the extension, could not conveniently draw the leg in the proper direction. Instead of a bed of down or feathers, a hair mattress should be used, which will not allow the limb, the weight of which is augmented by the apparatus, to sink. If mattresses of wool are the only bedding to be found, their solidity should be increased by placing between them thin elastic boards. The head of the patient should repose on a simple pillow, the horizontal position being one of the *desiderata*. When the head is too much raised by pillows, &c. the body tends to descend, and deformity of the limb will be the consequence, whatever attention may be paid in other respects.

These particulars relative to the bed being punctually attended to, an apparatus, as follows, is in the next place to be prepared: First, as many bandages, of three fingers breadth each, as will be sufficient to cover the leg and thigh, and which will form what has been already described under the name of Scultet's bandage: secondly, a number of long compresses, wet with some resolvent liquid, which are placed on such parts of the limb as appear most inflamed: thirdly, a splint-cloth, or *fanon*, in which the two lateral splints are rolled: the splints should be long enough to extend externally, from the ridge of the os ilium, and internally, from the articulation of the femur to a few inches beyond the sole of the foot; and anteriorly from the groin, or anterior side of the articulation of the femur with the bones of the pelvis, to the instep: fourthly, three bags of chaff, by means of which the sides of the thigh may be rendered parallel with the splints: fifthly, and finally, five strings or ribbands, by which the rest of the apparatus are to be secured externally: two are to be placed on the thigh, two on the leg, and one is to be crossed on the instep and sole of the foot, and its ends made fast to the internal and external splints, in order to prevent the vacillation of the foot.

Some practitioners apply Scultet's bandage on the thigh only, and do not extend it to the leg, nor envelope the foot in long compresses, drawn moderately tight; in consequence of which neglect, the leg and foot are apt to swell, from the return of

the fluids being impeded by the compression of the bandage on the thigh.

This apparatus should be extended on the bed on which the patient is to be laid, in the order of their application; that is, first the strings or ribbands; next the *fanon* or splint-cloth; and over that Scultet's bandage, of which the different parts should partially cover one another; and last of all, the compresses. The patient, if dressed, is to be undressed very gently, and the fractured limb is to be moved as little as possible. In conveying the patient to the bed on which he is to lie during the treatment, the surgeon himself ought to support the fractured limb, and place it exactly on the middle of the apparatus. The setting is in the next place to be proceeded to; to effect which, the strongest of the assistants renders the pelvis immoveable, by pressing on the anterior and superior processes of the ossa ilia, whilst another assistant seizes the foot with both hands, the thumbs applied to the sole, and the fingers crossed on the upper part, and draws it with a gradual effort, first obliquely outward, and then quickly in its natural direction: the surgeon placed on the external side, performs the coaptation; but the great depth of integuments renders this part of the operation almost entirely useless.

The natural form and length of the limb being restored, the assistants continue the extension and counter extension, while the surgeon applies the different parts of the apparatus in the order already described, rolling compresses on the thigh and leg, and commencing the application of Scultet's bandage from the lower extremity of the leg, and proceeding upward. The splints rolled up in the cloth, are placed perpendicularly on their edges, at a small distance from the leg, in which interval bags of chaff are to be placed, and, on the chaff being pushed into the different depressions, so as to equalize the surface of the limb, and provide for the equable pressure of the splints, these latter are pressed against the limb by the hands of an assistant, while the surgeon ties on the strings, by commencing with the one at the middle part of the thigh. The fillet crossed on the foot, and tied to the extremities of the lateral splints, is the last applied.

It may be necessary to bleed the patient once or twice, and to confine him to the antiphlogistic regimen for four or five days, at the end of which time no disagreeable consequences are to be apprehended. If the pain and suffering of the patient be not excessive, the apparatus need not be raised for the first three or four days, but this measure should not be deferred beyond

that time; for, however well the fracture may have been set, and however well and permanently the apparatus may appear to have been applied, yet it is possible that the pieces of bone may have been displaced by the action of the muscles. By neglecting this precaution, and raising the apparatus only every eight days, the fractured portions have passed one another, and consolidated in that situation, and a lameness has been produced, which could never be remedied. At the end of about forty-five days, when, after having reapplied the apparatus eight or nine times, the callus is found so far formed as to bear the motion of the whole member, Scultet's bandage is to be taken off, and a simple roller substituted in its stead, capable of compressing the soft parts, and of preventing the œdematous swelling likely to take place.

The foregoing mode of treating fractures of the femur, and which is effectual when they are transverse, is of little or no effect in cases of oblique fracture, which was supposed by the ancients to produce necessarily a shortening of the limb. In order to prevent this continued extension, the mechanism of which shall be explained in the chapter on fractures of the neck of the femur, has been employed by the moderns.

If a very young child, as for instance, one of two or three years, is to be treated for a fracture of the thigh, a roller of one piece may be employed instead of Scultet's bandage. Four elastic wooden splints should be applied on the opposite sides of the limb, and secured by the circular bandage, a part of which has been already applied. It is not necessary, in this case that the splints should be longer than the limb, because the foot, at that age, bears a less proportion to the rest of the member, than at a more advanced period, and is not weighty enough to draw the limb to either side with it. The principal reason for preferring the circular bandage in the case of children, is the difficulty of re-applying the other apparatus every day, or as often as it may be soiled by the urine and fæces: it will be necessary, for the same reason to roll up the whole limb, after the apparatus has been applied, in several folds of a strong linen cloth, which should be renewed every day. This is the only case in which Scultet's bandage is not to be preferred to any other.

When the femur is fractured near the condyles, it will be necessary to stuff the hollow of the ham with lint, in order to prevent the lower fractured portion from being drawn back by the action of the muscles attached to it: if this derangement be not guarded against, the popliteal nerves and vessels may be

wounded by the protrusion of the fractured end of the bone, and the worst consequences may ensue.

If the great trochanter be separated from the rest of the bone, the middle part of a long compress is to be applied on that process, and its extremities drawn downward and inward; over which compress a spica bandage for the groin is to be applied.

More time is necessary for the consolidation of fractures of the femur, than for those of any other long bone, on account of the great compactness of its texture, particularly near its middle part. For this reason it is in general necessary to continue the apparatus applied for fifty days, and sometimes for even a longer time.

If the consolidation be very tedious, a stiffness in the articulation of the knee will be a necessary consequence; and, if the fracture be so near the condyles as that the swelling and obstruction may extend to the articulation, this consequence will be inevitable, and very difficult to remove.

It would be superfluous to repeat here, respecting compound fractures of the femur, what has been already said on this subject in the first chapter, and frequently repeated by particular applications. We shall therefore without further delay, proceed to consider the fractures of the neck of the femur.

CHAPTER XIV.

OF FRACTURES OF THE NECK OF THE FEMUR.

THE neck of the femur may be fractured in any point of its extent. The fracture, however, most frequently takes place in its middle part, and more generally towards or at its base, than at its union with the head of the femur, although its base is its thickest part. These fractures exist strictly speaking, within the articulation; the orbicular ligament of which adheres to the lower portion of the bone, the superior having no connexion with the rest of the body, but by the round ligament; except, however, the case in which the ligament reflected round the neck is not entirely ruptured. These fractures are almost always transverse; the reason of which is found in the spongy texture of the bone. In many cases the surfaces of the divided bone are very unequal, the one being marked with asperities or eminences, and the other with corresponding depressions.

There is another species of variety of this fracture which takes place outside the articulation, near the union of the bone with its trochanters, and sometimes between these two eminences, the greater of which adheres then to the superior portion. There have been so many instances of fractures of this nature, that all are now agreed as to the possibility of their taking place.

A member of the *ci-devant* Academy of Surgery fell on the great trochanter; the extremity of this side became shorter than that of the opposite, the foot and the knee inclined outward, and in short, all the symptoms of fracture of the neck of the femur were manifest, and the existence of such a fracture was agreed on by a number of his brother surgeons. The fracture was treated in the ordinary way, and a cure was obtained, but not without a shortness of the limb. This person died shortly after from another disease; his body was opened, and the

articulation of the thigh examined, when it was found that the fracture had taken place below the insertion of the orbicular ligament. I am indebted for this case to Citizen Lesne, a distinguished member of the Academy, and editor of the *Posthumous Works of J. L. Petit*. Citizen Boyer has met several cases of a similar kind.

I have seen a remarkable case of a shortened inferior extremity, in an old man, who died in the hospital of *La Charité*, in the year seven. A double fracture was found, one inside and one outside the orbicular ligament; the latter between the two trochanters, the larger of which was separated from the rest of the bone. Although the patient was eighty three years of age, yet the consolidation had commenced.

Fracture of the neck of the femur, generally simple, is sometimes complicated with that of the great trochanter, very rarely with contusion, because the force which produces it does not act immediately on the part. Protected by a great depth of soft parts, and by the great trochanter, the neck of the femur is seldom fractured comminutively. That might however take place from a gun-shot wound; but as in that case the bones of the pelvis must also be fractured, and the parts contained in it injured: the fracture of the neck of the femur is but the slightest part of the affection.

Amongst the various fractures of the neck of the femur ought to be enumerated the decollation of the epiphysis, which, though rare, has yet been observed. Paré* mentions the possibility of this decollation, allows that its diagnosis is extremely obscure, and assures us at the same time, that it has been often mistaken by very expert surgeons for a luxation. Young persons only are subject to this accident, because it cannot take place when the cartilage which unites the neck to the bone is ossified.

The superior extremity of the femur is entirely cartilaginous in the new-born infant; but soon after birth three points of ossification may be observed in it, one corresponding to the head of that bone, and the two others to the trochanters. These osseous points gradually spread, the cartilage diminishes, and at length entirely disappears; but the ossification of the head and neck is much slower than that of the trochanters; nor does the cartilage of these parts totally disappear before the eighteenth or twentieth year.

* Works of Ambrose Pare, lib. 15. chap. 21.

It is easy to conceive that an accident, which at a more advanced period of life would produce fracture of the neck of the femur, will with more facility separate the head before the age of eighteen, or twenty. It may even happen that a force which does not produce this decollation, shall however, disorganize the cotyloid cavity, by impelling inward towards the pelvis the parts of the three bones of which that cavity is composed. Ludwig* has given a case of this kind. When the head and neck of the femur are completely united, their point of union is seldom the situation of a fracture; and, as Duverney remarks, decollation is then impossible†. The symptoms of decollation differ little from those of fracture: the dull crepitation which has been given as a sign by J. L. Petit‡, is by his own acknowledgement very equivocal. But this difficulty in forming a diagnosis is of no great consequence, as the treatment does not differ from that of fracture of the neck of the femur; nor is the prognosis more unfavourable, notwithstanding what Columbus§, arguing from the difficulty of setting the divided portions with accuracy, says to the contrary.

Predisposing Causes.—Brittleness of the bones, as well as the vices of the constitution on which it depends, has been already given as a predisposing cause of fracture. Caries may be looked on as a predisposing cause of fracture of the neck of the femur, by its destroying a part of the substance of the femur; but as in this case artificial means can have no effect in producing a consolidation of the fracture, and as the caries will probably occasion the patient's death, unless nature effect the union of the carious bone with some part of the pelvis, it seems useless to give any further consideration to fractures, or division of the neck of the femur from this cause. Rickets, which some authors have mentioned as a predisposing cause of fracture, rather prevents it by rendering the bones flexible.

Duverney has given a case of a fracture of the neck of the femur, in which the venereal disease was evidently the predisposing cause. But in cases arising from an internal cause, the removal of that cause is the principal object.

Exciting Causes.—A fall on the great trochanter is the most frequent exciting cause; and fracture of the neck of the femur

* De Collo Femoris ejusque Fractura Programma. Lipsiæ.

† Traite des Maladies des Os, vol. i. chap. 3, art. 2.

‡ Ibid. vol. ii.

§ De Re Anatomica.

is so frequently a consequence of that accident, that when the one has taken place, the other is generally presumed. This observation made by Citizen Sabatier* has been confirmed by many particular cases treated in the principal hospitals in Paris. A fall on the feet or knees sometimes occasions a fracture of the neck of the femur, in which case the weight of the body must be thrown more on one side than on the other.

Let us examine the manner in which this fracture may be produced.

When a person falls on the great trochanter, the neck of the femur is acted on by that eminence which has a *point d'appui* on the ground, and by the body which acts immediately on the head of the femur. By this action and re-action, a force is exerted on the neck of the femur, which tends to make it parallel with the rest of the bone. By this tendency, that part of the bone is curved beyond its natural extensibility, and from the nature of the curve into which it is forced, its lower fibres break first, and so on successively to the superior, which break last; on the supposition that the rupture of these fibres was successive. In falling on the feet or knees, on the contrary, the tendency of the fracturing cause is to force the neck of the femur to form a right angle with the bone; and the rupture of the fibres must of course commence in the superior.

From this view of the mechanism of these fractures, it is evident that they are never direct, that is, produced by a cause acting immediately on the part; but that they are, on the contrary, always the effect of a force communicated to that part by *contre-coup* or transmitted re-action, as has been observed by David†. The contusion which in general is but trifling in indirect fractures, or those *par contre-coup*, may however be considerable in this case, when produced by a fall on the trochanter; for this reason, that, though the force be transmitted, yet, on account of the shortness of the neck of the femur, the fracture must take place near the part immediately affected; so that, with respect to contusion, fractures of this part may be considered as direct.

Fractures of the neck of the femur are always attended with derangement: it is possible, however, that this derangement may not take place for a few days after the fracture. There are in the Memoirs of the Academy of Surgery, the particulars

* Mem. de l' Acad. de Chirurgie

† Prize-questions of the Academy of Surgery, vol. iv.

of a case in which a man after having fractured the neck of the femur by a fall, was able to rise without any assistance, and walk home to his lodging. A similar case is found in Desault's Journal. Finally, a great number of cases collected by Louis, Duverney, Sabatier, and other authors of no less authority, and those observed by Citizen Boyer, leave no doubt on the possibility of a derangement ensuing several days after the fracture. And it is easy to conceive that in a fracture of what is properly called the neck of the femur, the orbicular ligament may oppose the derangement, and counteract the action of the powerful muscles, which pass from the pelvis to the lower fractured portion, into which, also, the orbicular ligament is inserted.

Another cause which must contribute to prevent derangement, is the projections and depressions of the surfaces of the pieces, which inequalities render lateral motion difficult. We have already remarked this circumstance, in treating of the direction of the fracture, which, accurately speaking, is neither oblique nor transverse.

The fractures within the articulation are never attended with a very considerable derangement. The orbicular ligament yields a little without being torn; the body and neck of the bone, instead of their oblique or angular position becomes rectilinear; from which change of direction, as well as from a slight derangement in the direction of the diameter, arises the shortening of the limb. Louis has asserted that the derangement may be considerable, but has not supported this assertion either by facts or reasoning. In fractures outside the articulation, or between the trochanters, the muscles which tend to produce the derangement act without any opposition and draw the inferior fractured portion outward, upward, and a little backward toward the iliac depression. The great trochanter approaches the brim or ridge of the iliac bone, but never passes under the glutei muscles, which cover the surface of that bone.

The action of the muscles which are inserted into the inferior portion, and particularly that of the glutei, is not the sole cause of the derangement; that effect being in part produced by the weight of the body, which forces the pelvis downward, and with it the superior portion of the femur: muscular action is however the principal cause.

Besides the longitudinal derangement, that in the circumference also takes place in consequence of the rotation of the

whole inferior extremity outward. This is effected by the weight of the part, rather than by the action of the rotatory muscles. If the rotation of the limb were produced by the contraction of these muscles, there would be more difficulty in bringing the foot to its natural position, or in inclining it inward, than in reality is found in bringing it in any of these directions. But in order to be fully convinced of the cause of this rotation, it is only necessary to observe the position which the inferior extremity assumes, when a person laid horizontally on his back abandons it to its own weight: in such a case the foot and knee incline constantly outward.

The derangement may take place internally, either by a particular disposition of the extremity, by the pressure of the bed-clothes, or some such cause. Paré and Petit describe the derangement as having taken place internally, in all the cases of this kind that occurred to them. Louis has endeavoured to give a favourable turn to the report of Paré. He says that Paré meant merely to state that the foot was separated from the opposite leg by a less interval than the knee of the same side; which observation is true in a certain sense, even when both are turned outward. As to Petit we must either suppose that a deference for the opinion of Paré led him into an error of fact or expression, or that the mistake originated with the copyist or printer. But since the publication of Louis's explanation in the Memoirs of the Academy, the possibility of derangement inwards has been ascertained by observation. Desault concluded from his experience that the rotatory derangement inward was to that outward as 1 : 4.

Diagnosis.—The resemblance between the symptoms of this fracture and luxation, has frequently occasioned these two affections to be confounded with one another. Thus we find that luxation of the femur was known to the ancients, and that fracture of the neck of that bone was unknown until described by Paré. He is, at least the first author who has given any clear and positive information on that subject. Since his time, observations on the nature of this affection have been multiplied; but as yet authors are not agreed as to the symptoms by which it is distinguished.

Fracture of the neck of the femur is so frequent a consequence of a fall on the great trochanter, that the former having taken place, renders the other highly probable: an acute pain felt in the articulation augments that probability. But the fall or pain which may not exist even when the fracture has

taken place, as in a case related by Duverney, are equivocal, or at best but corroborating circumstances. The sensible signs are those alone on which the diagnosis is to be founded: they are as follows:

It sometimes happens, that in the moment of falling the patient hears a crack in the articulation, and remains without the power of raising himself. Shortening of the limb is a consequence of this fracture; but as that does not always take place immediately, it cannot assist in forming the diagnosis in every case; but the uncertainty arising from the want of that sign is quickly removed, for the shortness supervenes in a few days. It may not be superfluous to remark, that in ascertaining the shortness of the limb, the patient should be laid supine on an horizontal plane, and the pelvis so placed as that its anterior and superior spinous processes may be in the same horizontal line.

The point of the foot is turned outward, as is the knee, and the leg bent so as that the heel is turned inward, and placed behind the ankle of the other foot, in the depression between the ankle and tendo Achillis.

It very rarely happens that the heel is placed above the ankle, except, however, when the fracture is outside the articulation, and the longitudinal derangement very considerable. In fractures of the part strictly called the neck, it would be necessary, in order that the ankle should be so placed, that the fracture had been produced by a fall on the feet or knees from a great height, and that the orbicular ligament had been entirely torn, of which no example has as yet been observed.

The limb may be brought to its natural length by means of extension and counter-extension, but it shortens again instantly if left to itself. The foot may, with great facility, be placed in its natural position, without causing in any degree the pain and suffering which Citizen Sabatier seems to have apprehended; he says, that the attempt is imprudent, and the motion difficult. The asperities of the broken pieces can seldom irritate or lacerate the soft parts, because the orbicular ligament is seldom entirely torn: to that cause, however, Citizen Sabatier attributes the pain and difficulty, which he considers as being so formidable.

In bringing the limb into its natural direction, the fractured surfaces are rubbed one against the other; and this friction, more or less considerable according to the asperity of the surfaces, produces a crepitation, which is one of the surest signs

of fracture. It has been asserted by some writers, that the great depth of soft parts prevents the crepitation from being heard, which for that reason, say they, can be no sign of this fracture. But the clear and distinct perception of the noise is a better proof of its existence than any reasoning can be of its impossibility; and we assert, that it is possible in most cases to hear it. I have myself frequently heard it, by applying, it is true, a very attentive ear.

In turning the limb, in order to place the foot straight, or to incline it inward, the great trochanter will be found, by placing the hand on it, to move in a very small space, or, as it were, on itself pivot-like. But in the rotation of the thigh in its natural state, that eminence describes an arch of a circle, the radius of which is composed of the length of the neck and head of the femur; but after the fracture, the diameter of this circle is composed of the diameter of the bone and of that part of the neck which remains below the fracture. Whence we may conclude, that arches described by the great trochanter in cases of fracture of the neck of the femur, will be so much the greater, as the fracture takes place nearer the head, and that this arch will be at its maximum in the case of decollation of the epiphysis. In order to appreciate this sign it will be necessary to compare the arches described by the trochanter of the fractured member with those described by that of the opposite side.

When the fracture is outside the articulation, the trochanter appears less, and is nearer the ridge of the ossa ilia than in the natural state. The buttock is also rounder than natural, on account of the relaxation of the muscles.

Another sign of which authors have made no mention, but which is constant, is the impossibility of raising the member all at once; that is, of bending the thigh on the pelvis, the leg being extended on the thigh. It is necessary for the execution of this motion, that the limb have a *point d'appui* in the acetabulum: it may be compared to the circular motion with which the hand is raised to the forehead, and which is impracticable when the humerus has lost its *point d'appui* by a fracture of the clavicle. In attempting to raise the thigh, the patient first bends the leg analogously to the effort made to bring the hand to the forehead, by bending the fore-arm.*

* It will always be easy to distinguish the impossibility of this motion resulting from pain, from that resulting from the want of a *point d'appui*

According to Louis, much pain is produced by moving the fractured limb from that of the opposite, and none at all by the contrary motion: this difference he attributes to the action of the lower fractured portion on the soft parts of the external side, and considers the pain caused thereby as a distinctive sign of the fracture. We have already said, that a derangement as considerable as that supposed by Louis never takes place. If it really did, adduction and abduction ought to be equally painful; and, in fact, every motion given the limb, no matter in what direction, causes more or less pain; but pain, however produced, is a very equivocal sign, as it belongs equally to all diseases of the articulation.

Of all affections, there is none so easily confounded with the fracture of which we are treating as the different species of luxation of which the thigh is susceptible. The luxation upward and outward is the most easily mistaken for fracture, notwithstanding the two affections have in common only the shortening of the member. The impossibility of restoring the limb to its natural length by a gentle effort, its permanency in the natural situation when once restored, and, before that is done, the impossibility of turning the foot outward, which has been carried inward, are signs by which that species of luxation can be easily distinguished from fracture of the neck of the femur.

In the luxation inward and upward, in which the head of the femur is propelled toward the pubis, the extremity is shortened, and the foot turned outward; neither of which circumstances can be corrected without antecedently restoring the femur to its natural situation.

Luxations downward, whether inward or outward, can never be mistaken for this fracture, because in these the member is always lengthened.

The secondary, or spontaneous luxation of the femur, is always preceded by dull pains felt in the superior and inferior articulations of that bone; it is further characterized by a gradual elongation of the member, and then by a sudden shortening and a diminution in the interval which separates the great trochanter from the ridge of the iliac bone; by the inclination inward of the foot and knee; finally, by all the symptoms of luxation upward and outward, joined to the induration of the soft

for the femur. This impossibility remaining after the inflammatory symptoms have ceased, will always be a pathognomonic sign.

parts, the abscesses which form in these parts, and which terminate in fistulæ. All these signs leave no possibility of its being mistaken for a fracture of the neck of the femur, an affection with which it has nothing in common, except indeed that the spontaneous luxation is sometimes produced by the same cause as the fracture, namely, a fall on the foot, knee, or great trochanter, by which the cartilages of the articulation are contused. The irritation caused by this contusion produces a turgescence and swelling of the cartilages and cellular texture that accompanies the round ligament. This tumefaction augments until the acetabulum is entirely filled, and the head of the femur expelled from that cavity.

It appears, then, that a strict comparison of the symptoms will enable the surgeon to distinguish a fracture of the neck of the femur from any affection of the hip joint. But we must acknowledge, on the other hand that fractures of this part of the femur, which are without any, or with very little derangement, are not always very easy to be ascertained or distinguished. An old man fell on the great trochanter, and the length of the extremity of that side was found to have diminished half an inch in consequence of this fall; but there was no other symptom of fracture. Citizen Boyer pronounced the existence of a fracture of the neck of the femur, and a second surgeon confirmed this decision. A third practitioner was not clearly of the same opinion; but remarked that the shortening might be owing to the contraction of the muscles; but as there was no symptom of that contraction which could not produce the shortening of the limb without nearly obliterating at the same time the interarticular cartilages, the apparatus for fracture was applied, because, whichever opinion was the true one, no inconvenience or evil could result from its application. The patient died of an ascites in five days. On dissecting the articulation of the thigh, a fracture of the neck of the femur was found, and consolidation had commenced, though it had advanced but very little.

We shall recapitulate in a few words what distinguishes this fracture: a fall on the great trochanter followed by pain in the articulation, with the impossibility of bending the thigh on the pelvis, the leg being extended on the thigh; shortness of the extremity, which is easily removed, but returns as soon as the extending force is discontinued; an inclination of the foot and knee outward, with great facility of moving these parts to their natural situation; crepitation produced in effecting dif-

ferent movements; and the smallness of the circle in which the great trochanter moves in a rotatory motion. We can seldom be mistaken as to the existence of this fracture, if we attend to all these circumstances.

When the want of any important symptom renders the case doubtful, the apparatus should however be applied, as no danger can result from its application, provided the inflammatory symptoms have disappeared. It generally happens that in a few days the shortening of the extremity removes any doubt that might have been entertained; and this shortening, as we have already mentioned, may be retarded by the mutual insertion of the fractured surfaces, or by the resistance of the orbicular ligament.

The prognosis of fractures of the neck of the femur is very difficult to establish. Some authors consider them as highly dangerous, always occasioning inflammation of the cartilages and surrounding soft parts. Morgagni* has made some observations, which tend to give weight to this unfavourable prognosis. Others, on the contrary, consider these disagreeable consequences as extremely rare, so much so as never to have met them in their practice. This we can say, that these fractures are never followed by secondary or spontaneous luxation of the femur, which proves that the contusion of the cartilages has not been excessive, and that probably the whole force was spent in effecting the fracture.

The difference of opinion on the prognosis of this affection does not regard merely the inflammation and abscesses which it may occasion, and the fistulæ which result from these abscesses. Some authors are of opinion, that the shortening of the limb can by no means be guarded against; and others, that the consolidation of the fracture cannot be at all effected. There are some, however, who affirm that the consolidation is obtained in this case as in any other. As the treatment must be accommodated to whichever of these opinions is adopted, it is necessary to consider carefully the greater or less probability of each, how far any of them may be true, and the restrictions which they may require; and to consider, in short, in what particulars they may serve to direct the treatment. By recurring to what we have already advanced on the formation of callus, and on the different theories on that subject, we shall acquire at once a solution of the problem.

* Morgagni *de Causis et Sedibus Morb.* Epist. 56.

Thus those who have admitted the existence of an osseous humour from which the callus is formed, have argued, that fractures of the neck of the femur cannot be cured, because this osseous humour is perpetually diluted by the synovia, with which the broken ends must always be moistened. The partisans of Duhamel's opinion have given as a reason for the supposed non-consolidation of this fracture, the want of the periosteum on that part. But, in fact, it is furnished with a periosteum by the fibrous duplicature of the orbicular ligament which is reflected round it, and which, provided itself with a very vascular texture, transmits to the bone the vessels that nourish it. But facts, which attest the possibility of consolidation, render it unnecessary to enter into any verbal refutation of assertions and theories. Numerous instances of recovery are related, and preparations which prove that consolidation had taken place, are to be met in many anatomical collections. The consolidation is, doubtless, slower and more difficult in this than in other parts, but the difference in the time necessary for cure may be easily accounted for by our theory of the formation of callus.

The possibility of the consolidation of a fracture supposes that each of the broken portions is endued with a certain degree of vitality: the splinters of bone which, in comminutive fracture, are totally detached, never reunite. In fracture of the neck of the femur, the inferior portion is endued with all the conditions necessary to a prompt reunion; but the superior, on the contrary, enclosed entirely in the acetabulum, and in contact only with the cartilaginous surface of that cavity and with the orbicular ligament, has no connexion with the rest of the body, but by means of the round ligament which conveys to it a few blood vessels, but which are not sufficient for giving its vascular texture the degree of turgescence necessary for the generation of callus. In most cases, the duplicature of the orbicular ligament, which we have already described, is but partially torn, and a communication between the vessels of the head of the femur, and those of the other parts, is preserved, by means of which the consolidation is principally effected. To the complete rupture of the orbicular ligament* ought probably to be attributed the non-consolidation of some

* The motion communicated to the limb, in order to produce crepitation, always obscure, may aid in completing the rupture; for which reason the trial ought not to be made without the greatest caution.

cases of fracture. Old age is, however, the most frequent cause of non-consolidation: and those who are of opinion that the fracture of the neck of the femur is incurable, endeavour to support that opinion by instances of this kind in old persons. Ruisch cites many cases communicated to him by Gerard Borst, who was physician to an hospital of old women at Amsterdam, in which a recovery could not be effected. In these persons great age was an invincible obstacle to the formation of the callus, and was the sole reason why, after death, the head of the bone was found diminished, decayed, and converted into a kind of ligamentous cap.

I dare say too, that the great hospitals of Paris destined for the reception of aged persons, as *La Salpetriere* and the Hospital of Invalids, could furnish instances of the same kind sufficient to warrant the induction that this fracture is incurable beyond a certain age, if not sufficient to lead into error by too general an application of particular facts.

It is not in our power, however, to mark precisely the period beyond which a cure is not to be hoped for. To be able to settle this, it would be necessary that the effects of old age were uniform in every individual, and that the degree of senility were always commensurate with the number of years.—Lesne shewed, at the Academy of Surgery, the femur of a woman aged eighty-nine, with marks of a consolidated fracture of its neck. I have published the case of a man aged eighty-three, in whom the consolidation of a double fracture was considerably advanced. Numerous facts of this nature authorize and require the application of the apparatus in all cases, except where the patient, reduced to the last stage of decrepitude and debility, cannot support its weight, or is attacked by some mortal disease. But at the same time, the surgeon should, for his own sake, acquaint the patient and his friends with the uncertainty of the cure, in order to ward off any imputation that might be made in case of failure.

Authors who have considered the consolidation as impossible, have ascribed to that cause the shortening of the limb; whilst others, partisans of the opposite opinion, have however, considered the shortening and lameness as uniformly arising from the improper position of the fractured pieces; the lower of which, say they, slides on the superior, obeying the contraction of the muscles which draw it upward, so that the fractured surfaces can no longer correspond exactly, and the member becomes necessarily shortened in proportion to the

ascent of the inferior fractured portion, and diminution of the obtuse angle formed by the neck of the femur with the body of that bone. Or it may happen that the fractured surfaces shall have no point of mutual contact; that the angle, from oblique, shall become right, or nearly so; and that the union shall be effected by means of a ligamento-cartilaginous substance: a case of this kind has probably given rise to the opinion that the reunion of these fractures was analogous to that of the patella and olecranon.

Fabricius Hildanus, Platner, Ludwig, &c. have positively asserted, that a recovery without shortening and lameness was impossible. Louis and Citizen Sabatier appear to have adopted the same opinion, which, however, is now known to be erroneous from the success obtained in various cases. Of this success, Desault's practice furnishes many instances: from that of Citizen Boyer, which has been equally extensive and successful, I shall content myself with citing one example.

A strong robust hackney-coachman fell from the box, and fractured the neck of the femur; the great trochanter having borne the reaction of the fall. The contusion was such as might be expected from the height of the fall and the person's weight. Four hours after the accident, when he was conveyed to *La Charité*, on the 20th Prairial, 5th year, the swelling and tension were extreme. Emollient poultices were applied, bleeding and an antiphlogistic regimen were prescribed. The limb being but little shortened, afforded a ground of presuming that the fracture was within the articulation. On the subsiding of the inflammatory symptoms, the apparatus for making continued extension was applied, and reapplied, as often as its relaxation rendered it necessary. Gangrenous eschars were formed on the instep and tendo Achillis, although thick compresses were placed between these parts and the pieces of the apparatus: it is possible, however, that they might have been prevented, had the patient, a man of uncommon firmness and courage, complained of the pressure being too great. The reunion was complete on the fiftieth day, as was proved by the motion of the whole limb: on the sixtieth day the patient quitted his bed, and walked about with crutches; and, at the end of three months, left the hospital perfectly recovered, there being then no perceptible difference in the length of his two inferior extremities.

It is then established by what precedes, that a cure without lameness may be obtained, as well as a perfect consolidation,

but by means, it is true, unknown till lately. It is not surprising that surgeons, unacquainted with this means, supposed lameness an inevitable consequence of fractures of the neck of the femur.

The general causes which retard or prevent the formation of callus will affect fractures of the neck of the femur more than any other, because the formation of the callus is slower there than in any other part; for which reason every motion should be particularly avoided, as well as every other circumstance that might disturb the generation of callus. In this case more than in any other, a disposition to cancer, scurvy, &c. is unfavourable, and a state of general debility is also injurious; it should, therefore, be combated with extraordinary vigilance. Pregnancy, which we suppose to be in general of little or no effect, might, however, diminish the probability of a perfect consolidation of a fracture of the neck of the femur.

The particular objects to which, in treating these fractures, we are to direct our attention, are no other than those already mentioned in general, namely, to set the bone, keep the pieces in their place, and combat any unfavourable symptom that may arise. The means of effecting extension and counter-extension are the same as in other fractures of the femur, and for the same general reasons as mentioned in treating of the fracture of the body of that bone. If it be necessary to employ a great number of assistants, a cloth, on which each may pull, should be rolled on the inferior part of the leg, and two others round the pelvis; the extremities of one of which should be joined and held above the hip of the side affected, for the purpose of making counter-extension; whilst another should be brought in the opposite direction, and held by a sufficient number of assistants, in order to prevent the pelvis from being drawn to the fractured side. The joint action of these two last mentioned means of counter-extension is necessary to render the pelvis immovable. In most cases, however, this purpose is answered by simpler means.

Previous to any attempt to remedy the longitudinal derangement by means of extension and counter-extension, it will be necessary to correct that of the circumference, by giving the foot its natural direction. Coaptation is a part of the operation totally useless in setting a fracture of the neck of the femur, on account of the great depth of soft parts, and the total impossibility of acting on the superior piece of bone.

If on the first attempt to extend the limb, the muscles are found to contract powerfully, it will be useless to continue efforts painful and fruitless for the patient. The best practice to be adopted then, is to apply the apparatus for fractures of the body of the bone, draw some blood from the patient, put him on an antiphlogistic regimen, and wait the removal of the spasmodic state. This state is much less frequent in the fractures of the neck of the femur than in those of the body of that bone; because in the former the fractured ends are within the orbicular ligament, and cannot therefore irritate the soft parts. When it was customary to apply the extending force above the knee, and the counter-extending to the groin, the spasmodic state was much more frequent than since the present improved practice has been adopted.

The difficulty of keeping the pieces in their place in a fracture of the neck of the femur is inversely proportional to the facility with which the setting is effected; for which reason the inefficacy of the ordinary means has been long ago acknowledged in oblique fractures of the body of that bone, as well as in fractures of its neck. Different expedients have been devised at different periods, to remedy this disadvantage. We shall compare their merits, after first considering the position in which the limb should be placed.

The half-bent state recommended by Pott for the inferior as well as superior extremity, is attended with a great number of inconveniences, the mention of some of which will suffice for its rejection; the facility with which the limb changes from that position, the difficulty of applying the apparatus, the impossibility of comparing the length of the limb with that of the opposite side; finally, the pain produced by the continual pressure on the great trochanter, and the gangrene which ensues.

In fracture of the neck of the femur, as in all those of the inferior extremity, the leg should be extended on the thigh, and the thigh on the pelvis. This position must be secured by means of an apparatus, on the invention of which the imagination of practitioners and theorists has been very active. The expedients for effecting this are so numerous, that a description of them would lead us too far from our object. Studious to avoid any superfluous details, and equally so any important omission, we shall range, in two classes, the different *apparatus*: in the first, those which do not effect any extension; in the second, those which do.

Several authors have recommended the spica bandage of the groin, composed of a piece of linen cloth, of a considerable breadth, and long enough to be rolled round the pelvis several times. This bandage being rolled up in one, is drawn three or four times round the pelvis, and then several times obliquely on the superior part of the thigh, by directing it towards the great trochanter, thence round the body, and so successively; but instead of fixing the fractured portions, it contributes to derange them. As much of it as is applied on the pelvis, is absolutely useless; and the oblique casts, upward and outward, can have no other effect than that of deranging the lower portion of bone; that is, of causing its ascent to the external iliac depression. Finally, the application of the spica requires that the limb be supported and raised up from the bed, which cannot be done without disturbing the generation of the callus. This objection is of the greatest importance, because the spica requires to be frequently renewed, as it relaxes quickly, and is soon soiled with the patient's urine and fæces.

The eighteen-tailed bandage, and the *fanons* or *faux-fanons* with which it is assisted, act only on the inferior portion of bone, yield like it to the causes of derangement, and can therefore be of no utility. And even though this bandage should act on both the fractured portions, it is now well ascertained, that bandages, whatever may be their construction, can contribute but very little to the confining of pieces of a broken bone; and that, relatively to that object, the effect of this as well as of the others, is absolutely null. As to the *fanons* or *faux-fanons*, their circular shape admits them to act only by single points, or a single line of contact; for which reason their effect can be but very trifling. Besides, if the bands by which they are secured be drawn tight, they will necessarily be displaced by sliding backward or forward.

Others have employed long splints, of which the external ascended on the ribs, and the anterior on the abdomen; both of which, and the internal splint, extended beyond the foot. The depressions were filled with some kind of stuffing, in order to procure an equable pressure; and the splints were kept applied to the limb by ribbands or tape, and secured at their superior extremities by a roller passed round the trunk, the immobility of which, with respect to the limb, was one of the objects proposed. But this immobility of the body could not prevent the glutei muscles, as well as all the others, which extend from the pelvis to the femur or leg, from drawing the in-

ferior portion of the femur, upward and outward; for which reason this means has been abandoned, though it has, over the two preceding, the advantage of correcting the derangement in the circumference. Dalechamp hit on the expedient of fastening the leg to the foot of the bed; but as the body was not fixed, it slipped down and rendered this precaution useless. To these may still be added, the tin trough, lined with fustian, invented by Fabricius Hildanus, and in which the outside of the thigh was placed, the oblique bandages, and all that assemblage of petty contrivances heaped on the limb by Duverney. All these expedients act only on the inferior portion of the femur, yield to all the causes that move it, and can in no manner oppose the shortening of the extremity.

There remains another method which demands a more particular notice. It was proposed by Foubert, adopted by Louis and Citizen Sabatier, and approved of by the Academy of Surgery. This method was for some time looked on as the most effectual for the treatment of fractures of the neck of the femur.

The fracture being set according to the rules prescribed, and compresses, impregnated with a resolvent liquid, applied to the articulation; the thigh and leg are fixed by means of *fanons*, and the foot by means of a slipper or sole. The inferior portion of the femur is in a very short time drawn outward and upward by the contraction of the muscles. This derangement, foreseen by the inventor of the method, is remedied by resetting the fracture every day, and reapplying the apparatus. From the fifteenth to the twentieth day, the derangement becomes less frequent, and the part less irritable; for which reason there is less muscular contraction. After the twenty-fifth, the resetting is no more necessary, the limb is allowed to rest, and the *fanons* are kept employed, tightening them as often as they relax, for three months and a half, at which time the apparatus may be totally removed. This invention, originally suggested by Ambrose Paré, does not merit all the encomiums which have been bestowed upon it. Nothing can more effectually retard, or even prevent the formation of the callus, than the motions communicated to the limb, at the very time that nature is most actively employed in generating it.

In order to keep, in fractures of the neck of the femur, the pieces in their proper situation, it is necessary that some cause counteracts that which tends to produce their derangement. This latter acts by drawing upward and outward the inferior

portion, making it ascend on the external side of the superior, which is itself pushed downward by the weight of the pelvis and body. A further derangement is produced by the falling outward of the foot and knee: in order to prevent which, it has been proposed to tie the toes to those of the other foot. Brunninghausen used to fix the leg of the fractured side to that of the opposite, by means of a sort of stirrup, making, by this contrivance, the sound leg act as a splint; but these means serve merely to prevent the falling outward of the foot, but not at all the shortening of the limb. Besides, the position cannot be long persevered in, because fastening both legs together, incommodes the patient very much.

A continued extension is the only means of keeping down the lower portion of the femur, of opposing the descent of the superior, of counteracting the irritability of the muscles, and of producing a cure without lameness or deformity. We do not propose, as already remarked in the first chapter of this work, to overcome, by this means the strong and involuntary contractions of the muscles which immediately succeed the fracture, and which should be opposed by a moderate and gradual extending force. The application of the apparatus for making continued extension is not prudent, until the spasmodic state be completely removed. It is not intended that this apparatus shall preternaturally extend the muscular fibre, by drawing its extremities in opposite directions, but merely that it shall supply the place of the bone, by opposing the contractile power naturally inherent in the fibre, and always tending to act.

Almost all those who have acknowledged the indispensable necessity of continued extension, have invented different means for putting it into execution. Their respective merits can be appreciated by comparing their different ways of acting with the general rules already laid down for effecting this purpose.

The bed of Hippocrates, and the Glossocomon used by the ancients, engraved in the Works of Paré, have been abandoned on account of their complication: they had no other advantage than that of acting in the direction of the fractured bone. By acting immediately on the fractured thigh, in effecting extension and counter-extension, their action was limited to a small surface, and the limb lengthened abruptly.

The method used by Avicenna, adopted by Petit, Heister, and Duverney*, who have somewhat modified it, consisted in

* The greater part of authors recommend the use of the spica, in addition to the extension and counter-extension produced by this means.

fastening to the head and foot of the bed, the bands with which the extension and counter-extension were to be effected. The superior were applied on the upper part of the thigh, and the inferior above the knee.

Petit advises to place two bands at the same time, one above the knee and another above the ankle, to act alternately, so that when one becomes troublesome it may be relaxed and the other used.

Besides the unsteadiness of the band placed above the knee, and the irritation of the muscles occasioned by it; this method has still further the disadvantage of the thigh and pelvis not being so fixed by it as to constitute one piece; without which essential condition, the superior portion of the femur yields to all the motions of the pelvis, with which it is connected. The loosening of the bands, which is frequent in proportion to their length, is another objection which decides the absolute insufficiency of this method. In confirmation of this opinion, we may quote the testimony of the Arabians themselves, inventors of this method, who used it in every case of fracture of the femur, whatever might be its direction, but who acknowledge that the cure was seldom effected without a lameness.

Others have endeavoured to the effect extension, by means of a band applied above the ankle, and which, passed over a pulley, had a weight suspended from the other extremity. The pulley was so disposed, as that the weight acted in the direction of the fractured bone, which joined to the advantage of acting on the leg, produced a well directed extension: this, however, was rendered useless on account of there being no counter-extension, to prevent the body from being drawn downwards.

The machine of Bellocq, described and engraved in the third volume of the *Memoirs of the Academy of Surgery*, is at present generally abandoned. By it, extension is made in the direction of the limb, on the lower part of the leg, and gradually; but the counter-extension acts immediately on the superior part of the thigh: besides, the great difficulty of applying this machine, justifies the oblivion into which it has fallen. Many other apparatus successively proposed after that of Bellocq, and of which they were but modifications, have, like their model, fallen into dis-use.

The machine of Hook, perfected by Aitken, and described by Bell, acts in the direction of the limb, and produces a slow and gradual extension, by means of screws, but it has the disadvantage of acting immediately on the inferior part of the

thigh, and on a small surface. Thus, while two precepts are observed, two others not less important are neglected: besides, nothing opposes the falling outward of the foot and knee, nor the inclination of the hip to the same side.

Desault perceived all these imperfections and defects, and invented an apparatus by which the object proposed is more perfectly attained, and by means much simpler. It might be added perhaps, that with a few modifications, it would comprise every advantage that can be expected from such an apparatus. His first attempts were directed only to correct the ancient methods. He attached the trunk to the head-board of the bed, by means of long bands fastened to a bandage passed under the arm pits: he applied, in the next place, the middle of a band on some thick compresses placed on the back part of the leg, a little above the ankles; the extremities of this band crossed on the superior part of the foot, and knotted on the sole, were then fastened to the foot of the bed. To this disposition was joined the ordinary means or apparatus. This method had a disadvantage of which we have already taken notice, namely, the facility with which the bands relax; besides which, the immobility of the body was very fatiguing, and the difficulty of breathing, on account of the bandage round the trunk, was still more distressing. This last mentioned disadvantage induced Desault, in a particular case,* to apply the bandage on the pelvis, to which it was fixed by bands passed under the thighs.

Desault ascertained by different experiments, that the object particularly to be aimed at, and which was essential, was such a disposition as that the foot, leg, thigh, and pelvis, should constitute but one whole; so that, though the different parts thereof should be drawn in different directions, yet they should still, with respect to one another, preserve the same mutual relation. Convinced of the justness of this conclusion, he invented the following apparatus to answer these purposes.

A strong splint, long enough to extend from the ridge of the os ilium to a certain length beyond the sole of the foot, is a principal part of this apparatus: this splint should be two inches and a quarter broad, and have each of its extremities pierced in shape of a mortice, and terminated by a semicircular niche. It is applied on the exterior side of the thigh, by means of two strong linen bands, each being more than a yard long.

* Surgical Journal, vol. i.

The middle part of one of these bands is to be applied to the inside of the thigh, at its upper part; its ends are brought to the exterior side of the thigh, passed through the mortice, and knotted on the semicircular niche. Compresses are to be previously placed under the middle part of the band, in order to prevent any disagreeable pressure; as well as on the tuberosity of the ischium, which Desault considered as the principal point of action of this band. The inferior part of the leg is, in the next place, covered with compresses, on which the middle part of the second band is placed: the extremities of this band are crossed on the instep and upper part of the foot, then on the sole, after which they are conveyed outward, and one end passed through the mortice and knotted with the other on the niche, with such a degree of force as to pull the inferior portion of the femur downward, and to push the splint upward, and by this means the pelvis and superior fractured portion. On the internal side of the limb is placed a second splint, which extends from the superior part of the thigh, to a certain distance beyond the foot. A third is placed on the anterior part, and extends from the abdomen to the knee. The superior extremities of the anterior and exterior splints are fixed by means of a bandage passed round the pelvis. A band, the middle part of which is placed under the sole of the foot, and the extremities crossed on its superior surface and fastened to the splints, prevents the motion of the foot, as does also to a considerable degree the action of the splints.

It may not be superfluous, perhaps, to remark, that previous to the application of this apparatus, the whole limb should be covered with compresses, moistened with a solution of the acetate of lead, and that Scultet's bandage is to be applied on the thigh and leg over these compresses, and a roller to be passed round the foot: these parts of the apparatus should be moistened with a resolvent liquid. These have the double advantage of diminishing the irritability of the muscles, and preventing any stagnation of the fluids.

This apparatus of Desault's has, in the hands of that celebrated surgeon produced a great number of cures; but it must at the same time be acknowledged that it has frequently failed: the causes of failure may be found in defects which it is easy to point out.

The superior band has a triple disadvantage; first, that of forcing the inferior portion of the femur outward; secondly, of pushing the superior upward; thirdly, of rolling itself into a

cord, compressing thereby painfully the adductor and rectus internus, the spasmodic contraction, of which, in consequence of the pressure, tends still further to produce the ascent of the inferior portion of the femur. These disadvantages would be all removed, by giving the band a *point d'appui* on the tuberosity of the ischium.

The difficulty, however, of acting on a globular eminence of a small surface, and covered by a great depth of soft parts, is easily seen: the extension of the thigh on the pelvis increases this difficulty, by increasing the depth of the soft parts. This tuberosity would be more prominent for the inverse reason, if, according to Pott's method, the limb were placed in the half-bent position. The difficulty of acting on this tuberosity is much greater in women than in men, on account of the greater quantity of cellular substance about this part in females. Not only is it difficult to make the band act on that tuberosity, but other disadvantages result from it; for the great pressure of the band on these delicate parts, causes much pain, ulceration, and sometimes gangrene. To these circumstances Desault attributed the ill success which he sometimes met with.

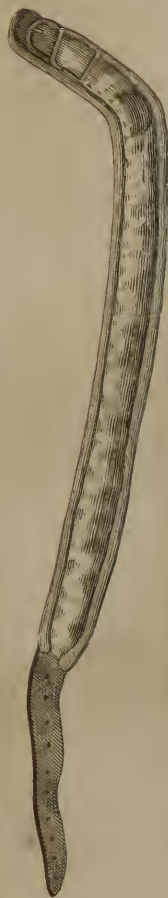
The inferior band has nearly the same disadvantages as the superior; its direction is oblique downward and outward, and its action tends therefore to produce a derangement of the pieces of bones. This tendency is counteracted, it is true, by the band directed to be applied to the back part of the leg above the ankle, crossed on the superior and inferior surfaces of the foot, and fastened to the lower extremities of the internal and external splints. The compresses with which the inferior part of the leg is covered, do not always protect it from the extreme constriction of the lower band, which being narrow, forms itself quickly into an hard cord, and causes pain by acting on a narrow surface. The gangrenous *eschars*, which are sometimes produced by the constriction of this bandage, are so considerable, as to denude in many cases the *tendo Achillis*, and the tendons of the extensor *museles* of the toes. These tendons, exposed to the contact of the air, are apt to exfoliate, and consequently the bones which they are destined to move will remain motionless. The oblique action of this band renders a great constriction necessary.

If, in order to appreciate exactly the merit of this method, we compare its manner of acting with the general rules already laid down for effecting perpetual extension, we shall find that some of these rules are transgressed, and others not com-



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Turner, Sc.

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pletely observed. Thus the extending force acts on that part of the limb which articulates with the inferior fractured portion; but the superior band acts on the superior fractured portion; and the bands being narrow and liable to roll up like a cord, do not act on large surfaces. Both the inferior and superior bands being oblique, they cannot act in the direction of the bone. Finally, their action cannot be gradually increased. The method of Citizen Boyer, which remains to be described, is strictly conformable to all these rules. By his apparatus and method, the extension is gradual and in the direction of the bone; and none of the muscles which surround the fractured bone are compressed.

The apparatus consists of a splint, a sole, or slipper, and a *sous-cuisse*. The splint should be four feet long, three fingers breadth wide, and about four or five lines in thickness, and made of hard and inflexible wood. A groove about half an inch wide, the extremity of which is covered with iron, runs along this splint for about half its length. In this groove is placed a screw which occupies its whole length, one end of it being supported against the plate of iron with which the extremity of the groove is covered, the other being adapted to a key by which it is turned. To this screw is fastened, in the manner shewn in the plate, an apparatus to which the sole is fixed. The superior part of the splint is received into a pocket formed in the *sous-cuisse*. The sole is made of iron, and covered with shammy leather; towards the heel a large piece of soft leather is attached to it, which piece is divided into two, and serves to fix the sole to the foot. It is fixed to the part of the apparatus connected with the screw.

The *sous-cuisse* is composed of two parts, which meet at an acute angle. It is made of strong leather, covered with shammy and well stuffed with wool, like the girdle of a truss; one of the parts should be long enough to pass obliquely round the upper part of the thigh, its extremity terminating in a strap pierced with holes: the other should be only three inches long, and terminated by a buckle. At the place where both parts meet, a piece of leather is sewed in form of a pocket, into which the superior part of the splint is received.

It is difficult to give a satisfactory explanation of all the particular parts of which this apparatus is composed; but a sufficiently correct idea of it may be formed by taking a view of the plate No. 2.

The apparatus is applied in the following manner: after having surrounded the upper part of the thigh with a soft girdle of cotton three inches broad, the *sous-cuisse* is applied over it. Then the foot and lower part of the leg is surrounded with some soft matter, in order to secure against the effects of pressure, and the sole is applied to the foot. Next the superior part of the splint is introduced into the pocket of the *sous-cuisse*, and the sole is attached at the proper place to the remainder of the apparatus.

The application being thus far advanced, the necessary stuffing and two splints, one anteriorly, the other internally, are applied and secured in the ordinary manner. Every thing being thus disposed, the screw in the groove is turned by the key, and the sole descends and brings the foot with it, whilst the superior part of the splint is pushed upwards. In this way the limb may be extended gradually, and the extension increased as may be necessary.

Which ever apparatus is adopted, it will be necessary to examine it frequently, to tighten the bands, which are quickly relaxed in Desault's apparatus, and to give a few turns to the screw in that of Boyer; but for the latter, not near so much attention is necessary: the straps of skin by which the extension and counter-extension are made, though over extended by any accidental cause, return again to the proper degree of constriction, on account of their elasticity; and though they should become relaxed, the means of bracing them are easy. When Desault's apparatus is used, it will be necessary to increase the thickness of the compresses on the back part of the leg, the tuberosity of the ischium, and inside of the thigh, as soon as these parts begin to excoriate.

Topical applications, except those necessary for combating the inflammatory symptoms, are absolutely useless. If there be contusion and violent inflammation, the removal of these must precede the application of any apparatus. The bed on which the patient is laid, should not, as already mentioned, be too soft, but ought to be, on the contrary, firm enough to prevent his sinking into it. By adopting Desault's method, or that of Boyer, the patient may satisfy his natural wants without inconvenience.

The general rule of confining the patient to a low regimen should be modified in the present case; because in this, more than in any other, it is necessary to support and increase the vital action of the parts. A rigorous abstinence, which would

in other cases only retard the formation of callus, might totally prevent it in this. Therefore, though the quantity of nourishment should be less than that used in a state of perfect health, because the exercise taken in that state renders reparation more necessary, yet any abstinence that might induce debility should be avoided.

Does the difficulty with which fractures of the neck of the femur consolidate, authorize the use of internal remedies, which might accelerate the consolidation?

The ancients were of opinion that in a few days after a fracture the patient should be nourished with rich gelatinous food. André de la Croix,* and Fabricius ab Aquapendente, prescribe formally, in imitation of Galen,† the use of farinaceous and young animal food, and that of inspissating medicines. Ambrose Paré‡ has given the same directions, and observed them himself in the treatment of the fracture of his leg. Fabricius Hildanus§ remarks with reason, that aliments of this kind are difficult of digestion, and must therefore be very unfit for a patient in a state of inactivity. But the same objection lies against the use of osteocolla, recommended by the same practitioner, and condemned by Van Swieten,|| on the same principle as the inspissating or viscid aliments of Galen. Osteocolla, so highly recommended by Fabricius, has been used by the greater number of surgeons. Some cases are found in the Philosophical Transactions,** in which the production of a part of the femur is attributed to the use of it; but Citizen Pinel, translator of this work, judiciously remarks, that it is difficult to conceive how a stone of a calcareous nature, and of the melacite species, could aid the generation of callus. The use of gelatinous food which came into use on the supposition of its being of a nature analogous to the supposed osseous fluid, has been discontinued; and the theory on which it was founded, has been abandoned. Spirituous liquors, recommended to-

* Dum substantia cartilaginea, compacta ac densa, quam Latini callum vocant, gignitur; eo tempore viscosum alimentum commendatur. Andreas a Cruce, vol. ii. lib. 1, cap. 6, de Cibo.

† De Methodo, lib. 6, cap. 5.

‡ Lib. 15, cap. 28.

§ Surgical Observations, Cent. 1. Obs. 92.

|| Comment. on Hermann Boerh. Aph.

** Abridgment of the Phil. Trans.—Med. and Surg.

ward the end of the treatment, for the purpose of hardening the callus, have, in like manner, fallen into disuse.

Nourishment easy to digest, and the moderate use of spirituous drinks, particularly for old people, aid that expansion of the vascular texture, necessary for the generation of callus. A scrupulous attention should be paid to the manner of living, when the vital forces are found to languish from any cause whatever.

The time which nature employs for the consolidation of a fracture of the neck of the femur,* has already been mentioned. We repeat however, that the apparatus should not be finally removed before the sixteenth or seventeenth day; and that three months must elapse from the day of the fracture to that on which the patient may be safely allowed to quit his bed, and walk even with the aid of crutches. The premature use of the limb has been more than once the occasion of its being shortened, after the formation of the callus had been considerably advanced, and a cure without blemish on the point of being effected. A shortening of the limb is particularly to be apprehended, if the pieces are united by means of a ligamentocartilaginous substance. That the premature use of the limb may occasion this unfortunate accident may be easily conceived, by reflecting that the callus does not attain its ultimate degree of consistence until after the lapse of several months.

A stiffness in the articulation is not much to be apprehended, though some instances of it are related by authors; these examples would be more numerous, if the stiffness were produced by an effusion of osseous juice into the articulation, as some authors have thought. It is well known at present that this stiffness or false ankylosis is owing to the impeded circulation in the part, and to the muscles having lost the habit of motion by a long inactivity. Fractures of the patella and olecranon are more frequently than any others attended with this consequence.

To this description of the treatment of fractures of the neck of the femur, we have only to add, that cases occur in which the approved method cannot be adopted. I have often seen patients who could not support the pain produced by it. In which case, or in that of the patient's being old, the continued extension ought not to be persisted in: the apparatus for frac-

* The consolidation was always effected from the forty-fifth to the fiftieth day, according to the cases related in the Surgical Journal.

tures of the body of the bone must be had recourse to, with the additional precaution of guarding against the rotatory derangement, by making the internal and external splints extend beyond the foot. A cure thus obtained, will be attended with a shortening of the limb.

If the patient were abandoned to nature, the continual motion which would take place, and the friction, would destroy the head of the bone, and often too what remains of the neck, as has been observed by Morgagni. The shortening is so great in that case, that the limb is nearly useless. Bœhmer has judiciously remarked, in his Osteologic Institutions, that the deficiency alone of a *point d'appui* would cause lameness, though the member should have lost no part of its length.

CHAPTER XV.

OF FRACTURES OF THE PATELLA.

THESE fractures may be transverse, or of different degrees of obliquity; but are seldom found longitudinal. The transverse fracture is frequently occasioned by a sudden and violent contraction of the extensor muscles of the leg, which act on the patella: this cause remained a long time unnoticed, and the fractures produced by it were ascribed to the fall which was the consequence of the fracture. It is at present generally acknowledged to be the immediate cause of the fracture, and by that means the cause of the fall.

It will be asked, perhaps, why the tendon of the extensors of the leg, and the inferior ligament of the patella, are not ruptured rather than the patella itself? To which it may be answered, that the extensibility of the tendinous and ligamentous parts renders them less liable to be ruptured than the pa-

tella, the hardness of which is more than compensated by its brittleness as an osseous substance.

Though fracture of the patella is the most frequent consequence of a violent contraction of the extensors, yet a rupture of their tendon and the inferior ligament is sometimes produced by the same cause. In both cases the symptoms, prognosis, and indications, are the same; and the treatment is perfectly identical.

To form a correct idea of the manner in which fractures of the patella take place, it is necessary to recollect, that the erect posture is the firmest possible, when the centre of gravity is in a line perpendicular to the basis on which the body is supported; that though the line passing through the centre of gravity may cease to be perpendicular, yet the body does not fall, but is kept erect by the action of muscles, which counteracts the deviation from the perpendicular direction: finally, that if this line fall on no part of the base, the body must necessarily fall towards that side to which the line inclines.

If the centre of gravity fall behind the base, so that the body tends backwards, the extensor muscles of the leg contract with great violence, in order to prevent the flexion of the thighs, at the same time that the superior part of the body is also drawn forward by the contraction of muscles, and the centre of gravity replaced on its natural support. If this contraction of the muscles be not sufficient to bring the body forward, the obliquity of the axis of the centre of gravity still increasing, the action of the muscles will increase in consequence; so that the patella pushed forward by the inferior extremity of the femur, drawn with great force by the tendon of the triceps and rectus anterior, and retained in the opposite direction by the inferior ligament, is fractured transversely.

The effort made to resist falling is not the only occasion on which the patella is violently acted on by an instantaneous contraction of the muscles inserted into it. It is exposed to the effects of a violent contraction of the muscles in leaping, which as performed by the human species, consists principally in the sudden extension of the lower extremities, which are always bent to the leap: for which reason a fracture of the patella often occurs in dancers, and always takes place the instant of their quitting the ground. Another circumstance in which a transverse fracture of the patella may take place, is that in which the point of the foot is forcibly impelled forward; an instance of which is found in the case of a soldier, who made an at-

tempt to kick his sergeant. In this case, the manner in which the fracture takes place is analogous to that of the olecranon, produced by the action of throwing a stone. Another case of this fracture is that of a man brought to *La Charité*, in the month of Pluviose, 8th year. This person was a coachman; his horses took fright while he sat negligently on the box; on which occasion he extended suddenly the right leg, at the same moment that the point of the right foot slipped off the board on which it rested. He felt instantly a very acute pain in the knee, and heard very distinctly, at the same time, a loud crack; and, on applying his hand to the part, he found the patella fractured transversely, and divided into two pieces, which were separated an inch one from the other. These instances remove every doubt on the possibility of this fracture being effected by muscular action alone; and if any further evidence were necessary, it would be found in a case of a fracture of this nature, which took place by the violent contractions of the muscles of the thigh of a man in convulsions.

Falling on the knees is a no less frequent cause of transverse fracture of the patella: in this case it takes place easily when this bone, made to project by the flexion of the leg, strikes against some very hard, resisting body. When the leg is bent, the patella is supported only by its extremities on the superior end of the tibia, and the articular part of the femur, so that its middle part is without any support, and corresponds with the interval between the two last-mentioned bones: this space is occupied by the adipose cellular texture found behind the inferior ligament of the patella. In this situation of the parts, the patella is easily fractured, because the middle part of it, which is unsupported, is the thinnest, and because it is steadily fixed by the action of the tendon and ligament which are inserted into it. The direction of the fracture depends generally on the shape of the body against which the knee strikes. Should, for instance, its projecting part be transverse to the patella, the fracture will have the same direction; if longitudinal the fracture will be longitudinal, &c. The same may be said of the violent impulsion of a body against the patella. In all cases this bone may be broken into several pieces, and the soft parts lacerated; or the fracture may be complicated with a rupture of the capsular ligament, and an effusion of blood into the articulation.

Transverse fractures of the patella are always attended with a separation of the fractured portions. When the cause of fracture has been just sufficient to produce the solution of continuity of the bone, without disorganizing its fibrous covering,

the derangement is at first scarcely perceptible; but this membrane stretches in a little time. The slightest motions of the leg are sufficient for elongating, or even totally rupturing this substance: in which case the separation becomes instantly considerable, and the articulation, from being no longer supported, bends under the weight of the body. The following case is a remarkable instance of a fracture, in which the separation of the pieces, and the fall which is the inevitable consequence of it, did not immediately follow the solution of continuity. The person while dancing, heard a dull noise in the right knee, and felt a slight pain in the same part. Some minutes after in walking about the room, he heard another crack in the same knee, and fell without the power of raising himself. On being brought to *La Charité* the portions of the patella were found separated an inch and three fourths, which with the other signs, left no doubt on the existence of fracture. An uniting bandage, such as is generally made use of for simple incised wounds, was applied, and renewed as often as its relaxation rendered it necessary. On the thirtieth day of the treatment, the knee was gently moved, in order to prevent a false ankylosis, and the motion was afterwards continued every day until the patient quitted the hospital. An interval of about one line in breadth separated the two pieces, which was entirely filled up by a ligamentous substance, of a very inextensible nature.

Two causes concur to produce the separation of the fractured portions; one of which is, the contraction of the extensor muscles, which always takes place when their natural tendency to contract is not opposed, and by which the superior portion is drawn upward on the superior part of the thigh: the second cause is the flexion of the leg, the principal bone of which draws downward the inferior piece which is attached to it. The separation will be, then, great in proportion to the force of muscular contraction, the degree of flexion of the leg on the thigh, and the extension or laceration, more or less of the tendinous expansion which covers the anterior surface of the patella, and which is attached to the lateral parts of that bone, and adheres strongly at the same time, to the capsular ligament.

Nothing can be easier than the diagnosis of fractures of the patella. If this bone be fractured transversely, by a forced extension of the leg, the patient falls, and remains without the power of rising. The fall may instantly succeed the fracture, or there may be some interval. The impossibility of rising exists also when the fracture is effected by a fall on the knee. If

raised by the aid of others, the patient falls again if he attempts to advance; he can, however, move backward, by drawing the soles of his feet along on the ground, and by taking care not to bend the knee.

A boy fell on the ice the 11th Nivose, year 8, and fractured transversely the patella of the right side: his efforts to rise were to no purpose; he was therefore obliged to make his way on his back to a neighbouring house, sixty paces distant. He was there put on his feet, and, by leaning on another person, was able to walk backward three hundred paces to the place of his destination, from which he was conveyed to *La Charité*. On the 12th a slight degree of swelling manifested itself about the articulation; to reduce which, and to calm the pain which was very acute, emollient poultices were applied. The inflammatory symptoms entirely disappeared on the eighth day after the accident, at which time the usual apparatus was applied. Toward the conclusion of the treatment, the articulation was exercised gradually every day: the patient quitted the hospital in the beginning of Ventose, having the portions of the patella united by a ligamentous substance, half an inch broad. The great strength of this ligamentous substance rendered the joint of the knee sufficiently strong, though it was a little stiff on the patient's quitting the hospital.

Besides the signs resulting from the cause and circumstances of a fracture of the patella, there are others still equally easy to be ascertained, and not less conclusive. A depression is found on the anterior part of the knee, instead of the prominence naturally formed by the patella at that part: the two fractured portions, which are more or less separated one from the other, may be made to approach by extending the leg on the thigh, and bending the thigh on the pelvis; and they may be moved laterally in opposite directions: a crepitation may be very easily produced, on account of the slight covering of soft parts. A case may occur however, in which the separation of the fractured portions cannot be distinguished, as when there is a great inflammatory swelling about the knee; but this uncertainty is of no importance, because, even were the fracture ascertained, nothing could be done to bring the divided portions together, until the inflammation had abated.

Is the consolidation of a fracture of the patella analogous to that of other bones? or is the process of nature different in this case from what it is in all others? Some authors have been of opinion that the fractured portions of this bone are

susceptible of an immediate reunion, by being placed in contact; but the greater number question the possibility of such a reunion; and assert, on the contrary, that the pieces are always united by means of a ligamentous substance, which is long, thin, and very extensible, when the fracture has not been well treated; but which is, on the contrary, short, thick, and unyielding, when the treatment has been well directed.

Camper is the principal author of the latter theory, which he supports by a great number of cases. The Academy of Surgery adopted it on the evidence of similar facts; and it is now brought forward in a Treatise on Surgery,* lately published in the north: we do not hesitate to subscribe to it.

Those who maintain that the consolidation of a fracture of the patella is analagous to that of fractures of other bones, appeal to experience, and cite numerous instances of an immediate reunion, which they attribute to a more perfect mode of treatment. But as this pretended immediate reunion has not been attested by dissection of the part after death, it is possible that a very close connexion, by means of a ligamentous substance, scarcely perceptible to the touch through the integuments, may have been taken for an immediate union. A postillion received a kick from a horse the 8th Messidor, year 6, which fractured the patella of the left knee, near its inferior angle: the fibrous expansion prevented the separation of the pieces for some time. The inflammatory symptoms not being intense, yielded quickly to the usual antiphlogistic treatment: the uniting bandage was applied, and the knee gradually moved as soon as the progress of the cure allowed it to be done with safety. The patient quitted the hospital on the 18th Thermidor, perfectly recovered: and so small was the interval between the two pieces, that, without a very attentive examination, it might be supposed that there was none. But had they who supported the theory of the union by a ligamentous substance, contented themselves with opposing their adversaries by facts, the question could not have remained long undecided. They attempted to explain the fact; and their adversaries, by being able easily to overthrow their reasoning,

* "*Patella fracta, haud uti alia corporis humani ossa, vero callo concrevit, sed fragmenta, solum mediante substantia firmiore, cellulosa, cartilaginosa, cum ligamento mucoso concurrente, conglutinantur, et firmiori cicatrizatione ligamentorum continentur, quod constans experientia, in vivis et cadaveribus, nos edocuit.*"—CALLISEN, *Principia Systematis Chir.* Hod. § 1288.

thought that they had thereby proved that the fact never occurred, as if a bad explanation could invalidate a well attested fact.

We have already shewn that the explanation of the non-consolidation of fractures, founded on the want of a periosteum and lubrication of the fractured surfaces by the synovia, is vague.

Some authors, supposing that the patella was differently organized from other bones, have endeavoured to explain, from this difference of structure, the peculiarities of the consolidation of its fractures. But it does not differ in its organization from the other small bones of the body, among which it is classed by the greater number of anatomists. Like them, it is composed principally of a spongy texture, covered by a very thin layer of compact substance. The fibres of the patella, when perfectly ossified, are visibly the continuation of those of the tendon, in the midst of which it is formed. This direction or continuation of fibres is easily demonstrated by the action of nitric acid on the patella, the calcareous part of which it dissolves. The consolidation of fractured bones is effected by the same process as the cicatrization of wounds of soft parts; that is, by a turgescence and expansion of the vascular texture of the part: hence, the less dense, and the more specifically light any bone is, the greater is the number of vessels which pass through it, and the less is the proportion of its saline parts to its volume; and further, the more intimate and multiplied are its points of contact with the neighbouring soft parts, so much the more energetic is its vital action, and the more rapid its consolidation when fractured. The fractured surfaces of the patella, on which a great number of vessels are distributed, are, for the foregoing reasons, much disposed to the inflammatory turgescence, so necessary for the union of divided parts; and the consolidation would be very prompt if the granulations could be brought into immediate contact, and if mechanical causes did not counteract the consolidating process.

According to Callisen, the adipose cellular texture placed behind the inferior ligament of the patella, presses itself between the divided portions of that bone, and prevents their immediate reunion. When the leg is fully extended, the inferior ligament of the patella is also in a state of tension, and the cartilaginous trochlea of the condyles of the femur leaves no vacuum behind the patella: in which disposition of the parts, says Callisen, this cellular substance is forced upward

and forward, and thrust between the pieces of bone, so as to prevent their contact and immediate reunion: but in no case is this cellular substance placed between the patella and anterior part of the condyles of the femur; and even though it should be placed there, and should insinuate itself between the fractured portions, yet it could not prevent their immediate reunion, if it were possible to keep them in contact by a proper apparatus.

The impossibility of doing so is the sole obstacle to the immediate reunion of the fractured portions; and the cause of this impossibility is found in the contractility of the extensor muscles, which cannot be directly opposed by any bandage. For were it attempted to press down the superior portion, and confine it in its place by a bandage, it is plain that this means could only act perpendicularly to the muscles which tend to draw it upward, and cannot therefore be completely effectual; there remains, consequently, a greater or less interval between the two portions of bone, the fibrous covering of which becomes turgid and inflamed from the tension and irritation, and insinuates itself into the interval, so as to fill it up entirely. Such, in our opinion, is the cause and mode of formation of this ligamentous substance.

The strength, thickness, and inextensibility of this substance, is in an inverse proportion with its length. When long, it is thin, weak, and extensible, and transmits but imperfectly the action of the extensor muscles to the leg. When short, on the contrary, it is thick, strong, and unyielding, and does not perceptibly diminish the action of the muscles, nor impede the motion of the articulation.

The diminution of muscular action is not the sole disadvantage resulting from the length of this ligamentous substance; the strength of the knee, the flexion of which is naturally graduated by the patella, is also diminished by it; for the lower extremity of the femur having no longer its natural support and resistance, the flexion is sudden and abrupt: hence persons so affected fall from the slightest cause. Galen* relates the case of a wrestler, whose patella ascended on the anterior part of the thigh, in consequence of the rupture of its inferior ligament. Every flexion of the knee put this person in the most imminent danger of falling. Descending a declivity was painful to him, and he was always obliged to use a stick on

* De Usu Partium, lib. iii. cap. 15.

such occasions. Ambrose Paré* informs us, that those who have had the patella fractured have much difficulty in ascending a rising ground, but that they can walk with ease in an horizontal direction. Duverney† mentions the case of a young man, whose patella was raised above the condyles of the femur, and fixed there, in consequence of the rupture of its inferior ligament. This person could not walk up stairs, but could readily come down. Morgagni‡ mentions a great number of similar facts. I might add several others, all concurring to prove, that, when the knee has lost the support of the patella, walking on rugged uneven ground is very difficult, and ascending a steep place almost impossible.

From what has preceded, it appears that the great object to be attended to in the treatment of fractures of the patella, is the diminution of the interval between the pieces, in order that the ligamentous substance, which is necessarily generated, may be as short and strong as possible. Previous to the application of the apparatus, means are to be used to prevent the accession of inflammation; or, if it has taken place, every effort is to be made to remove it. As inflammation does not instantly succeed the fracture, its approach may be sometimes entirely prevented. The most efficacious remedies in such case are fomentations with a solution of acetate of lead, and particularly cold applications, such as pounded ice, or very cold water. These remedies are particularly applicable before the accession of the inflammatory symptoms. When the inflammation supervenes, the afflux of humours to the part, which the irritation tends to produce, is to be opposed, and the return of these humours into the circulation favoured. Do we not find, that in plunging into a bath at the freezing point, any part which has been exposed to the action of an irritating cause, as, for instance, the immediate action of fire, or any injury which excites inflammation, is rendered in some degree torpid, or has its sensibility diminished? Which diminution of sensibility is a mark of a partial suspension of the vital property of the part, and is accompanied with a great diminution of the pain. The principle of irritability resides in the nerves, they being the sole organs of sensibility. By a momentary extinction of that property, or by a considerable diminution of

* OEuvres d'Ambroise Paré, b. xv. cap. 22.

† Treatise on the Diseases of the Bones, vol i.

‡ De Sedibus & Causis Morborum, Epist. 56, No. 27.

it, do we not act against the cause of the evil, rather than against its effects? Whatever may be the value of this reasoning, experience teaches us, that in the case in question, and in all similar cases, the immersion of the part in cold water is useful, and should be continued for several hours, the water being frequently renewed, in order to keep up the cold. If the surgeon has not arrived in time to have recourse to this means, or if the contusion be so violent as to render inflammation inevitable, the general antiphlogistic treatment is to be pursued, and adapted to the age, strength, temperament, &c. of the patient. The pain is alleviated, and the tension diminished, by extending the leg. Bell recommends the application of a great number of leeches to the part; but it appears to us that this cannot be done with safety in the greater number of cases; for the irritation produced by their bites, added to that already existing, might bring on gangrene of the part, and the patient's death. In most cases, as when the fracture is a consequence of a fall on the knee, the inflammation is inconsiderable, and disappears in a few days; then compresses, wet with a solution of acetate of lead, may be placed on the part, and the apparatus may be applied over them.

If the contusion be excessive, and blood be effused into the articulation through its lacerated capsule, as well as into the cellular texture, the inflammatory symptoms will be violent, then an antiphlogistic regimen and copious blood-letting must be had recourse to; and should a suppuration take place, notwithstanding our endeavours, incisions should be made, in order to give a free issue to the purulent matter. This treatment is sometimes successful, but at other times, notwithstanding every precaution, the patient is cut off. Such was the fate of a mason, brought to *La Charité*, whose patella had been crushed rather than fractured by the fall of a large stone. If the contusion be not confined to the anterior part of the knee, the leg should not be fully extended, but placed rather half bent, that being the position in which all the soft parts are equally relaxed. This position produces, it is true, a separation of the divided portions of bone; but the treatment must be in the first instance directed against the inflammatory symptoms rather than against the fracture. If the inflammation be not subdued before the twentieth or twenty-fifth day, it will be useless to apply the apparatus; because the ligamentous substance is already formed, and has acquired a tolerable consistence: its length is much greater than it would be, were it pos-

able to apply the apparatus, and the strength of the knee is considerably diminished. The patient is doomed to the disadvantage already mentioned, of not being able to walk on an uneven surface but with great difficulty, nor to ascend a rising place without some artificial support. When the inflammatory symptoms are subdued in this case, all that remains to be done is to guard against a false ankylosis, by gradually moving the leg from the moment that it can be done with safety, until the motion is free, and not attended with pain.

The conduct to be pursued when the inflammation has been overcome in time to admit of the application of the apparatus, or when it was originally trifling, has been already pointed out; we shall, however, recapitulate the particulars: the leg is to be extended on the thigh, and the thigh is to be bent on the pelvis. The limb is to be supported in this position by means of pillows, or some such bodies, placed under it from the buttock to the heel, and means are to be used to keep the fractured portions in contact.

Some authors have been of opinion that this position was alone sufficient, and that all apparatus for confining the pieces are useless. This is the opinion of Valentin and Citizen Sabatier, who relates in the *Memoirs of the Academy of Surgery*, 1783, several cases of fractures of the patella cured by this position alone. But it must be observed, with all due deference to the opinion of these practitioners, that as no measure is taken to secure against the motion of the limb or the irritability of the muscles, which tend incessantly to draw the superior fractured portion upwards, there is every probability that the interval between the pieces of bone will be considerable. Besides the ligament which fills up this interval will be still further lengthened, and therefore weakened, by the incautious motions of the limb; or it may be broken before it has acquired its full consistence. This will inevitably be the case if the patient, from any cause, bend the knee forcibly: such an accident would necessarily retard the cure, or totally prevent it, if frequently repeated.

The bandage in the form of the figure 8, and composed of a band rolled up from both ends, the two globes of which are made to cross one another alternately in the ham, and to embrace both sides of the patella, causes a congestion of the foot and leg, by not compressing the whole limb. Besides, the action of this bandage is oblique, and much of it is spent in merely compressing the neighbouring soft parts, which it irri-

tates, and sometimes excoriates; neither is this inconvenience remedied by the pasteboard trough, and compresses proposed by Louis as an addition to this bandage. The part of its action which is employed on the fractured parts is always insufficient to keep them in contact, if the constriction be not greater than the patient can bear for any length of time. If, in order to avoid this disadvantage, the bandage be not drawn sufficiently tight, its object will be entirely frustrated, and its application useless. These defects, occasioned this bandage to be rejected, and led to the invention of another much less objectionable.

A bandage, which, instead of occasioning an œdematous swelling of the limb, obviates it by making an equable pressure on all its parts, which acts in direct opposition to the muscles, which tend to separate the portions of bone, and which, by acting on these muscles, diminishes their irritability and enfeebles their action, must concur powerfully with a good position to effect a favourable union of the divided portions of the patella. The uniting bandage used for transverse wounds possesses all these advantages, when modified as we shall presently mention. The relaxed state into which the parts are put by the extension of the leg on the thigh, and the flexion of the thigh on the pelvis, favours its action.

In applying this bandage, one assistant fixes the pelvis, while another raises and supports the whole inferior extremity. The surgeon takes a strip of linen longer than the whole limb, and broader than the patella, extends it on the inferior part of the leg, and fixes it by several turns of a roller; he then turns up the inferior extremity of the piece of linen, over which he again winds the roller, which he continues to apply as far as the articulation of the knee. He then commits the roller to an assistant, while he himself extends the skin over the patella, lest it should sink or be thrust in between the pieces of bone, which he brings into as close contact as possible, and includes them in two long compresses passed obliquely round them, and crossed in the ham. In the next place he extends the longitudinal piece of linen first mentioned on the knee and thigh, as before on the leg, and again takes the roller, which he carries obliquely over the compresses, observing at the same time to let the folds cross one another in the ham. The application of this roller is continued upward on the thigh, and by its means the longitudinal piece of linen is fixed nearly as far up as the groin, from which its superior extremity is turned downward, having

been previously drawn upward with much force. The roller is again carried downward over this double strip, and continued over the knee and leg until it is entirely applied. Another roller is passed several times on the foot, and the whole completed by applying a long splint on the back part of the limb from the buttock to the heel. This splint is kept applied by means of several turns of a bandage passed round it, and the pressure made by it may be prevented from being inconvenient by placing a long cushion of chaff between it and the limb. By this means the patient is prevented from bending his leg, which, without this precaution, he would probably do, and thus frustrate all our efforts. The pain arising from the constriction and continued extension renders it impossible for the patient to keep the limb extended without the assistance of a splint.

This apparatus preserves the pieces of bone exactly in their place in the commencement; but as the circumference of the limb quickly diminishes, the rollers become relaxed; the muscles which were acted on perpendicularly, are no longer sufficiently compressed; they therefore draw upwards the superior portion. But this separation will be very inconsiderable, if the patient be frequently visited, and the rollers tightened as often as they are found loose.

This chapter might be much extended, by drawing from the profound oblivion in which they are buried the numerous apparatus invented at different and distant times for the treatment of fractures of the patella. Some advantage might, however, be derived from the use of some of them, such as the pieces of metal, leather, or pasteboard, with an opening in the middle for the reception of the patella. Or for these apparatus might be substituted two pieces of metal, covered so as to embrace the patella. The concave sides of these metallic pieces might be covered with hair, in order to diminish the pressure on the soft parts. This apparatus does not exclude the application of the splint and rollers, &c.

These general principles of treatment being once established, nothing can be easier than to apply them to particular cases.

We shall describe another apparatus, which appears to us very capable of keeping the leg extended, and the portions of bone in the greatest possible state of approximation. This consists of a trough, long enough to extend from the superior part of the thigh to the small of the leg, and wide enough to receive the thigh and leg. Small buttons are fixed to the edges of this trough, to which may be attached two straps, that cross

one another, and are fastened in the following manner. The trough being lined with carded cotton or soft linen rags, the limb is placed in it in such a manner as that the calf of the leg shall correspond to its middle part: it is then fixed in that situation by means of a circular bandage. One of the leather straps is then fixed to one of the inferior buttons, which rises vertically from the external edge or border of the trough, and conveyed upward and inward, and fastened to one of the superior buttons of the internal side. The other strap is fixed in the same way from the inside outward, so that they cross one another at their middle part, and embrace the superior fractured portion in their inferior angle. It will be necessary to extend the skin over the patella before the straps are tightened. Compresses soaked in a resolvent liquid are then applied, and a few turns of the remaining part of the roller are passed round the whole. The extremities of the straps should be made of leather, but the middle parts of buffalo-skin stuffed with hair like a bandage for a hernia, in order to guard against any excoriation of the parts on which they press. The simple mechanism of this apparatus may be more perfectly comprehended by means of the engraving, Plate 3, fig. 1 and 2.

Some authors have been of opinion that the separation of the fractured portions, so far from injuring the motions of the knee, was, on the contrary, favourable to these motions; and have in consequence, proscribed every species of bandage which could prevent that separation. These authors content themselves with simply moving the limb after the disappearance of the inflammatory symptoms, in order to guard against a false ankylosis. They allow the limb to remain in the half-bent position. But a stiffness in the articulation of the knee is a consequence much less to be dreaded than the weakness and disability which necessarily result from the length of the intermediate ligamentous substance: for which reason this method has but very few partisans. It is applicable only in cases of a longitudinal fracture of the patella, which very seldom happens, and in which the pieces remain naturally in contact. An ankylosis may be always guarded against with certainty, by beginning to move the articulation about the twenty-fifth day. If the treatment has been judicious and regular, no danger can result from gentle motion of the joint at that period; and the extent to which the motion is carried may be increased every day until flexion and extension can be performed freely and without pain.

Fig 1.

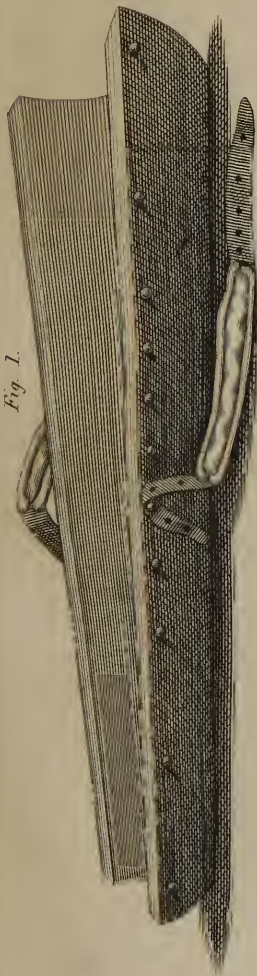
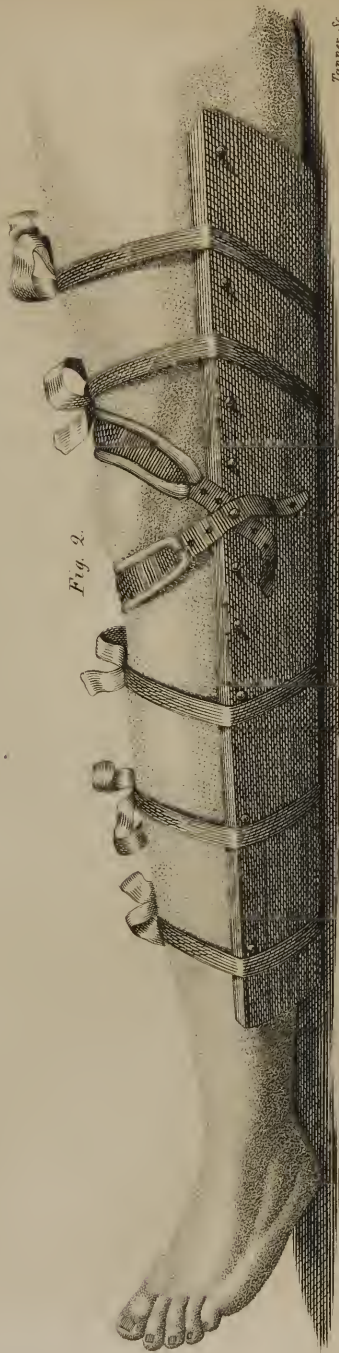


Fig 2.



CHAPTER XVI.

OF FRACTURES OF THE BONES OF THE LEG.

SECTION I.

Of Fractures of the Leg.

THIS name is given to fractures of the leg when both the bones composing it are broken; and such fractures are much more frequent than those of the tibia or fibula singly. The middle part of these bones is that which is generally fractured; for the great thickness and strength of the superior part of the tibia render fractures at that part very rare; but the inferior, not being equally strong, is sometimes fractured, and with it the fibula. Both bones are generally fractured at the same height: this is a necessary consequence of the simultaneous action of the fracturing cause.

These fractures may be transverse or oblique, and are subject to every species of derangement. The longitudinal derangement is, however, much less common than the horizontal or angular. In the former case, the inferior pieces are almost always drawn outward and backward, whilst the superior project internally and forward. The angular derangement may be produced either by the action of the posterior muscles of the leg or the weight of the body, and in either case the angle will be salient anteriorly. The salient angle may take place posteriorly, if the heel be too much raised. The derangement in the circumference arises from the inclination of the foot inward or outward, but it most commonly falls in the latter direction. The longitudinal derangement is extremely rare, and cannot

easily take place in transverse fractures, on account of the considerable extent of the fractured surfaces; but in oblique fractures the inferior pieces are almost always drawn upward by the action of the posterior muscles of the leg, in which position of the parts the lower ends of the superior portions project anteriorly, and may be felt by the hand. Sometimes, however, when the solution of continuity is obliquely downward and outward, the anterior projection will be produced by the lower pieces. In some cases the pointed ends of the bones tear and penetrate the integuments in both kinds of derangement.

Fracture of the leg is accompanied by all the signs or symptoms mentioned in treating of fractures in general in the first chapter. Change of direction and shape of the limb, pain, and incapability of motion, mobility of the fractured pieces, and crepitation always distinct, &c.—all these circumstances render this fracture so evident, that it is impossible to be mistaken respecting its existence.

The prognosis, less unfavourable than in fractures of the thigh, varies according to the part of the bone fractured, the direction of the fracture, and many other circumstances. The fractures which take place near the knee are not much subject to derangement, on account of the thickness of the bone in that part; but are however, more dangerous than those of the middle part, as being subject to be followed by a stiffness of the knee joint. Fractures of the inferior part are still more dangerous. Oblique fractures are very difficult to be managed; and when their derangement is upward and outward, the integuments are very apt to be torn by the projecting points of the superior portions of bone.

As to the treatment of a simple fracture of the leg, the patient is to be carefully undressed in the first place, and then laid on a hard and narrow bed, perfectly horizontal, and without any board at the end. Afterwards the apparatus are arranged in the following manner: 1, three pieces of tape, or linen; 2, a square piece of linen cloth longer than broad; 3, a sufficient number of short pieces of linen to cover the whole leg, or Scultet's bandage; 4, two quadrilateral compresses; 5, three cushions of oaten chaff, and three splints, two lateral, long enough to extend from the knee to a small distance beyond the sole of the foot, and a third anterior shorter than the leg. All the pieces of the apparatus being thus disposed, and the compresses and short bandages being wet with a resolvent liquid, an assistant takes hold of the knee with both his hands,

and another seizes the foot, having both his thumbs applied to its sole: while both pull in opposite directions, the surgeon performs coaptation. The moment that the bones come into their right situation is easily known, on account of the thin covering of the tibia anteriorly. The square compresses are then laid over the leg, and on them Scultet's bandage, commencing always with the lowest pieces. The lateral splints, in the next place, rolled up in the square linen cloth, are applied in such a manner as that they may rest perpendicularly on their edges, nearly in contact with the leg, between which and them a bag of chaff is placed on each side, by means of which the depressions of the leg are filled up. The remaining chaff-bag is placed on the anterior part of the leg for a similar purpose, and over it the third splint. An assistant holds fast with both his hands the different pieces thus placed, while the surgeon secures them more permanently by means of the three linen bands, which he knots over the external splint, commencing always with the middle one. The apparatus is completed by securing the foot by means of a small band to the lateral splints, in order to prevent it from falling to either side. But as the foot might be forced to either side by the weight of the bed-clothes, this inconvenience is guarded against by means of a hoop placed perpendicularly on its ends over the leg. If the patient's stomach be not full he should be bled, and afterwards confined to a low regimen.

Not only is it useless to place compresses under the heel, as was practised by the ancients, but it is attended with manifest disadvantages. The heel being raised by these compresses, supports the whole weight of the limb; and the pressure sometimes occasions gangrene, to such a degree, that the os calcis is laid bare. Besides, by the elevation of the heel, the fractured part of the leg loses its support, and a salient angle is produced backward by the weight of the limb.

A roller cannot be substituted for Scultet's bandage, but in cases of children under two years of age.

If on the day after the application of the apparatus, the foot be neither painful nor swelled, and a slight degree of œdema be alone perceptible in that part, the apparatus need not be removed. It will be necessary to tighten the external bands every day, and to wet the whole with a repellent liquid; and at the end of eight days the apparatus should be re-applied. Some practitioners do not change the first dressing for eighteen or twenty days: but it frequently happens, that during this

time the fractured portions become deranged in the direction of the diameter or axis of the bone, and that their consolidation has already advanced considerably in this vicious position. This derangement may be occasioned by some accidental or involuntary motions; some defect in the first application of the apparatus, or (what is of the greatest importance) by the bed not being perfectly horizontal. The practice of deferring for such a length of time the re-application of the apparatus, has probably originated from the use of the circular bandage or roller. The motion which should necessarily be given to the limb in re-applying that bandage, was certainly a sufficient justification of the practice. In adopting the improved method which we have described, the whole apparatus should be re-applied every seven days, and the external bands tightened whenever the relaxation may render it necessary.

On the fortieth or forty-fifth day, the progress of consolidation may be examined; and if the callus be found solid, the circular bandage or roller may be safely substituted for that which we have described, and the patient may be allowed to sit up and take any convenient posture, and in a very short time to walk about with the aid of crutches. The stiffness of the knee and instep arising from the long inactivity, will render walking difficult for some time.

For the three or four first days the patient should be allowed only broths, which may be gradually changed for more substantial food. If he be costive during his confinement, clysters may be administered; and should other incidental symptoms occur, they are to be combated by appropriate remedies.

We shall not trouble our readers by treating particularly of compound fracture of the leg, because we could only repeat what we have already very minutely detailed.

When the leg is fractured very obliquely, continued extension ought to be employed, particularly when the points of the fractured portions penetrate through the integuments. In cases of this nature, in which there is some hope of preserving the limb, if the patient be strong and healthy, some blood should be taken from the arm, and the extending apparatus applied.

SECTION II.

Of Fractures of the Tibia.

THIS bone bears the whole weight of the body transmitted to it from the femur, and is fractured on that account more frequently than the fibula, though it is much thicker and stronger than the latter. But as fractures of it are almost always transverse, they are not very dangerous.

If the fracture take place near the inferior extremity, the great extent of the fractured surfaces prevents any considerable derangement of the fractured portions; and the fibula acting as a support on the external sides, contributes also to this effect. Besides there is no tendency to derangement from muscular action.

This circumstance renders a diagnosis of fractures of the tibia often very difficult, and the difficulty is further increased by the little pain and inconvenience produced by such a fracture; for persons have been known to walk, although the tibia was at the same time fractured.

Whenever there is reason to suspect this affection, in consequence of a blow or a fall on the leg, the part should be minutely examined. The fingers are to be moved along the anterior side of the tibia, the slightest inequality in which may be easily perceived, on account of its being covered only by the skin; and the motion of the pieces may be perceived, by seizing the opposite ends of the bone and pushing them in contrary directions. This motion, however, and the crepitation which should accompany it, are very indistinct, on account of the fibula not allowing the fractured portions to be sufficiently moved on one another.

The patient complains of a constant pain in his leg, and particularly near the seat of the fracture. This pain continues for a much longer time than that which is the effect of a mere contusion, and it is increased by walking.

By means of these signs, the existence of this fracture may be ascertained; but little is to be done in the treatment of it. The slight derangement which has taken place, is to be corrected by moving the pieces in the direction opposite to that in which the derangement has taken place; but before giving

them this motion, they should be drawn in opposite directions, in order to diminish the friction of the fractured surfaces. A long compress is then placed on the anterior part of the leg, and over that a roller or circular bandage; with which the leg being covered, three splints of pasteboard, or thin wood, are applied and bound on by the part of the roller which remained unapplied.

The patient is to be confined to his bed, and not allowed to use the affected limb until the fracture is consolidated. In cases of aged or adult persons, it would perhaps be more prudent to use the ordinary apparatus for fractures of the leg, than the roller. Whichever mode is adopted, the bandage may be taken off on the fortieth or forty-fifth day, at which time the consolidation is complete. The articulations of the knee and foot are but little affected by this fracture, and the slight stiffness of them, arising from inactivity, is soon removed, and the patient is able to walk about in a few days.

SECTION III.

Of Fractures of the Fibula.

THE fibula, though slenderer than the tibia, is less frequently fractured. It is not charged with the weight of the body, and its principal use seems to be that of preventing the dislocation of the foot outwards, in a forced abduction. Thus we see that it is placed externally, descends below the articulation of the tibia with the foot, and forms the external ankle. It is besides more flexible than the tibia, and can execute in its double articulation with this latter bone some obscure motions, which consume a greater or less share of any force that might tend to fracture it.

Yet, from the very nature of its functions, the fibula is exposed to certain fractures, of which no author has taken particular notice. In every step that is made on an uneven ground, the foot presses against the inferior extremity of this bone. By this action of the foot on the external ankle, the fibula is pressed upward, and as the nature of its articulation with the tibia does not allow it to ascend in any perceptible degree, it is forced to bend more or less in proportion to the force applied.

The elasticity of this bone enables it for some time to resume its natural direction, when the force is removed. But as the same force acts frequently, and is never intermitted but for very short intervals, the bone acquires insensibly a permanent bend, instead of being perfectly straight, as it is in the infant. This bend becomes more evident in proportion as age advances, and as the limb has been used.

Climbing animals, such as the squirrel, and others, whose feet are always in a forced abduction, have the fibula stronger in proportion, and more convex externally, than it is in the human species. It has been observed by Citizen Cuvier and Dumeril, that in the animal called the three-toed sloth, the inferior extremity of the fibula is inserted into a socket on the superior surface of the astragalus, in such a manner as that the foot must be considerably strengthened by it, and secured against dislocation by the extreme abduction which this animal is obliged to make, in grasping the trunks of the trees on which he climbs.

The motions of adduction and abduction, in which the sole of the foot is turned inwards or outwards, are very limited in the human species, and much less extensive than those of flexion and extension. It sometimes happens, however, that the foot, from missing its support, or being entangled by something, is turned forcibly inwards or outwards; in which case the ligaments of the articulation are always strained, and very frequently lacerated. It is in a case of this kind, when the foot is forcibly turned outwards, that the fibula is fractured by the pressure of the astragalus, the dislocation of which, outwards, it prevents, when the foot is forcibly turned in the same direction.

The action of the foot is always the immediate cause of fracture produced in this way. If the convexity of the fibula outwards were uniform, so that the whole length of the bone should form an arch of a circle; if it were of an equal thickness and strength in all its parts, and if its museular and ligamentous connexions with the tibia were also of an equal strength in every part, the fracture would always take place in its centre: but none of these conditions exist, and the fracture takes place generally below its middle half. If the abduction of the foot has been very violent and sudden, the fibula may be fractured at about an inch above its lower extremity, by which the external ankle is separated from the body of the bone.

To the fractures produced by this cause are to be added those resulting from a fall, or a blow on the external side of the leg, in which the bone always yields in the part to which the force is immediately applied, and in a direction opposite to its natural curve.

Whatever be the manner in which a fracture of the fibula is produced, the pieces are not susceptible of the longitudinal derangement; but are in all cases drawn a little towards the tibia, by the muscles placed in the interval between them. Hence a fracture of this bone will be best ascertained by pressing the fractured portions inward, as it is in that direction that their motion can be best perceived. This symptom, and crepitation, which is a consequence of it, may be also observed in the abduction and adduction of the foot. These signs are more evident when the fracture takes place near the inferior extremity, than when it happens near the superior, which is covered with thick muscles. But a fracture of the lower part may be very difficult to be ascertained, when the articulation of the foot has been at the same time violently strained, and the inflammation and swelling have arrived at a great height. In cases of this nature, some practitioners turn all their attention to the affection of the articulation, that is to reduce the luxation of the astragalus, and combat the inflammatory symptoms, without doing any thing for the fracture.

But so imperfect a mode of treatment must be attended with the worst consequences. The peronei muscles, which extend the foot by raising its external edge, and turning its sole outward, act incessantly, and draw the foot gradually into that position. The fractured portions are deranged longitudinally, the inferior being drawn upward along the internal side of the superior. The astragalus is carried under the internal ankle, and forms a considerable tense tumour there; the skin becomes inflamed and ulcerated at this part, and a fistula is formed, which communicates with the articulation of the foot. The patient cannot support himself on the affected limb, and in time the symptoms become more and more alarming, and may lead to the necessity of amputating the part. Fabre quotes two examples of the bad consequences resulting from neglecting a fracture of the fibula; they are to be found in his *Researches on certain Points of Physiology and Pathology*. I have myself seen the foot distorted, and the fracture not consolidated, in the case of an old man who died of a malignant fever, in one of the medical wards of *La Charité*.

It will therefore be prudent, in every case of a strained foot, to examine carefully the lower extremity of the fibula, and to apply an appropriate apparatus, if there be the slightest suspicion of a fracture. The first step of the treatment should be to cover the affected part with emollient poultices, and to take some blood from the arm; and if it be found that the bone is fractured, so soon as the swelling and inflammation are abated, Scultet's bandage should be applied, and the distortion of the foot prevented by means of two splints, which descend from above the knee, to a short distance beyond the foot externally, and internally as low as the ankle. It is perhaps superfluous to repeat that the splints should be rolled in a splint-cloth, and tied on with bands, and that bags of chaff should be placed between them and the leg, in the depressed parts.

This apparatus should be continued for a month, and frequently removed, in order to renew the emollient applications. In this lapse of time, the fracture generally consolidates, but a stiffness remains in the joint, of which it will be prudent to warn the patient. This, however, will be removed in a few months by bathing and friction, but above all by exercise, the suspension of which was its principal cause.

If the fracture take place towards the middle part of the bone, the ordinary apparatus for fracture of the leg should be applied, and thick compresses placed on the anterior and posterior sides of the leg, by means of which the antero-posterior diameter being increased, the bandage can act in that direction, and press the fleshy parts into the interosseous interval, and thus prevent the fractured portions from obeying their tendency to approach the tibia. But preserving the interosseous interval is not so important here as in the fore-arm, because in the former it merely serves to lodge some muscles; the foot not having to execute any motions which require the rotation of the fibula on the tibia.

CHAPTER XVII.

OF FRACTURES OF THE BONES OF THE FOOT.

SECTION I.

Of the Fractures of the Os Calcis.

THE solidity of this bone, the three dimensions of which are nearly equal, renders it but little liable to be fractured. The causes by which it may be fractured are muscular action and external violence, and in this respect it resembles the olecranon and patella. The violent and instantaneous contraction of the gastrocnemii muscles is sufficient to detach from the remainder of the bone that part of it called the tuberosity, into which the tendo Achillis is inserted, and which extends backward beyond the astragalus. Though the gastrocnemii muscles are at least as strong as the extensors of the arm or leg, yet fractures of the os calcis are, on account of its thickness, much less frequent than those of the patella or olecranon. Fractures of it are also less frequent than the rupture of the tendo Achillis, the contrary to which takes place with respect to the tendons of the extensors of the arm and leg, which are stronger than the osseous parts to which they are attached.

Some rare examples of fracture of the os calcis from muscular action may be cited: that, for instance, of a woman detained against her will at *La Salpetriere*. She converted her sheets into a rope, and by means of them descended from her window; but the sheets not reaching to the ground, she let herself drop on her feet. On touching the ground, she heard a crack in one of her heels, and fell without the power of rai-

sing herself. On examination the os calcis was found to be fractured.

The existence of this fracture is discovered by the circumstances of the case: a fall on the sole of the foot; a crack heard in the moment of the fall; pain, which is increased by the motion of the part; the almost absolute impossibility of standing or walking; a greater or less swelling of the heel; the mobility and elevation of that part of the os calcis into which the tendo Achillis is inserted; finally, the crepitation and interval between the fractured portions—are all marks which separately or conjointly lead to the discovery of the fracture, it may be observed, however, that the separation of the fractured portions is not easily ascertained, on account of the thickness of the integuments.

In setting this fracture, it is necessary to extend the foot on the leg, and to bend the leg on the thigh. In this position the two portions of the os calcis can be very easily brought into contact, the superior of which is drawn upward by the gastrocnemii muscles.

The foot and leg are kept in this position all the time necessary for the consolidation, by means of the slipper invented by J. L. Petit for a rupture of the tendo Achillis.

The uniting bandage used for transverse wounds may be substituted for the slipper, when from local circumstances, the latter cannot be had; but it must be modified as follows: the end of a bandage is placed on the superior surface of the foot, whence the bandage is reverted on the sole, and the end is made fast by circular casts round the foot: this bandage is then drawn along the posterior side of the leg to the ham (the foot being previously extended), on which part it is fixed by other circular casts: it is thence brought downward forcibly, and the application of it terminated by rolling along the leg what remains. To this bandage might be added a long compress, the middle part of which should be applied above the posterior portion of the os calcis, and the extremities crossed on the superior surface of the foot, and turned under the sole. This compress may be fixed by a bandage rolled on the foot in the shape of the figure 8.

The union of this fracture is effected in thirty or forty days, at the end of which time the patient may be allowed to bend his foot. He must, however for some days, avoid any forced flexion of the foot, as also an excessive extension by rising on his toes.

The other bones of the tarsus, as the astragalus, cuboides, scaphoides, and the three ossa cuneiformia, are susceptible only of comminutive fracture. The same may be said of the bones of the metatarsus, and the phalanges of the toes. On the treatment of fractures of these bones we have nothing to add to what has been already said in general on compound fractures, or in particular on fractures of the bones of the hand.

CHAPTER XVIII.

OF WOUNDS, AND DENUATION OF BONES.

THE bones may be stripped, not only of the integuments, muscles, &c. by which they are naturally covered, but also of the periosteum, which is their intimate and appropriate covering.

Cutting or contunding instruments may produce this denudation of the bone without injuring its substance, or they may cut or contuse its external fibres. These two cases must be carefully distinguished, as the contusion of the bone is attended with consequences much more serious than those of a simple denudation.

If the bone has been merely stripped of its periosteum and integuments, and these parts are immediately replaced, so as to exclude the contact of the air and bandages, the reunion of the periosteum is found to take place in a very short time. But if the external laminæ of the bone have been contused, or if its surface has been left a long time exposed to the action of the air, or to the friction of bandages, exfoliation becomes a necessary consequence. All the external laminæ must separate; and before this separation is effected, the cicatrization of the external wound would be rather injurious. Should the wound in the integuments be prematurely closed, purulent matter will continue to form underneath, the contused laminæ will exfoliate, an abscess will point externally and burst spontaneously,

and the matter that escapes from them will contain small splinters of bone. Old age is unfavourable to the healing of wounds and contusion of the bones; because, as the cure can be effected only by means of the vascular texture of the bone and periosteum, the turgescence and expansion of this must be slow and difficult in proportion to the person's age. The treatment adapted to the different cases is as follows:

If the bone be simply laid bare, the integuments, if not completely separated, should be instantly replaced. This precept holds good in all cases, whatever may be the patient's age, if the bone has not been already a long time exposed to the contact of the air. At the same time it must be allowed that it is very difficult to know by mere inspection whether the bone be contused or not; but should that be the case, and even should suppuration and exfoliation be inevitable, no bad consequence can result from the attempt to produce an immediate cicatrization; whereas, in the contrary event, the duration of the treatment will be much abridged. If it be impossible to unite the wound by the first intention, its lips are to be kept separate by lint interposed, and the whole is to be lightly covered. In a short time granulations appear, and the external laminæ of the bone exfoliate. Sometimes, however, and particularly in young persons, the bone becomes soft and red, and granulations arise from it, which bleed from the slightest cause. It has been said, that the bone exfoliates insensibly in this case; but this observation is not found to be true: the laminæ of the bone are not broken down, dissolved, and carried off by suppuration. The change consists of a softening of the bone, and conversion of it into a fleshy substance, which unites with the soft parts.

In this last mentioned case the cure is much more prompt than when a real exfoliation takes place. The process of exfoliation resembles that of the separation of gangrenous eschars: the mode in which the separation is effected is equally unknown in both cases. In exfoliation, it is merely known that the subjacent vessels grow turgid, expand, and pullulate, and that a line of separation is observed between the contused laminæ and the sound part of the bone. The former are undermined, as it were, and their connexion shaken by the purulent matter formed under them, and at length are entirely detached, and may be easily removed by the fingers or a forceps. When the bottom of the wound is entirely freed, the

granulations that arise from it unite with the soft parts, and in a short time the wound is cicatrized.

Various processes have been employed for expediting the exfoliation. Thus the ancients covered the bone with pledgits of lint impregnated with spirits, or with a tincture of myrrh and aloes; but it is found that these applications retard the exfoliation by opposing the expansion of the vessels; for which reason they have been laid aside, and oily relaxing applications have been substituted for them.

It has been proposed to perforate in different parts the laminæ which are to exfoliate, on the supposition that this practice facilitates the growth of the granulations. The perforations have certainly this effect, but the granulations, by shooting up through them, retain the laminæ rather than aid their exfoliation: each vessel spreading as it rises, and assuming in some respect the shape of a broad-headed nail. It will then be more prudent to limit the treatment to the use of unctuous or emollient applications. By means of these remedies, the texture of the part will be sufficiently relaxed, and the developement of the vessels facilitated. But if the portion of bone to be exfoliated be very considerable and deep seated, these applications are nearly useless, at least their effect must be very trifling; then we must content ourselves with covering the part with lint, and trusting to time and nature for effecting the separation.

Though the exfoliation be complete, as may be known by the motion of the piece, it may still happen that the circumference of the detached portion may be eneroached on by the growth of the soft parts, and thus prevented from separating. In this case it will be necessary to disengage it by making an incision in some point of the circumference of the wound, after which it may be drawn out by the fingers or a forceps. In general, there is but very little difficulty in removing it.

The action of cutting instruments is not always limited to the mere denudation of the bone; they sometimes completely divide it: this, however, is but a rare occurrence. It sometimes happens that a part of the bone is cut off, of which there are numerous instances in wounds of the head, where a part of the parietal bone, with its pericranium, a portion of the occipitofrontalis muscle and hairy scalp, have been entirely separated by a blow of a sword.

When a wound of the soft parts is accompanied by a similar affection of the subjacent bone, an immediate reunion of the

soft parts must not be attempted. Lint is to be gently introduced into the fissure, and the wound healed from the bottom; for a solid cicatrix of the soft parts cannot be expected until the wound in the bone is first cicatrized.

If the bone of one of our limbs be cut quite through, as in the cases mentioned by La Peyronie, Warner, and others; and if a piece of flesh remain undivided, which contains the principal vessels of the limb, it will be prudent to reunite the parts, and place the limb in the apparatus used in cases of fracture of the part.

The time necessary for the reunion of the parts in cases of this nature is full as long as that in those of fracture, and the consolidation is effected in the same manner as in the former case.

CHAPTER XIX.

OF NECROSIS.

THAT affection of bones by which a part of their substance is deprived of the vital principle, has been termed necrosis: the affected part of the bone, in this case, bears a strict analogy to that of soft parts in which a gangrene has taken place. This disease was not distinguished from caries by the ancients, and it has been termed "dry caries" by some of the moderns. Necrosis and caries are, however, essentially different.

Osseous parts attacked by necrosis are absolutely deprived of the vital principle: but this is not the case when they are simply carious; for caries is an affection exactly analogous to foul and corroding ulcers of the soft parts.

All the bones of the body are subject to necrosis, but some are more frequently attacked by it than others; the broad

bones, for instance, and those which are but lightly covered with soft parts, such as the bones of the skull, the lower jaw, the clavicle, the scapulæ, the humerus, femur, and tibia. The short bones are seldom attacked by it, but are much more subject to caries. The affection may be either partial, or it may extend to the entire bone. Thus we find a long bone affected in some part of its length, or entirely diseased from one end to the other, and broad bones affected only in their external laminæ, or in their entire substance.

The middle portion of long bones, or that part of them which is most compact, least porous, and consequently least endued with the vital principle, is that which necrosis most generally attacks: the extremities of these bones, and in general all spongy bones, are much less liable to it. This disease never extends to the articulations, even when the whole diameter of the middle part of the bone is affected by it: the extremities covered with cartilage separate from the dead part of the bone, and if this be removed by nature or art, they unite with the ossified periosteum, which occupies the place of the separated portion.

When the necrosis is superficial, the superior lamellæ are separated from the rest of the bone; but this separation is always preceded by a suppuration produced by the irritation given to the surrounding soft parts by the dead portion of bone. It is to be observed, that no part of the substance of the dead portion of bone goes to the formation of this purulent matter; for it seems to be not only incapable of furnishing matter for the formation of pus, but is entirely without the sphere of vital action.

If a broad bone, as the os frontis, for instance, be attacked, the skin over the affected part tumefies, becomes inflamed, and assumes a brown or violet colour; it grows gradually thinner, bursts at length, and gives issue to the purulent matter contained under it. The necrosis of the bone is then ascertained by introducing a probe, which is found to pass on a rough and naked surface, if the affection of the bone really exist.

In a case of complete necrosis of a long bone, the limb swells at the part affected, and a hard and painful tumour is formed on it. Abscesses form at various points, they burst, and their openings degenerate into fistulæ. The discharge from these in the commencement is white and inodorous, but becomes serous and fetid in a short time. This matter is sometimes absorbed in such quantity as to produce marasmus, hectic fever,

&c. In cases of necrosis, in which the whole bone is affected, the periosteum separates from the portion of diseased bone, its vessels seem to take on a new action, a calcareous phosphate is deposited in its texture, it acquires hardness, and in time forms a cylinder, in which the dead part of the bone is included. This new bone, which is in fact the periosteum ossified, is rough on its surface, and has but a distant resemblance to that which it replaces. Various holes are observed in it, through which the purulent matter and mouldering portions of bone escape, the fistulous openings in the soft parts being continuations of these holes, and the muscles of the limbs are inserted into it.

The dead part, completely separated from the sound, and enclosed by the indurated periosteum, is called *sequestra*: this separation is perfectly analogous to that of mortified soft parts.

The promptitude with which gangrened soft parts are separated, is much greater than that with which a dead portion of bone is detached; but this difference is to be entirely attributed to the state of the vital energy of the parts, which is much more considerable in one case than in the other.

The causes of necrosis may be divided into internal and external; the latter are blows, excessive pressure, imprudent applications of caustics; as happened in the case of a woman who had caustic potash applied to an exostosis on the internal side of the tibia. But necrosis is most frequently produced by an internal cause, such as scrofula, or syphilis. In persons thus constitutionally affected, a blow or other external accident, may prove an exciting cause of the disease.

By whatever cause produced, the following symptoms characterize it: excruciating pains in the part affected, which no emollient nor sedative application can assuage. As there is no visible swelling in the commencement of the disease, these pains are frequently attributed to rheumatism. The pain which was felt at first but about the middle of the bone, extends towards its extremities, if the bone affected be a long one: the part swells, the skin becomes inflamed, and the tumour, which was hard at first, grows soft in different parts, or abscesses form in it, which burst, and whose openings degenerate into fistulæ. The surface of the bone, if not deep seated, as the tibia for instance, may be seen through this opening; in which case the nature of the disease may be ascertained beyond all doubt; but an equal certainty may be had when the bone is

covered by a great depth of soft parts, by the insertion of a probe.

There is at first a copious discharge of purulent matter, but the quantity gradually diminishes, and splinters of dry bone, coloured, as if they had been buried a long time in the earth, come out with the pus. The disease may be said to be at its height at this period, for now the dead part is separated by the vital energy of the sound. By introducing a probe at this time, pieces of the bone are felt detached and loose. These symptoms of necrosis, evident enough in affections of the long bones covered with thick muscles, are still more so in cases of flat superficial bones, as those of the skull for instance: in affections of the latter, the skin becomes first thick, hard, and reddish; but it soon bursts, and an ulcer is formed in it.

The prognosis varies in this disease according to the bone affected, and the circumstances with which it may be complicated.

If the disease be confined to the surface of a flat bone, or though it should affect it quite through, it is not very dangerous, and nature alone effects the cure. If the assistance of art be necessary, it is only in combating the disease of the system. However, if there be a large surface affected, and if the introduction of instruments for the purpose of extracting the splinters be difficult, the prognosis becomes more unfavourable. Necrosis, when confined to the surface of the middle part of long bones, is equally free from danger as in the former case, and nature alone effects a cure. But the prognosis is far different when a large portion of the bone is affected, and when this portion is contained in the cavity of the cylinder formed by the ossified periosteum; for though nature has been able to separate it, yet the assistance of art is necessary to remove it from its osseous covering.

In cases of necrosis, in which the dead bone is entirely included in that newly formed, the prognosis may vary according to the state of the soft parts of the limb, the age and strength of the patient, and the form of the new osseous substance. The tumefaction of the limb may be excessive, the fistulæ numerous, the suppuration abundant, and the strength may be reduced by colliquative diarrhœa and hectic fever. In such circumstances the danger is much greater than if the suppuration were trifling, the patient young and healthy: and the danger will be still less if the new bone be naturally perforated, so as that the old one may be drawn out.

The surgeon, whose art is so useful in most diseases of the bones, can, in cases of necrosis, be but a simple spectator of the operations of nature, which are frequently successful: it may be said with truth, that necrosis proves the efficacy of nature, and the insufficiency of art. Art can assist nature only in removing that part of the bone which the vital principle has abandoned; as has been amply shewn in the Memoirs of the Academy of Surgery, in David's Treatise on Necrosis, and more particularly in a Latin work on that disease, by M. Weidman. If the necrosis be superficial, or not very extensive, nature alone is sufficient to remove effectually the diseased part; but art assists in cases of deep-seated necrosis, in which the dead bone, after its complete separation, is enclosed in the new.

The treatment adapted to the necrosis of broad or flat bones, or that of long bones when the disease is confined to the surface of their middle part, is very different from that which should be followed when the necrosis has seized the entire body of the latter. We shall therefore explain these different modes of treatment successively.

When one of the large bones of the skull is attacked by necrosis in any part of its surface, nothing is to be done until exfoliation takes place. The progress of this process is marked by an inflammatory circle round the part to be separated, by a fissure which succeeds, and marks the same circumference, and which grows wider and wider every day. If at this time the diseased portion be struck with a probe, a noise is heard which indicates an empty space under it: it becomes loose soon after, and may be very easily removed. The separation of it may be accelerated by stirring it every day, but it is useless to apply any instrument for the purpose of thinning it; for the exfoliating of a thick lamella is just as easy as that of a thin. The use of the trepan is equally inapplicable for this purpose, as it is impossible to know beforehand to what depth the exfoliation will take place, and if that depth be not entirely taken off, the slightest lamella which remains will be just as troublesome as if the whole remained: nature will require as much time to separate it, as if it had been much thicker. We have already pointed out the inutility of perforating the affected part of the bone, with the intention of facilitating the exfoliation. We have also remarked, that unctuous and emollient bodies are better topical applications than spirituous irritating substances, such as tinctures of aloes and myrrh; or than caustic, which,

by irritating the subjacent parts, often causes the disease to extend.

It is plain that the topical affection will continue to extend incessantly, when it depends on a constitutional disease; therefore, while nature tends to remove the former, it will be necessary to oppose appropriate remedies to the general disease, whether venereal, cancerous, scrofulous, or scorbutic.

If one of the bones of the cranium be affected with necrosis, and the brain be compressed by pus, it will be necessary to use the trepan, as advised by Quesnai, in order to remove the pus accumulated on the dura mater. The trepan is not applied in this case against the disease itself, but against a very dangerous consequence of it. In stirring the piece, in order to accelerate its separation, care must be taken not to break it, as the extraction of the remaining portion, generally covered with soft parts, might be difficult. It is found necessary in many cases to make use of a spatula, or some such instrument, to disengage the splinter from the granulations which encroach on its surface, and take root as it were in its inequalities: this may take place to such a degree, that it may be sometimes necessary to make an incision into the soft parts, in order to extract more readily the portion of dead bone.

When the piece is extracted, the disease is reduced to the state of a simple wound. The granulations which arise from the diploe, or dura mater, when any of the bones of the skull has exfoliated, become the foundation of a solid cicatrix. The bone always remains thin in that part; and it has been found necessary to protect the part of the cranium, from which an exfoliation of this kind took place, with a piece of leather or pasteboard.

When the exterior lamellæ of a long bone are affected with necrosis, the treatment is precisely the same. If it be ascertained by the introduction of a probe through a fistulous opening, that an exfoliation of the bone has taken place, an incision must be made for the purpose of extracting the exfoliated piece. But when this disease affects the whole of a cylindrical bone, and when the periosteum is ossified around the diseased bone, it will be necessary to acquire the greatest certainty of the complete separation of the decayed portion from the new one. In order to ascertain this, we attend to the duration of the disease, but principally to the motion that may be communicated to the decayed portion, by introducing a probe through one of the fistulous openings. It happens sometimes that, in moving the

limb, a noise may be heard from the collision of the decayed bone against the parietes of the new one.

When nature has done her duty, the assistance of art must be called in to complete the cure; but the extraction of the dead bone is an operation of a painful and hazardous nature, and should not be undertaken without reflecting very seriously on its probable consequences, and on those of the disease if left to itself. The operation is extremely difficult when the diseased bone is covered with a great number of very thick muscles, as the femur for instance. In that case saving the patient's life alone, endangered by the excessive suppuration and absorption of the pus, is the only thing that can induce the surgeon to perform the operation; the patient being at the same time firmly resolved to suffer any thing for the chance of saving his life. It will be necessary to try if the disease has extended as far as the articulations, in which case it would be better to amputate, than attempt to save the limb.

The operation being decided on, the following is the method to be followed. It is commenced by laying bare the affected bone on the side least covered with soft parts, and on which there will be the least danger of meeting principal nerves and blood-vessels. Thus the inferior and external part of the humerus is that in which the incision should be made when this bone is affected; when the disease is seated in the cubitus, the internal side of the fore arm; and when in the radius, its external side; the lower part and external side of the thigh, when the femur is affected; and the anterior and internal side of the leg, which is covered by the skin only, when the tibia is the part diseased. This part of the operation does not consist of a simple incision, but of two semi-elliptic incisions, the parts between which are to be completely removed. This practice is by much preferable to the use of caustic, the action of which is tedious, and might extend to the regenerated bone, and destroy its texture. If the patient be timid, caustic may be used, but the greatest care must be taken to confine its action to the soft parts. If the hemorrhage be great, and the patient's suffering intense, the wound may be washed, and filled with lint; and the rest of the operation deferred to the following day. After having laid the bone bare, two or three pieces are to be cut out from its inferior part by means of a trepan; the intervals which separate the holes are then forced out with a chisel and mallet; and a passage being thus opened, nothing remains but to extract through it the decayed bone, which is found to

lie without any connexion in the inside. The deep wound produced by this operation is then filled with lint, and dressed in future like a simple wound, which is to be healed by suppuration; but the recovery is always slow. If the length of the decayed bone be inconsiderable, the perforation may be made in the middle part of the new one. But when that is not the case it will be advisable to trepan the inferior part of the bone, as a less opening will suffice there than in the middle part, and as the situation is more favourable for the evacuation of the pus.

Notwithstanding the prodigious disorganization and suppuration necessarily attendant on this operation, it has however been followed with success in some instances related by David.

We are of opinion that few cases occur in which it is necessary to perform this operation; that the reasons for undertaking it are seldom conclusive; and that it should not be had recourse to without the maturest deliberation.

CHAPTER XX.

OF CARIES.

THE more we advance in the study of diseases of the bones, the greater is the obscurity in which we find them involved; and if there be any of them, the nature of which may be said to be totally unknown, it is certainly that which is our present subject of consideration.

The clearest way in which we can convey an idea of caries, is, by comparing it to those ill conditioned ulcers of soft parts, which are symptoms of a diseased state of the system. But the idea given by this comparison is not sufficiently comprehensive; we shall therefore endeavour to supply its deficiency by an exact detail of the appearances of bones affected with this disease.

Every part of the osseous system is liable to caries; but it has been observed, that spongy bones are oftener attacked by it than those that are compact; thus the vertebræ, astragalus, and other bones of the tarsus, those of the carpus, the sternum, and the extremities of long bones, are the most frequent seat of this disease. For a similar reason the bones of young persons are more subject to it than those of persons advanced in life.

Very little information is to be acquired by reading the works of the authors who have treated of this disease. Almost all of them have confounded it with necrosis, which they termed dry caries; others have considered it to be the same as exostosis. For our part we are of opinion that there is only one species of this disease, but that this is susceptible of several modifications. The substance of a bone affected by it becomes so soft, that the end of a blunt probe may be easily forced into it. The openings with which the bone is perforated, are filled with fungous flesh, which bleeds from the slightest cause: there is a discharge of a blackish serum from these perforations, which has at all times a disagreeable smell, but which is particularly fetid when exposed to the contact of the air. Necrosis and caries differ in this particular respect: in the former, the bone affected is entirely deprived of the vital principle; but in the latter this principle exists, and the disease consists of a morbid action, by which the osseous texture is destroyed.

The causes of caries are distinguished into internal and external; the internal are the most frequent, because a contusion or external violence is apter to produce necrosis than caries. It may happen, however, that a blow on a spongy bone shall occasion a caries of it, by producing an extravasation of blood or medullary juice, which cannot be afterwards taken into the system by absorption.

Abscesses are said to occasion sometimes a caries of the bones, over which they take place; and we are told, that the existence of the morbid state of the bone may be ascertained by introducing a probe to the bottom of the abscess.

Conformably to this theory, it has been laid down as a rule, that abscesses situated over bones should be opened at an early period, in order to prevent any disorder of the bone or periosteum from the stagnation of the purulent matter. But if abscesses formed over certain bones, as, for instance, over the anterior face of the tibia, or mastoid process of the temporal bone, be frequently accompanied with caries, the latter is the

cause, and not a consequence, of the abscess. Pus, which is a bland, unctuous, and inodorous fluid, never attacks the soft parts with which it is in contact, until its qualities are changed by exposure to the air. When an abscess forms in the anterior part of the parietes of the abdomen, the peritoneum of that part, naturally a thin membrane, instead of being corroded, becomes thick and strong enough to resist the effusion of the pus into the cavity of the abdomen. The periosteum becomes thickened in similar circumstances, when the abscess is a consequence of an external injury.

We may conclude, then, that caries is seldom produced by an external cause; and that most frequently a blow or external injury, when followed by that disease, has acted only as an exciting cause, a disposition to it having pre-existed. There is every reason to believe that it may be ascribed in almost all cases to a disease of the system, such as scrofula, lues, scurvy, or even cancer.

Scurvy diminishes the energy of the contractile fibre, and diffuses a principle of dissolution in the solids and fluids. The blood rendered more fluid by it than natural, oozes through the pores of its small vessels: spots or ecchymoses manifest themselves, first in the parts in which the circulation is most languid, as on the hands and feet: the muscles become soft and painful; the gums swell, and separate from the alveolar process: the periosteum may become tumefied in like manner, and lose its connexion with the bone affected with caries.

Scrofula attacks the spongy part of bones and the lymphatic system. A caries from this cause is very frequent in the tarsus, carpus, elbow, and knee; but it is always preceded by a white swelling.

The venereal disease is sometimes a cause of caries, though its action on the osseous system more generally produces necrosis or exostosis. However, when it attacks the bones of the nose, it produces a caries of them, by which they are consumed, and the face sadly disfigured. The bones of the palate are sometimes destroyed in the same manner, and by the same cause.

In cancers of the mammæ, the sides of the sternum are often found carious; which proves that cancerous ulcers may, as well as the preceding diseases, occasion a caries of the bones in their neighbourhood.

Nothing can be easier than to ascertain the existence of a superficial caries; and when the affected bone is deep-seated,

it may be discovered by introducing a probe; for if the bone be carious, the probe may be easily forced into its substance. But bones which we cannot readily come at may be carious, in which case the diagnosis is somewhat more difficult; however, if a fistula, from which a fetid blackish matter flows, be directed towards a bone, and if the surrounding soft parts be at the same time turgid and indurated, there is every reason to apprehend a caries. The black colour of the discharge is, however, equivocal; because, as remarked by Ambrose Paré, it may be occasioned by a bit of agaric or other foreign body introduced into the wound. It will be prudent, therefore, in dubious cases, to trust chiefly to the history of the disease.

If a person affected with a certain constitutional disease, feel deep-seated and acute pains in any of his bones; and if the pained part swell, and become the seat of an abscess, from which a purulent matter of a bad quality flows, there is every reason to believe that the bone affected with pain is carious. Inert abscesses are attended with nearly the same symptoms, with this difference, that they are not preceded by pain. Caries occasioned by syphilis affects most commonly the tibia, os frontis, ossa nasi, ossa palati, and sternum. Whenever, therefore, any of these bones become carious, whilst the person labours under syphilis, there is just ground for concluding that the caries is a symptom of the venereal affection.

A caries of the vertebræ is known by peculiar symptoms, among which a paralysis of the inferior extremities, and the formation of abscesses in the groin, verge of the anus, or lumbar region, are the most remarkable.

The prognosis is more unfavourable in cases of caries of spongy bones, than in those of a similar affection of compact ones. thus there is not so much to be apprehended when the bones of the cranium or the scapulæ are affected, as when the extremities of long bones are similarly diseased. Caries of the bones of the carpus and tarsus is also very dangerous. The evil, on account of these bones being in such close contact, extends from one to the other; and when one of them becomes carious, it is very difficult to stop the progress of the disease without amputating the limb.

This operation is often the only resource in our power against caries of short bones, or of the extremities of long ones; and we are even deprived of this when the bone affected with it is deep-seated: thus caries of the head of the femur, or of the cotyloid cavity, cannot be remedied by this operati-

on. The same may be said of caries of the spine, also named gibbosity, in which, as well as in the preceding case, our treatment must be merely palliative.

Caries from an external cause is less dangerous as well as less frequent than that from an internal; and that resulting from an internal disposition is much more dangerous when it proceeds from a scrofulous or cancerous diathesis, than from a venereal or scorbutic; for some efficacious remedies against the latter are known; but cancer and scrofula resist all the remedies with which we are as yet acquainted. It is also more dangerous to old than to young persons, not that its progress is not more rapid in the latter, as already mentioned, but because nature is more capable of limiting its ravages in youth than in old age. Finally, the prognosis is further influenced by the extent of the disease, the patient's strength, and state of the neighbouring soft parts.

There is, perhaps, no disease in which the indications of cure are more vague than in caries, and none in which the treatment is less regular. The ancients prescribed unctuous or relaxing applications, but they preferred aerid irritating substances, such as the powder of euphorbium, tincture of aloes and myrrh, oil of turpentine, mineral acids, caustic alkali, or even the actual cautery. Monro, Tenon, and, in imitation of them, some modern practitioners, have preferred the use of unctuous and emollient applications; but, in order to discover the preferable mode of treatment, it is necessary to take a close view of the evil against which it is to be directed. We must then consider, that a bone affected with caries is a prey to a morbid action of its own parts, and that this action creeps from one part to another, and pervades the whole with greater or less rapidity, if art does not come to the assistance of nature to arrest its progress.

If the caries be produced by some affection of the system, this should be ascertained and combated with appropriate remedies. Thus the use of mercurial and sudorific medicines arrests the progress of caries proceeding from the venereal disease, and aids nature in separating the unsound from the sound part. The use of spirituous drinks, vegetable diet, and acids, removes at once scurvy and the caries, to which it had given rise, &c. &c. But if it has been occasioned by an external cause, or if it has remained after the internal one has been removed, so as to be reduced to the state of a mere topical affection, its progress may be arrested, and the separation of the

diseased parts facilitated by the use of such substances as stimulate the parts, or such as absorb and neutralize the fluids which tend to propagate the morbid action. Thus the desiccation of a carious ulcer has been effected by the use of an absorbing powder and pledgets of lint that had been dipped in tincture of aloes and myrrh.

If these remedies be found ineffectual, recourse must be had to more active ones; a pledget of lint dipped in a solution of nitrate of silver, may be applied on the carious part, and renewed every day. This portion of the bone is by this means, quickly dried up, and reduced to the state of a simple necrosis; the propagation of the morbid action is arrested, and nature effects a separation of the diseased parts. It will not be amiss, however, to move frequently the dried piece, and it may be necessary to prevent the fungous flesh from spreading so as to impede the exfoliation. The ulcer heals after the exfoliation has taken place, and the cicatrix is more or less deep, and of a red colour, not blackish and livid, as a cicatrix formed over a diseased bone.

If the caries be very humid, that is, if a great quantity of sanies flow from it, these remedies even the mercurial nitrate, will be of no effect. The sanies washes the pledget, and dilutes the caustic so much, that its action is considerably enfeebled. Caustic pot-ash would be subject to the same inconvenience. In these cases, the actual cautery is a remedy to be preferred to all others: by its action the carious part is in an instant reduced to the state of an inorganic dry substance, and the caries thus converted into necrosis. This remedy is applicable to every case of humid caries where the surrounding soft parts have not a manifest tendency to cancer. Sometimes, however, the soft parts surrounding a carious bone have that tendency in so advanced a degree, that the actual cautery would necessarily occasion the developement of that morbid state. The general rules to which the use of the actual cautery may be reduced are as follow:

In the first place, all the carious part of the bone must be laid bare, whether by cutting away the soft parts, or destroying them by caustic. The latter method being tedious, inconvenient and uncertain, should not be used unless when the patient will not submit to the use of the knife. The bone being in this manner laid bare and scraped, the surgeon provides himself with several cauterizing irons of the same form, because the application of one is seldom sufficient. It will also be ne-

cessary to provide a number of cannulæ when the cautery is to be applied on a bone from about which the soft parts cannot be completely raised, as, for instance, on the os coccygis, or sacrum: by means of these cannulæ, the hot iron can be introduced without injuring the soft parts. In every case it will be necessary to protect the surrounding parts as much as possible from the action of the cautery.

The iron, whatever may be its size, should be heated white, as the hotter it is the more rapid and less painful is its action. On the instant of its application, a black thick smoke rises from the surface of the burning bone, the smell of which resembles exactly that of burning horn: the great quantity of sanies quickly diminishes the heat; for which reason a second is to be immediately applied with the same precautions; and a third, if the two preceding have not burned deep enough. Care should be taken to extirpate the disease by burning every part that is affected; and if the use of the cautery has not always had the success expected from it, the failure of it is to be attributed to the timidity of the operator. A carious bone becomes worse by the application of the actual cautery, if the evil be not entirely rooted out; just as a cancerous tumour becomes irritated, and makes a more rapid progress, if imperfectly cauterized.

The actual cautery acts by evaporating the noxious fluids in which the carious bone was immersed; by changing the caries into necrosis, and by irritating the subjacent sound parts, and exciting that action of the vessels by which the dead part of the bone must be thrown off.

It is almost superfluous to remark here, that this operation cannot be undertaken with any hopes of success, if the internal cause of the caries still exist.

Let us examine, in the next place, the modifications of this general treatment, which may be required for any particular bone.

The bones of the cranium are often affected with the venereal caries, of which pain and tumefaction of the part are the first symptoms. The tumour augments and becomes soft, and on bursting spontaneously, or being opened by an instrument, a thin, serous, purulent matter flows from it. If a probe be now introduced into the wound, the bone will be found to be carious. The first remedies must, in this case, be directed against the disease of the system. The use of caustics is entirely inadmissible; for should their action extend too far, the

worst consequences might result from it, such as inflammation of the brain or its membranes. It is better to remove the diseased part of the bone by means of a trepan. In laying the bone bare, as much of the integuments should be preserved as will be sufficient to cover the wound, which precaution will accelerate the cure.

It is particularly in caries of the mastoid portion of the temporal bone that the use of the cautery is admissible. Abscesses are frequently formed in consequence of caries in that part of the bone; these burst, and their openings degenerate into fistulæ. If a carious state of the bone be discovered by the introduction of a probe, the bone is to be laid bare, and the cautery applied, and repeated until the caries is completely destroyed. The mastoid portion of the temporal bone is spongy in its texture, and sufficiently thick to protect the brain and its membranes from the action of the cautery. Tenon and Chopart practised this operation with success.

The bones of the face, and those of the nose and palate, are very subject to the venereal caries; but this affection of them disappears by removing the general disease of the system. The parts, however, remain deformed in consequence of the loss of substance.

The collection of matter which frequently takes place in the antra maxillaria sometimes occasions a caries of the bones which form these cavities. In these cases, all that is necessary is to perforate into the cavity through the alveolar process; for as soon as the collected matter gets a free passage, the fistulæ, if any have been formed externally, dry up, the carious part of the bone separates and comes away, and the wound in the soft parts heals at the same time.

The caries of the os unguis, which is sometimes complicated with fistula lachrymalis, is remedied by the different operations performed for giving a free passage to the tears. The scorbutic caries of the alveolar process is removed by the same remedies as the general disease.

As soon as the system is perfectly clear of the scorbutic diathesis, the bone exfoliates, and the gums acquire their natural firmness. Detersive gargles may be used to accelerate this termination.

Caries of the spine is attended with much worse consequences; the gibbosity and secondary abscesses of which it is the cause, generally prove fatal. When the anterior part of any of the vertebræ becomes affected with caries in consequence of

a diseased state of the system,* the purulent matter that is formed makes its way into the cellular texture which lines the anterior part of the spine, and descends by its own weight along the vessels to the superior part of the pelvis; whence it sometimes flows along the external iliac artery into the groin, where it forms a tumour. At other times it descends into the pelvis along the hypogastric vessels, and forms tumours about the anus; finally, it may penetrate through the fibres of the lumbar paries of the abdomen, and manifest itself at the posterior part of the pelvis. These accumulations of pus, or symptomatic abscesses, are always preceded for a longer or shorter time, by pain in some part of the spine; and the tumour forms without any antecedent or co-existing inflammation of the part. The abscess acquires insensibly an enormous volume, and the pus makes its way into the cellular texture of the limb of the affected size: its side may, however, be diminished by compression, and its contents seem to retreat into the abdomen. The integuments inflame at length, and burst in the most projecting point; a thin purulent matter flows from the opening; it is, at first perfectly inodorous, but soon acquires a fetid smell, and changes colour. This alteration in the qualities of the pus seems to be owing to the contact of the air; but so great is its fetidness, that the patient's existence is loathsome to himself, and insupportable to others: the absorption of this matter brings on slow fever, diarrhœa, colliquative sweats, and marasmus, and the patient is at length cut off. As the fatal event is distant in proportion to the retardation of the opening of the abscess, and to its protection, when opened, from the contact of the air, it is evident that it should not be opened as long as it can be avoided; and that when it becomes absolutely necessary, the opening should be as small as possible, and the air carefully excluded. Both these purposes are answered by making the opening with a seton needle, and leaving the seton in the abscess; but as this is not the proper place to give a full account of the treatment of these abscesses, we shall proceed to the consideration of that affection of the spine which has been termed gibbosity.

This affection does not always depend on a caries of the vertebræ; and when it arises from that cause, the caries is then of a peculiar nature, being almost dry, and unattended with the

* Masturbation is frequently a cause of this caries, Citizen Boyer's practice has furnished him with many examples of it.

formation of abscesses. The affected vertebra, filled with holes, and as if moth-eaten, yields to the incumbent weight; the body of that which is superior to it descends, while its spinous process ascends and projects under the integuments. A never-failing symptom of this disease is a paralysis of the inferior extremities, rectum, and bladder. If the derangement take place in the vertebræ of the neck (which is very rare), the patient is soon destroyed in consequence of the paralysis of the muscles by which respiration is performed. When the derangement of the vertebra is gradual, the progress of the caries being slow, a numbness is first felt in the lower extremities, which is the precursor of paralysis: but the bladder, rectum, and inferior extremities, soon become paralytic, and the patient is confined to his bed until relieved by death. Gibbosity from this cause is fatal to adult persons. That observed in young children is different in its consequences, and seems to proceed from a different cause; that is, from a collapse of the vertebræ before they have acquired their full consistence, rather than from a carious affection. In cases of this kind, a perfect recovery has been effected by applying caustic to the sides of the tumour, by burning moxa, or rubbing irritating substances on the spine, and by joining to these means the use of the cold bath and a tonic regimen.

When the same person is at once affected with gibbosity and secondary abscesses, there is no chance of his recovery.

Enough has been said to shew the extreme danger of caries of the spine, and the insufficiency of art in the treatment of it.

The spongy texture of the sternum renders it very liable to be effected with caries, the progress of which is, for the same reason, more rapid in it than in any other bone. The soft parts which cover the carious portion of bone, become inflamed, and abscesses form, which burst in a little time. The state of the bone may now be discovered by introducing a probe through one of these openings; and very often, besides the caries, it is found that an effusion of pus has taken place into the anterior part of the mediastinum. In which cases the probe penetrates more or less into the cavity of the thorax, and the pus constantly flows in greater or less quantity through the fistula: it most frequently happens that the stagnation of the pus, the morbid changes which it undergoes, and the effects of its absorption in this state into the system, render it necessary to apply the trepan to the sternum. Among the bad consequences of caries of the sternum, may be reckoned the destruction of a part of

the pleura, or even of the pericardium: although in the greater number of cases the former of these membranes becomes thicker in the part corresponding to the abscess, and sometimes cartilaginous, or even bony. The pulsation of the heart becomes very manifest by the destruction of the pericardium. Harvey profited of a case of this nature to shew this phenomenon to the King of England, and several other persons. But whether the thickening of a part of the pleura, or the destruction of a portion of the pericardium, be the consequence of the abscess, the cavity of the thorax, properly so called, is not opened in either case.

The treatment of caries of the sternum varies according to the circumstances of the case; it may be remarked however, that the particular structure of the bone renders a caries of it extremely dangerous. A spontaneous recovery is scarcely to be expected, although the following case furnishes an instance of it. A person convalescent from another disease, was suddenly seized with an acute pain behind the sternum; respiration became difficult, and a fever supervened. At length a tumour, with fluctuation, manifested itself a little lower than the middle part of the bone. A small portion of caustic pot-ash was applied to this tumour; and on dividing the crust formed by it, a great quantity of the pus flowed out and the patient felt much relieved. After opening the abscess, the suppuration gradually diminished, and the fistulous orifice was closed up in the space of a few months; during which time however, the patient resided in the country, and used a nourishing diet and tonic medicines. It ought to be remarked, that it is possible that the abscess may not, in this case, have proceeded from a caries of the sternum; and that the pus collected in the anterior mediastinum may have made its way outward through the opening which is often found in this part of the sternum.

The treatment of caries of the sternum does not differ from that which has been already generally described. Particular care must be taken however, that in applying caustics, their influence may not extend to the organs of respiration. But when instead of caustics, cutting instruments are used, the part affected, however extensive, should be totally removed. This operation is not attended with great danger, because the internal mammary artery, if opened, can be easily taken up. After the bone has been removed, the pleura, corresponding to the empty space, will be found to thicken in that part, and to acquire a cartilaginous hardness, so as to replace, in some degree,

the bone which has been destroyed. However, after the wound is completely healed, it will be prudent to cover the part with a piece of pasteboard or leather. If the carious part cannot be totally removed, it will be necessary to make two perforations in the lower part of the sternum, in order to give a free passage to the purulent matter. Though the disease will not be radically removed by this means, yet the sufferings of the patient will be considerably alleviated.

Caries of the ribs, or that of the bones of the pelvis, offers nothing particular, it is to be remarked, however, that when the posterior ends of the ribs, or the anterior face of the sacrum, are affected, secondary abscesses may take place as in similar affections of the vertebræ. Caries of the sacrum often succeed a gangrene of the soft parts which cover its convex side: in which case it will be necessary to wait a spontaneous exfoliation; or if nature does not appear adequate to that operation, and if a great quantity of fungous flesh be found to grow up through the carious bone, it will be necessary to apply the actual cautery, according to the rules already laid down. Liquid caustics are improper in this case, because by passing the large cancelli, they might penetrate to the sound parts of the bone, and occasion a necrosis of it.

Caries of the different parts of the iliac bone, and particularly of the cotyloid cavity, shall be treated of in the article on secondary or spontaneous luxation of the femur.

Caries of the extremities of long bones, as it usually accompanies white swellings of the articulations, will be considered in treating of the latter affections.

CHAPTER XXI.

OF EXOSTOSIS.

A SWELLING may take place in bones as well as in other parts, from a determination and accumulation of fluids; but there is a particular kind of tumour which forms on their surface, and which is denominated exostosis. This name, however, comprehends different species, which should be considered as distinct; thus that affection which has been described under the name of *spina ventosa*, or *osteo-sarcoma*, is a distinct disease: there is also another species of exostosis different from all others, and which consists principally in a thickening and tumefaction of the periosteum; it may very properly be termed *periostosis*. Exostosis, properly so called, is rare, the reason of which is easily perceived from the consideration of the hardness and consistence of the texture of the bones, the small number of their vessels, and consequently the difficulty of a copious influx of humours into them.

The tumefied portion of bone acquires in some cases such a hardness, that no remains of a fibrous structure can be distinguished in it, and it absolutely resembles ivory; in other cases it is spongy; and finally it may be composed of osseous and fleshy parts; this latter variety resembles very much *spina ventosa*.

The bones most frequently affected with exostosis are the broad bones of the head, the lower jaw, sternum, humerus, radius, cubitus, the bones of the carpus, the femur, and tibia. There is, however, no bone of the body which may not become the seat of this disease, and the affection may extend to a greater or less portion of it. It is not uncommon to find the broad bones of the cranium affected with exostosis in their whole extent; the *ossa parietalia*, for instance, sometimes acquire an inch in thickness from this morbid affection.

In most cases, however, the exostosis rises from the surface of the bone, and manifests itself as a hard round tumour. It sometimes appears towards the extremities of long bones, and

at other times, more or less, near their middle part; and it is remarked that exostosis originating from a venereal cause are found principally on compact bones, and such of these as are but lightly covered with soft parts, as those of the cranium and face, and the tibia at its internal side; whilst, on the contrary, those arising from a scrofulous diathesis appear on the spongy extremities of long bones, and on short ones of a similar texture. These two diseases are almost the sole causes of this topical affection of the bones. A cancerous or scorbutic diathesis seldom occasions it. They more commonly produce caries, by effecting a separation of the periosteum from the bone. It must be remarked, however, that exostosis and caries have the greatest affinity with one another; as is evident from the greater part of exostoses terminating in caries. J. L. Petit pointed out this analogy by a detailed comparison of the two diseases. The conversion of exostosis into caries takes place particularly in spongy bones, and in persons affected with scrofula. The ivory exostosis never terminates in caries.

Exostosis proceeds very rarely from an external cause, such as a contusion, though such a consequence is not impossible. In most cases it is produced by an internal disease, and principally by lues venerea, or scrofula, as already mentioned.

An enlargement of the extremities of long bones, that of the whole substance of short ones, joined to a swelling of the glands of the neck, a delicacy and whiteness of the skin, a fulness of the face, and tumefaction of the point of the nose and upper lip, are marks of a scrofulous diathesis.

The osseous system is attacked by the venereal disease only in the advanced stages of that disorder. The formation of exostoses from this cause is generally preceded by dull pains, which appear to be deep-seated, and which are generally most severe during the night.

An exostosis is always hard, but varies in size, and may be indolent or painful. By these marks, and by its firm adhesion to the bone, it may be always distinguished from every other kind of tumour. But if, on the contrary, the enlargement takes place in a short bone, and if its hardness, though considerable, be somewhat less than that just described, on which the finger can make no impression, it is probably a periostosis; which is by no means an uncommon symptom of the venereal disease. It is sometimes impossible to ascertain the existence of an exostosis before the patient's death; such was the case of an individual whose parietal bone had been found, after death,

to be three times thicker than natural. A similar case is related in the Memoirs of the Academy of Dijon. In this instance the person died from an exostosis on the internal side of the os pubis, which by pressing on the neck of the bladder prevented the passage of the urine, or the introduction of a catheter.

It is possible that the head of a luxated bone may be mistaken for an exostosis: this was the case with a young man whose clavicle was dislocated at that end of it attached to the sternum. The tumour formed by the end of the displaced bone, was mistaken for an exostosis, and was treated as such; but the inefficacy of the treatment induced the patient to apply to Desault, then head surgeon of *La Charité*. This practitioner recognized instantly the luxation outward of the clavicle. It is also possible, that the enlargement of the ends of bones of rickety persons may be mistaken for exostosis; but though this kind of enlargement does not constitute a real exostosis, yet it cannot be denied but that some analogy does exist between them. Another species of tumour which might be mistaken for an exostosis, is that formed by fungous excrescences growing from the dura mater, which, after having destroyed a part of the bones of the cranium, protrude externally; but the real nature of these may be discovered by an attentive examination of their consistence and progress, and by attending to the pulsation of them, which is evident and synchronous with those of the heart.

The effects of exostosis may be divided into general and particular: thus the swelling is accompanied by a sense of weight; pain is produced by the morbid action, and the affected part is necessarily deformed.

Its particular effects arise from its situation: thus, should an exostosis take place in the orbit, the eye would necessarily be expelled from that cavity; and an expulsion of the eye from that cause has in fact been observed. Should a tumour of this nature arise from the clavicle or sternum internally, it might occasion death, by compressing the principal blood vessels, arterial or venous. An exostosis of the pubis might, as already mentioned, occasion a retention of urine; or a similar tumour on any of the bones of the pelvis, internally, might render parturition in the natural way impossible.

The prognosis differs according to the nature of the primary disease from which the exostosis originates, and according to the particular change in the texture of the bone. Exostoses

from an external cause are much more difficult to cure than those arising from an internal one; because the latter may be combated by appropriate medicines; but in the former, no internal remedy can have any effect, and the extirpation of the tumour is the only expedient. An exostosis produced by a scrofulous diathesis is much more difficult to cure than that arising from any other constitutional disease. Unfortunately, medicines have been as yet found ineffectual in scrofula, and the practitioner has generally the mortification of seeing exostosis from this cause mock his general remedies, and pass on to a caries, to which it has a particular tendency.

The ivory exostosis, if situated so as not to impede the action of any organ, is the least dangerous of all; for although it be impossible to procure the absorption of this tumour, in which no vessel, nor fibre, nor pore, can be discovered, and which appears a compact and homogeneous mass, yet after it has gradually acquired a certain volume, which is never very great, it becomes stationary, and causes no inconvenience, but that arising from its weight.

Our complete ignorance of the pathology of exostosis, or of the manner in which it is formed, accounts for the imperfection of our treatment of it. The opinion of J. L. Petit, relative to it, is at present totally abandoned: that author attributed the greater part of the diseases of the bones to a defect of elasticity in the periosteum. We find nothing more probable in the opinion of a more modern author, who attributes exostosis to a diminution of the natural quantity of phosphoric acid.

We shall however endeavour to lay down some principles for the treatment of it. The first step to be taken, is to discover the primary disease, which when once ascertained, must be the principal object of treatment.

If the patient has formerly laboured under a venereal affection, which he has reason to think has not been totally eradicated, or if there are venereal symptoms present, the exostosis may be safely attributed to that disease. It may be observed here, that a venereal taint which has been but partially combated, is more difficult to remove than that for which no remedy has been used. At all events, mercurial preparations are to be judiciously administered, and the use of them persevered in until all the venereal symptoms disappear.

This mode of treatment is certainly the most efficacious; but should the evil resist the use of the milder preparations of mercury, it must be given in small doses, in the state of corrosive

sublimate, which may be advantageously dissolved in a decoction of sarsaparilla, or other sudorific article. If mercury in any form does not agree with the patient, sudorifics alone must be used: three glasses of a strong decoction of sarsaparilla and guaiacum, in which a few grains of alkali may be dissolved, are to be given daily; and the tumour is to be covered with a mercurial plaster. If the pain be very great, and prevent sleep, some opium may be added to the plaster. This latter application sometimes affords very considerable relief.

When the anti-venereal treatment has been continued for two months or more, if the venereal symptoms disappear, and the exostoses diminish in size and become indolent, it would be useless or even pernicious to persevere in the use of the general remedies. It is not unfrequent to find an exostosis which was only a symptom of syphilis continue after the removal of the general disease, particularly when the infection has existed for a length of time in the system. The topical affection should in this case be left to nature, if its situation do not impede the action of some organ essential to life; under which circumstances, its removal by an operation becomes necessary.

In treating a venereal exostosis by mercurial remedies, it is of the utmost importance to regulate their use in such a manner as that the mouth may be but slightly affected, and a salivation avoided. Little reliance can be had on the topical applications, with which the tumour is generally covered; nor can it be reasonably expected that they should act effectually on the osseous system, through the integuments and soft parts. Hemlock plasters, and similar applications, only irritate the skin, and occasion erysipelas and excoriations, which add to the sufferings of the patient.

The scrofulous exostosis is opposed by the internal use of tonic medicines, by the application of discutients to the part, by sea-bathing, or by pumping on the part water in which some alkali has been dissolved. But often all our endeavours are fruitless; the exostosis degenerates into caries; the soft parts which cover the diseased bone become inflamed, and abscesses are formed, the openings of which become fistulous. The slow fever which ensues from the absorption of the pus and the copious discharge, exhaust the patient's strength, and the only resource that now remains is amputation; but this even is sometimes impracticable, from the situation or extent of the diseased part.

When, as is generally the case, the scrofulous exostosis terminates in caries, the treatment will be the same as if caries had supervened without being preceded by exostosis.

The scorbutic exostosis requires the same treatment as the disease of which it is a symptom. As to the cancerous exostosis, which is as rare as the scorbutic, its cure is as difficult as that of cancer itself. When the part cannot be extirpated, opiates and other palliative means are to be had recourse to.

If the disease has originated from an external cause, or if it be merely local, the primary disease of which it was a symptom being removed, it is best to leave it to nature. The use of caustics, or the actual cautery, occasions much pain, and, instead of doing good, adds to the evil. This is the case with an unfortunate woman, who had caustic applied to an exostosis of the internal side of the tibia; but which, instead of removing the exostosis, produced a necrosis, of which she is not yet well, though two years have elapsed since the application of the caustic. However, should the tumour, from its situation or size, press on, and derange some important organ, as the eye for instance, which it may turn to one side or the other, or totally expel from the orbit, it will be necessary to proceed to the following operation.

If the tumour rise from one of the broad bones of the skull, to which it is connected by a narrow neck, the integuments over it are divided by a crucial incision, and dissected from the bone. The periosteum is then to be cut round the neck of the tumour, which is finally removed by a thin sharp saw. This mode of operating is much to be preferred, even when the neck of the tumour is not very narrow, to that in which a chisel, and mallet of lead, are used; for the concussion given to the brain by the latter mode may bring about the worst consequences. If the base of the tumour be so thick, that it cannot be sawed through by a small fine saw, it will be necessary to divide it into several parts by vertical sections, which parts may be easily sawed through in succession.

When the chisel and mallet are used, it will be necessary to fix immovably the part to be acted on, and to direct the chisel obliquely, so that its action by cutting may be increased. If after having removed in this manner the greater part of the tumour, its base be found carious, it will be necessary to remove by the chisel, or even a scraper, as much as possible of the diseased part, and to destroy what remains by the actual cautery.

If the tumour to be removed by the chisel be very thick, it will be necessary to make holes in it in different points by a perforating instrument, by which means its basis will be diminished, and its removal facilitated. After the tumour has been removed, granulations sprout from the surface of the bone, and in a little time the wound is cicatrized. But I must remark, that cases rarely occur, in which it would be justifiable to perform this operation, and that in by far the greater number of instances the local affection is much less to be dreaded than the means used for removing it.

We have designedly omitted mentioning the lamellated exostosis, in which the internal part of the diseased bone is converted into flesh. This species of disease has been improperly confounded with exostosis, but it more properly belongs to those classed under the general name of osteo-sarcoma.

CHAPTER XXII.

OF OSTEO-SARCOMA.

WE comprehend under this denomination all the osseous tumours to which authors have given the different names of spina ventosa, pœdarthroceæ, and osteo-sarcoma; but in collecting them thus under one general name, we do not mean to say that these different denominations refer to a single disease, but merely that they have, notwithstanding their differences, certain points of resemblance which justify this classification. It is extremely difficult, says Marcus Aurelius Severin, to ascertain to what kind of organic lesion this affection is to be ascribed.* The bone affected is sometimes totally converted into a soft, lardy, homogeneous substance, resem-

* Non est sanè facile decerni quo sit genere censendus hic affectus. Mar. Aur. Sev. de Pœdarthroceæ.

bling a cancerous gland. At other times it is filled with fungous flesh, which is covered exteriorly by a thin plate of compact substance, perforated by a great number of holes; finally, there are cases in which the bone becomes reduced into a soft gelatinous substance. We shall give a remarkable example of this species at the end of this chapter.

The first species or variety which we have mentioned is that which merits particularly the name of osteo-sarcoma, which signifies, in itself, the conversion of an osseous substance into flesh: it may be doubted, however, if the name of flesh be properly applied to this substance, which resembles rather a scirrhus of soft parts than flesh, and which presents no mark of organization. The soft parts which surround a bone thus affected participate in the disease, which is always announced by very acute pains, and which originates sometimes from an internal disease, and particularly from the cancerous virus; at other times, from an external cause, as a violent contusion: in many cases it can be traced to no cause.

The second species, named *spina ventosa*, or *pœdarthrocace*, consists in a swelling of the head or body of a long bone, in such a manner as that its cancelli become very much enlarged. The medullary membrane which lines these cancelli becomes thick, and granulations sprout from it, which destroy by their growth the substance of the bone, so that there only remains an external shell filled with small holes. To this species must be referred the swellings of the articulations of the phalanges, arising from scrofula, and which often lead to the necessity of amputating. This operation should not, however, be hastily recurred to, as nature sometimes effects a cure in which she may be aided by bathing the parts in a diluted solution of potash or soap-water. When a bone that has been thus diseased is macerated, the internal fleshy substance separates, and the dilated bone remains a mere empty and brittle shell.

In every species of this disease, the pains are at first dull and deep-seated, but in a short time they become more intense, and the volume of the bone increases, though the soft parts appear yet in their natural state. The latter, however, soon become red and inflamed, and abscesses form in them, which burst, and their openings degenerate into *fistulæ*.

The osteo-sarcoma, of whatever species, is in general a dangerous disease, and often requires the amputation of the part affected. When a tendency to this disease from a venereal cause is discovered early, its progress may be prevented; but

if the disorganization of the bone has once taken place, its structure can never be restored. The swellings of the extremities of the phalanges of the fingers and toes are the least alarming of all affections of this kind. They seldom render amputation necessary; in general, the wound in the integuments puts on a more healthy appearance, the fistulæ dry up and heal, and the patient recovers, but with the loss it is true, of the motion of the joint.

When the structure of a large portion of bone is disorganized by osteo-sarcoma or spina ventosa, and the patient harassed by acute pain, and exhausted by slow fever, diarrhœa, and colliquative sweats, it will be necessary to amputate the part, if the operation be practicable. But should the extent or situation of the evil render amputation useless or impracticable, all that can then be done is to support the patient's strength by an invigorating diet and tonic medicines, and palliate his sufferings by means of opium.

Amputation is generally successful, except in cases of real osteo-sarcoma, which, absolutely analogous to a carcinomatous affection of the soft parts, takes deep root, and may, like it, attack the bone again after this operation has been performed. This return is particularly to be apprehended when the lymphatic glands in the neighbourhood of the diseased part are swelled and indurated.

We have spoken of a particular disorganization of the bones, in which their substance, and that of the surrounding soft parts, become soft, and are converted into a gelatinous mass. The following case presents a remarkable instance of this species of osteo-sarcoma.

A priest, aged forty-seven, fell as he was running in the Rue de Barres, the 13th Vendemaire, year 7, and received a contusion on the right shoulder, which was not, however, so considerable as to prevent him from attending to his usual occupations; both pain and contusion vanished in a short time. Four months after he felt intermittent pains in the right arm, which were relieved by extending the arm forcibly. A tumour as large as an egg manifested itself near the shoulder, the pain arising from which was assuaged by volatile liniment; but it soon became very acute, and the arm lost the power of motion. He was received in this state into the Hotel-Dieu, where he remained two months, during which time the shoulder was kept covered with emollient poultices. The pain diminished, but the tumour, which had been stationary, increased rapidly

in size, and extended over the shoulder and into the armpit. After leaving the Hotel Dieu, he remained with his friends until the 2d Ventose, year 9, when he entered the hospital of St. Louis. The tumour, or rather the shoulder (for that part, though much increased in size, had not lost its natural shape), was moveable, though it appeared to be connected by some points to the side of the thorax: it was equally hard and elastic in every part, but little eminences were formed on its surface. The skin, though very much distended, had preserved its natural colour, and a considerable degree of pressure might be made on the tumour without increasing the pain. The right trapezius muscle, which supported principally the weight of the tumour, was much extended, and drawn into the shape of a cord visible through the skin. The pain appeared to be produced by the extension of the skin and compression of the auxiliary plexus of nerves: its violence was considerably diminished by emollient applications and by the use of opiates, the dose of which it was found necessary to augment when the atmosphere seemed overcharged with electricity; as the pain was then much increased, and seemed to dart in different directions through the tumour with the rapidity of lightning. The great extent of the swelling of the lateral and superior parts of the thorax, our ignorance of its nature, and of the real state of the articulation, prevented us from amputating at the shoulder joint.

The tumour continued to augment, and the pains to become more intense; the emaciation and debility increased; opium could no more procure sleep or diminish pain; diarrhoea came on, and the patient died on the 2d Fructidor, five months after his entrance into the hospital of St. Louis. The tension of the skin of the tumour seemed to diminish, and the tumour itself to collapse, on the moment of the patient's death. Its circumference was still thirty-six inches, and its diameter sixteen: its weight, with that of the arm, was about thirty-three pounds, while that of the other arm was only about six, which left a difference of twenty-nine pounds. When the skin was thus relaxed, a fluctuation was perceptible, which could not be felt before, unless in the little eminences on the surface, which were liable to disappear and change their situation. A trocar was twice plunged into the tumour in different parts, yet no fluid escaped. I then opened it in presence of Citizen Lassus, Thouret, and many other practitioners.

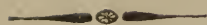
The skin was thinner than natural, and its texture decomposed: that is, the fibres and lamellæ of which it is composed

were separated and distinct. The muscles, and particularly the deltoides, were extremely emaciated, and seemed to form a second fleshy covering not more than one line thick. A yellow gelatinous mass was found in the centre, and which resembled, in many respects, jelly in which some blood had been mixed. The humerus was nearly destroyed to its inferior extremity. The nerves and arteries, pressed against the integuments, did not seem to have been injured. The surface of the glenoid cavity was destroyed, and converted into a gelatinous substance. A chemical analysis of this substance proved it to be composed of a great proportion of gluten, a small quantity of albumen, and some salts. The clavicle was found in a healthy state, and no part of the scapula was affected but that which forms the glenoid cavity.

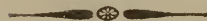
The diseased part has been preserved, and deposited in the Anatomical Gallery of the School of Medicine of Paris; where also may be seen a drawing of the tumour in the last stages of the disease. An idea of it may be formed from an attentive examination of a drawing given by Marc. Aur. Severin* of a Spaniard who died of a similar tumour.

There are other examples of similar tumours. Citizen Lassus has collected the particulars of a great number of cases of this kind, and has made them the subject of an Essay presented to the School of Medicine.

* *De recondita Abscessium Natura*, edit. de Leyd.



VOLUME II.



A TREATISE,

&c.

CHAPTER 1.

OF RICKETS.

THIS disease is most generally met with in young children, and but very seldom in adults; however, persons that have suffered from it in their youth, may be attacked with it after puberty. The memorable case given by Morand in the *Memoirs of the Academy of Sciences*, 1753, furnishes a remarkable instance of its attack after this period of life.

The bones of the fœtus whilst in the womb may be affected by it: Pinel has given, in *Fourcroy's Journal*, a description of the skeleton of a ricketty fœtus. But it most generally manifests itself from the sixth or seventh month, to the fourteenth or fifteenth, or much about the period of the first dentition. J. L. Petit, and many others, have considered difficult cutting of the teeth as a principal cause of it.

It is not as yet decided whether this disease, the characteristic mark of which is a softening of the bones from a deficiency of phosphate of lime, be a primary affection, or a symptom of scrofula, lues, or scurvy: Doctor Portal maintains the latter opinion.

We will observe, however, that there seems to be a great connexion between rickets and scrofula: the swelling of the mesenteric glands, the colour of the skin, the flaccidity of the muscles, and other symptoms observed in rickets, are marks of a scrofulous diathesis.

Whatever may be its cause, its progress is as follows: the child generally suffers from cutting his teeth, and is tormented for some time by a continual diarrhœa; at length the belly swells, and becomes hard and tense; the skin is now dry and scaly: the limbs diminish in thickness, and the whole body becomes emaciated; the ends of the bones swell, and the joints of the extremities appear like so many knots; the bones lose their consistence, or become flexible, and the muscular substance decays. The patient, reduced to this miserable state, is incapable of moving, and every effort he makes, or even the weight of his body, bends the bones. The head preserves, however, its natural size, and in most cases becomes even larger than natural. The brain, which does not seem to share in the general dissolution, becomes evolved, its extension not being opposed by the softened bones in which it is included, and the understanding is prematurely developed. The eyes have an uncommon brilliancy, and all the senses are extremely acute: however, cases have been met in which great marks of stupidity or dulness accompanied the disease.

The affection does not always stop here; sometimes the bones become carious, or a white swelling appears in some of the joints; either of which in general proves fatal.

The vertebral column is particularly liable to be affected by rickets, and the disease is sometimes confined to it alone. When the cervical vertebræ are attacked, the anterior part of the neck projects, and the head falls backwards, and appears sunk between the shoulders. When the affection is general, the vertebral column becomes shorter, and is curved in various directions; the breast becomes deformed, not only in consequence of the curvature of the spine, but by the depression of the ribs and projection of the sternum; the bones of the pelvis fall inwards, and generally the pubis approaches the sacrum; and the diameters of the pelvis are so much diminished, that, parturition must be rendered difficult or impossible. However, some women deformed by rickets, bring forth full-grown children, without any difficulty; but I believe that in such cases the rickets come on after puberty, at which time there is much less danger of the pelvis being affected than in infancy.

The curvature of the clavicles increases, and becomes more prominent anteriorly; the scapulæ grow shorter; the humeri become curved outward towards their superior part, whilst their inferior is carried forwards; the bones of the fore-arms are curved in the same manner; but the superior extremities, as they do not support any part of the weight of the body, are always much less deformed than the inferior, and they are always bent towards that side into which the most powerful muscles are inserted.

The bones of the thighs are curved forwards or outwards, the anterior and external parts of the thigh becoming more prominent; the neck of the femur, from being oblique, becomes perpendicular with the body of the bone; the knees fall inwards; the internal and anterior sides of the tibia become convex, and the external side of the legs concave; the feet are thrown outwards, not only on account of the knees falling in, but also, because the inferior end of the fibula cannot sufficiently oppose the abduction of the foot.

Nothing certain has been ascertained as to the proximate cause of rickets; conjectures however have not been wanting on this subject. Some have supposed that the bones are deprived of their phosphate by an acid; but what acid is this? How is it generated? Does the acid smell of the breath of the rickety patient indicate any thing respecting it?

Is the softening of the bones owing to a defect of reparation, while their ordinary loss is going on? or is there a disease in the bones by which they are decomposed and consumed, whilst the digestive organs do not furnish a sufficient supply of calcareous phosphate? or is the passage of this salt from the chylipoetic viscera prevented by the obstruction of the mesenteric glands? We must acknowledge that rickety patients, notwithstanding their voracious appetite, appear to digest their food but badly, and that the passage of the chyle must be impeded by the obstruction of the mesenteric glands, in which calcareous concretions have been found; lastly, does the chyle contain a less quantity of phosphate of lime than natural? or does this salt, instead of being deposited in the bones, pass to other parts? and what is the cause of this deviation?

If the body be anatomically inspected after death, the parts will be found in the following state:

The muscles are pale and emaciated; the cellular substance is quite destitute of fat; the brain is in general found larger than natural, soft, and containing a preternatural portion of

humidity; the spleen and liver are flaccid and enlarged; the intestines are pale, or rather whitish; all the lymphatic glands, especially those of the mesentery and bronchiæ, are enlarged, and the latter sometimes suppurated; the bones, reduced to their fibrous state, are flexible, bent in several directions, and easily cut.

There have been various opinions as to the cause of the curvature of the bones. Glisson, who wrote towards the middle of the seventeenth century, is the first who expressly treated of rickets: his explanation of the curvature is as follows:

The humours, says he, that go to nourish the bones, are accumulated more on one side than on the other, and thus curve the bone, or make it incline to the opposite side, in the same manner as a column might be curved by introducing in the same line, and on the same side, wedges between its different parts. But how is it proved that the humours are deposited on one side in preference to another? and how comes it that the curvature takes place in most persons in the same direction?

Mayow, an English author, gives the following hypothesis: the tendons being dry and shortened, oppose the elongation of the bones, and bend them in the same way as a young tree is bent, by bringing both its ends towards one another by means of a cord. But, without having recourse to this far-fetched comparison, we find an easy and natural explanation of the fact in the effects of the weight of the body, and muscular contraction. The deviations are in general an excess of the natural curvature; and it is easy to conceive that the weight of the body, and muscular action, which produce this natural curvature, may occasion an excess of it, when the bones are incapable of resisting the forces that act on them. It is also found that the natural as well as the diseased curvature is always in the direction in which the most powerful muscles act; thus the tibia and fibula are curved outwards and backwards; and the femur is curved inwards and backwards, the muscles of the internal and posterior part of the thigh being more powerful than those of the external and anterior.

Rickets is an hereditary disease in some families, though parents that have been affected with it, have sometimes a healthy and robust offspring. I think it can be traced, in some instances, to a venereal taint, which, though not the immediate cause, is very often an exciting cause of it and scrofula. At least, it is certain that syphilis transmitted from pa-

rents to their children, appears in the latter in a manner very different from that in which the former are affected. Thus we find, that the children of the indigent and profligate are those most generally affected with rickets; but at the same time it must be allowed, that there are many circumstances which conduce to this disease; such as a damp and cold residence, impure air, inattention to cleanliness, and a deficiency of food.

Though we do not fully adopt the opinion of Petit as to the influence of dentition, still we must allow that the action then going on in the osseous system, must be intimately connected with the cutting of the teeth; and that difficult dentition, the pain and bowel complaints arising from it, may favour, in a powerful manner, the action of the exciting causes of rickets.

It is singular enough that the teeth preserve their hardness, though they become loose from the softening of the alveolar processes: the softening of the jaw bones is sometimes attended with excessive pain, but at other times it takes place without any pain at all.

The prognosis is always unfavourable in rickets; there is no medicine which acts directly against it: and even in the most favourable cases it is impossible to guard against deformity. However, the danger to life is great in proportion to the number of bones affected, the more or less speedy progress of the disease, and the age of the patient. Children at the breast are in greater danger than those that have reached three or four years. If the bones about the thorax be considerably affected, the cavity is diminished, the lungs are compressed, the function of respiration goes on imperfectly, and hence a number of diseases which are fatal of themselves.

Sometimes the disease advances but slowly, and the patient arrives at puberty before he is quite well; but the great revolution that takes place in his system at this time, arrests the progress of the complaint. Measles, small-pox, and other diseases to which children are subject, have sometimes brought about this happy termination: the limbs recovered their size, the enlargement of the joints disappeared, and no mark of rickets remained but the deformity.

We know of no medicine which can be said to possess any efficacy in this disease: tonics are indicated, and they should be used. But the principal advantage is to be derived from general treatment: the patient, if resident in a city, is to be removed to the country, where an elevated and dry situation

should be chosen; he is to be supplied with a nourishing diet, and a moderate quantity of wine. But as the poor, among whom the disease is most frequently observed, cannot change their residence, they should be placed in the highest apartment of the house, which should be kept well ventilated; and in the warm season the patient covered with a shirt, should be exposed for a considerable time every day to the sun; care, however, should be taken that his head be protected against the influence of the rays.

The bed on which rickety patients lie, should consist of nothing more than a hair mattress, or oaten chaff; or it might be made of dried fern-leaves, among which some aromatic herbs were mixed. Such beds are much better than those made of feathers; for they do not yield to the weight of the body, and they are much drier. If the patient be very young, he should be placed on his back, so that the weight of his body may have as little influence as possible on the bones; but as it is painful to remain constantly in this position, he may be allowed to sit up now and then, but not on a soft chair: he is to be placed on a seat capable of making a uniform resistance, with a high straight back, and without arms. If the seat were soft, the patient, to find a *point d'appui*, would incline forwards; and if it had arms, were he to lean on them, his shoulders would be raised, and the cervical vertebræ curved forwards. He should not be allowed to walk for a considerable time; for at first he will be incapable of doing so without assistance, and the strings and ribbands necessary for supporting him, contribute, by pressing on the parietes of the thorax, to deform that cavity.

Frictions are useful. They may be made either with dry flannel, impregnated with aromatic vapours, or with flannel wet with mint, rosemary, lavender, or other aromatic waters. A hair brush, much used by the English, is an excellent instrument for this purpose. Frictions determine the fluids to the surface of the body, promote perspiration, and increase the circulation.

The clothing should be wide, and composed of materials which are light, and which do not transmit freely the heat of the body. If the patient be a child at the breast, the nurse's qualities should be inquired into; if she is feeble, unhealthy, or pregnant, the child should be committed to another nurse, possessing the very opposite qualities. If the child be weaned, he is to be nourished with well-fermented bread, and animal

food simply roasted; and wine is to be allowed him in small quantities, often repeated. As to exercise, if it do not increase the curvature of the bones, as much of it should be taken as will not fatigue the patient; and when the softness of the bones is such that any exercise which would require considerable muscular action cannot be used, riding in a carriage, or sailing, should be had recourse to.

Independently of the general means just pointed out, there are particular remedies which may be used in cases to which they are adapted.

If the patient suffer from dentition, that is, if he be tormented with griping pains and diarrhœa, or if he shriek severely now and then, and have convulsive twitches, opium should be given. If he be troubled with worms, rhubarb and other supposed vermifuge medicines may be administered.

It is very common to find rickety patients troubled with worms: the weakness of the alimentary canal, and the quantity of mucus collected in it, favour the generation of worms, the existence of which in the intestines is indicated by colic pains, itching of the nose, acidity of the breath and perspiration, dilation of the pupil, &c. &c.

We may endeavour to discuss the swelling of the mesenteric glands, by small doses of infusion of rhubarb, and by repeated frictions on the abdomen. I am confident that much benefit might be derived in these cases from making the patient laugh heartily every day, by tickling him: in this convulsive motion, the organs contained in the cavities of the thorax and abdomen are agitated and pressed in every direction, and the motion of the fluids in their small vessels is accelerated.

If it appear that syphilis or serofula has had any share in producing the rickets, the treatment applicable to each of these diseases should be had recourse to. In case of a venereal taint being the cause, tonics should be combined with the use of mercurials; for the latter, by inducing debility, accelerate the progress of the rickets.

The knowledge of the cause of the softening of the bones, necessarily leads to endeavours to obviate it, or repair the injuries it occasions. But how are we to introduce a sufficiency of phosphate of lime? How are we to stimulate the absorbents, and make them take up a greater portion of this salt? And, supposing that this could be effected, how can we cause it to be deposited in the bones? Maddar, from its known property of tinging the bones red, was supposed to have a particular action

on the osseous system, but it is now well ascertained that it has no greater effect in rickets than any other bitter plant.

Thus it appears that our chief object in treating this disease, is to restore general health and strength as much as in our power: the general treatment already pointed out, is what is most to be depended on for this purpose, but it may be assisted by the use of bark and other tonic medicines.

Mechanical means have been proposed for obviating the effects of this disease. It is nearly useless to attempt using any machines with very young children, and it is also impossible to confine them on their back in bed; besides, it would be extremely injurious to keep them confined in this posture: the continued extension of the limbs, and the inactivity of the muscles, would add to the general debility, and consequently increase the disease. Splints, then, applied to the limbs, strong leather boots, and the apparatus for the spine, are really useful only in cases in which the patient is of a certain age, and when the progress of the disease is gradual, and the strength not too much exhausted; and even in most of these cases, the inactivity necessarily occasioned by these machines, is productive of disadvantages which are not compensated by their good effects. Apparatus of this kind are fitter for correcting vicious attitudes contracted by healthy children, than deformity arising from rickets.

CHAPTER II.

OF THE FRAGILITY OF BONES.

WE have seen that a softening of the bones may be produced by a deficiency of phosphate of lime: we shall now consider a disease of an opposite character, which consists in a deficiency of the gelatinous part. This substance, to which bones owe their flexibility, and in which their vitality resides, may be so deficient in them, that they will break on the application of very slight causes. This disease has been called friability, or fragility, from the tendency of the bone to crumble or fall in pieces. The state of the bone, in this case, may be well conceived from that of a calcined bone.

This affection is a natural consequence of old age. The proportion of phosphate of lime deposited in the osseous tissue, increases as we advance in life, and that of the organized part diminishes in a similar proportion; so that a period arrives at which the quantity of the former so much predominates, that the bones, dead as it were before life abandons the other parts, break on the slightest occasions.

The disease at this period of life is necessarily incurable. If the fractures be reduced, and an apparatus kept applied on the limb for several months, no progress towards consolidation is observed. Tonics and stimulants are of no use. There are so few vessels in the bones capable of conveying fluids, that no granulation form.

A similar fragility of the bones is observed in adults; but in them it arises from a venereal, scrofulous, or cancerous taint.

When the whole mass of fluids is infected with the matter of cancer, it sometimes happens that this virus attacks the bones, destroys their vital parts, and renders them as brittle as if they had been calcined. Saviard and Louis mention cases of this kind. The latter relates the case of a nun who attended *La Salpêtrière*, who broke her arm by simply leaning on a servant as she was entering a carriage. A very singular case of this kind is related in the *London Medical Journal*; this un-

fortunate person could not turn in bed without fracturing some bone.

This alarming symptom is completely irremediable when it arrives at this stage.

The bones are sometimes remarkably brittle in the latter stages of syphilis. In such cases the primary disease claims our chief attention.

The bones in the latter stages of scurvy become so brittle, that they break on slight occasions, and do not consolidate afterwards. Mead observed, that scurvy was very unfavourable to the consolidation of fractures, and that in some cases of sailors which he observed, the callus was destroyed by scurvy after it had been formed.

If the bones of a scorbutic person be boiled, the periosteum separates very soon, lamellæ scale off, and, in some cases, the bone dissolves entirely. They also fall into powder if kept for some time, but particularly if exposed alternately to heat and moisture.

We may conclude from the preceding observations, that fragility is rather a symptom of senility, or of some disease that affects the bones, by destroying their organic parts, than a primary disease. We should not have consigned a chapter to it, did we not hope, that the etiology of rickets may in time be elucidated by a comparison of these two affections.

CHAPTER III.

OF SPRAINS.

SPRAIN may be defined, a more or less violent tension of the ligaments and other soft parts surrounding an articulation; the tension may be carried so far as to burst and lacerate many of the ligaments. All the articulations are not equally liable to this accident; those which admit of an extensive and free motion, all the round or loose articulations, in which the bone moves in a variety of directions, as the articulation of the os humeri with the scapula, and that of the femur with the ossa innominata, are very little subject to it. The latitude of motion they admit of, the small number, laxity, and particular structure of their ligaments, render them more liable to luxations from inconsiderable efforts, than to sprains. In the articulations by ginglymus, on the contrary, in which the motion is confined to two ways by the reciprocal conformation of the surfaces of the joint, and by strong and numerous ligaments, sprains take place oftener than luxations. Of this kind of articulation is that of the foot with the leg, in which the astragalus, received like a tenon into a quadrangular cavity, is surrounded on all sides by very strong ligaments. Next to the articulation of the foot comes that of the wrist, then those of the knee and elbow, in which a sprain rarely occurs.

The nature of the affection may be thus explained: suppose the foot or hand to be fixed, and the leg or fore-arm pushed forwards in any direction, the ligaments placed on the side against which these parts are forcibly propelled, will be put in a considerable state of tension, and strained; the tension may be carried so far as to lacerate the ligaments, of which there have been many instances. The tendons, and other soft parts, such as the nerves, vessels, and even the skin, are overstretched and pained. Those parts placed on the side towards which the displaced bone tends, are more or less injured in the angle which intercepts the luxated bones: they experience a contusion,

by which the small vessels are bruised and lacerated, and a considerable ecchymosis produced. The tension to which the parts of the joints are subjected in sprains, is not then confined to the ligaments alone, it extends to all the parts in the neighbourhood; this gives an explanation of the sharp pains that accompany them, and of the inflammatory swelling which succeeds. In fact, although ligaments are endowed with a peculiar kind of sensibility, which renders the extension of them painful, nevertheless, they do not possess a sensibility so exquisite as that the irritation of them alone could cause so much pain, and such a considerable inflammatory determination, as that frequently occasioned by a sprain.

A sprain, then, in the moment of its production or taking place, consists only of the tension, and sometimes laceration of the soft parts surrounding an articulation; but the pain which arises from it, quickly determines the fluids to the irritated part; a swelling more or less considerable supervenes; the skin often appears black, livid, and spotted, from the infiltration of the blood which escapes from the ruptured vessels into the cellular texture.

When both parts of the affected articulation are formed of many bones, it may happen that the ligaments which unite them may be torn, and the extremities of the articulations disjoined and separated from one another. This diastasis has been observed in the inferior extremities of the tibia and fibula, in those of the radius and ulna.

When the sprain is slight, the pain produced by it gradually diminishes, the swelling is resolved, the ecchymosis extends and disappears, the motion of the parts becomes easy, and at the end of some days the articulation is restored to its natural state. Nevertheless, if the sprain has been considerable, and especially if very strong ligaments, such as the internal ligaments of the articulation of the foot with the leg, have been partially or entirely torn, nature requires a considerable time to unite the divided part; the joint with difficulty acquires strength, and a feebleness remains in it, which disposes it to the same accident.

A sprain is easily distinguished by attending to the history of the circumstances relating to it, such as a fall or false step, in which the foot or wrist, as the vulgar say, has been more or less wrenched. The state of the articulation that has suffered, ought however to be attentively examined, in order to discover if the ligaments have been lacerated, or if a disloca-

tion of the extremities of the joint be combined with the sprain. When the parts admit of motion in every direction, however difficult and painful it may be, we conclude that a simple sprain, and not luxation, has taken place.

The prognosis is unfavourable, in proportion as the extension and laceration have been considerable. In scrofulous persons sprains are very dangerous, because they often give rise to white swellings.

The treatment of sprains varies according to the continuance of the affection. Should the surgeon be called in on the moment that the sprain has taken place, he should endeavour to prevent the effects of the irritation caused in the strained joint. For this purpose the diseased part is to be plunged into cold water, or still better into powdered ice. The brisk impression occasioned by the cold, constricts all the parts, and diminishes the diameter of all the small vessels, so much, as to prevent the admission of the blood determined to them by the irritation. Besides, the extreme cold, by diminishing sensibility, abates the irritation itself, and thus in two ways prevents the influx of fluids. But to derive from refrigerants all the advantages that may be expected, it is not enough to leave the diseased part exposed to them for half an hour, or even an hour; it must remain immersed in them during several hours, and they must be renewed as they acquire heat, so that their action, at once repellant and sedative, may preserve the same energy. These means, if not continued for a certain length of time, far from being useful, do an injury, by exciting a reaction which determines the humours to the part where the irritation had already too powerfully invited them. Should a woman have her menses when this accident happens, these means could not be had recourse to; the immersion in cold water would almost infallibly suppress the menstrual discharge, and induce a disease more grievous than the sprain itself. The same would be the case should we have to treat a person with delicate lungs. When the part is removed from the ice, it must be covered with cloths soaked in cold liquids, such as vegeto-mineral water, spirit in which camphor or sal ammoniac has been dissolved, a mixture of vinegar and water, &c. with which the part is to be continually moistened. By a treatment of this kind, a violent sprain often produces only a very moderate swelling, and the disagreeable consequences are never completely developed.

It is scarcely necessary to condemn here the absurd practice of ignorant bone-setters, who agitate, twist, and press the affected joint in every direction, or advise the patient to roll a cylinder of wood under the sole of the diseased foot. The repellent mode of treatment can be successful only shortly after the accident has taken place; at the end of twelve hours, the irritation which has not been subdued, and the effects of which have not been prevented, has already produced an influx of humours, with swelling, pain, and inflammatory tension of the adjacent parts. It then becomes necessary to take a quantity of blood proportioned to the age and temperament of the patient, the degree of the sprain, and severity of the symptoms.

Emollient cataplasms are applied, with the view of relaxing the solids, and of abating irritation; the use of them is to be continued as long as the inflammatory tension and pain are present; but when the swelling begins to be resolved, which change is announced by the subsiding of the tumour, the wrinkling of the skin, the extension of the ecchymosis over the limb, which becomes yellow, resolvents are to be combined with the emollients: for this purpose a poultice composed of crumbs of bread and linseed meal boiled in wine, or in a strong decoction of elder-flowers, is applied; the cataplasms are to be rendered more and more resolvent, and towards the end of the complaint, resolvents only are to be used: lastly, solvents, such as styrax-plaster, sprinkled over with the flower of sulphur, &c. &c. are to be substituted for them, and pumpings with water in which some sulphuret of potash has been dissolved, or with natural or artificial warm waters, are to be prescribed.

The diseased part must be kept in a total state of inaction for as long time as possible, and the limb preserved in the horizontal posture, which favours the subsiding of the tumour, by facilitating the return of the fluids. The patient should not be allowed to walk, or make use of his wrist, until the pain has entirely vanished; he should even be informed that the pains will return, and be felt at intervals for six months or a year, and also advised not to fatigue too much the weak joint. A roller is to be firmly passed round the foot and leg: by this precaution the œdematous swelling of the limb will be prevented, which, without it, would inevitably take place. This treatment is indispensably necessary, when the sprain is accompanied with a complete or incomplete rupture of some ligament, and with the separation or diastasis of the ends of the

joint, a complication which renders the cases more serious, and the cure more tedious and difficult.

If the sprain be badly treated, or if the patient use the affected joint before all the symptoms entirely disappear, some swelling still remains in the part; soon, in consequence of some stress, the pains that were only lulled, re-appear, the swelling increases, but in a slow manner, and assumes the appearance rather of an indolent than inflammatory tumour, being very hard and without any change of colour in the skin; and in time it extends to all the ligaments and soft parts in the neighbourhood of the joint. The healthiest and most robust persons may have tumours of this kind supervene, as the consequence of ill-treated sprains. Nevertheless it is certain, that the existence of a scrofulous diathesis gives a strong predisposition to them: in this latter case, the sprain may be considered the exciting cause of the disease, which attacks an enfeebled and pained part predisposed to it. However, sprains that have been neglected, often render amputation necessary, on account of the enlargement and caries of the bones that succeed to them.

It may suffice for us to say, without giving the particulars of numerous instances of this melancholy termination, that sprain, an affection so trifling in the eyes of the vulgar, is one of the most frequent causes of diseases of the joints, which, in civil hospitals, render amputation necessary.

The rules to be followed in the treatment of the bad symptoms succeeding to sprains, will be given in the chapter on white swellings. To give them here, would put us under the necessity of making useless repetitions.

CHAPTER IV.

OF LUXATIONS IN GENERAL.

LUXATION takes place every time that the articular extremities of bones abandon their natural relations, whether it be that the head of a bone escapes from a cavity destined to receive it, or that the surfaces of the joint cease to correspond one to the other. The dislocation may be either total or partial: hence luxations are divided into complete and incomplete.

In order to consider the nature of luxations, a previous knowledge of the anatomy of the articulations, and of the different modes of the junction of bones, is necessary. Thus, to form a just idea of the different kinds of luxation of which the bone is susceptible, of the manner in which it takes place, to understand perfectly its symptoms, easily seize the indications of cure, and make choice of the proper means of fulfilling them, the particular conformation, and mutual or reciprocal relation of the surfaces by which the bones come in contact, and are articulated, must be previously known. These relations should be learnt on fresh bones covered with their cartilages, and having their cavities furnished with the cartilaginous borders which increase their depth, and with the synovial glands which furnish the liquor by which they are moistened.

It is equally necessary to have correct notions of the muscles surrounding the articulation; of the vessels and nerves in its vicinity; of the motions of which the joint is capable, and the changes which the soft parts and bony prominences undergo when these movements are executed.

After having acquired this information, it is necessary to know that luxations, as well as fractures, present characters which are general and common to all luxations, and objects which are peculiar and confined to each species.

SECTION I.

Of the Differences of Luxations.

LUXATIONS, taken in a general point of view, differ from one another; 1, with respect to the articulation in which they take place; 2, the extent of the dislocation; 3, the direction in which the bone is displaced; 4, the length of time they have continued; 5, the circumstances which accompany them, and which mark them out as simple or compound; 6, and lastly, with respect to the cause that has produced them.

The extent and variety of motion a joint admits of, give the measure of the tendency of the bones composing it to be luxated. Thus, the round or loose articulations, such as that of the humerus with the scapula, are those in which luxations are most frequent; in the ginglymoidal articulations, on the contrary, which admit only of motion in two opposite directions, they are very rare. The frequency of luxations in the orbicular articulations, and the unfrequency of them in the ginglymoidal, may be explained from many circumstances independent of the greater or less motion they admit of. In the ginglymoidal, the surfaces of the extremities of the bones which come in contact, and are adapted to one another, are of considerable extent; and when a foreign power acts on them, and forces them in contrary directions, they have to describe a great space before dislocation takes place; the ligaments which surround them are very numerous and strong, and the muscles placed on their sides are disposed in a manner to prevent their derangement.

With respect to the extent of the dislocation, luxations are distinguished into complete and incomplete: the latter denomination is given them when the surfaces of the joint are yet in contact by some points of its cartilages, without being entirely displaced, but at the same time not exactly corresponding. Incomplete luxations take place only in the articulations by ginglymus, as in those of the foot, the knee and the elbow. When complete dislocation takes place in these parts, the force that has effected it must have been very great; thus luxation in them is almost always incomplete. The same is not the case

with the orbicular articulations, the greater number of which are susceptible of no other luxation than the complete.

If the head of the humerus or femur is forced on the cartilaginous brim that surrounds and deepens the cavity destined to receive it, the osseous ball, covered with cartilage, and having its surface smooth and lubricated, comes in contact with the parts on which it rests by only a very few points, and thus either re-enters the cavity it has abandoned, or escapes entirely out of it: in the latter case the luxation is complete.

There are some articulations, which, though truly orbicular, may nevertheless admit of incomplete luxations. For instance, the head of the astragalus may be so displaced as only to abandon in a partial manner the cavity in the posterior face of the os naviculare; but in this case the orbicular ligament is tight, very strong, and the motion inconsiderable. In considering fractures in general, we have seen that they could not, like luxations, be distinguished into complete and incomplete, the latter denomination not being adapted to a solution of continuity in one of the bones of the leg and fore-arm. We shall see, in treating of luxations of the lower jaw, that some, on a principal somewhat similar, but equally erroneous, have wished to call incomplete that in which only one of the processes of the maxilla is displaced from the glenoid cavity of the os temporis. Lastly, to conclude what relates to the extent of the dislocation, when the head of the bone has entirely escaped from its cavity, it may still be forced to a greater or less distance between the interstices of the muscles.

As to the different directions in which a bone may be displaced: in the round articulations it may be luxated in the direction of all the radii that pass from the centre of the circle formed by the circumference of the articular cavity. There is not, in fact, a point of the edge of the glenoid cavity, by which the humerus may not escape. Nevertheless, as shall be explained when we treat of particular luxations, various circumstances depending on conformation cause the luxation to take place in certain directions ascertained by observation, so that the varieties of luxations distinguished by the course of the displaced bone are much less numerous than might at first be supposed. Luxations are named, superior, inferior, anterior, posterior, &c. according to the approximation of the bone to these directions. With respect to the ginglymoidal articulations, which, as we have seen, constitute a class entirely different from the orbicular, considered in what relates to their

luxations as well as their motions, the bones which form them describe two lines, during their luxation, which cross one another at right angles; the first by passing from one side to the other, the second from the anterior to the posterior part.

The continuance of luxations constitutes a difference of the highest importance, and influences considerably the manner of treating them. In fact, the reduction of a luxated bone which has remained so for several days, is much more difficult than that of one more recently displaced.

The soft parts, and the bone itself, have acquired a certain position, and the ligaments and museles surrounding the diseased joint become stiff, and difficultly yield to the efforts made to reduce the bone. If a certain number of days have elapsed, the laceration in the ligaments may be so far cicatrized as to render the reduction impossible. Lastly, the extremities of the joint may be grown to the bones against which they have been forced.

A luxation may be simple, that is to say, consist only of the reeiprocal abandoning of the surfaces of the joint, and the laceration of the ligaments which is inseparable from it: it may be complicated with greater or less contusion, with a wound, fracture, or rupture of a blood-vessel, and consequently an effusion of blood into the cellular substance, with contusion of a considerable nerve, and a paralysis of the organs to which it is distributed, &c. &c.

SECTION II.

Of the Causes of Luxations.

THE causes may be divided into external and internal: both are predisposing or occasional.

The predisposition to luxation may depend on circumstances natural or accidental. The natural are, the joint admitting of great latitude of motion, the small extent of surfaces by which the bones come in contact, the laxity and small number of the ligaments uniting them, the weakness of one side of an articulation, arising, for instance, from a great notch on one side, as is observed in the interior and inferior part of the acetabulum. Disease, such as a paralysis of the museles which surround an

articulation, a debility and relaxation of its ligaments, give also a predisposition. In a paralysis of the deltoid muscle, the weight of the arm alone has been known to occasion an elongation and gradual relaxation of the round ligament of the articulation of the humerus with the scapula, and remove the head of the former bone to the distance of two or three inches from the glenoid cavity. I have observed in a child, who laboured under an atrophía of the muscles of the arm an empty space of nearly an inch between the head of the bone and the surface of the cavity, which could be distinctly felt through the emaciated deltoid muscle.

Sometimes the relaxation of the ligaments appears without any evident cause, and gives such a disposition to luxations, that they take place from the slightest causes: such was the case of a woman, who could not yawn even moderately without luxating the lower jaw. It may not be amiss to observe, that these luxations, depending on the excessive relaxation of the ligaments, are, on account of the relaxation itself, very easily reduced.

A swelling or distension of the cartilages of the joints and caries of the bones, may also dispose to luxations; but in these cases, the affection of the cartilages and the caries constitute a particular and primary disease. Luxation is to be considered then only as an additional symptom; and it is perhaps without foundation, as shall be mentioned in the chapter on spontaneous luxations of the femur, that authors have ranked this disease of the hip among these affections.

In order that external violence, a blow, a fall, or even the action of the muscles, produce luxation in a round articulation, the axis of the bone must be placed in a direction more or less oblique with respect to the surface with which it is articulated. If, for example, the *os humeri* hang exactly along the sides of the body, or perpendicularly with respect to the glenoid cavity of the scapula, no force is capable of luxating it. If a person fall on the elbow while the fore-arm is in this position, the head of the humerus will be forced against the cavity formed to receive it; but if the arm be removed from the body, the axis of the *os humeri* will fall obliquely on the surface of the glenoid cavity, which will favour its passing out of the socket; and this disposition to luxate will be increased in proportion as the angle formed by the axis of the bone with the surface of the cavity deviates from a right angle.

A fall, or any other kind of external violence, may cause a luxation almost always incomplete in the ginglymoidal articulations; but in the round articulations, the action of the muscles has constantly a share. Thus, for instance, if a person fall on the elbow whilst the arm is raised from the body and carried directly outwards, the shock which this part receives will certainly tend very much to force the head of the humerus out of its cavity on the lower and internal side; but the action of the pectoralis major, latissimus dorsi, and teres major, contributes very much to it. In fact, the elbow, resting on the ground, becomes the fulcrum, or centre of motion of the humerus; in this state we obey a mechanical instinct, which leads us suddenly to bring the arm close to the body; and as the resistance made by the ground prevents this, the violent and instantaneous contraction of the pectoralis major, latissimus dorsi, and teres major, draws downwards and inwards the head of the humerus, the luxation of which is, as we have demonstrated, the effect of two causes.

In this instance, we have seen how muscular action conduces to luxations in the round articulations; in some cases, this action alone is sufficient to effect them. It is in this way that violent convulsions produce luxations as well as fractures.

Whatever may be the manner in which the causes act, luxations are always accompanied with more or less laceration of the ligaments surrounding the joint; and in the round articulations, as those of the shoulder and hip, the fibrous capsules are always torn.

SECTION III.

Of the Symptoms of Luxation.

WE will not mention pain and inability of moving the limb, as they are equivocal symptoms, and common to luxations, fractures, and simple contusion. They are not, however, to be entirely overlooked; but when we make a diagnosis, we should endeavour to found it on the existence of symptoms manifest to the senses, such as an elongation or shortening of the limb, a change in its shape and direction, and lastly, the absolute impossibility of performing certain motions. We will

say little on the manner of ascertaining the existence of these different symptoms, as we have already spoken of it in giving the general history of fractures.

A luxation cannot possibly exist without the affected limb being either lengthened, as happens in the inferior extremity, when the head of the femur passes out downwards and inwards, and rests in the foramen ovale, or shortened, as takes place when the same bone is luxated upwards and backwards, and has its superior extremity directed towards the external depression in the ilium. In truth, the shortening or elongation is rarely observed but in the orbicular articulations; however, the absence of these symptoms in the ginglymoidal is amply compensated by the superficial situation of the bones, which renders it easy to ascertain their relative positions.

The direction of the bone is changed; for the luxated end cannot leave its natural place without having the other carried in a direction contrary to it. Thus, in the luxation of the humerus downwards and inwards, the arm is placed obliquely downwards and outwards, instead of falling straight along the side. This symptom, taken from the direction of the member, is, like many others, much easier to be distinguished in recent luxations than in those that have continued for a considerable time. From the change of situation and direction of the bone, there must necessarily result a relaxation of some muscles, whilst others are considerably overstretched and strained, as may be seen with respect to the deltoid muscle in cases of luxations of the humerus, which are the most frequent. This unequal and unnatural tension and relaxation of the muscles may contribute also in aiding us to form a diagnosis in cases of luxation.

The change in the shape of the limb is also removed by time. In fact, one would presume, from the manner in which the shape of the point of the shoulder is restored after a luxation of the humerus by a projection of bone arising from the convex edge of the acromion, that the head of the os humeri was not forced into the axilla. In these alterations of the natural shape of the limbs, we are to comprehend the changed relations of the eminences of a joint to one another, the existence of projections in places where the limb should present depressions, and depressions where it should present eminences. In the luxation of the arm inwards and downwards, a hard tumour is felt in the axilla, which, on account of its roundness, is easily ascertained to be this part of the bone.

Our limbs, even when fractured, may be made to perform several motions, and be put in various attitudes. In a fracture of the femur, the surgeon, not in truth without causing more or less pain to the patient, may, by taking hold of the leg, move it round in a circular direction, and may point the foot inwards and outwards—motions altogether impossible in luxations, before the reduction of the displaced bone.

By combining all these symptoms, it is impossible to form a wrong diagnosis in cases of luxation. A mistake would be extremely dangerous; for if the luxation be not discovered, the patient attributes his not being able to use his limb to the contusion and pain; but if the continuance of the symptoms induce him to have recourse to other persons better instructed or more attentive, they ascertain the nature of the affection, to the no small shame of the surgeon who has mistaken it. Instances of errors of this kind are more frequent than one would imagine, especially in the country, where the branch of surgery which we treat of in this work is often in the hands of ignorant persons.

SECTION IV.

Of the Prognosis in Luxations.

THE luxations which take place in the ginglymoidal articulations, differ much from those in round articulations, in what relates to prognosis, as well as in many other points of view: the latter are much less dangerous than the former. As the action of muscles has a great share in producing them, the violence done to the external parts is less, and the laceration of the soft parts is not so considerable: even in articulations of the same kind, the extent of the evil is measured by the largeness of the surfaces of the joint, the number and strength of the muscles surrounding it, and the thickness and number of its ligaments. It is for these reasons that luxations of the foot and knee are more dangerous than those of the elbow and wrist: the former require a much greater degree of external violence to produce them, in consequence of which the injury done to the soft parts is much greater.

A difficulty in reducing the luxated bone renders the luxation more or less troublesome. With respect to this point, luxations of the round articulations are more unfavourable than those of the ginglymoidal; those of the femur more than those of the humerus, because the efforts to reduce the former are often counteracted by the action of very powerful muscles.

Luxations arising from a swelling of the cartilages of the joints, from a caries of the bones, or from a relaxation of the ligaments, are always attended by more grievous consequences than those occasioned by external violence. Lastly, a contusion more or less considerable, laceration of vessels, or destruction of the substance of nerves, render the prognosis more or less unfavourable. The latter circumstance occasions a paralysis of the muscles to which the disorganized nerve furnished branches. We have seen, in a luxation of the humerus downwards and inwards, a paralysis of the deltoid muscle produced by the violent contusion of the circumflex nerve; which is chiefly bestowed on that muscle.

SECTION V.

General Treatment of Luxations.

To reduce the luxated bone, keep it in its place, and prevent or remove the symptoms with which the luxation may be complicated, form the three indications which are to be fulfilled in the treatment of luxations. The reduction is accomplished, as in cases of fracture, by three means opposite in their action, but tending to the same end, viz. extension, counter-extension, and co-aptation. It is useless to repeat the definition of each of these terms, and in what each of these motions consists.

The reduction of a luxation is the most difficult and important part of the treatment of it. Contrary to what takes place in fractures, which are easily reduced, but difficultly kept so, luxations are hard to reduce; but when the bone is once adjusted, it is easily kept in its place. It will not then be useless to examine minutely all the particulars of this operation: and first, with respect to extension, we will examine in order on what part the apparatus for making it should be applied, the

means employed for this purpose, the degree of force to be used, and the direction in which it is to be made.

The extending force should be applied, not on the luxated bone, but on that with which it is articulated, and as far as possible from it. The observance of this precept is still more necessary in luxations than in fractures.

All the ancient authors advised applying the extending force on the luxated bone; for instance, to apply it above the knee in luxations of the femur, and above the elbow in those of the humerus. Many of the moderns have followed their instructions; and this mode is found recommended by J. L. Petit and Duverney, in their Treatises on the Diseases of the Bones. Two members of the Academy of Surgery, Fabre and Dupouy, saw the inconvenience of this practice, and substituted for it a mode of treatment now generally adopted. Their practice, which consists in applying the extending force on the bone that articulates with the luxated one, has two most important advantages: first, the muscles that surround the luxated bone are not compressed, nor stimulated to spasmodic contractions, which would prevent the reduction, not only by opposing a force superior to that employed for the purpose of reduction, but also by retaining the head of the bone engaged in the interstices of the contracted muscles. Secondly, the extending force is much more considerable than can be obtained by the other mode; for, as Dupouy has observed, by elongating thus the arm of the lever, we acquire a degree of power, which the difficulties presented in a great number of cases often force us to have recourse to.

It has been apprehended, it is true, that the extending force applied at a distance from the luxated bone, would lose in the articulations of the limb a part of its effect: thus, it has been said, that a part of the extending force applied at the wrist in a luxation of the humerus, is employed in elongating the ligaments of the elbow joint. But this objection is ill founded: all the muscles which go from the humerus to the fore-arm, by strengthening the articulation of these bones, make it answer as a continued lever, along which the force is communicated without any loss.

Force applied by the hands of intelligent and strong assistants, is preferable to any mechanical means in the reduction of luxations: the number of assistants may be increased at will, and the force proportioned to the resistance that is experienced: should there not be room for a sufficient number to grasp the

limb, they may pull by a napkin folded longitudinally, and tied on the limb. The quantity of force employed, though it is impossible to ascertain it exactly, is better known when we make use of a certain number of assistants, than when we use a pulley, which may act with such force without our perceiving it, as to lacerate the muscles, ligaments, and even the skin which covers the articulation, and thus occasion the most direful sufferings.

It is impossible to assign the precise degree of force to be employed: it is to be varied and proportioned according to the strength of the patient and the number and force of the muscles surrounding the articulation. It has been said, that in reducing a luxation there is occasion for more address than force: it would be true to say that the union of both is necessary. Often, six assistants accomplish that which three cannot do, and nine or ten perform that which cannot be done by six. But when the reduction cannot be effected by the number of assistants which in reason we suppose capable of overcoming the resistance, all further attempts must be suspended. The action of pulleys, or any other machine analogous to them, would sooner tear the integuments than produce an elongation of the muscles.

As to the direction in which the extending force is to be applied: at first it should be the same as that which the dislocation has given to the luxated bone. In order to prove how indispensably necessary this rule is, let us suppose that the head of the humerus, luxated inwards, is forced into the fossa subscapularis, between the subscapularis muscle and the scapula: in this case, the elbow is not only moved out from the trunk, but even carried backwards. Now, should we commence the reduction by pulling in the natural direction of the humerus, that is, directly outwards, the head of the bone would be pressed against the fossa subscapularis, it would not slide along easily, the force would be spent in pushing the scapula backwards, and the irritation would excite the contraction of the muscles in the part where the head of the bone has been carried.

Extension is then to be made at first in the direction which the luxated bone has taken; but in proportion as the muscles elongate and yield to the force acting on them, the bone is to be gradually brought back to its natural position; in this way the head of the bone is disengaged from the parts in which it has been placed, and is brought back to the cavity. it has

left, by making it describe the same course it took in escaping from it.

The best-directed extension will be useless, if the bone with which the luxated one has been articulated is not kept motionless by counter-extension, a force equal to the other, but made in a contrary direction. The counter-extending power applied to the luxated bone itself, would be attended, in almost every case, with the double inconvenience of producing a spasmodic contraction of the muscles, and preventing the elongation of them necessary for the reduction. Let us suppose that in a luxation of the thigh, the counter-extending fillet be applied in the fold of the groin of the diseased side, the consequence will be, that the rectus internus and adductores muscles, in a state of tension between the pelvis and thigh, will be curved inwards, and consequently shortened when their elongation is absolutely necessary; besides, the compression they experience will also increase their contraction. It must be, then, as in cases of fracture, on the part placed immediately above the luxated bone that we are to apply the counter-extending force: It is made by means of fillets, pulled by a number of assistants, equal to that of those who make the extension. As to the direction in which this force is to be made, it should be always perpendicular to the surface of the luxated joint. In a luxation of the elbow, for instance, the counter-extension should be made in a line parallel to the os humeri; and in a similar affection of the femur, this force applied to the pelvis should be made perpendicularly to the surface of the acetabulum. The same rule is to be observed with respect to the shoulder in luxations of the humerus, as will be mentioned in treating of particular luxations. Counter-extension is in some sort a *vis inertæ*; for this reason the most intelligent assistants should be placed to make extension, the degree of which should be directed by the surgeon. Coaptation is easily performed, when the extension is sufficient: in a luxation of the humerus, when the head of the bone is disengaged, and the assistants bring it hastily to its natural direction, the surgeon seizes the moment, and with one hand presses on the superior and internal part of the arm, whilst, at the same time, with the other he supports the elbow, and thus conducts the head of the bone into the glenoid cavity. If a luxation take place in a ginglymoidal articulation, as it is rarely complete, in such cases we use extension and counter-extension only with the view of diminishing the friction of the surfaces of the joint, necessarily occasioned

by the opposite motions given them in order to place them in their natural situation.

By an exact observance of the general rules just laid down, we shall be able, in almost all cases, to reduce luxations. However, when the operation fails, notwithstanding the most judicious attempts to accomplish it, the cause of failure must be looked for. Sometimes it is owing to the insufficiency of the means employed; then we succeed by increasing the number of assistants, or by diminishing the muscular force of the patient, which is done in various ways.

Change of posture often produces this effect; we have seen patients, who, while seated on a chair, and supporting themselves with the feet against the ground, could not have had their luxations reduced by the greatest efforts. By extending them on a long and settled table, their muscles, deprived of a centre of motion, yielded with an unexpected facility.

If this means proves insufficient, the patient is to be repeatedly bled, after short intervals; he is to use the warm bath, and be confined to a very low diet. At the end of twenty-four hours, when he is brought down by this treatment, the luxation, before irreducible in appearance, may now be reduced with facility. The state of intoxication, induced by spirituous liquors or opium, is favourable; the muscles attached to the luxated bone participate in the general debility, and elongate by the slightest effort. It is thus that Citizen Boyer alone, and at the first attempt, while the assistants were preparing the apparatus, reduced a luxation of the arm of an intoxicated postillion. Some authors have even advised to intoxicate the patients, when the luxations could not be reduced by the ordinary means; and cases have been met with, in which even this practice has failed.

Lastly, one more resource remains, which has sometimes succeeded; it was first employed by Le Cat, in a luxation of the jaw, and consists in fatiguing, by continual action, the muscles which surround the luxated bone. It is well known that the contractile faculty of our organs is exhausted by exercising them too long, and that the frequent repetition of their contractions necessarily brings about a collapse: the surgeon just cited, availed himself of this fact. The levatores muscles of the lower jaw were spasmodically contracted, in a case of luxation of that bone, and would not admit of having it brought down: Le Cat introduced a small stick between the teeth, and

making use of it as a lever, combated the action of the muscles, until they fell into a state of atony, and allowed him to accomplish the reduction. David has derived similar advantages from the same practice, in luxations of the thigh and arm. This circumstance enables us to explain why a luxation that has resisted the fruitless efforts of an intelligent surgeon, aided by a sufficient number of assistants, afterwards yields to a much less considerable force, used by a less dexterous practitioner.

With respect to luxations that have been mistaken, and not reduced for several days after the accident; the swelling of the ligaments, and other soft parts, the contraction of the hole in the capsule, through which the head of the bone passed, render the reduction of them difficult, if not altogether impossible. The use of warm baths and pumping is then recommended, with a view of emptying, as it were, and rendering pliable, the parts about the joint: exercise should be combined with these, and the luxated bone should be kept in motion for some time every day, in order to disengage its head, relax the soft parts, and enlarge the opening by which it is to pass.

All these endeavours are very often fruitless, in cases where more than a month has elapsed since the luxation. The term beyond which we cannot hope to reduce luxations of the ginglymoidal articulations, is much shorter; after twenty or twenty-four days, they are in general irreducible, from an ankylosis having taken place.

We know that a luxation is reduced from the limb having recovered its natural length, shape, and direction, and from the capability of performing certain motions impossible in luxations. The limb should not be moved but with the greatest caution: a relapse of a luxation of the humerus has taken place, and a second operation has been rendered necessary, by incautiously carrying the hand to the forehead by a semi-circular motion.

The cessation of pain has been considered a sign of the bone having entered its natural situation: by cessation, we are to understand a remarkable diminution, rather than a total disappearance of pain. Lastly, the noise made by the head of the bone on entering its cavity, is an unequivocal sign of the luxation being reduced. It is necessary to observe all these symptoms, in order to be convinced that the reduction has taken place; by doing so we shall be seldom mistaken, though instances to the contrary have been sometimes met with.

We very rarely fail to reduce a recent luxation, and perhaps there are none absolutely irreducible: thus we ought not to be

discouraged, and desist, when we cannot easily obtain the reduction, but multiply our means, and endeavour to surmount the obstacles.

To preserve the luxated bone in its place, we have only to keep the limb without motion. Thus, as the humerus cannot be luxated but when it is at some distance from the body, a return of its dislocation will be prevented by tying the elbow to the lateral parts of the trunk. The bandage employed for keeping the limb motionless, should be applied on the opposite extremity of the bone. Thus, after a luxation of the arm, when we apply on the elbow the means for keeping the bone in its place, we act on that point of the humerus the most distant from its articulation with the scapula, and the force thus applied to the extremity of the lever is much increased. The same rule should be observed in the application of a bandage to the chin, after a luxation of the jaw. This practice is preferable to the use of the *chevestre*; consequently all authors recommend it in this particular case; but they have overlooked, in other cases, the principle established above, and from which they derived such happy effects in the treatment of luxations of the jaw. Thus, the spica bandage for the scapula, and that for the groin, are very defective in cases of luxation of the arm and thigh; for, by acting on the centre of motion of these bones, they are incapable of keeping them fixed.

When the luxation arises from any internal cause, such as paralysis of the muscles, relaxation of the ligaments, or general debility, we endeavour to remove the cause by appropriate remedies, and, at the same time, restore the luxated bone to its proper place, and keep it fixed.

Amongst the accidents with which luxations are complicated, contusion is certainly the most frequent. They may also be accompanied with inflammation, wounds, rupture of vessels, contusion of nerves, and even fracture. In treating in general of the latter, we have said, that in such case luxation always preceded the fracture; and that it was impossible to conceive, that a bone, in which a solution of continuity took place, could be luxated. The treatment to be adopted in this troublesome complication has been also pointed out. The other symptoms supervening to luxations, are treated as if they were complicated with fractures; we have nothing then to add to what has been said on that subject. It is proper, however, to observe, that paralysis, arising from a contusion of the nerves, is a frequent consequence of luxations of the arm; and when we con-

sider the relation between the head of the humerus, and the brachial plexus, we are astonished that it does not happen oftener than it really does.

When a luxated bone is not reduced, sometimes it remains in the place into which it has been forced; but much oftener it changes its situation: it is carried along by the action of the muscles, and is removed farther and farther from the cavity of the joint. It is in this way that in luxations of the thigh upwards and outwards, the glutei muscles, by making the convex surface of the head of the femur slide along the external depression of the ilium, which it touches only by a small point, force up the bone, until the shortening of the limb is as considerable as the natural extensibility of the parts will admit.

But whether the head of the luxated bone preserve its first position, or take another, the pressure it makes on the bone on which it rests produces two effects: the head of the one is flattened, while a depression is made in the other. The cavity of the joint sometimes preserves its natural state, and sometimes its depth diminishes; the latter takes place when the head of the bone remains near its cavity, and compresses the circumference of it. The ligaments grow thick, their lacérations consolidate, and they acquire a greater consistence than natural. The muscles, impeded in their action, lose their consistence, become of the nature of ligaments, and sometimes even are attached to the ligaments by a deposition of osseous matter, and thus form a kind of bony case, which constitutes with the displaced bone a new articulation.

If the bone is not reduced, the limb remains deformed, and scarcely any use can be made of it for some months; but in time it gradually comes to its natural direction; and when the head of the bone has acquired a certain mobility in its new articulation, it is capable of considerable latitude of motion. Nevertheless, the muscles, from being compressed and obstructed in their action, decay, and the size of the limb diminishes: this diminution is much more remarkable in children than in adults.

This difference is so great, that it may be distinguished at first sight whether the accident happened during infancy or maturity.

CHAPTER V.

OF LUXATIONS OF THE LOWER JAW.

THIS bone can only be luxated anteriorly, whether one or both condyles escape from the glenoid cavities of the ossa temporum, with which it is articulated. Luxations of it are denominated complete or incomplete; but these denominations are erroneous, as they would lead us to believe, that the bone may be luxated without its condyles being removed entirely from the glenoid cavities of the temporal bones. Every luxation, but that anteriorly, is rendered impossible by the natural conformation of the parts. In reality, before a luxation backwards could take place, the maxilla inferior must be elevated above the point of contact of the arch formed by the teeth, and meet no opposition to its dislocation in this direction from the osseous portion of the auditory canal; and further, it must be effected without the aid of any muscle. Luxations laterally, to the right or left, are equally impossible, on account of the resistance made by the spinous processes of the sphenoid bone, and the internal ligaments of the articulation. These ligaments, like all the others of the same part, would in truth afford a feeble resistance; for the muscles are here very evidently the principal means of strengthening the articulation: but, independently of these considerations, it is evident, from the form of the bone, that a blow given to it on its sides, tends rather, by increasing its curvature, to fracture it, than to luxate it.

In very young infants, any luxation of the jaw is impossible: in them the body and branches of the bone meet at an obtuse angle. Now, from this conformation, it follows, that the condyles, the necks of which have nearly the same direction as the body of the bone, cannot, by any motion of the jaw, be moved out of their cavities; and, in order to produce a luxation, the jaw should be pulled down, and the mouth opened to a degree which it could not admit of. Were it not for this

truly admirable disposition, how frequent would not luxations be at this period of life, either from the cries of the child, or from attempts to put too large bodies into its mouth!

The causes of luxations of the lower jaw are very often internal: rarely has it been seen, that a blow given from above downwards, or from before backwards, or a fall on the chin, has produced luxation of it; it almost always arises from excessive yawning. In every great depression of the jaw, the condyles slide from behind forwards, under the transverse root of the zygomatic processes. The cartilaginous cap which envelops the condyles, and follows them in all their motions, furnishes to them still an articular cavity: but the depression of the bone continuing, the ligaments give way, the condyles pass before the transverse apophyses, and thus fall into the zygomatic depressions. In this motion, the angles of the jaw are raised and carried backwards, whilst the condyles are depressed and carried forwards; and the bone, as is well known, by turning on an axis which may be supposed to pass through its branches nearly about the middle of their height, performs an imperfect revolution.

The mode in which luxations of the jaw take place has been differently explained. Some have imagined, that the bone being forcibly carried down by the submaxillary muscles, and carried forwards by the pterygoidei externi, its coronoid apophyses perched on the eminences of the cheek-bone and became a fixed point for the action of the levatores muscles, which dragged the condyles into the zygomatic depressions. But to prove how ill-founded this theory is, it is sufficient to observe, that in no case is the coronoid apophysis carried on the eminence of the cheek bone, and that even when the luxation has taken place, an interval can be still felt between these two bony parts.

When the mouth is shut, the axis of the maxilla inferior forms with a line drawn in the direction of the middle of the masseter muscle, an obtuse angle anteriorly, and a salient angle posteriorly; consequently when this muscle contracts, in order to move the lower jaw, its action is decomposed, one part tends to elevate it perpendicularly, and the other to carry it forwards. In proportion as the jaw is depressed, and its angles, to the external sides of which the masseters are attached, are carried upwards and backwards, the medium line of the direction of the bone tends to become parallel with that of the masseters; and if these muscles contract when the bone is in this position,

the greater part of their force is employed to bring the condyles into the zygomatic depressions.

This explanation, very little different from that given by Citizen Pinel,* in a Memoir in which he applies geometry to explain the theory of luxations, appears to us much better than the preceding, which is found in a Treatise on Diseases of the Bones, and Surgical Operations, by Chopart and Desault. But, whatever may be the manner in which the levatores of the jaw produce a luxation of this bone in its depressed state, the parts which surround the articulation are affected in the following manner: The condyles carried before the transverse root of the zygomatic processes into the zygomatic depressions, compress in a greater or less degree the deep-seated temporal nerves and those going to the masseters, which nerves, in their way to their destination, pass before the neck of these processes. This compression of the nerves by the condyles, explains the pain accompanying luxation of the jaw much more satisfactorily, than does the elongation of the masseters and other muscles to which they have been attributed. The tension of the masseter, temporal and internal pterygoid muscles, is not so considerable as to produce them. The pterygoideus externus is relaxed; the feeble ligaments which surround the articulation are in a state of tension, the interarticular cartilages accompany the condyles, and furnish them, even in the zygomatic depressions with a kind of cavity. The mouth is more or less open. It is more so in recent luxations, than in those that have continued for some time. An empty space is felt before the ear, where the condyles were placed. The coronoid process forms under the cheek-bone an eminence which is felt through the cheek, or by introducing the finger into the mouth. The cheeks and temples are flattened by the lengthening of the temporal, masseter, and buccinator muscles; the saliva flows in large quantities from the mouth, irritated by constant exposure to the air, which increases its secretions. The compression made on the salivary glands, and the irritation and friction they experience, contribute to render the secretion of the saliva still more abundant. The arch formed by the teeth of the lower jaw is placed anterior to that formed by those of the upper, and the direction

* The Physical Journal of the Abbé Rozier contains many Memoirs of Citizen Pinel's on the same subject; we should have most willingly transferred the results of them to this work, did it not require a greater share of the knowledge of geometry to understand them, than is possessed by the generality of readers.

of their edges shews that this disposition is unnatural. Lastly, the patient can neither speak nor swallow during the first days of the luxation.

The symptoms just pointed out, and which are sufficient to enable us to establish a clear diagnosis when the luxation is recent, are far from being so well marked when the disease has continued several days or weeks. In these cases the jaw is elevated insensibly, and approaches the maxilla superior; the patient recovers by degrees the faculty of speech and deglutition, but he still stammers, and the saliva drivels from his mouth. A luxation of the jaw is far then from presenting 'circumstances from which we are to form so unfavourable a prognosis as that made by Hippocrates, who says that it is fatal, unless reduced before the tenth day. Perhaps trismus, or lock-jaw, which is much more dangerous than luxation, has been confounded with it. The extreme facility with which these luxations take place in some persons, does not render the prognosis more unfavourable; in such the reduction is easily effected, and often there is no necessity for having recourse to professional men to accomplish it. Lastly, the operation of reduction is in all cases simple, and certainly successful when it is done after the following manner:

The patient is to be seated on a low stool, with his head supported against the breast of an assistant, who, by placing his hands across the forehead, is to fix the head. In this position of the patient, the surgeon's hands are on a level with the mouth; which is advantageous, because he is not obliged to elevate them, and consequently can act with greater force on the jaw. The surgeon, after securing his thumbs with linen, to prevent being pained by the compression he makes on the teeth, introduces them into the mouth, and places them as far back as possible on the great molares, at the same time bending under the chin the four fingers of each hand. If there is not room for all the fingers he uses, at least, the index and middle finger. Having thus seized the jaw, he presses with his thumbs on the great molares, brings the jaw downwards and backwards, and disengages the condyles from the zygomatic fossæ into which they were carried. When the muscles obey this effort, and it is found that the condyles yield to it and descend, the chin is to be elevated by the fingers; thus converting the bone into a lever of the first kind. In elevating the jaw, it is to be pushed backwards.

When the extension has been effectual, that is to say, when the muscles are elongated by the effort to depress the bone,

they contract spasmodically the moment that the condyles are disengaged from the zygomatic fossæ, and bring these processes into the glenoid cavities so rapidly and forcibly, that there would be danger of having the thumbs much bruised by the sudden approximation of the teeth, if the precaution were not used of quickly directing them outwards, and placing them between the cheek and the jaws.

When the luxation is reduced, which is known by its characteristic symptoms disappearing, and especially by the jaws coming together in their natural manner, a relapse is prevented in this way: the chin-bandage is to be applied, to prevent the motion of the bone, which it does in a most effectual manner, as it resists the muscular action that tends to produce it at the point the farthest removed from the centre of motion. This bandage is not to be removed but when the patient takes food. During the first days, the aliments should be liquid, or such as require no mastication. When solid food can be used, the patient should be careful to support the chin with his hand each time that he wishes to depress it.

We have mentioned in the preceding chapter the manner in which Le Cat succeeded in reducing a luxation of the jaw, viz. by fatiguing the muscles. This means would be proper in a similar case, and should be had recourse to.

Let us mention here, in order to censure it, the practice of reducing luxations of the jaw, by giving a blow of the fist to the under part of the chin. Some, however, say, that this defective mode has sometimes succeeded; but it is easily perceived that the blow given from below upwards, tends to force the condyles deeper and deeper into the zygomatic fossæ, and that, given from before backwards, it may fracture these processes.

The ancients placed two pieces of stick between the great molares, and acting with them as levers to depress the lower jaw, they elevated the chin by means of a bandage, the ends of which met on the top of the head. This process, described with much perspicuity by Devigo, is extremely methodical; it is not, however, preferable to that of the moderns, which, more simple than it, has still the advantage of not exposing the teeth to be broken by the sticks, at the moment when the condyles re-enter their cavities.

In luxations which have been called incomplete, that is to say, when only one condyle has escaped from its cavity, the treatment requires so little modification, that I do not think it necessary to enter into further details on this subject.

CHAPTER VI.

OF LUXATIONS OF THE VERTEBRÆ.

THE large surfaces by which these bones correspond, the number and thickness of their ligaments, the strength of the muscles lying on the column formed by them, the small motion of which each vertebra is capable, and lastly, the vertical direction of their articulating apophyses, render a luxation of them in the dorsal and lumbar part of the column, entirely impossible. A violence, though ever so considerable, cannot displace them without first fracturing them. The same is not the case with the cervical vertebræ; the extent of their articulating surfaces is less, the ligamento-cartilaginous substance which unites their bodies has more pliability, the motion of their articulations is greater, and their articulating surfaces have an oblique direction, which allows them to have an obscure rotatory motion; consequently luxations of them are sometimes met with. I have seen a case in which the neck was luxated by a violent rotatory motion of the cervical vertebræ, and the luxation resisted all means that were employed to reduce it. The cause of impediment was felt towards the middle of the column formed by the cervical vertebræ; from which circumstance we may conclude that the dislocation did not consist of a separation of the first vertebræ from the second, which is admitted to be possible by all authors, but that it took place lower down in the cervical part of the column.

It appears from well-attested facts, that luxations may take place in the vertebral column; such as those of the head from the first vertebra, and of the first vertebra from the second. These, and especially the latter, are the most frequent; but others, though much rarer and more difficult, may however take place.

SECTION I.

Of Luxations of the Head from the first Vertebra.

THE articulation of the occipital bone with the first vertebra of the neck is strengthened by means of many ligaments, and admits of only very limited motions. It is well known, that the motions of inclination of the head to the right and left, and of flexion and extension, take place along the whole length of the cervical vertebræ. We have no instance of luxation of the head from the first vertebra by an external cause; such a dislocation, if possible, would instantly destroy the individual to whom it happened, by the compression and disorganization of the spinal marrow. But nature, which cannot bear so sudden a change, is habituated to it when it takes place gradually and insensibly; and the spinal marrow, which a sudden though inconsiderable derangement of the spine would totally disorganize, is not sensibly injured when it takes place by degrees; cases of rachitis furnish us many proofs of this. It is only in this way that we can explain how the individual from whom the preparation in the Museum of Natural History was taken, could exist until such very great deformity took place in his spine.

SECTION II.

Of Luxations of the first cervical Vertebra from the second.

IT is principally in the triple articulation of these two vertebræ, that the motion of rotation of the head to the right or left takes place; for the union of the first vertebra to the occipital bone is so close, that the motion of both is the same. This rotation of the first vertebra on the second, which the laxity and weakness of the ligaments that go from one to the other, and the direction of their articulating apophyses, render easy, would be frequently carried beyond its natural bounds; and luxation would take place every time we turn our head with force, if the motion were not confined by two very thick liga-

ments, which go from the sides and summit of the toothlike process of the second vertebra to the edges of the great occipital hole. When this motion is forced beyond its proper limits, the ligaments are torn, and the lateral parts of the body of the first vertebra glide along on the articulating horizontal processes of the second. If the head is turned from the left to the right, the left side of the body of the vertebra is carried before its corresponding articulating surface, whilst the right side falls behind its corresponding surface. In this luxation, sometimes the toothlike process, the ligaments of which are broken, leaves the ring formed for it by the transverse ligament and the anterior arch of the first vertebra, and presses on the spinal marrow, the substance of which it destroys; at other times it remains on its ring, but the diameter of the vertebral canal is always diminished at this place, and the spinal marrow experiences a compression, and at the same time a contortion, by which it is lacerated. It is easily conceived that the patient cannot survive a derangement of this nature; every lesion of the spinal marrow at this height is quickly fatal. Louis, in making researches on the manner of dying of hanged persons, found that those despatched by the executioner of Lyons, perished by the luxation of the first vertebra from the second; whilst those hanged at Paris were suffocated by strangulation. He discovered the cause of this difference in a rotatory motion given to the body of the culprit by the executioner of Lyons, at the moment that the ladder was taken from under his feet. We ought to attend to this observation, when we examine in a judicial capacity the body of a person found hanged. We should carefully examine the second vertebra, and see if it be luxated. If so, the individual has not been guilty of suicide, for the luxation must have resulted from a violent motion communicated to the body by the assassins.

The following case given by J. L. Petit, furnishes an instance of luxation produced by the motion occasioned by the person himself; the circumstances of it are so extraordinary, that we shall relate them at full length.

“The only son of a tradesman, aged between six and seven years, went into a neighbouring shop, the proprietor of which was a friend of his father’s. This person playing with the child, put one hand under his chin and the other on the back of his head, and then raised him up in the air, telling him that he was going to shew him his grandfather, a common expression among the vulgar. Scarcely was the child raised

“ from the ground, when he began to struggle, and by his
 “ efforts dislocated his neck, and died on the spot. The father,
 “ on hearing of the death of his child, ran in a fit of passion
 “ after his neighbour, who fled before him, but not being able
 “ to catch him, he threw at him a sadler’s hammer which he
 “ had in his hand, and buried the cutting part of it in the de-
 “ pression of his neck. The weapon cut all the muscles, pe-
 “ netrated into the space between the first and second cervical
 “ vertebra, divided the spinal marrow, and occasioned almost
 “ instantaneous death. Thus both perished nearly in a similar
 “ manner.” J. L. Petit, who quotes no authority to support
 this fact, avails himself of the opportunity of censuring this
 dangerous sort of play, and observes with justice, that the mo-
 tion which the child gave himself was the cause of his death.

The relaxation of the ligaments of the toothlike process may
 favour this luxation. Such probably was the case of a young
 man, who found a difficulty to bring his head back to its natural
 posture, each time that he turned it to the right or left. There
 are many cases of luxation of the neck, in which death does
 not succeed the accident; but in these, the dislocation takes
 place in the third, fourth, fifth, or sixth vertebræ, and only
 one articulating process is luxated: in these cases, the diameter
 of the vertebral canal is not so much diminished as to compress
 the spinal marrow, and destroy life; but a wry-neck remains,
 which becomes incurable, unless the real cause of it be found
 out.

A child, whilst playing on his mother’s bed, suddenly felt
 pain in his neck, accompanied with a distortion, which he could
 not remove. Desault, to whom the child was brought, discov-
 ered a luxation of the vertebræ of the neck; but before trying
 to reduce it, he informed the mother that the child might die
 in the attempt. This information terrified the mother so much,
 that she took away her child without having any thing done to
 relieve it.

A lawyer writing at his desk, heard the door behind him
 open; he quickly turned round his head to see who was com-
 ing in, but could not bring it back again to its natural direc-
 tion. Many surgeons of Paris have seen this patient: his head
 was turned to the right, and slightly inclined to the shoulder
 of the same side. This inclination was much less than it would
 have been in a spasmodic contraction of the sterno-cleido-mas-
 toideus muscle.

Thus, when, in consequence of a sudden and violent effort, the head is found turned to one side, either right or left, with inability to bring it back, the ear a little inclined to one side, and the sterno-cleido-mastoideus in a state of relaxation, there can be no doubt but that a luxation of one of the cervical vertebræ has taken place.

If the luxation produce no symptom which indicates a compression of the spinal marrow, it is prudent to abstain from all attempts to reduce it. However, if the patient absolutely insist on our interfering, we are to proceed in this way: we begin by inclining the head to the side towards which it is directed, in order to disengage the articulating process of the upper vertebræ: this part of the operation is extremely dangerous, as it may kill the patient by causing a compression on the spinal marrow. When the process is disengaged, the head and neck are brought to their right direction, by making them perform a rotatory motion the contrary of that which had taken place in the luxation. A relapse is prevented by keeping the head free from motion. This is done by means of bandages, which are attached to the head and shoulders.

CHAPTER VII.

OF LUXATIONS OF THE BONES OF THE PELVIS.

NONE of the assemblage of bones which form the pelvis, are susceptible of a true luxation. It is impossible that the os sacrum, inclosed between the two ossa innominata, can abandon the position in which it is confined by such powerful means. The os coccygis, which has more motion, is easier fractured than luxated. Citizen Boyer has however observed a derangement of it, in a man greatly emaciated in consequence of long disease: he had considerable ulcerations in the neighbourhood of the coccyx, and the bone itself was laid bare by the separation of a large gangrenous eschar. There was an interval of nearly two inches between the summit of the sacrum and the base of the os coccygis. But in proportion as he recovered strength, the bone was drawn backwards, and was at last united to the sacrum, notwithstanding the action of the levatores ani which are attached to it. The ossa innominata are too firmly articulated with one another, and with the sacrum, to admit of luxation; however, the symphysis pubis and sacro-iliac synchondrosis, which in the natural state admit of no motion, may be so relaxed, or the ligamento-cartilaginous substance which unites them may be so far destroyed, and the bones thereby rendered so moveable, that progression, which requires the firm union of these bones, becomes difficult. Is this relaxation of the articulations, and the consequent seceding of the bones, a means employed by nature to increase the diameters of the pelvis, and facilitate parturition? Louis has shewn, in a dissertation, which is found in the first part of the fourth volume of the Memoirs of the Academy of Surgery, how many different opinions authors have on this subject. Some, in reality, suppose that the relaxation of the articulations is the natural state towards the end of pregnancy; others consider it as being always morbid. Were we permitted to give an opinion

on this subject, which comes chiefly under the cognizance of accoucheurs, we would say, that the symphysis pubis and the sacro-iliac synchondrosis abound with juices, and are swelled and relaxed in a remarkable manner, in most women during pregnancy, that this relaxation seldom goes so far as to allow the bones to move and be separated; and lastly, that the motion or separation of the bones is to be considered rather as a morbid than natural state.

A lady was suddenly delivered of a child, without almost any pain: but the ovum came away entire, and with such rapidity, that the women in the chamber could scarcely reach her in time to receive it. No bad symptom supervened until the fourth day: at this time a fever appeared, and the patient died on the seventh day. Citizen Boyer, on opening the body, perceived that the ossa pubis were moveable, and remarked this circumstance to Citizen Baudelocque. Curious to discover the cause of it, they divided the symphysis pubis, and found a great vacuum in the centre of it, round which the relaxed ligamentocartilaginous substance formed a raised margin, which was made to puff up by the approximation of the ossa pubis. In every other particular the pelvis was well formed, and the woman had had many easy deliveries.

When a woman, towards the end of pregnancy, after parturition, or during any other time, feels pain in the articulations of the pelvis, and the mobility of the bones renders progression difficult and tottering, she should be confined to her bed, the pelvis should be surrounded with bandages drawn very tight, and the region of the pubis should be covered with astringent applications; but as these latter act only on the external surface, we are to expect much less from them than from corroborants administered internally, and the use of bandages.

The treatment suited to a relaxation of the symphysis pubis is also adapted to that of the sacro-iliac synchondrosis. We do not believe that a sudden and violent separation of the thighs can produce a disjuncting of the latter, though a case of this kind is given in the *Anatomico-surgical Observations* of Blasius. It is probable that the motion of the bones in this case took place from the laxity of the ligaments; and this seems to be proved by the history of the patient, who was a young student in law, and, as Blasius expresses it, of an effeminate constitution and a relaxed and delicate habit.

But that which a sudden and violent separation of the thighs cannot produce may be occasioned by external violence. Louis's *Dissertation*, cited above, is terminated by the following case:

A sack of wheat, of three hundred and fifty pounds weight, fell on the back of a labourer who was unloading a waggon. The posterior part of the pelvis, on which the weight fell, was very much shaken; however, the pain was so inconsiderable, that it was only after some days that the patient sought relief. The bad symptoms now increased rapidly, and he died on the twentieth day. On opening the body, the os ilium of the right side was found separated from the sacrum, passing nearly three inches behind it; the parts contained in the pelvis were inflamed, there was an effusion of purulent matter into the lower region of the abdomen, and the luxated bones moved freely on one another.

The possibility of a luxation of the sacro-iliac synchondrosis by external violence is then proved beyond all doubt; but it must be very rare; and in the particular case just related, nothing less than a very great weight favoured by the position of the pelvis could have caused it. An antiphlogistic treatment is particularly adapted to such cases; for the danger depends on the inflammation which must necessarily follow such considerable external violence, and which, if it extend to the organs contained in the cavity of the pelvis, may produce the worst consequences. The accession of inflammation should, if possible, be prevented; if not, it becomes quickly fatal, unless it is arrested in its progress by copious and repeated bleedings, the use of warm baths, emollient fomentations, and the most rigid abstinence.

As to the supposed luxations of the ribs admitted by some authors, we should have observed, respecting them, the same silence as J. L. Petit, did not a case inserted in the *Memoirs of the Academy of Surgery*, after the death of that celebrated practitioner, seem to establish the possibility of their taking place. It is not, however, difficult to perceive, in reading this case, that the surgeon who has given it has committed a strange mistake, by taking a simple fracture of the posterior extremity of these bones for a luxation of them. If we attend to the number and force of the ligaments which attach the ribs to the vertebræ and sternum, and also to the manner in which the intercostal and other muscles confine them, we shall not easily conceive how external violence, whether it acts on their middle or extremities, can luxate them. They are so firmly attached to the surrounding parts, that it is very difficult to separate them from the body in the dead subject; and in preparing skeletons, we often break them if we are not careful to cut all their bonds of union be-

fore we attempt to detach them from the parts with which they are articulated. All the symptoms presented by the case of the patient of Buttet, surgeon of Etampes, indicate a fracture of the neck or posterior extremity of the rib; the pain, crepitation, and motion of the bone, are characteristic marks of it. The author proves nothing by saying, that the noise arising from the motion of the rib was very distinct, and heard by himself and his assistants, whilst that which characterizes fractures is only sensible to the hands, and that the rib could be moved in its whole length. First, it cannot be conceived how the noise which accompanies the motion of fractured bones can be sensible to the organ of touch. Next, the fracture having taken place very near the posterior extremity of the rib, rendered it impossible to draw any conclusion from its motion, as in this case it would have the appearance of moving entirely along its length; besides, it is very difficult to feel this motion through the muscles of the spine. Thus we regard luxations of the ribs as totally impossible, though Ambrose Paré, and after him Barbette, Junker, Platner, and Heister, admit them, and give different species of them.

We must not, with Lieutaud, give this name to affections in which the body of the dorsal vertebræ and the head of the rib are separated from one another by a caries of these parts.

It might happen, that by a violent and sudden contraction of the pectoralis major, the cartilage of the sixth true rib, to the whole extent of which this muscle is attached, might be separated from that of the seventh; and that the very thin capsule which keeps them together might be torn. The pain alone would point out this affection. With respect to the depression of the other cartilages, and of the appendix xyphoides, we refer to what we have said on that subject in treating of fractures of these parts.

CHAPTER VIII.

OF LUXATIONS OF THE CLAVICLE.

LUXATIONS are in general much less frequently met with than fractures. How numerous are fractures of the body and neck of the femur compared to luxations of this bone! A surgeon, who has seen hundreds of the former, generally meets in the course of a long and extensive practice only a very few cases of primary luxations of the thigh. These general considerations apply, in a certain degree, to the bone, the luxations of which form the subject of this chapter. We find, in fact, that fractures of the clavicle are much more frequent than luxations of it, and it has been supposed that they bear a proportion to one another of 6 to 1. These luxations are distinguished into that of the extremity next the sternum, and that of the extremity next the humerus.

SECTION I.

Of Luxations of the Extremity next the Sternum.

THIS extremity presents a large surface, which is articulated with another much smaller in the lateral and superior part of the sternum. This disproportion in the articulating surfaces disposes to dislocations, which are also favoured by the weakness of the ligaments, and the motions and functions of the joint. It is, in fact, in this articulation, furnished internally with an inter-articular cartilaginous lamina, that all the efforts made by the superior extremity terminate.

The clavicle may be luxated at this extremity forwards, backwards, and upwards, but never downwards: the cartilage of the first rib borders its extremity on this side, and renders a

luxation of it in this direction impossible. Of the three possible kinds of luxation, that anteriorly is the most frequent, and indeed almost the only one met with. To effect it, it is only necessary that the clavicle, naturally directed backwards, be carried still more in that direction: this motion of the shoulder backwards is the easiest and most extensive of any of which this part is capable. Accordingly, nature has diminished, as much as in her power, the tendency to dislocation which results from it, by giving great force to the anterior ligament, which is still strengthened by the portion of the sterno-cleido-mastoideus attached to the sternum. Luxations backwards and upwards are very rare: to effect the former, the shoulder must have been pushed forwards violently and to a considerable distance, and at the same time suddenly depressed by a great force: a combination of these circumstances sometimes takes place in falls. Lastly, of the two luxations upwards and backwards, the latter is that most rarely met with.

If the shoulder be pushed violently backwards, the extremity of the clavicle next the sternum is carried forwards, lacerates the capsule of the articulation, the anterior ligament, and the tendon of the sterno-cleido-mastoideus muscle, abandons the surface it was articulated with, and passes before the superior part of the sternum; forming under the skin, the only covering at this place, a hard, projecting, circumscribed tumour, which follows the motions of the shoulder. The force which causes the luxation will act with the greatest advantage, if applied to the point of the shoulder, which is the part the most distant from the articulation in which the dislocation takes place. A baker's boy, in order to repose himself, rested his basket full of bread on the parapet of a bridge: the basket lost its equilibrium, and was falling backwards; the boy endeavoured to oppose it, and in the effort, the straps which passed under each arm-pit acted so powerfully on the point of his shoulders, that one of his clavicles was luxated forwards.

When the shoulder is suddenly depressed, the extremity of the clavicle next the sternum is luxated easily upwards, as there is nothing to limit its motion in this direction, except the inter-clavicular ligament; which, however, being relaxed by the greater contiguity of the two bones, makes only a very feeble resistance.

In the luxation backwards, the extremity of the clavicle is carried behind the superior part of the sternum; but in this, as in the two preceding, all the ligaments that surround the arti-

culation are torn: this is the case, even with the costo-clavicular ligament, which does not immediately belong to it. This laceration, with the peculiarity of structure, renders the treatment of this luxation difficult.

The superficial situation of the clavicle renders a diagnosis very easy. If the luxation be forwards, a hard circumscribed tumour is felt, or even seen, on the anterior and superior part of the sternum, which is made to disappear by carrying the shoulder forwards and outwards; and an empty space is found where the head of the clavicle should be placed, &c. &c. In luxation upwards, the space between the sternal ends of the clavicles is diminished. If the luxation be backwards, there is a depression at the place where the extremity of the clavicle should be placed, and a tumour is formed by it at the anterior and inferior part of the neck, which, as J. L. Petit observes, may compress the trachea arteria, œsophagus, jugular vein, carotid artery, and nerves; lastly, the head is inclined towards the affected side. By attending to these appearances, and to the history of the circumstances, we shall be able to ascertain the existence of the dislocation, and find out in what direction it has taken place.

A luxation of this extremity of the clavicle is reduced in the same way as a fracture of this bone; that is, by making a lever of the arm, by means of which the shoulder is brought outwards; and when the shoulder is brought outwards in this manner it is pushed forwards, if the luxation has taken place in that direction; backwards, if it be posteriorly; and we elevate it if the bone is dislocated upwards. By these means we make extension, disengage the extremity of the bone, and bring it towards its corresponding articulating surface: when in this state, by pressing on it with the thumb, it is restored to its natural situation; but it is as difficult to keep it in its place, as it is easy to reduce it. All the ligaments being more or less lacerated, the articulating surfaces, which are smooth and disposed obliquely, slide easily on one another from the least motion of the shoulder.

The apparatus used in fractures of the clavicle is to be applied in cases of luxations of the extremity next the sternum. But it must be observed, that this apparatus, which makes a continued extension by means of the cushion placed in the axilla, though ever so well applied, will not keep the clavicle exactly in its place; and notwithstanding the greatest assiduity of the surgeon, the luxated extremity will remain more prominent

than that of the opposite side. This slight and inevitable deformity would not be prevented, even though the tourniquet proposed by Brasdor to make pressure on the extremity, and thus keep it reduced, were used. It will be necessary to continue the use of the bandage for a considerable time, in order to favour the union of the lacerated ligaments.

SECTION II.

Of Luxations of the Extremity next the Humerus.

THESE luxations, less frequent than the former, take place by a mutual sliding of two oblique and small surfaces on one another, which form the articulation of the humeral extremity of the clavicle with the acromion of the scapula. As these articulating surfaces are turned upwards, luxation seldom takes place but in this direction; it is proved, however, that it may take place downwards, and that the extremity of the clavicle may slide and pass under the acromion. The very great force of the conoid and trapezoid ligaments which unite the clavicle to the scapula, renders luxations of the humeral extremity very rare. The dislocation upwards, the only one that merits particular consideration, may be occasioned by a fall on the summit of the shoulder; in which case, the humeral extremity of the clavicle slides upwards on the facet of the acromion, and mounts on this process, which is itself carried a little under the displaced bone, when the shoulder is drawn inwards by the action of the muscles which bring the arm near the body. In this luxation, the capsule, the superior ligament of the articulation, as also the aponeurotic expansion of the trapezius and deltoid muscles, and the conoid and trapezoid ligaments, are ruptured.

This luxation, which is always occasioned by falling on the shoulder, may be said so be produced by the violence of the fall and the action of the trapezius muscle. This muscle, the fibres of which are attached to the external half of the clavicle, contracts, and tends to elevate the shoulder, and bring it backwards; but as the shoulder is forced against the ground, and cannot obey this action, the conoid and trapezoid ligaments are torn, and the humeral extremity of the clavicle displaced. This explanation will not appear improbable to those who know

what prodigious force muscles, in appearance the weakest, exert, and what enormous resistance they sometimes surmount.

The existence of this luxation is easily ascertained. If there be pain in the top of the shoulder succeeding to a fall on that part; and if, on examination, the extremity of the clavicle be found projecting under the skin covering the acromion, we may be sure it has taken place. Besides, the patient inclines his head to the affected side, and moves as little as possible either the arm or shoulder, because he cannot move these parts without calling into action the deltoid or some other muscle, which would consequently extend the motion to the diseased part, and cause pain. This luxation is not attended with such dangerous consequences as those related by Ambrose Paré. He says,* the bone cannot be reduced, the patient will remain disabled, and will never be able to carry his hand to his mouth or head. In fact, the clavicle has been often but imperfectly reduced, and the patients were not disabled; and this is what is observed even in the greater number of cases: the ligaments heal without uniting, and the luxation relapses as soon as the bandage is removed. I have seen a person who had a luxation of this kind, and who, after five months regular treatment, could not move his arm without dislocating the clavicle; whenever he used his arm, the scapula was carried backwards, and its base raised up the skin.

We reduce this luxation by carrying the arm outwards, by putting a cushion in the axilla, and applying Desault's bandage for fractures of the clavicle, in such a manner as that all the turns of it which ascend from the elbow to the shoulder may bear on the luxated extremity, compress it, and keep it in its place.

* Works of Ambrose Paré, chap. ii. of Luxations of the Clavicle.

CHAPTER IX.

OF LUXATIONS OF THE OS HUMERI.

THERE is no articulation which admits of such extensive motion, as that of the humerus with the scapula: consequently, luxations of the former are extremely frequent: their number equals, if not exceeds, that of the luxations of all the other bones. The head of the humerus, a large hemispherical body, is not, properly speaking, entirely received in the glenoid cavity of the scapula, which, notwithstanding the fibrous margin with which it is surrounded, is not deep enough for this purpose. It touches this cavity by only a very few points; the greater part of its surface is in contact with the orbicular ligament. The articulation itself, though admitting of great latitude of motion, is by no means provided with very strong ligaments; it derives its principal strength from the orbicular ligament, and an accessory one which comes from the coronoid process of the scapula. These circumstances render dislocations of the arm so easy, that, were it not for the great mobility of the scapula, which follows the humerus in all its motions, the latter would be dislocated by every trifling effort. The mobility, then, of the articulating surfaces diminishes the frequency of luxations, which are favoured by so many circumstances.

The humerus can be luxated only in three directions, downwards, inwards or forwards, and outwards or backwards. Luxation upwards, admitted by some authors, is rendered impossible by many causes: first, the acromion and coracoid process form, with the triangular ligament which goes from the one to the other, a kind of vault over the articulation; therefore, the first effect of every effort to push the humerus upwards, would tend to fracture these two processes, and tear their ligament; and as the head of the humerus should be carried at once upwards and outwards, before it could be luxated in this direction, the trunk prevents this disposition of the parts by not allowing the elbow to be brought sufficiently inwards. Lastly, the tendons of the

biceps and supraspinatus, and the fleshy mass of the deltoid muscle, efficaciously prevent this luxation. There is even one of the three species of luxation of the humerus, of which, though it has been described, and the possibility made evident, we are not acquainted with a single instance: it is the luxation outwards or backwards. The other two then are those that merit the attention of practitioners: the first is oftener met with than the second; it is even so frequent, that many authors, conformably to the opinion of Hippocrates, think that every primary luxation of the humerus takes place downwards: we say primary luxation; for the possibility of a subsequent change of place, by which the head of the luxated humerus is carried forwards, is generally admitted. In order to explain this subsequent change of place, let us suppose the head of the humerus, in a luxation downwards, to be placed between the tendon of the long portion of the triceps, and that of the subscapularis; but by a fall or muscular action, to be pushed forwards and inwards, and obliged to lodge between the fossa subscapularis and the muscle of that name. Luxation downwards can never be converted into that backwards; though the contrary opinion is supported by J. L. Petit; but, respectable as his authority may be, we easily conceive that the resistance made by the tendon of the long portion of the triceps must prevent it.

Luxation of the humerus downwards is the most frequent, not only on account of the great extent of motion of the bone necessary to produce it, but also because the lower part of the orbicular ligament is the thinnest and weakest, and the least supported. The tendons of the supraspinatus, teres minor, and subscapularis, are in some sort confounded with the orbicular ligament before they are inserted into the tuberosities of the humerus, and thus increase, in a remarkable manner, its strength and thickness on the superior side; the tendons of the teres minor and infraspinatus support the head of the bone on the outside; above, the same purpose is answered by the tendon of the supraspinatus, and that of the long portion of the biceps; and anteriorly and interiorly it is protected by the tendon of the subscapularis. The inferior part of the articulation is deprived of a similar support, and corresponds to the cellular substance, the glands, nerves, and blood-vessels that fill the axilla. Now, when the elbow is carried upwards and outwards, the head of the humerus, by pressing on the inferior side of the orbicular ligament, may easily lacerate it; but in the mean time, the tendon of the long portion of the triceps opposes its

escape precisely at the inferior part of the cavity, and forces it to pass out at its inferior and internal part. In this luxation the head of the humerus is found placed on the superior and internal part of the external costa of the scapula, having before it the anterior edge of the subscapularis, and the tendon of the long portion of the triceps behind it. The laceration of the capsular ligament is inseparable from this luxation; it could not take place without this happening.

In order that this dislocation may take place, the elbow must be moved outwards from the body,* and even a little elevated: in this motion of the arm, the head of the humerus slides from above downwards, and presses on the internal and inferior part of the orbicular ligament. The difficulty we experience in luxating the arm downwards in the dead body, is so great, that we may conclude that the weight of the body alone would seldom luxate it in falls on the elbow, were it not for the co-operation of muscular action. In order to elucidate the manner in which this luxation is effected, let us suppose a case: A person falls from a place somewhat elevated, on his elbow moved out from the body; but, on the very moment that the elbow reaches the ground, the pectoralis major, teres major and latissimus dorsi, contract, and draw the arm near the body: now, the consequence must be, as the elbow is fixed against the ground, that the muscles will bring downwards and inwards the head of the humerus. This force, co-operating with that of the fall, forces the head of the humerus through the ligament, and produces a luxation downwards. The humerus represents here, as in all its motions, a lever of the third kind; but its relations are changed, the force remaining always at the middle, the *point d'appui*, which was in the articulation of the humerus, is now transferred to the elbow.

Some authors think, that when the arm is moved out from the body, the action of the deltoid muscle alone can produce a dislocation of it; and in support of this opinion they refer to the case of a person who luxated his arm in attempting to raise a registry-book.

When the luxation has taken place, the head of the humerus, placed, as already observed, between the subscapularis muscle and the tendon of the long portion of the triceps, fills

* I have given in the Journal de Médecine, the history of a luxation produced by a fall on the top of the shoulder; but we may easily conceive that such cases must be extremely rare, and that fracture of the neck of the humerus is to be expected from such a cause, rather than luxation.

the hollow of the arm-pit ; the orbicular ligament, torn on its internal side, is stretched over, and covers the glenoid cavity ; the deltoides and infraspinatus muscles are elongated on account of the separation of their points of insertion ; the teres minor and subscapularis are neither stretched nor elongated, for if their superior fibres experience attention, the inferior are relaxed ; the coracobrachialis, the biceps and triceps, are elongated, and the fore-arm is more or less bent ; the brachial plexus and axillary vessels are not injured ; the circumflex nerve, which turns under the head of the humerus in its course to the deltoid muscle, is overstretched, and the injury to which it is exposed may destroy its function : a paralysis of the deltoides results ; and, consequently, an inability to elevate the arm outwards, is sometimes a consequence of an injury done to this nerve in a luxation of the humerus.

The symptoms which mark a luxation of the arm are numerous, and easy to be distinguished. The affected arm is longer than the other : we convince ourselves of this fact, by undressing the patient, and examining the height of his elbows. The arm loses its vertical position, and inclines obliquely downwards and outwards, and the elbow is very much separated from the body if the luxation be recent. When, in the healthy state, the fingers are moved along the external part of the os humeri, an equal resistance is felt along its whole length ; but, in a case of luxation, it is only at the middle part that this resistance is felt ; on the upper part, the integuments, no longer supported by the superior extremity of the bone, yield to the pressure of the fingers. The acromion projects ; an empty space is felt under it, in which the head of the humerus should be placed ; the summit of the shoulder has lost its roundness ; and a hard tumor, formed by the head of the humerus, is found in the axilla. The patient cannot perform the motion of circumduction, in which the arm describes a cone, the base of which is at the ends of the fingers, and the summit at the articulation of the humerus with the scapula ; neither can he bring his hand to his head by describing a semicircular line from without inwards. If we direct him to perform this motion, he bends the fore-arm, and stoops his head towards his hand. It is often unnecessary to attend to all these circumstances, as the existence of the luxation may be ascertained by a simple inspection of the arm, but especially by the change in its direction. However, we have given an ample detail of all its characteristic marks, as it is well attested that uninformed or inattentive surgeons have sometimes been

mistaken in their diagnosis. We have mentioned, in treating of fractures of the humerus, the marks by which luxations of this bone downwards are distinguished from fractures of its neck.

The prognosis is uncertain ; for though very often no serious symptom accompanies affections of this kind, still there may be great difficulty in reducing the bone, and a paralysis of the deltoid muscle may ensue. Professor Boyer has seen three cases of this kind.

The means proposed to effect the reduction are extremely numerous ; and, defective as a great number of them are, it may be useful to take a view of them, in order to point out what led to their disuse. The most ancient is the *ambe* of Hippocrates, a machine not used in these times, and scarcely to be met with in the richest cabinets of surgical apparatus. It is composed of a piece of wood, rising vertically from a pedestal, which is fixed ; with the vertical piece is articulated, after the manner of a hinge, an horizontal piece, with a gutter formed in it, in which the luxated limb is laid, and secured with leather strings. The patient places himself on one side of the machine ; his arm is extended in the gutter, and secured ; the angle formed by the union of the ascending piece and the horizontal branch is lodged in his arm-pit, and then the horizontal branch is depressed. In this way extension is made, whilst the vertical part makes counter-extension, and its superior part tends to force the head of the humerus into its cavity. But there is nothing to fix the scapula, and the compression made by the superior part of the vertical portion of the machine tends to force the head of the humerus into its cavity before it is disengaged by the extension ; besides, it compresses the muscles, stimulates them to contraction, and thus renders the elongation of them impossible.

The *ladder* is attended with the same inconveniences. In this process, a ladder, six or seven feet high, is placed vertically, and fixed in this situation : the upper step is surrounded by a linen cloth ; the patient is elevated by means of a stool, so as to be able to pass the diseased arm over this step ; a number of assistants take hold of the arm hanging on the opposite side of the ladder, and extend it, whilst the weight of the patient, from under whom the stool has been taken, makes counter-extension, and the step tends, by pushing upwards the head of the humerus, to force it into its cavity. This process has this additional advantage, that the force cannot be proportioned to the resistance, since it is always in proportion to the weight

of the patient. If he is very tall and corpulent, the neck of the humerus may be fractured.

The process by the *door* has the same disadvantages as the former, and differs from it only by placing the upper edge of a door, instead of the upper step of a ladder, under the axilla. The same objections may be made to the process in which two strong men, by placing a stick in the axilla, and putting the ends of it on their shoulders, raise the patient from the ground, and keep him suspended, whilst a number of assistants draw the arm downwards.

Similar defects are found in many other machines recommended for this purpose; that proposed by J. L. Petit is not exempt from them; and, notwithstanding the engraving and long description which this surgeon has given of it, it is impossible to understand its mechanism. Independently of the great pressure which it makes on the muscles, the force with which it acts is difficultly appreciated.

It has been also proposed to extend the patient on a carpet spread on the floor, while the surgeon, extended also, but with his feet towards the head of the patient, places his left heel in the axilla, and presses with it on the head of the humerus, and, at the same time, draws the arm with all his force. But the arm being parallel to the trunk, it becomes difficult to disengage the head of the humerus; the heel compresses the muscles, and there is nothing to fix the scapula.

Lastly, it has been recommended to place the patient and surgeon seated opposite one another, with the hand of the former secured between the knees of the latter; this being done, the surgeon inclines backwards, and brings with him the hand squeezed between the knees, whilst with his hands he endeavours to restore the head of the humerus. It is easily perceived that the operator can, in this situation, exert but very little force: and, if this process has succeeded in some cases, it is because the reduction was very easy, and would have been accomplished by any means, even the least rational.

The method we are now to describe is by much the least exceptionable: its effects are not contrary to any of all the rules laid down in treating of the general therapeutics of luxations.

A large piece of old linen, rolled up in a bundle, or, still better, a broad cushion of oaten chaff, folded on itself, is to be placed as high as possible in the hollow of the arm-pit; the bundle ought to be big enough to fill the entire hollow, and to reach beyond the borders of it in such a manner as to diminish the pressure made on the tendons of the pectoralis major, latis-

simus dorsi, and teres major, by counter extension. A sheet or table-cloth, folded longitudinally to about four fingers breadth, is used for making counter-extension; the middle of this is applied on the cushion, and the ends of it, carried obliquely before and behind the breast to the opposite shoulder, are committed to assistants. This part of the apparatus fixes the trunk, and even the scapula, to a certain degree; but this bone, uncompressed towards the middle of its external border, would yield to the extending force, and the reduction would be impracticable, if it were not fixed in the following manner: a napkin, folded longitudinally, to about three fingers breadth, is applied across the top of the shoulder, and one or two assistants take the ends of it, which are brought horizontally before and behind the breast to the other side of the trunk; and lastly, another assistant presses the acromion from above downwards, and prevents the folded napkin from moving out of its place,

Extension is made by assistants, who pull by a napkin, folded diagonally, and tied round the wrist of the patient. Every thing being thus arranged, and the patient seated, the surgeon places himself on the external side of the arm, directs the proceedings, attends to the elongation of the muscles, and, when he sees them yield to the extending efforts, conducts the head of the bone into its cavity. The two hands placed on the internal and superior part of the arm are sufficient for this purpose; a napkin passed under the patient's arm and round the neck of the surgeon would be both embarrassing and useless. The assistants employed for making extension draw first in an oblique direction downwards and outwards; but, apprised by the surgeon, they bring the arm at the proper time in its natural direction, whilst he forces upwards and outwards the head of the humerus. That the coaptation may be made with the greatest advantage possible, the operator should convert the humerus into a lever of the third species, the inferior part of which is supported against his breast. The effort of the assistants who extend the arm is to co-operate with that of the operator, who directs all the proceedings. When the muscles are sufficiently elongated, and the head of the bone disengaged, the elbow is brought inwards and forwards, in order to give the humerus its natural direction. This is to be done without suspending the extension, the cessation of which would allow the muscles to reassume their power, and bring back the head of the humerus to the place from which it had been disengaged.

When the first attempts at reduction fail, bleedings and warm baths are to be had recourse to; and, after these have had their

effect, the patient is to be placed on a strong and firmly fixed table, and the operation is to be recommenced. By repeating the attempts, the muscles are fatigued, their force is exhausted, and the reduction is rendered more easy. If, at the end of some days, after repeated endeavours, and inducing debility by the usual means, even by the excessive use of spirits and opium, we are not successful, we advise the patient to call in other practitioners; but in no case or under no circumstances are pullies or other extending machines of this kind to be used. I have seen in a department distant from the capital, a patient, absolutely tortured by the violent means that were employed to reduce a luxation of his arm, and yet the reduction was not accomplished. The patient, an adult, strong and robust, was stretched on a bench, and held down by a number of men; a band passed round the inferior part of the luxated arm, was tied to a vine-press, which was turned by twelve men; but scarcely had they put the machine in motion, when the skin of the shoulder and arm-pit cracked in many places; the laceration would have been more considerable, or indeed the arm would have been torn from the body, if the assistants who were employed to hold down the patient had remained deaf to his cries.

Citizen Boyer has seen the same consequences from similar attempts to reduce an old luxation of the humerus. The bands for making counter-extension were fixed to a post, and extension was made by a pulley. The pectoralis major, latissimus dorsi, and teres major, were not elongated in the smallest degree, and the attempt was given up, without accomplishing the reduction, though the force employed was so considerable as to lacerate the skin, and produce the most exquisite torture. It has been supposed that the narrowness of the opening through which the head of the humerus has escaped, might resist its reduction; and in cases where this obstacle is suspected, surgeons have directed to move the luxated arm in a variety of directions, in order to make the opening wider by increasing the laceration. But, independently of the difficulty of ascertaining the reality of this cause, how can the opening through which the head of the bone has escaped, be too little at the end of a few hours to re-admit it? Is not the effect of this practice, in cases where this obstacle has been supposed, to be attributed to the lassitude of the muscles that it produces, rather than to an enlargement of the laceration in the orbicular ligament?

We have said, in treating of luxations in general, that at the end of a month or six weeks, reduction is, if not impossi-

ble, at least very difficult; and we have pointed out the method to be pursued when this operation is attempted in these cases.

Luxation of the humerus inwards may be primary or secondary. If a person fall from a height on his elbow placed outwards and backwards, the action of the muscles co-operates with the effects of the fall, and both force out the head of the humerus at the anterior and internal part of its cavity, and propel it into the fossa subscapularis between the scapula and subscapularis muscle. In this luxation, the external edge of the subscapularis is moved from the fossa by the head of the humerus, which lacerates even the texture of this muscle, when the violence has been great, and the luxation effected with rapidity. As to secondary luxations in this direction, they take place when the head of the humerus deserts the part of the scapula on which it was placed in a luxation downwards, and is drawn by the action of the muscles, particularly by that of the pectoralis major, along the fossa subscapularis, and under the subscapularis muscle to the inferior side of the clavicle.

Some have believed that the head of the humerus might be carried upwards towards the clavicle, and be placed between the great pectoral muscle and the subscapularis; but the relations of the latter muscle with the internal side of the articulation are such, that it should be turned under the head of the humerus before a secondary luxation could take place in this direction. The subscapularis, carried inwards, remains always at the internal side of the head of the humerus; and if this latter part ascends near to the coracoid process, it can only do so by sliding between the subscapularis muscle and the fossa of the same name: in that case, the hard and round tumor which is felt below the clavicle and before the point of the shoulder, is formed by the head of the humerus, covered not only by the pectoralis major and minor, but also by the subscapularis.

In the luxation of the humerus inwards, the arm preserves nearly its natural length, unless the head of the bone be brought secondarily towards the clavicle, in which case it is shortened. The elbow is placed outwards from the body, and carried backwards; a bony eminence is felt at the superior and external part of the breast, before the point of the shoulder, and below the clavicle; there is no tumour in the axilla; the point of the shoulder is more round, and the acromion is less prominent than in luxations downwards; lastly, the motion of circumduction is impossible.

The prognosis is more unfavourable in this luxation than in that downwards; the straining of the parts has been greater, the laceration more considerable, and the reduction is more difficult; it is particularly difficult when the luxation is of a long standing, and of the secondary kind. The head of the bone, in these circumstances, often grows to the superior part of the fossa subscapularis. The process for reducing it is the same as that used in the luxation downwards, with this slight difference: the assistants who extend the arm are to pull at first in the direction of the elbow which was carried backwards, and not bring it forwards but at the moment when the head of the bone is disengaged from the muscle and the fossa subscapularis. If the luxation be secondary, we are first to endeavour to bring the head of the humerus downwards into the hollow of the arm-pit, and then replace it as in cases of luxation downwards.

There is no well-attested instance of luxation of the humerus outwards or backwards, though many authors appear to have admitted the possibility of it. It cannot take place secondarily, and succeed to a luxation downwards, because the tendon of the long portion of the triceps opposes it. Should a fall on the elbow placed inwards and forwards produce it primarily, the head of the humerus would be carried into the fossa infraspinalis between the external part of this fossa and the infraspinatus and teres minor muscles. The resistance of the spine of the scapula would prevent the humerus from ascending so high as to occasion a shortness of the arm; but the elbow would be placed inwards and forwards. The acromion would project, especially anteriorly; an eminence would be felt behind the shoulder below the spine of the scapula; the motion of the humerus would be painful, and that of circumduction impossible. It is to be reduced according to the rules already laid down; but the arm is to be drawn at first inwards and forwards, in order to disengage the head of the bone before bringing it to its natural direction.

Whatever may be the kind of luxation, the reduced bone is easily kept in its place, by preventing the motion of the arm; and as luxation can take place only when the arm is at some distance from the trunk, a return of it will be certainly prevented by tying the elbow to the side. A bandage carried several times round the trunk, and including the elbow, answers this purpose. The spica bandage applied to the point of the shoulder would not answer so well the proposed end; its action, from being confined to the superior extremity of the humerus,

would not prevent the motion of the elbow ; consequently we find, that it is now only used to retain emollient and resolvent topical applications, which it is sometimes necessary to apply to the shoulder. Different symptoms which may accompany or succeed luxations of the humerus, such as pain, paralysis of the deltoid muscle, or œdema of the arm, may render such topical applications necessary.

If the shoulder be much contused, and the pain considerable, emollient cataplasms are to be applied to the pained part ; and if the patient be young and strong, some blood is to be taken away. When, by this treatment, the pain is diminished, the emollients are to be replaced by resolvents, with a view of discussing the ecchymosis. In the generality of cases, the pain has entirely vanished, and the patient has recovered the entire use of his arm at the end of a month.

The œdema may arise from the compression made by the head of the humerus in the axilla on the veins and lymphatic vessels, which bring back the fluids of the superior extremity. The round figure of the head of the humerus and its polished surface render it unfit for making great pressure, so that it slides easily over the soft parts, and seldom produces this symptom. Paralysis is much more frequently met with, and it would be a much more frequent consequence if the brachial plexus and axillary vessels did not easily escape from the round and slippery surface of the head of the humerus. If these nerves are slightly compressed by this bony eminence, a numbness and pain are felt in the arm, but these symptoms disappear on the reduction being accomplished. This is not the case with the paralysis produced by the contusion and disorganization of the plexus ; it often resists the application of the most powerful remedies ; however, the effects of blisters and frictions with irritating substances, such as the tincture of cantharides, may be tried. I have seen much benefit arise in these cases from burning moxa behind the clavicle, and immediately above the brachial plexus.

The paralysis, as we have mentioned, is sometimes confined to the deltoid muscle. It depends then on the contusion and injury done to the circumflex nerve by the head of the humerus which bends it under it. This affection is sometimes very obstinate, resists the usual remedies, and is followed by a diminution of volume in the muscle.

Lastly, there is an accident which may arise from the efforts to reduce a luxation, with which the practitioner ought to be made acquainted, in order that he may not be alarmed at its

taking place. It is generally produced by the violent efforts necessary to reduce an old luxation, and it was in a case of this kind that it presented itself to Desault. This surgeon, after reducing with great difficulty a luxation inwards, which had continued for six weeks, perceived a tumour forming rapidly under the great pectoral muscle, which soon extended to the axilla, and filled its entire cavity. Desault and his assistants thought that an aneurism was produced by the rupture of an artery: but their apprehensions were soon removed. It afterwards appeared that the tumour was formed, according to the opinion of some, by an effusion of venous blood; according to that of others, by air escaping from the lungs; but the former appears by much the most probable, as the tumour disappeared on the thirteenth day, and left a large ecchymosis, which was not discussed before the twenty-seventh day.

Anchylosis is never a consequence of luxations of the humerus, when they are reduced. The motion of the arm, first impeded by the pain, becomes daily more free, and is soon performed with as much facility as before the luxation had taken place. The recovery of the patient is accelerated by moving the arm every day as much as the state of the soft parts surrounding the articulation will admit. It is even rare to find an anchylosis in luxations of the arm which have not been reduced. The head of the humerus makes a depression in the part of the scapula with which it is in contact, and forms a new articulation, which allows more or less extensive motion; but it will be forever impossible to carry the hand semicircularly to the head.

CHAPTER X.

OF LUXATIONS OF THE FORE-ARM.

THIS chapter will be divided into three sections: in the first we will treat of luxations of both bones of the forearm from the humerus; in the second we will describe luxation of the superior extremity of the radius from the ulna, and in the third we will treat of luxations of the inferior extremity of the ulna from the radius.

SECTION I.

Of Luxations of the Fore-arm from the Humerus.

NOTWITHSTANDING the extent of the surfaces of the articulation of the radius and ulna with the os humeri, the strength of the muscles and ligaments surrounding it, and the mutual reception of the eminences which makes it a perfect angular ginglymus, a dislocation of these two bones from the extremity of the humerus may take place at the same time. They are luxated for the most part backwards, sometimes laterally, but very rarely anteriorly: the latter luxation cannot take place without a fracture of the olecranon. Luxation backwards is the most frequent: it is facilitated by the small size of the coronoid process, which, when the extremity of the humerus is forcibly pushed downwards and forwards, may slide behind it, and mount up even to the cavity which receives the olecranon during the extension of the forearm.

Luxations latterly are much less frequent, and are always incomplete. The great extent of the articulating surfaces in their transverse direction, the reciprocal union of their inequalities,

and especially the strength of the ligaments and muscles, which arising from the internal and external condyles of the inferior extremity of the humerus, go to the fore-arm and hand, give great strength to the articulation, and render it impossible to effect by any violence a complete luxation laterally.

In the luxation backwards, the radius and ulna may ascend more or less behind the humerus; but the coronoid process of the ulna is always carried above the articular pulley, and is found lodged in the cavity destined to receive the olecranon. The head of the radius is placed behind and above the external condyle of the humerus. The annular ligament, which confines the superior extremity of the radius to the ulna, may be lacerated: in which case, even when the bones are reduced, it is difficult to keep them in their proper places, as the radius tends constantly to separate from the ulna.

This luxation always takes place from a fall on the hand; for, when we are falling, we are led by a mechanical instinct to bring our hands forwards to protect the body. If, in this case, the superior extremity, instead of resting vertically on the ground, be placed obliquely with the hand nearly in a state of supination, the repulsion which it receives from the ground will cause the two bones of the fore-arm to ascend behind the humerus, whilst the weight of the body pressing on the humerus directed obliquely downwards, forces its extremity to pass down before the coronoid process of the cubitus.

The fore-arm in this luxation is in a state of demi-flexion, and every attempt to extend it occasions smart pains. The situation of the olecranon, with respect to the condyles of the humerus, is changed. The olecranon, which in the natural state is placed on a level with the external condyle, which is itself situated lower than the internal, is higher than it.

This luxation may be mistaken for a fracture of the olecranon, of the head of the radius, or even of the inferior extremity of the humerus: such a mistake is attended with very bad consequences; for if the reduction be not effected before the end of fifteen or twenty days, it is impossible to accomplish it afterwards. Such was the case of a student of law, who fell down stairs and luxated his fore-arm backwards. The surgeon to whom he applied, thought he discovered a fracture of the head of the radius, and treated him as if a fracture had really taken place; but at the end of twenty days the error was detected, without a possibility of reducing the luxation. The swelling, more or less considerable, which supervenes in twenty-four hours after the accident, renders a diagnosis difficult; the

the bony prominences are so covered by it, that it is impossible to examine their respective situations. Besides, the rubbing of the coronoid process and olecranon against the humerus, causes a grating noise similar to that in fracture. From these circumstances it must appear, that much attention is requisite to establish a diagnosis between fracture of the head of the radius, and dislocation of the fore-arm backwards.

Different methods have been proposed to reduce this luxation of the fore-arm: some direct to place the elbow of the patient on a table covered with many folds of cloth; while the surgeon places his elbow in the bend of the arm, insinuates his fingers between those of the patient, and bending his fore-arm draws up the hand, and presses at the same time with his elbow on the inferior part of the humerus. But the force that can be applied in this way is inconsiderable; besides, the pressure forces the inferior extremity of the humerus against the luxated bones, increasing the friction and the difficulty of reduction. The same inconvenience attends the method which consists in placing the fold of the luxated arm against a bed-post, and bending the arm by means of an assistant, while the surgeon pushes the olecranon downwards and forwards.

The following method is by much preferable. The patient being firmly seated, an assistant seizes the middle part of the humerus, and makes counter extension, while another assistant makes extension by drawing by the inferior part of the fore-arm; the surgeon, seated on the outside, grasps the elbow with his two hands, by applying the four fingers of each hand to the anterior part of the humerus, and the thumbs to the posterior, with which he presses on the olecranon, in a direction downwards and forwards. This method will be in general successful. If the strength of the patient, or the long continuance of the luxation, render it necessary to employ a greater force, a fillet is to be applied on the wrist to make extension, and a cushion is to be placed in the axilla, and the arm and trunk fixed as is done in cases of luxation of the humerus.

When the luxation is reduced, which is known by the noise the bones make in reassuming their situation, by the relative position of the processes, by the form of the part, and the facility of flexion and extension, long compresses moistened with a resolvent liquid, are to be applied to the elbow. They should be arranged obliquely, so as that their extremities may cross one another, and the whole form a figure of 8, which arrangement will prevent them from falling off. The fore-arm is to

be neither much bent nor extended. A roller is to be passed tightly round the hand and fore-arm, in order to prevent an effusion of lymph. The laceration which always takes place, is accompanied with more or less inflammatory swelling, which is to be combated by blood-lettings, emollient cataplasms, anodynes, resolvents, &c.

At the end of seven or eight days, when the inflammatory symptoms are nearly gone, the articulation is to be gently moved, and the motion is to be increased every day, in order to prevent ankylosis, to which it is remarkably disposed.

In a luxation of the fore-arm backwards, the annular ligament which confines the head of the radius to the extremity of the ulna is sometimes torn, and the radius passes before the cubitus. In such cases the motions of pronation and supination are difficult and painful, though the principal luxation has been reduced. The head of the radius may be easily replaced, by pressing it from before backwards, and it is kept in its place by adding to the apparatus above described, a compress, which is to be applied to the superior and external part of the fore-arm. The bandage and compresses are to be taken off every two or three days, and re-applied: this precaution is very necessary, on account of the relaxation of the bandages, and the necessity of moving the articulation to prevent an ankylosis.

If the luxation be not soon reduced, it becomes irreducible; the superior extremities of the bones of the fore-arm grow to the humerus at its posterior part, and the patient can neither bend nor extend his arm. However, in some cases, especially in young persons, some motion is acquired in time, the heads of the radius and ulna make depressions in the humerus, and form for themselves cavities, in which they perform some motions, but always imperfectly.

The luxation forwards should be treated as a fracture of the olecranon, with which it would be inevitably accompanied. It may be necessary, on account of the great injury done to the soft parts, to bleed the patient copiously, and put him on an antiphlogistic regimen.

As to the lateral luxations, either inwards or outwards, they are always incomplete, and easily discovered. They are reduced by drawing the humerus and fore-arm in contrary directions, and at the same time pushing the extremity of the humerus and the two bones of the fore-arm in opposite directions. The extension and counter-extension diminish the friction of the surfaces of the articulation, and facilitate their sliding over one another.

These luxations cannot be produced without considerable violence; but when the bones are reduced, they are easily kept in their place. It will be sufficient to pass a roller round the part, to put the fore-arm in a middle state, neither much bent nor extended, and to support it in a sling. But much inflammation is to be expected, from the injury done to the soft parts. In order to prevent it, or at least mitigate it, the patient is to be bled two or three times, and put on a low diet, and the articulation is to be covered with emollient cataplasms. It is scarcely necessary to repeat that the arm is to be moved as soon as the state of the soft parts will admit of it.

SECTION II.

Of Luxations of the superior Extremity of the Radius from the Ulna.

THE two bones of the fore-arm, articulated laterally by a double ginglymus, may be luxated from one another. But of these dislocations, of which the ancients make no mention, there is none more frequent than that of the head of the radius from the ulna. The superior extremity of the former may be forced before or behind the little sigmoid cavity of the ulna, destined to lodge a part of its circumference. They may take place instantaneously, from a violent and sudden effort, or gradually; and on account of this difference, they are divided into primary and secondary. We will treat first of the primary.

Though the superior extremity of the radius, in its different motions round the ulna, turns on its own axis, yet different observations prove that this extremity of the bone may be dislocated. The possibility of its luxation forwards, which ought to be rarer than that backwards, is easily conceived. The cause of the one being more frequent than the other may be this; the motion of supination, which must take place to produce luxation forwards, is less free and less extensive than that of pronation, in which the luxation backwards is effected; besides, the little sigmoid cavity in the ulna presents anteriorly on its margin a bony prominence, which prevents in some degree the head of the radius from passing on that side.

Many cases of primary luxation of the radius backwards are found in the work of Duverney. Citizen Boyer has met

with it twice in a child of ten or twelve years of age. I have seen a similar affection, in a child of the same age, in consequence of a fall. In this luxation, the hand is in the state of pronation, and cannot be brought to its natural state, which is the medium between pronation and supination. The eminence formed by the head of the radius, instead of being felt under the external condyle of the humerus, is placed behind at the external side of the olecranon. A depression is felt at the superior and external part of the fore-arm. In order to reduce it, the left hand is to be placed on the elbow, so as to be able to push with it the head of the radius from behind forwards, and the patient's hand is to be taken by the other and brought towards supination, while the displaced extremity is pushed forwards. The noise heard at the moment that the extremity of the radius enters the sigmoid cavity, the remission of the pain, the change in the shape, and the facility of performing pronation and supination, indicate that the luxation has been reduced. The after-treatment consists in surrounding the part with compresses, wet with resolvent liquids, and in covering the entire limb with a roller. The articulation should be frequently moved, but always very gently, as the annular ligament unites with difficulty, and only after a long time.

The secondary luxation of the superior extremity of the radius, arises from small efforts often repeated, which, without immediately displacing the bone, disposes it to relinquish gradually the sigmoid cavity. It takes place in young children. Nurses generally take children by the hand when they walk, to prevent them from falling; and when they are in danger of falling, support them by drawing up the arm with the hand in an overstretched state of pronation. The same is done sometimes to put them over a little stream, or even to carry them to a certain distance. The straining occasioned in this way, produces a dull pain, which each repetition of the practice increases. The child complains of this pain when the articulation of the elbow is pressed on. He makes less use of this arm than of the other, and if he receives a sweetmeat in the hand of this side, he passes it to the other to convey it to his mouth. In this state of the disease, it will be only necessary to avoid a repetition of the cause, and to apply embrocations to the part. If these precautions are neglected, and if the practice of raising the child by the arm be persisted in, the pain continues and increases; a swelling appears in the pained joint; the superior extremity of the radius is carried backwards; the motions of the fore-arm are obstructed, and usually, in

scrofulous children, the tumefaction of the joint increases; the extremities of the bones become carious; abscesses form, which either on breaking spontaneously, or being artificially opened, cause fistulous openings into the joint. Then the dislocation of the extremity of the radius is no more the principal disease; this consists of a painful swelling of the soft parts, and enlargement and caries of the ends of the bones. In the chapter on white swellings we will give the treatment of it.

SECTION III.

Of Luxations of the inferior Extremity of the Ulna.

WE give this denomination to the dislocations of the inferior extremities of the bones of the fore-arm, which other authors describe under the name of luxations of the inferior extremity of the radius. Although this extremity moves on the ulna, yet, as the head of the latter evidently escapes from the sigmoid cavity of the radius, and as, in considering the affection as arising from this dislocation, it is easier to explain the phenomena of it, we have adopted this name in preference.

The inferior extremity of the ulna may be luxated anteriorly, or posteriorly, from the inferior extremity of the radius.

The first of these luxations, of which we have but few examples, must be much less frequent than the second, because the excessive supination of the hand necessary to produce it is more difficult than its pronation. It is well known that it is in the state of pronation that the hand performs almost all its motions, and fulfils the greater part of the purposes to which it is adapted. In this luxation, the head of the radius rolls from before backwards, or from within outwards on the head of the ulna, and pushes it forwards; if the luxation take place rapidly, the ligaments between the bones will be torn, and the little head of the ulna will be forced before the inferior extremity of the radius. In this state, the hand is in a continual state of supination, and cannot be brought to that of pronation; a tumour is felt before the radius; there is an empty space where the inferior extremity of the cubitus should be; and this bone, instead of being parallel with the radius, crosses it obliquely at its inferior part. Reduction is easily effected. It is done by pulling the arm,

and at the same time turning it a little inwards, whilst the head of the ulna is pushed backwards, and the extremity of the radius carried forwards, the person who extends the arm bringing the hand at the same time to the state of pronation. The noise made by the replacing of the bones, the disappearance of the deformity, and the facility of putting the hand in the supine or prone state, shew that the luxation is reduced. Compresses wet with resolvent liquids, and a roller passed tightly round the fore-arm, are all the apparatus that are necessary after the reduction; the hand is to be kept at rest and supported in a sling. This luxation, if neglected, would lead in a very short time to the loss of motion in the joint from an ankylosis.

Citizen Boyer has met a remarkable case of luxation of the cubitus anteriorly, which is extremely rare. A woman engaged in a riot, that took place in a coffee-house near the market-place of Saint Germain, was pushed out of the house by a man who twisted her hand violently in the supine direction; she felt horrible pain, and cried out that her wrist was breaking, and in the moment saw that a deformity supervened. Professor Boyer was called in; he found the hand fixed in the supine state, the fore-arm bent, and the hand supported before the breast. The oblique direction of the inferior extremity of the ulna which crossed the radius, was very remarkable. The reduction was accomplished only by the fourth attempt.

The luxation backwards of the inferior extremity of the ulna, described by authors under the name of luxation forwards of the inferior extremity of the radius, has been frequently observed. It is more frequent than the former, because the motion of pronation, by which it is occasioned, is more habitual than that of supination; and as luxation forwards is produced by a violent supination, so that backwards is the result of a violent and sudden pronation. Such was the case of the female mentioned in Desault's Surgical Journal, who luxated the cubitus backwards in wringing wet cloths; in doing which, the hands are put in the greatest state of pronation possible. The hand in this luxation is fixed in the prone state, is incapable of supination, and is a little inclined inwards. The ulna crosses the radius obliquely, but its little head forms a tumour behind the inferior extremity of this bone. It is reduced in the same manner as the luxation forwards, with this difference, that the hand is to be moved in a contrary direction. If the luxation has been neglected, and a swelling of the articulation has su-

pervened, no attempt is to be made to effect a reduction until the swelling is discussed by means of emollient cataplasms; we should not however defer the reduction too long, as it often becomes impossible after a very short time. In the latter case, the person is not so much disabled in the luxation backwards, as in that forwards; the state of pronation being much more convenient for the purposes of the hand, than that of supination.

CHAPTER XI.

OF LUXATIONS OF THE HAND.

SECTION I.

Of Luxations of the Wrist.

FOUR kinds of luxations may take place in the articulation of the bones of the carpus with the inferior extremities of those of the fore-arm, viz. luxation forwards, backwards, inwards, and that outwards. But the two first, especially that backwards, are the most frequent, because the motions of flexion and extension are much more extensive than those of adduction and abduction, and because the extent of the articulating surfaces is greater from within to the outside, than from before backwards; besides, the styloid apophyses of the radius and ulna strengthen the external and internal sides of the articulation, and render dislocation in the transverse direction still more difficult.

The articulation of the hand with the fore-arm is remarkable in this, that it admits of flexion and extension nearly to the same extent; whilst these two motions, in all the other articulations, have rarely the same latitude, that of flexion being always the most considerable.

Luxation backwards is facilitated by the direction of the convex articulating surfaces of the scaphoides, semilunaris, and pyramidalis, which, inclined more backwards than anteriorly, must be more disposed to slide in this direction than in any other. It is caused by a fall on the back of the hand while much bent; in which case the first range of bones of the wrist slides backwards into the oblong cavity of the two bones of the fore-arm, extends and lacerates the posterior ligament, and forms an eminence behind the ends of the radius and ulna. This tumour, the depression at the anterior part of the wrist, and the extraordinary flexion of the hand which cannot be extended, are the distinguishing marks of this luxation. It is reduced by fixing the fore-arm, and drawing the hand, whilst pressure is made on the eminence formed by the displaced carpus to force it back into its cavity. An assistant fixes the arm, and the surgeon makes extension and adjusts the bones. Luxation forwards is occasioned by a fall on the palm of the hands, the fingers being extended, and more force being applied to the inferior part of the palm than to the superior. It is rarely complete; the hand remains painfully extended, and cannot be restored to its natural direction without some difficulty. The numerous tendons which pass before the wrist, and the annular ligament which confines them, being pushed forwards, render it so difficult to discover the eminence formed by the bones of the wrist before the ends of those of the fore-arm, that this affection may be easily mistaken for a sprain. Consequently, in all doubtful cases, we should proceed as if the luxation had really taken place, and bring the hand into its proper direction.

Luxations backwards, but especially those forwards, are always accompanied with a more or less considerable laceration of the ligaments, and are followed by an inflammatory swelling difficult to subdue; hence the full use of the wrist is not recovered for a considerable time. When the bones are reduced, the remainder of the treatment is the same as in cases of sprain: refrigerents and repellents are to be first used, and then emollients and resolvers. The patient must not fatigue the hand

much, even for some time after complete recovery, lest he excite inflammation, and lay the foundation of a white swelling.

Luxations inwards, and those outwards, are never complete. The laceration of the ligaments, a tumour at the internal or external side of the joint, and distortion of the hand, are the concomitant symptoms of these luxations, and mark them out sufficiently. They are reduced by making gentle extension, and causing the two surfaces of the joint to slide on one another in a direction contrary to what they took in luxating, and by bringing the hand into its natural situation. The danger of these luxations depends less on the dislocation than on the straining and laceration of the soft parts, which are always followed by more or less tumefaction, a symptom difficult to subdue, and often the cause of ankylosis, or even of caries.

SECTION II.

Of Luxations of the Bones of the Carpus and Metacarpus.

THE motions of the bones of the carpus in their articulations with one another are so limited, and their connexion is so strong, that a dislocation of them appears entirely impossible. However, the head of the os magnum, which is received in a deep cavity formed for it by the scaphoides and semilunaris, may escape from this cavity, be luxated backwards by too great a flexion of the bones of the first range on those of the second, and form a tumour on the superior part of the back of the hand. I have lately seen a remarkable case of this luxation. Mrs. B. in a labour pain, seized violently the edge of her mattress, and squeezed it forcibly, turning her wrist forwards; she instantly heard a slight crack, and felt some pain, to which her other sufferings did not allow her to attend. Fifteen days afterwards, happily delivered, and recovered by the care of Professor Baudelocque, she shewed her left hand to this celebrated accoucheur, and expressed her disquietude about the tumour which appeared on it, especially when much bent. I was called to visit this lady. I found that this hard circumscribed tumour, which disappeared almost totally by extending the hand, was formed by the head of the os magnum luxated backwards; I replaced it entirely by extending the hand, and

making gentle pressure on it. As the affection did not impede the motion of the part, as the tumour disappeared on extending the hand, and as it would have been even little apparent in any state of the hand, had Mrs. B. been more in flesh, I advised her not to be uneasy about it, and to apply no remedy to it. Chopart observed a similar dislocation in a butcher. Professor Boyer's practice has presented him also a case of it.

As to the bones of the metacarpus, they are connected so closely and strongly, and support one another so firmly in efforts made against the palm of the hand, that they are never luxated. The ligaments of their articulations may, however, be overstretched and torn, and a painful diastasis produced, which will require the use of emollients and resolvents, with immobility of the hand as long as the affection continues.

Notwithstanding the mobility of the articulation of the trapezium with the first bone of the metacarpus, the latter is luxated but very rarely. Efforts made on the thumb, which is supported by this bone, would produce rather a luxation of the first phalanx, than that of the metacarpal bone. The second and third bones are so firmly articulated with one another, and with the bones of the second row of the carpus, that they are not susceptible of any luxation whatever. As to the fourth and fifth, a little more moveable, and supported by the os unciniforme, their articulations are more susceptible of sprains than true luxations.

SECTION III.

Of Luxations of the Fingers.

THE first phalanges may be luxated backwards at their articulations with the bones of the metacarpus. A luxation of them forwards would be very difficult, if not altogether impossible, on account of the disposition of the articulating surfaces of the metacarpal bones, which are much elongated forwards, and allow a great extent of motion to the phalanges in this direction, without losing contact with them; and on account of the resistance made by the palm of the hand, which would restrain the flexion carried beyond what the inclination of the articulating surfaces would admit of. Luxations inwards can

take place only in the first phalanges of the thumb and little finger; as to that outwards, the first phalanx of the thumb alone is susceptible of it. This phalanx is also the most exposed to luxations backwards. When a violent effort is made on the thumb from before backwards, its first phalanx slips behind the head of the first metacarpal bone, and remains extended, while the second is bent, its flexor-muscle being thrown into action by the irritation. The distortion of the thumb, the impossibility of bending the first phalanx, and the pain, render this luxation sufficiently evident.

The more violent the effort necessary to produce these luxations, the more grievous are their consequences. In some persons in whom the ligaments are excessively relaxed, they produce no inconvenience. In such, the first phalanx of the thumb may be luxated at will; but then it is as easily reduced as displaced.

These luxations should be quickly reduced, for, at the end of eight or ten days, they are irreducible. Desault, in a case of this kind, proposed making an incision behind the superior extremity of the phalanx, and by means of it to introduce a spatula, in order to push the phalanx into its place; but the patient, frightened at the operation, would not submit to it. Citizen Boyer has also observed in a hair-dresser, a luxation backwards irreducible from having continued too long.

The reduction is not as easy as one might imagine. The number and force of the muscles which are inserted into the first phalanx of the thumb, and the little hold we can take of this part in order to make extension, render the reduction difficult. Luxations of the first phalanges of the thumb and little finger inwards, that of the thumb outwards, and luxations of the first phalanges of the other fingers backwards, are all reduced by making extension on the inferior extremity of the affected finger, round which a fillet is to be passed if there be occasion for much force. The wrist is fixed by an assistant, who makes counter-extension, and the surgeon replaces the bone. The first and second phalanges are also susceptible of luxation backwards, which only differs from the former by being more easily reduced. After the reduction is accomplished, a roller is put round the finger to prevent a return of the luxation.

CHAPTER XII.

OF LUXATIONS OF THE FEMUR.

THE articulation of the femur with the bones of the pelvis is so strong and well secured, that luxations of it are not frequent; thus they are much rarer than those of the humerus, yet they are described by all authors, ancient and modern. But I am disposed to think that practitioners have often confounded primary luxations of the femur with fractures of the neck of this bone, which are much more common.

These luxations may take place upwards and outwards on the external face of the os ilium, upwards and forwards on the body of the os pubis, downwards and inwards on the foramen ovale, and downwards and outwards on the os ischium. Hence their division, generally admitted, into four well-marked species.

Luxation upwards and outwards, and that downwards and inwards, are the most frequent; and it is not easy to ascertain which of these two takes place oftenest. No anatomical reason can be given for the frequency of the first*; the edge of the acetabulum projects more at the superior and exterior parts than at any other; the orbicular ligament, which is very thick at this place, and the interior ligament of the articulation, which must be previously ruptured, oppose the dislocation in this direction. There is little, on the contrary, to oppose the luxation downwards on the foramen ovale. The inferior and internal part of the circumference of the cavity, the place by which the bone escapes in this species of luxation, presents a deep notch formed into a hole by a ligament, under which the vessels of the articulation enter. The orbicular ligament is thinner here than at any other place; the motion of abduction, in which this luxation takes place, is more extensive than that of

* Except the disposition of the head of the femur, the articulating part of which, covered with cartilage, is continued farther upwards and outwards, than downwards and inwards.

adduction; and lastly, the round ligament within the articulation does not oppose it, as it may take place without its being ruptured.

Luxation upwards and forwards is very rare; that downwards and backwards is still more so; and, perhaps as shall be observed farther on, never occurs but secondarily.

When, by a fall from a place more or less elevated, on the soles of the feet, or on the knees, the thigh is pushed forwards and inwards, the head of the femur, forced towards the superior and external part of the acetabulum, breaks the internal and orbicular ligaments, escapes through the laceration in the latter, and ascends on the external face of the os ilium; but as the part of the os ilium immediately above and at the external side of the cavity, is very convex, the head of the femur soon abandons its first position, and slides backwards and upwards into the external fossa of the os ilium, following the inclination of the plane towards this fossa, and obeying the action of the glutæi muscles which draws it in this direction. The head of the femur, in ascending thus on the external face of the os ilium, pushes upwards the glutæus minimus, which forms a sort of cap for it; and the glutæus maximus and medius are relaxed by the approximation of the points into which they are inserted. The pyriformis is nearly in its natural state, the gemini, obturatores, and quadratus femoris, are a little elongated. The psoas magnus and iliacus internus are relaxed, as are also the other muscles inserted into the trochanter minor. If to this description it be added, that the orbicular ligament, torn at its superior part, is stretched over the acetabulum and covers it, an exact idea may be formed of the change occasioned in the surrounding parts by this luxation of the femur.

The affected thigh is shorter than the sound one: it is a little bent, and carried inwards. The knee inclines more forwards and inwards than the opposite one; the leg and thigh are turned inwards, and the foot points in this direction. The trochanter major is brought nearer the anterior and superior spinous process of the os ilium, and is at the same time elevated and carried a little forwards; the latter circumstance may be considered as the necessary consequence of the rotation inwards of the thigh. The natural length of the limb cannot be restored without reducing the luxation; the foot cannot be turned outwards, and any attempt to do so causes pain; but the inclination of the foot inwards may be increased. If the pa-

tient endeavours to walk, he extends the foot to put the top of it on the ground ; and though the heel is raised, he is still lame ; for the diseased limb remains always shorter than the other, and the pain occasioned by the attempt to walk renders progression still more difficult.

Luxation of the femur upwards and outwards has nothing in common with the fracture of the neck of this bone but the shortness of the limb. The easy rotation of the member outwards and inwards, &c. &c. preclude all possibility of confounding them, unless the surgeon be remarkably inattentive.

It is difficult to assign the cause of the foot and remainder of the limb being turned inwards in this luxation. It may be established as a general rule, that luxated members always take a direction determined by the elongation of the muscles of the side opposite that to which the luxated bone is carried : thus in luxation of the arm downwards and inwards, the deltoides and infraspinatus muscles, lengthened by the separation of their points of insertion, move the elbow out from the body, and give the arm an oblique direction. In this case, the obturatores, gemini, and quadratus femoris, being elongated, the point of the foot ought to be turned outwards. This phenomenon depends perhaps on the external portion of the orbicular ligament which comes from the anterior and inferior spine of the os ilium ; this portion, which is very thick, being elongated in the luxation outwards, draws the great trochanter forwards, and consequently turns inwards the entire limb.

The difficulty of reducing luxations of the thigh, from the strength and number of its muscles, renders every dislocation of which it is susceptible very distressing. The laceration and injury done to the soft parts are nearly as considerable as in dislocations of the ginglymoidal articulations.

To effect the reduction, the patient is extended on a table firmly fixed, and covered with a mattress which is to be tied to it ; a sheet folded longitudinally is applied to the groin of the sound side, in order to make counter-extension. The middle part is applied against the superior and internal part of the thigh, and the two ends passed before and behind the pelvis, cross on the hip, and are held by a sufficient number of assistants. By this means the trunk is fixed, but there is nothing to prevent the pelvis from yielding to the extending force. To answer this purpose, another sheet folded in a similar manner is placed transversely on the spine of the os ilium, and its ends are brought horizontally before and behind the abdomen towards the hip of the opposite side, where they are held by as-

sistants. This apparatus, similar to that placed on the point of the shoulder in a luxation of the arm, answers the same purposes, as it presses only on the superior part of the glutæus maximus and medius, and does not stimulate them to contract. The extending force is to be applied to the inferior part of the leg, in order to have it as far as possible from the parts which resist the return of the head of the femur. The number of assistants for making extension and counter extension is to be proportioned to the exigencies of the circumstances and the power of the muscles. The surgeon, placed at the external side of the limb, presses on the great trochanter, and when the head of the bone has been brought on a level with the acetabulum, he endeavours to force it into it.

The disappearance of all the symptoms, and especially the noise made by the head of the femur on re-entering its cavity, indicate the success of the operation. This success is seldom obtained without having previously made several fruitless endeavours, whether from not employing sufficient force to make extension and counter-extension, or from a spasmodic contraction of the muscles obstinately resisting the reduction.

When the bone is reduced, it is prevented from leaving its place by bringing the thighs together by means of a bandage placed above the knees. In the generality of cases it will be advisable to take some blood from the patient, and confine him for a few days after the accident to a very low diet; and in all cases the hip is to be covered with emollient and resolvent applications, which may be kept on by means of the spica bandage for the groin. This bandage is well adapted to this use, but is not at all fit for keeping the luxated bone in its proper place, as its action is made too near the centre of motion. The patient should be particularly directed not to walk too soon, nor at any time to fatigue too much the affected joint. It remains always weaker than the other; the round ligament never unites completely, if even its reunion be possible. When the limb has not been left at rest for a sufficient length of time, (twenty days at least), the pain can never be said to have entirely disappeared; it is revived by the slightest effort, and at length becomes permanent. The patient, however, does not complain much of the pain, but it is more than probable that it is occasioned by a swelling of the cartilages and synovial glands of the articulation, the direful forerunner of spontaneous luxation of the femur, and of caries of the bones forming the acetabulum.

Luxation of the thigh downwards and inwards, or into the foramen ovale, is nearly as frequent as that just described; it is favoured, as we have said, by the great extent of the motion of abduction of the thigh; by the notch at the inferior and internal part of the acetabulum; by the weakness of the orbicular ligament at this side; and lastly by the situation of the round ligament, the rupture of which is not a necessary consequence of it. It is occasioned by a fall on the feet or knees considerably separated from one another. The head of the femur slides from without inwards on the bottom of the acetabulum, and comes against the inferior and internal portion of the orbicular ligament, which it lacerates, and passes on to the foramen ovale between the ligament and the obturator externus.

In this species of the luxations of the femur, the state of the soft parts surrounding the articulation is as follows: the glutæi, gemini, obturatores, quadratus femoris, psoas magnus, and iliacus internus, are elongated by the separation of their points of insertion. The rotation of the limb outwards is produced by the elongation of these muscles. The adductors, elongated, form at the interior part of the thigh a tense cord, which is felt from the pubis to below the middle of the thigh.

The affected thigh is longer than the sound one; the head of the femur being placed lower than the acetabulum, the great trochanter is removed to a greater distance from the anterior and superior spinous process of the os ilium, and the thigh is flattened in consequence of the elongation of the muscles. The adductors, extended obliquely from the pubis to the femur, form a cord which elevates the skin of the internal part of the thigh. A hard round tumour is felt at the inner and superior part of the thigh, formed by the head of the femur, which elevates the soft parts situated before the foramen ovale. The leg is slightly bent; the knee and foot turned outwards, cannot be brought back to their proper direction. If the patient attempt to walk a few steps, he makes a semicircular motion with the foot, and places at once the entire sole on the ground; and though he keep the knee bent, still the limb is too long, and occasions lameness. The mode of progression of persons whose thigh is luxated in this direction may be compared to that of a mower: the elongated extremity, like the leg which the mower keeps forwards, describes a semicircular motion outwards.

All these symptoms taken together form a combination too striking to admit of error in our diagnosis, or to allow us to

confound this luxation with any other, or even with fracture of the neck of the femur.

The prognosis is somewhat less unfavourable in this than in luxation upwards and outwards. The muscles, which might oppose the reduction, being all elongated by the very circumstance of the luxation itself, render the reduction easier; besides, the contusion of the soft parts is less considerable, and the round ligament is stretched, but not broken. It is reduced in the same manner as the other, except that the extension is to be made at first downwards and outwards, before bringing the limb to its natural direction.

Luxation upwards and forwards is much rarer than the preceding, and more than one practitioner has described it rather as possible than as having absolutely taken place. It has been also called luxation on the pubis, though it may be reasonably presumed that the head of the femur is removed so far from the acetabulum but in very few cases, and that it only advances near the ilio-pectinæal eminence. Desault met a luxation of this kind in a porter of the flour-market: his foot slipped, and the leg and thigh were carried backwards, whilst a heavy burden was placed on his shoulders. His body was bent backwards, and the head of the femur, directed forwards and upwards, burst its capsule and triangular ligament, and passed under the crural arch into the fold of the groin, where it was easily felt through the integuments.

The whole extremity is turned outwards in this luxation: it is also shortened. The great trochanter, brought nearer the anterior and superior spinous process of the os ilium, is placed before that eminence; that part into which the psoas and iliacus muscles are inserted is raised up, and a tumour is formed by the head of the femur in the fold of the groin, which compresses more or less the crural nerves placed at the external side of the vessels of this name, and occasions dull pains, with numbness and even paralysis, when the contusion has been very great; the knee, turned outwards, is also carried backwards. This symptom is particularly remarkable shortly after the accident has taken place; for if the dislocation has continued some days, the thigh may reassume its natural direction, and perform even gentle rotatory motions inwards, the direction outwards still continuing. It is proper to remark, with respect to the tumour formed by the head of the femur in the groin, that the psoas and iliacus muscles may, in fractures of the femur immediately under the little trochanter, bring forwards the su-

terior portion of this bone, cause it to project in the groin, and form an eminence there which might impose on us, if we were not apprized of the possibility of such an event taking place.

This luxation is particularly dangerous, as it requires a combination of violent efforts to produce it, and as it necessarily must be accompanied with great contusion and lacerations. Nevertheless, in the case treated by Desault, the reduction, though difficult, was not followed by any serious accident; and the patient, at the end of fifteen days, had almost entirely recovered the strength and use of his limb.

The process for reducing it does not differ from that pointed out for the others.

Luxation of the femur downwards and backwards may, like that of the humerus inwards and forwards, be either primary or secondary. It is primary, when, in consequence of some effort, the head of the femur is forced from the acetabulum at its inferior and posterior part, and is placed at the junction of the os ilium and ischium; it is secondary, when it succeeds to the luxation upwards and outwards, the head of the femur, which was placed at first in the external iliac fossa sliding downwards and backwards, its passage in this direction being favoured by the bending of the thigh on the pelvis.

In these two cases, the head of the femur rests against that part of the ossa innominata where the os ilium and ischium join. The muscles which cover the posterior part of the articulation, such as the pyriformis, gemini, obturatores, and quadratus femoris, are raised up and stretched; the psoas magnus and iliacus internus are in a great state of tension, and this explains the turning of the limb outwards. When this luxation is primary, the extremity is lengthened; a hard tumour is felt at the posterior and inferior part of the thigh; the great trochanter, by descending, is removed farther from the spine of the os ilium, and the knee and sole of the foot are turned outwards; but if it be secondary, the thigh is much bent against the pelvis; the knee and sole of the foot are turned inwards, because the primary luxation has been upwards and outwards. Secondary luxation in this direction is much more frequent than the primary: in reducing it, the same rules are to be observed as in other species of luxations.

Whatever may be the species of luxation, we should always be certain that it is perfectly reduced before leaving the patient. To ascertain this, we ought to move the thigh in various di-

rections, taking care at the same time to omit that motion which might reproduce the luxation.

When a luxation of the femur upwards and outwards has not been reduced, the thigh remains short, and becomes shorter every day, until the head of the femur has made for itself a kind of articular cavity in the surface of the external iliac fossa. The acetabulum lessens in size, or is entirely obliterated. The *glutæus minimus* is emaciated, and serves as an orbicular ligament to the new articulation. The head of the femur loses its spherical figure, is forced backwards, and its neck becomes shorter; the person is lame, and walks on the point of the foot. If the luxation is downwards and inwards, the *foramen ovale* becomes the new articulating cavity; the *obturator externus*, raised and pushed inwards by the head of the femur, becomes emaciated and ligamentous, and it and the *glutæus minimus* even sometimes ossify. The lameness arises in this case from the excess of length of the diseased limb, which always diminishes in size, in consequence of the muscles not being sufficiently exercised, or their action being impeded.

CHAPTER XIII.

OF SPONTANEOUS LUXATIONS OF THE FEMUR.

IT is not, perhaps, without transgressing the rules of nosology, that these affections, which arise from a swelling or caries of the ends of the bones, have been ranked among the luxations of the femur. The dislocation, by some called spontaneous, by others secondary, is in fact but the symptom of a more grievous affection which always precedes it, and against which our treatment should be principally directed. The names spontaneous and secondary are well applied to it; the first, because it often appears to come of itself without any

apparent cause; the second, because it is the consequence of another disease. This luxation, though much more common than the primary, has been unknown from the time of Hippocrates, who describes it by the name of disease of the hips (*morbis coxarum*) in two of his Aphorisms, to that of J. L. Petit; who, though he mistook its etiology, has nevertheless given a very exact description of it in the *Memoirs of the Academy of Sciences* for the year 1722.

Two principal varieties of secondary luxations are pointed out. In the one, the dislocation is occasioned by the swelling of the cartilages which line the acetabulum and cover the head of the femur, and by the enlargement of the cluster of glands in the interior of the articulation, and which have been a long time considered as destined for the secretion of synovia. In the other, it arises from caries of the circumference of the acetabulum or head of the femur. The same causes may occasion both varieties; they are either external or internal.

It is only lately that surgeons have admitted the possibility of secondary luxation of the femur from an external cause. It was generally believed that it could be produced only by internal causes, which, in fact, are the most frequent. But it is now clearly ascertained, that contusion of the cartilages and sebaceous cluster of glands of the joint from a fall on the feet, knees, or great trochanter, may occasion an inflammation and swelling of these parts, by which the head of the femur will be expelled from its cavity.

From whatever cause it arises, its most ordinary course is this: the cartilages and sebaceous glands, irritated by the external violence, or by a scrofulous, venereal, or scorbutic taint, become swelled; the cartilages grow soft, and degenerate into a greyish substance like lard; their sensibility increases, and pains, at first dull and slight, but soon acute and deep-seated, are felt in the diseased joint. The head of the femur, pushed outwards by the tumefaction, is gradually expelled from its cavity; and when it is on a level with the margin of the acetabulum, it is drawn upwards and outwards on the external iliac fossa, by the glutæi muscles, and but very rarely downwards and inwards on the foramen magnum.

If, on the commencement of the pains, the patient be extended on a plane, and the two superior and anterior spines of the ossa ilia put in a horizontal line, it will be found, on examining the affected limb, and comparing its length with the sound one, that it is somewhat longer than the other. This

elongation increases as the disease advances, and is never so considerable as just at the period when the head of the femur, on a level with the edge of the acetabulum, is about to pass over it. At this moment, the luxation being complete, the head of the femur is carried away by the action of the muscles, and the limb is on a sudden shortened by several inches, except in the very rare cases in which the bone is carried downwards and inwards on the foramen ovale. Sharp pains are felt during the whole course of the disease; they may arise from the affection of the cartilages, or from the straining of the orbicular ligament. They have this very striking peculiarity, that the patient complains of them more in his knee than in his hip, which in the beginning of the disease might lead into error.

When the luxation has taken place, the extremity is much shortened; the knee and point of the foot are turned inwards; the great trochanter is brought nearer the spine of the os ilium; the leg is bent; in fact, all the symptoms of primary luxation upwards and outwards are evident. The part over the articulation swells and grows round; the skin is soon put on the stretch; the cellular substance swells and becomes thick, and the tumour puts on the appearance of a white swelling; in some time, a softness is felt at different points, which correspond to so many abscesses; these burst, and their openings degenerate into fistulæ. A matter, at first serous, and without smell, flows from them; but its qualities are soon changed by the contact of the air, it becomes acrid, irritating, and so fetid, that the patient and those near him can scarcely bear the smell of it: this matter, taken into the system by absorption, produces hectic fever, marasmus, colliquative diarrhœa, and death.

On opening the body, the acetabulum is found filled by its cartilage, which is converted into a soft greyish substance; the sebaceous glands of the joint are also swelled; the substance of the head of the femur is altered, and its shape is more or less changed according to the continuance of the disease; collections of fetid pus are found in the interstices of the muscles, which are discoloured and diminished in size; and the os innominatum and the head of the femur are frequently carious.

Such is the exact history of the first variety of the disease. The progress of its symptoms is somewhat different from what is observed in that occasioned by caries; different appearances are also found by examination after death.

In the second variety, the pains are at first acute, and accompanied with swelling of the hip: considerable abscesses form

in this part, which soon burst; a matter, at first inodorous, flows abundantly from them, but in a little time it is vitiated by the contact of the air, and the openings through which it passes degenerate into fistulæ.

The extremity, which was not sensibly elongated, becomes suddenly shortened;* the head of the femur mounts up to the external iliac fossa; and the patient, exhausted by the copious suppurations and hectic fever, is generally carried off. On opening the joint, it is found that the edge of the acetabulum has been destroyed to a greater or less degree by caries, that the cavity has been nearly effaced, and that the head of the femur has participated in the disease.

Both the varieties which we have just described may be induced even in a person enjoying good health and of a robust constitution, by a quick commotion of the hip, as happens from making a false step, by a fall on the sole of the feet, on the knees, or even on the great trochanter. A much less degree of the cause will produce them, if the patient labour under a scrofulous, venereal, or scorbutic taint. Scrofula has been so frequently the cause of them, that it has been supposed that they never originated from any other; but though it may be the most frequent cause, still cases are met in which its existence could not be suspected.

It may be objected by those who believe that an internal cause is absolutely necessary to produce the disease, that the contusion of the parts about the joint acts only as an occasional cause; that in luxations supposed to be produced by a fall on the great trochanter, the injury, by determining to the articulation, the principle which vitiates the humours, only develops a disease, the germ of which was contained in the constitution.

J. L. Petit, to whom we are indebted for the first accurate description of spontaneous luxations of the femur, gives the following explanation of the manner in which they take place.

“By a fall on the great trochanter, the head of the femur “is violently forced against the sides of the acetabulum; and “as it fills exactly the cavity, the cartilages, synovial glands, “and round ligaments, must receive a violent commotion,

* Sometimes a caries of the acetabulum is not followed by luxation of the thigh. Citizen Boyer met a case of this kind, in which the bottom of the cavity only was affected; the edges were sound. The pus made its way into the pelvis, and formed an abscess in the groin, which burst, and left a fistulous opening.

“ which will occasion obstruction, inflammation, and a deposition of matter: the synovia, especially, will be accumulated in the cavity of the articulation; the capsule will be distended by it, and the head of the femur gradually expelled until it is entirely luxated.” A little reflection will shew the futility of this explanation: admitting even that the secretion of synovia was increased by the contusion, without any increase of the absorption of it, which is always proportionate to its secretion, and that this fluid, accumulated between the neck of the femur and orbicular ligament, distended this latter, still a dislocation would not take place; a dropsy of the joint would be the consequence; for the liquid could not expel a hard resisting body such as the head of the femur; and if the synovia accumulated between the neck of the femur and the ligament should become thick, it would tend more to confine the bone to its cavity than to displace it. Petit knew very well that there was a disproportion between the cavity and the head of the femur; but he was mistaken as to the cause of this disproportion, and as to the nature of the substance which filled the cavity, and expelled the head of the femur.

The prognosis in these luxations is always unfavourable; it is, however, more or less so, according to the age and constitution of the patient, the species of luxation, its continuance, and the cause which has produced it. If the patient be young and strong, the affection recent, and accompanied only by dull pains and inconsiderable elongation of the extremity, if there be no internal taint, and if the cause has been external, the danger is much less than if the patient were weak and exhausted, the disease of a long standing, and complicated with fistulæ, &c. &c. The prognosis is still more unfavourable when the luxation takes place downwards and inwards, the head of the femur being placed in the foramen ovale, and the extremity elongated. This species of luxation is fortunately very rare; the lameness in it, arising from the elongation of the limb, is much more troublesome than that arising from the shortness of it.

The principal object in the treatment of this disease, is to prevent the spontaneous luxation. If this once takes place, the danger increases, and the patient may consider himself happy if the head of the femur attaches itself to the portion of the os innominatum against which it bears, or, making a depression, forms a new articulation. Whenever, in consequence of a fall on the feet, knees, or great trochanter, a person feels,

in walking, dull pains in the hip, or knee, he should be directed to keep the limb in the most perfect repose, until they entirely disappear. Unfortunately, there are few patients who will confine themselves to bed for a complaint apparently so trifling, or submit to the bleedings and strict regimen necessary in such a case. At the same time that means such as these are used, emollients and resolvents may be applied to the hip.

If a constitutional taint be suspected, our attention must be directed to it, and remedies given to combat it; thus we examine carefully if the patient labours under scrofula, which is characterized by the softness of the flesh, discolouration of the skin, swelling of the upper lip and sides of the nostrils, and enlargement of the lymphatic glands in some parts of the body, &c. &c. If it is discovered that scrofula has produced the disease without the co-operation of any external cause, or if it has given the predisposition, and a fall has been the occasional cause, tonics must be administered, such as good wine, bitter vegetable infusions, extract of bark, &c. an issue is at the same time to be established at some distant part, to prevent the determination of the humours to the diseased joint.

A large blister, applied to the hip, and renewed every twenty-four hours, produces very good effects. It seems to determine to the skin the irritation that has taken place in the cavity of the joint, and the abundant serous discharge that it occasions, reduces the swelling of the affected parts; this discharge should be kept up by dressing the blistered surface with an irritating ointment. I have seen the best effects from a blister applied at the commencement of the disease; the limb, though somewhat elongated, was restored to its natural length by means of it.

When all the means we have recommended, with perfect rest, the use of blisters, or any other stimulant, such as moxa, have been used in vain, and the constitutional taint has not been subdued, then all our endeavours should tend to arrest the progress of the disease, by favouring the attachment of the head of the femur to the bones of the pelvis. For this purpose, perfect rest of the limb is absolutely necessary. The leg and thigh should be kept extended; without this precaution, the patient, from his natural tendency to bend the limb, in order to diminish pain, may give it such a direction that it will be entirely useless to him after his recovery. Le Cat cites an instance of this kind: the patient having escaped the dangers of a tedious suppuration, recovered, but the femur was grown to

the os innominatum, so as to form a right angle with it: thus, from having neglected the precaution of keeping the thigh extended, the limb was rendered not only useless but inconvenient, and the person enjoyed but very imperfectly the advantages of his recovery.

If, notwithstanding this treatment, abscesses form in different points of the tumour, they should be allowed to burst of themselves, in order that the admission of air into them may be retarded as much as possible; and if it be deemed necessary to open them, the incision should be very small, and the operation deferred as long as possible.

When fistulous openings are established, they should be dressed so as to prevent as much as possible the admission of air: and detergent injections, composed of barley-water, wine, and honey, a solution of alkali, or any other liquid more or less suited to the sensibility of the parts, should be thrown into the fistulous passages. The strength is to be supported, and every means used to resist the exhaustion occasioned by a long and copious suppuration. Mineral waters, extract of bark, or syrup of bark for very young children, and a nourishing and invigorating diet, are to be used with this view. If the suppuration diminishes, and a tendency to ankylosis is suspected, the thigh is to be extended as much as the pains will allow, and kept in that position by means of splints; these are necessary on account of the patient's constantly endeavouring to bend his thigh, in order to diminish pain. If the patient is young, the epoch of puberty is often favourable to him; the great revolution which the solids and fluids undergo at this period, proves serviceable; the diseased parts exfoliate, the fistulæ dry up, and the head of the femur attaches itself to some point of the os innominatum. We must not endeavour, by moving the limb, to establish a new articulation; for, by disturbing the head of the femur, the irritation might be renewed, the inflammation increased, and the ankylosis, a very happy termination of a disease in which the life of the patient is in so great danger, prevented.

Secondary luxation of the femur downwards and inwards on the foramen ovale, is less frequent than that upwards and outwards; however, many cases of it have been observed. A young man felt acute pains in his hip, which swelled considerably in a very short time; the limb became elongated, and was turned outwards; the knee and point of the foot were inclined in the same direction; the leg was half bent, and a tu-

mour appeared at the superior and internal part of the thigh in the perinæum: a fluctuation being discovered in the tumour, it was opened, a great quantity of pus escaped, and the patient found himself relieved. The operator was applauded for his success, but the pus, at first benign, soon became fetid: the patient was exhausted in a short time, and died. On opening the articulation, Citizen Boyer found the acetabulum destroyed by caries, which had committed some ravages also in the head of the femur.

This luxation presents the same symptoms as the primary one in the same direction, and requires the same treatment as the secondary luxation upwards and outwards. When the patients recover by an ankylosis of the head of the femur with the bones of the pelvis, the lameness arising from the excess of length in the limb, is much more inconvenient than that resulting from its shortness.

CHAPTER XIV.

OF LUXATIONS OF THE PATELLA.

THIS bone, placed on the anterior part of the knee, may be luxated upwards, downwards, outwards, and inwards, but the two last only, properly speaking, merit the name of luxation. The patella in fact cannot be luxated downwards, and descend below the knee, but when the tendon of the extensor muscles of the leg is broken transversely: in which case, the tibia, in the flexion of the leg, will bring down the patella, and displace it in the same manner as it does the inferior fractured portion in a transverse fracture of this bone.

Luxation upwards may depend on a rupture of the inferior ligament of the patella. This substance, though very thick and strong, and the tendon of the rectus anterior and triceps

muscles, of which it is only a continuation, are sometime broken transversely; in which case, the muscles carry the bone above the condyles of the femur, as they draw up the superior piece in transverse fractures of it. It is easily seen, that the dislocations of the patella, in these two cases, is only the effect of the rupture of the tendon of the extensors of the leg, or of the ligament which unites it to the tibia.

Luxations inwards or outwards take place when the patella is violently pushed in one or other of these directions. Great relaxation of the inferior ligament of the patella may give a predisposition to them. Such was the case of the young man, the particulars of which are given by Citizen Itard, in the Medical Journal; the relaxation of the inferior ligaments was such, that the patellæ were luxated outwards by the slightest motion of the knees.

Of the lateral luxations, that outwards is the most frequent. This may arise from the internal edge of the patella projecting more than the external, which disposition is favourable to the action of the means by which it is pushed outwards, and from the extent of the articulating surface of the external condyles of the femur, which allows the patella to slide easily on it.

The external condyle of the femur naturally more eminent anteriorly than the internal one, may be depressed; and this depression, whatever may be the cause of it, favours luxation in this direction. I have seen among the military conscripts, three cases of luxation of the left patella outwards, which appeared to depend on this cause. In these three individuals, from twenty to twenty-two years of age, the patella was placed at the external side of the condyle, without having, however, entirely deserted it; its anterior face was turned outwards, its posterior inwards; and its internal edge was placed anteriorly, and projected under the skin, and the external edge was directed backwards. The luxation had taken place in all during infancy. Nothing was easier than to replace the patella; it was done by relaxing the extensors of the leg and bending the thigh; but, unless confined to its place, it was soon again dislocated; pulled by the tendon of the extensors, and its inferior ligament, which had contracted an oblique direction, it slid along to the outer side of the knee.

A patient, at this moment in the hospital *Saint Louis*, labours under a luxation of the patella outwards, occasioned by a gun-shot wound in the neighbourhood of the knee; the bone is easily reduced, but quickly abandons its situation. In all

such cases, the strength of the articulation of the knee is considerably diminished, and the whole extremity is reduced in size.

The patella is easily replaced, but difficultly kept in its situation. The latter purpose might be accomplished, by applying a bandage about the joint, the pieces of which, embracing the sides of the patella, would fix it on the anterior part of the knee. But how is the derangement of this bandage to be guarded against in the motions of the knee, and what is to prevent the patella from passing outwards? None of the persons just mentioned found it necessary to apply for surgical aid; they suffered no great inconvenience from the luxation, and, as it exempted them from military service, they were little anxious to have it remedied. Indeed, it is very probable that no treatment would have been successful in such cases.

Luxations outwards, produced by external violence, may be either complete or incomplete; it is seldom complete, as it requires a very considerable violence to force the patella entirely from the external condyle of the femur. A gentle flexion of the knee favours it very much; in this posture, the muscles, the tendon of which is attached to the patella, are relaxed, and the internal edge of the patella projects, and is favourably situated for the action of an external force impelled against it.

Valentin, in his *Criticisms on Surgery*, gives a case of luxation of this kind. The Duke de Coigni, in galloping in the streets, struck his knee against the wheel of a carriage, and luxated the patella outwards. He was carried to the house of Botentuit, an ignorant, but very celebrated bone-setter, who made many endeavours to reduce the luxation, but which were fruitless on account of the position in which he had placed the limb; he kept the patient on his feet, and made him extend his leg forcibly. Valentin, family surgeon to the Duke, arrived, and reduced the bone with the greatest facility, by placing the patient on a bed, extending his leg, and bending the thigh towards the pelvis.

A young man, in running in a room, knocked his knee against the corner of a trunk; the blow was so violent as to luxate the patella outwards. Citizen Sabatier was consulted; he endeavoured to reduce it, but met very great resistance. Citizen Boyer was called in: by using much force he effected the reduction, but not without a great many attempts.

In luxations of the patella outwards, the patient feels very acute pain, and cannot bend his leg; the knee is deformed,

the pulley of the condyles of the femur is felt through the skin, and the patella forms a tumour before the external condyle; instead of the faces of the patella being anteriorly and posteriorly, the anterior is become the external and the posterior the internal; the internal edge is turned more forwards than inwards, and the external is become nearly the posterior. This position of the patella has made some believe that it might be luxated 'by turning half over, that is, by placing itself perpendicularly before the pulley of the femur, with one of its edges, now become posterior, lodged in the groove of the pulley. Others have even admitted the possibility of a complete inversion, in which the posterior face of the patella becomes the anterior. But it cannot be conceived, that the extensors of the leg, and the inferior ligament of the patella, could allow such an inversion to take place; and if the patella was only half inverted, and one of its edges rested on the pulley of the femur, the points of contact would be so few, that it would slip into its natural position.

The symptoms of luxation inwards are nearly the same as those just described: there is this difference, however, that the tumour formed by the patella is placed internally. In both species, if called in before the swelling takes place, we can feel through the skin the two faces of the patella; the posterior, excavated, turned towards the femur, and the anterior projecting under the skin.

A complete luxation cannot take place without great relaxation of the inferior ligament, and tendon of the extensor muscles, or without very considerable external violence; in which case the luxation, easy to reduce, would not be the most dangerous symptom.

In every species of luxation of the patella, reduction is to be effected as soon as possible. It is done by placing the patient on a bed with the leg extended and the thigh bent. In this position the extensor muscles and their tendon, as well as the inferior ligament of the patella are relaxed; and this bone may be moved and pushed with ease in the direction which the species of luxation requires. We think it is always possible to reduce the patella, without making an incision in the integuments, and introducing a spatula under the bone. This operation, though recommended, has never been performed, and never could, without bringing the patient into great danger.

The noise made by the bone in reassuming its place, and the disappearance of the symptoms, announce the reduction; the

patient can now bend and extend the leg. The inflammatory swelling, which generally supervenes, is to be subdued by bleedings and topical applications. This treatment, with a few days rest, will be sufficient; after some time the knee is to be moved gently, to prevent a stiffness of the joint, which, without this precaution, is very likely to take place.

CHAPTER XV.

OF LUXATIONS OF THE BONES OF THE LEG.

THE tibia, at its articulation with the condyles of the femur, may be luxated in four different directions; viz. anteriorly, posteriorly, and laterally to either side of the knee. The luxation backwards is always incomplete; it could not be otherwise without a very great laceration of the soft parts. It is as often secondary as primary, and in such cases it is a concomitant of white swelling, a disease much more grievous than the dislocation, and almost always requiring amputation.

Luxation forwards is still more rare than that backwards; the ligaments of the knee and the greater part of the tendons surrounding it, being placed nearer its posterior than anterior part, prevent the too great extension of the leg. Luxations inwards and outwards are the most frequent. They are always incomplete, on account of the extent of the articulating surfaces, and the strength of the part surrounding the articulation. They take place from the femur being drawn either inwards or outwards, while the leg is fixed.

The luxation backwards is distinguished by attending to the following circumstances: it is impossible to extend the leg; the patella, closely applied to the pulley of the femur, forms an éminence, under which there is an empty space, and the inferior ligament is extended obliquely downwards and back-

wards; and a projection formed by the extremity of the tibia, is felt in the ham, &c. &c.

Symptoms of an opposite kind accompany the luxation forwards. Those inwards and outwards are easily known from the deformity of the joint. In the first, the external condyle of the femur is lodged in the internal cavity of the tibia, and the internal condyle projects and forms a tumour at the internal side of the knee: the contrary takes place in the second. When they are complete, which is extremely rare, the tibia is carried entirely to the internal or external side of the femur. In every case of luxation the laceration of the ligamentous parts is so great, that the ends of the tibia and femur may be easily placed in their natural situations; there is scarcely occasion for even gentle extension and counter-extension. It happens sometimes, notwithstanding the extent of the articulating surfaces, that a return of the luxation takes place from the great laceration of the parts which should confine the bones. To prevent this, an apparatus similar to that used in fractures of the thigh is to be applied. Disagreeable symptoms, occasioned by the laceration of the soft parts, are always to be expected; our attention should be particularly directed to moderate and subdue them. The antiphlogistic regimen must be strictly observed, and the other means of preventing and subduing inflammation had recourse to. If the inflammation terminates in suppuration, the abscesses are to be opened by making a large incision. In general, large openings are to be made in abscesses seated in the neighbourhood of joints, to allow a free evacuation of the pus, which by stagnating might become acrid, and attack the cartilages of the joint; but, if the abscesses be formed in consequence of a caries of the ends of the bones, a very small opening is to be made, in order to prevent as much as possible the admission of air. If the inflammation terminates in gangrene, we must wait until nature has arrested the progress of the mortification, and then amputate. The separation of the living from the dead part, is marked by an inflamed circle. The progress of the mortification is very often so rapid that it is impossible to save the patient; and perhaps a complete luxation of the tibia from the femur may be considered as a case requiring immediate amputation. However, before a general precept of this kind can be established, it must be founded on observations well made and judiciously compared.

The fibula is difficultly displaced from the tibia, with which it forms two articulations; nevertheless we may conceive, that,

in a violent and sudden turn outwards of the foot, if its ligaments are naturally relaxed, it may slide from below upwards, so as to touch the external condyle of the femur. Citizen Boyer has seen a luxation of this kind in consequence of a dislocation of the foot outwards. By putting the foot in its natural direction, the fibula descended into its proper place. Compresses soaked in resolvent liquids were placed over the parts, and a roller was passed round the foot and leg, to prevent a return of the luxations. The patient had a tardy recovery, and some stiffness of the foot remained, though the precaution of moving it, when the state of the parts would admit it, was not neglected.

CHAPTER XVI.

OF LUXATIONS OF THE FOOT.

THESE luxations are but seldom met with; the great violence necessary to produce them, and the difficulty of effecting them, account for their unfrequency. Before they can take place, the astragalus must be partially or totally forced from the quadrangular cavity formed for it by the two bones of the leg, and in which it is received like a tenon in a mortice. The sides of the articulation are strengthened by very strong ligaments, which go from the tibia and fibula to the os calcis and astragalus, and by the two malleoli. An external violence, it is true, may distend or even break these ligaments; but its force being almost entirely spent in producing this effect, will not be sufficient to force the astragalus from the cavity in which it is enclosed.

The foot may be luxated inwards or outwards, forwards or backwards, and the luxation in any of these directions may be complete or incomplete. Luxations inwards and outwards are

the most frequent; the former however occurs more frequently than the latter: the internal malleolus not descending so low as the external, the astragalus has a less space to describe from without inwards, than in the contrary direction. It is occasioned by a violent abduction of the foot, and is easily known from the derangement of this part, the sole of which is turned outwards, and the back inwards; from the pain, and inability of moving the foot; and lastly, from the eminence formed below the internal malleolus by the astragalus.

In the luxation outwards, it is equally impossible to move the foot; the sole is turned inwards and the back outwards, and the astragalus forms an eminence below the external malleolus.

Luxations of the foot are always dangerous; their consequences may be so dreadful as to occasion death, and in very many cases they render amputation necessary. However, the prognosis is not always so unfavourable; for it is clearly proved, that many patients have recovered without any thing extraordinary having occurred during their treatment. This invalidates the general rule laid down by J. L. Petit, to amputate before twenty-four hours after the luxation. It is also now well ascertained that dislocations likely to produce the most mischievous consequences, have had a happy termination, and that this was the case, though the soft parts have been very much injured, the ligaments nearly quite ruptured, and the astragalus completely removed from the foot.

The reduction should be accomplished as soon as possible, in every luxation of the foot; if deferred, the inflammatory symptoms and swelling which supervene, will render it difficult and painful. To effect this, one assistant makes counter-extension by fixing the leg, and another draws the foot, whilst the surgeon pushes the latter part in a direction contrary to that in which it was luxated. If the luxation be inwards, the external edge of the foot must be depressed by elevating the internal, when it is found that the ligaments yield to the extension: the contrary is done in luxations outwards. The articulation is covered with compresses moistened with resolvent liquids; and splints which reach below the sole of the foot, are applied on the inside and outside of the leg.

Consequences more or less disagreeable are always to be expected, which may be moderated or even prevented by copious and repeated bleedings. Sometimes, notwithstanding the enormous derangement and laceration of the soft parts, no bad

symptom succeeds, and the patient recovers with an unexpected rapidity; but in very many cases, violent inflammation supervenes and quickly terminates in gangrene. In other cases the inflammation terminates in suppuration, abscesses form and heal up, and the patient recovers. Sometimes, however, there is a caries of the ends of the bones conjoined with them.

The experienced practitioner is to judge, from the nature and violence of the symptoms, when immediate amputation is necessary. A great number of observations posterior to those of J. L. Petit, prove that, by following his instructions, we should often amputate a limb which might be preserved. It is also ascertained by experience, that the astragalus may be extirpated with advantage, when the laceration is such, that it is only attached by a few shreds of ligament. The tibia, in consequence of this extirpation, descends, and rests on the superior face of the os calcis, to which it grows, and the patient recovers, it is true, with an anchylosed joint; but such a termination is preferable to losing the foot by amputation, or running the risk of the dangerous symptoms arising from preserving the astragalus. Ferrand performed this operation on an invalided soldier, who was in the habit of carrying the bone in his pocket. Desault performed it three times with success. One of his three patients (a female) died three months after the operation; but she evidently fell a victim to an hospital fever, which was by no means connected with the complaint for which she was admitted into the hospital. On dissecting the foot, the extremity of the tibia was found already partially attached to the os calcis. There is no doubt but that the operation would have been crowned with success, had the person survived the other disease.

Fracture of the fibula near its inferior extremity, is a frequent complication of luxation of the foot inwards. This bone is to be carefully examined in all such cases, and the foot is to be supported, whether the fibula be fractured or not, by means of the ordinary apparatus for fractures of the leg.

Luxations forwards and backwards, less frequent than those described, are however sometimes met with. The first is occasioned by a fall backwards, while the foot is fixed to the ground; the second by a fall on the feet, with the body inclined forwards, and the leg much bent. The luxation forwards is more difficultly produced than that backwards, on account of the articular pulley of the astragalus, which inclines towards the posterior side, being permitted to slide much on the tibia,

without abandoning it in the extension of the foot. When the extension is carried too far, luxation forwards is produced.

In the luxation backwards, the external and posterior ligaments, and the posterior part of the capsule, are torn; in that forwards, the anterior and external ligaments, the anterior fibres of the internal lateral ligament, and the anterior part of the capsule, are torn. The symptoms of the first species are, a diminution of length in that part of the foot between the lower part of the leg and the anterior extremity of the toes, elongation of the heel, tension of the tendo Achillis, and relaxation of the extensors of the toes. It is impossible either to bend or extend the foot: this symptom distinguishes luxation from sprain, in which the foot may be moved, though not without pain, however high the inflammation may be.

Contrary symptoms accompany the luxation forwards: the foot is lengthened, the heel is shortened, and the foot, much extended, cannot be bent, &c.

The reduction of both is easily effected; after which it will be necessary to use effectual means to prevent a relapse. The mode of treatment to be afterwards observed, for subduing the unfavourable symptoms that supervene, is the same as that pointed out for luxations inwards and outwards. When gangrene takes place in any luxation of the foot, we must defer amputation until its ravages are arrested. In cases where the inflammation is moderate, and the destruction of the soft parts not considerable, the articulation may be preserved; and to prevent a stiffness of the joint, the foot is to be moved as soon as circumstances will admit of it.

The very thick and short ligamentous substance which unites the astragalus to the os calcis, binds them so strongly together, that they follow one another in their motions, and form, as it were, but one bone. Hence they are never completely separated, even in the most desperate cases of luxation of the foot; but one or both of them may be luxated from the scaphoides and cuboides. The transverse direction of the articulation formed by these four bones, suggested to Chopart the ingenious idea of amputating only a part of the foot. But these luxations, less dangerous than the others, can be occasioned only by a violent effort, in which the anterior part of the foot is fixed, as happened in the two cases related by J. L. Petit: the foot was fastened in an iron grate, whilst the body was drawn backwards. The astragalus and os calcis may, under these circumstances, be luxated, but particularly the former,

the head of which slides from below upwards, in the cavity of the posterior face of the scaphoides, and forms a tumour on the back of the foot. The inflammatory swelling renders it often difficult to ascertain this luxation. It is not easily reduced, even shortly after it has taken place. Citizen Boyer failed in a case of this kind, in which the head of the astragalus was luxated upwards and inwards, by a fall from a horse; but in some time the person felt no inconvenience from the affection, he could walk without pain or lameness, and nothing remained but the deformity occasioned by the tumour.

The other bones of the tarsus and metatarsus are too strongly tied together to admit of luxation. The phalanges of the toes cannot be luxated by external violence, on account of their shortness. However, the possibility of luxation of the first phalanx of the great toe from the first bone of the metatarsus may be easily conceived. It is not necessary to give here the rules to be followed in such a case. They consist in reducing the luxation, and amputating the great toe, when the state of the soft parts renders it impossible to preserve it.

CHAPTER XVII.

OF DROPSY OF THE ARTICULATIONS.

THE synovial fluid, which lubricates the surfaces of all the joints, may be accumulated in such quantity in the capsule which secretes it, as to form a disease called by authors *hydarthrus*, or dropsy of the joint. Though the possibility of this accumulation taking place in all the articulations may be conceived, yet there is no well-attested instance of this happening in any of them but in the knee.

Dropsy of the joints seldom depends on a general affection of the system, and rarely co-exists with other dropsical af-

fections, such as hydrothorax, ascites, and anasarca. It appears to be a partial affection, and to be produced by local causes, which act by destroying the balance between the exhalation and absorption of the synovia. The accumulation of this sero-albuminous fluid seems to arise in most cases from an increased exhalation, and not from a diminution of absorption. In fact, affections of this kind come on, in general, from violent exercise of the articulation, from fatiguing the ligaments, and from the repeated friction of its surfaces in too long and laborious exercise.

Motion, as we have established in another work, is the principal stimulus by which the secretion of the synovia is increased, and the fluids determined to the joint. This determination is considerable in proportion to the friction and pressure of the ends of the joint against one another. When this stimulus is carried to a certain degree, an active exhalation, or rather slight phlogosis, is produced, and the serous secretion is very considerably increased. It is in a similar way that dropsies of the breast and abdomen are often occasioned by a slow and latent inflammation of the pleura or peritoneum.

The nature of the remote causes of hydarthrus corroborates what we have advanced concerning its formation. It is very often a consequence of acute rheumatism, and sometimes forms a crisis of that disease. Many observers, and particularly Storck, have remarked the tendency which acute rheumatism has to terminate by an effusion of a sero-lymphatic fluid into the cellular substance in the neighbourhood of the joints of the lower extremities, or into the interior of the joint itself. The more rapid the progress of the inflammatory symptoms, the more prompt is the effusion, consequently it takes place slowly in chronic rheumatism and in chronic gout. The swelling of the joints in these complaints, and the deposition of matter which takes place into the parts about the articulation, may also produce an increased exhalation of synovia. The pains which accompany white swellings often occasion an accumulation of synovia in the capsule of the joint. I have seen, in dissecting two of these swellings of the knee, the synovia collected nearly to the quantity of two ounces.

But we must remember that the inflammation which produces dropsy of the joint is only slight; if very considerable, it would suspend the secretion of synovia, and give rise to ankylosis by the mutual adhesion of the dried surfaces of the joint. We are decidedly of opinion, that the articulation of the knee

only has hitherto presented a collection of synovia sufficient to merit the name of dropsy: such an accumulation never takes place in the hip joint, though J. L. Petit attempts to explain spontaneous luxations of the femur from this cause.

We must not confound this disease with eneysted tumours, which are sometimes formed on the sides of the knee near the patella. The latter are circumscribed, and a fluctuation is felt in them; they are not accompanied with pain or discolouration of the skin; on opening them, an albuminous fluid escapes, and the sides of the cyst are made to adhere to one another by pressure; or when this does not succeed, by means of an irritating injection, which excites an inflammation on its surface. This practice is free from danger, because the cyst is shut on all sides, and has no communication with the interior of the joint. We must also take care not to confound with dropsy of the joint certain white swellings, in which the cellular substance, distended with fluid, presents a kind of fluctuation. This symptom is particularly apt to lead into error in swellings of the cluster of lymphatic and sebaceous glands situated above the patella, between the tendon of the extensor muscles of the leg and the anterior and inferior part of the femur. In the commencement of some white swellings, this tissue, distended with lymph, elevates and pushes forwards the tendon of the extensors of the leg, displaces the patella, and raises it up from the condyles of the femur. In these cases, the patella is replaced by pressure, and the swelled mass being displaced, forms two tumours at the sides of the tendon, which are tense and elastic, and have an internal motion; but the sensation communicated by this motion is very different from that occasioned by the undulation of a fluid: it is like that of something slipping from under the finger. However, there is such similarity in these symptoms, that an inattentive surgeon may be easily led into error.

Arthritic, œdematous, and white swellings of the knee, and foreign bodies formed in it, are accompanied with symptoms so different from those of dropsy of this joint, that there is no occasion to point them out here. The marks by which the existence of the latter affection is ascertained are these: a dull pain is felt in the articulation, the knee loses its oval form, and presents an irregular colourless tumour, in which a fluctuation is felt at those places where the capsule is slack, and forms little round eminences which project about the joint. The most considerable of these are placed at the sides of the patella, which

is itself pushed upwards by the fluid, but it may be replaced by bending the leg. The form of the tumour is varied by the motions of the knee; but it always projects more at the anterior part of the articulation than in the ham, at which place the synovial membrane presents only a small surface, and is supported by the cross ligaments which pass behind it. A fluctuation is felt by striking the tumour; the thinness of the soft parts renders it very easy to ascertain the undulation of the fluid. The nature of the disease is sufficiently manifest when all these symptoms are present.

The prognosis is unfavourable, on account of the difficulty of discussing the tumour, and the danger of a caries of the cartilages and ends of the bones, or an anchylosis, supervening.

As dropsy of the knee-joint never depends on the causes which produce general dropsy; and as, instead of appearing in persons labouring under general debility, it is always met with in the strong and robust, a particular mode of treatment is required in it. Stimulants, purgatives, diuretics, or sudorifics, are either useless, or at least can give but a very feeble assistance. It is from topical applications that benefit is to be expected. The mildest of these are to be commenced with, and they in general succeed in recent cases, in which the effusion has not been considerable, and has been suddenly formed in a crisis of acute rheumatism, or any other acute disease. Resolvent liquids, such as camphorated spirit of wine, frictions with a brush, or warm flannel impregnated with some aromatic vapour, with volatile camphorated liniment, alcohol, ether, or even with mercurial ointment as advised by Bell, determine the fluids to the skin, increase the insensible perspiration of which it is the organ, and promote the absorption of the effused fluid. Fumigations with the vapour of vinegar, from which Monro witnessed good effects, with the vapour of benzoin and other balsams, and pumping with warm water in which neutral salts have been dissolved, act in the same manner. But of all topical stimulants, the most active and most effectual is a blistering plaster, in which the proportion of cantharides is not so considerable as to cause great vesications. Tralles used synapisms, and Storck applied cataplasms of the ranunculus. We must, however, take care not to carry the use of these remedies so far as to disorganize the structure of the cellular tissue, which often occasions ulcers difficult to cure, and extremely painful. For the same reasons we are not to use cupping and scarifying but with great circumspection.

When all these means have been used for a sufficient time without any benefit, and when the tumour impedes the motion, and causes a contraction and atrophía of the limb, we must have recourse to a surgical operation. It consists in making a puncture with a trocar into the cavity of the tumour, and allowing the water to escape through the canula. This operation, though easily performed, is a delicate and dangerous one, on account of the admission of air into the joint. The contact of air has not, as we shall see in treating of wounds of the articulations, all the bad effects attributed to it by authors. However, the morbid state of the synovial membrane, and the irritation already existing in it, may render it more sensible to the impression of this fluid than it would be were there no disease in the joint; and, in fact, cases have occurred in which the qualities of the synovia were considerably changed by the contact of air: this fluid, instead of being inodorous, acquired a disagreeable odour, lost its transparency by the mixture of a purulent matter, produced an inflammation which extended to the capsule and cartilages, and at last occasioned a caries of the ends of the bones.

To prevent these direful consequences, and the introduction of air which occasions them, a superficial incision is to be made in the skin at the most projecting part of the tumour; after which, the lips of the wound are to be much separated, and the trocar used in the operation for the hydrocele, pushed cautiously in an oblique direction from the bottom of the incision into the cavity of the tumour. The skin collapses after the evacuation of the water, and covers the puncture made by the trocar, the canula of which is to be drawn away when all the water has drained off.

When the operation is finished, the patient is to be put to bed with his knee half bent; the joint is to be covered with cloths wet with spirituous liquors, or other astringent fluids, with the view of preventing the return of the effusion. We will mention, in the chapters on white swellings and ankylosis, the treatment to be adopted in cases in which the synovia has its qualities changed, and produces caries or ankylosis.

CHAPTER XVIII.

OF FOREIGN BODIES FORMED IN THE
ARTICULATIONS.

THE foreign bodies which are formed and developed in the interior of the articulations, are to be carefully distinguished from arthritic concretions deposited in their neighbourhood. These foreign bodies, which alone will be considered in this chapter, may take their origin in the inside of every articulation in which there is motion. They have been found in the articulation of the lower jaw with the temporal bones, in that of the wrist with the bones of the fore-arm, and that of the foot with the leg ; but no joint is more subject to them than the knee. Ambrose Paré has made mention of these substances; latterly, practitioners have directed their attention to them, and have proposed methods of removing them.

These foreign bodies have various appearances, and are found in greater or less quantity: sometimes they resemble a fragment of cartilage, which moves about in the joint, but which is attached to the capsular membrane; at other times they are detached, hard, and, as it were, inorganic, and can be moved to any part of the joint. A concretion of this kind, the size of a large hazel-nut, was found in the knee of a woman who died in the hospital *Saint Louis*. Citizen Fourcroy, who has it in his possession, compares it to tubercles found in certain fishes, for instance, to those on which the prickles of the ray-fish are elevated. As to their number, it varies, from one, which is the most common, to twenty-five, a number at first sight very considerable, but for which we have the incontestable evidence of the illustrious Morgagni. Their size is very variable; some have been found of an inch and a half in their greatest diameter, whilst others have scarcely equalled the size of a lentil. They have generally the form of this seed, but they have been met with of various forms, as long, oval, rough, or broken on their surface, concave, or convex. The chemical analysis of them shews that the cartilaginous ones are chiefly composed of

albumen, and the hard solid ones principally of phosphate of lime.

It is difficult, without doubt, to give an explanation of the origin and growth of these substances, but it is certain that they always impede more or less the motion of the joint in which they grow. Sometimes they succeed to the swelling and contusion occasioned by a fall or blow on the knee; at other times they are formed spontaneously without any apparent cause; and in both cases their presence is indicated by tumefaction of the knee, which is increased by rest, and diminished by moderate exercise. Are they formed by the crystallization of the salts held in solution by the synovia, in the same way as the crystallizable parts of the urine form calculi in the bladder? How, in this case, do they become organized? for many of them have vessels, and evident marks of organization. Theden supposed that they were formed by a portion of the synovial cluster of glands on the outside of the capsule, which was bruised and nearly detached by the shock occasioned by a false step. Some authors have imagined that they were portions of cartilage detached from those covering the ends of the bones, or placed between them. Morgagni ascertained that they could not originate in this manner, for the articulation and cartilages were perfectly sound and whole in the subjects in whom they were found in the greatest number. Nothing then is more obscure than the etiology of this affection. Happily, though its causes are involved in obscurity, it is easily distinguished, and can be treated with great hopes of success.

If these substances are free and detached, they can pass easily from one part to another of the articulation, and enter into all its corners; in this case, it is difficult to establish the existence of them, but it is particularly difficult to extract them; the moveable body, whilst we are making the incision to extract it, may slide from the place where it projected under the skin, and fall into the cavity in the posterior part of the knee. Sometimes it occasions no pain: this arises from the body being fixed in some place in which it does not impede the motion of the knee; as, for example, at the sides of the patella, or of the tendon of the extensors of the leg. At other times it occasions much distress: this is caused by its being placed between the posterior face of the patella and the articular pulley of the femur. As it can occupy alternately these different places, it is easy to explain, as Bell observes, why patients affected with this complaint are often roused from their sleep by

sharp pains arising from the change of situation of the body during sleep.

A more or less considerable enlargement takes place round the knee during the continuance of the pains, but it is still easy to feel the body through the skin and capsule. It forms an eminence under the integuments, and may be pushed in any direction, and made to project at the internal or external sides of the inferior ligament of the patella, at the internal or external sides of this bone itself, or of the tendon of the extensors of the leg. Sometimes the laxity of the integuments and capsule is so great, that we can seize the body and twist it. Desault has seen a case of this kind.

It is impossible to obtain a resolution of these substances. This desirable termination cannot take place but by means of vital action; now, this action is so little to be expected in the greatest number of them, they being in some degree inorganic, and topical stimulants and resolvents can act with so little effect through the integuments, that the removal of them by these means is scarcely to be looked for. Some English surgeons have proposed to fix and confine the body in a part of the articulation where it could not impede motion, and where it might form an adhesion with the capsule; but how are we to confine a body which tends incessantly to change its situation? Besides, the adhesion cannot be formed without a certain degree of inflammation in both surfaces, of which the foreign substance is very rarely susceptible. Lastly, should the adhesion, which requires a certain degree of organization in the body, take place, the concretion would be susceptible of growth, and in time would impede, by its size, the motion of the knee.

The most simple, prompt, and certain method of cure, is the extraction of the foreign body, an operation always easily performed, and free from danger, if the following rules are observed. The patient being stretched on his back, with the leg extended, in order to relax the soft parts at the anterior of the articulation, the surgeon looks for the foreign body, and bringing it to the internal side of the patella, at which place the capsule is very lax, fixes it with his thumb and fore-finger. An assistant draws outwards the skin over the patella, and the surgeon makes a longitudinal incision, through the integuments, on the body. The incision should be made deep enough by one stroke of the knife, and proportioned to the size of the body to be extracted. Sometimes it is forced through the incision by compressing it between the fingers. If it be attached

by a fold of the capsule, which serves it as a ligament, this is to be divided with a bistory or scissars; if there be occasion to enlarge the incision, it is to be done with the knife; and pincers, or other instruments which may lacerate, bruise, or occasion inflammation of the surfaces of the joint, are never to be introduced. The substance being extracted, the assistant removes his hand, and leaves the skin to its own elasticity, which brings over the wound in the capsule the portion of the integuments which had been drawn to one side.

By making the incision in this way, the admission of air into the joint is prevented, and all the bad consequences, such as inflammation, suppuration, and caries, are obviated.

After having extracted one, or as many bodies as may be found in the articulation, the lips of the wound are immediately brought together by means of adhesive plaster; some compresses, wet with resolvent liquids, are applied over the joint, and the whole dressing is supported by some turns of a roller drawn pretty tight. The leg is to be placed on a pillow, and kept extended, in order to relax the soft parts about the incision, and thus prevent pain and the approach of inflammation.

Though the precaution of making the incision in the skin, in a line different from that in which it is made in the capsule, is rational, yet it is not absolutely necessary to the success of the operation. Many surgeons have omitted it, and afterwards obtained the immediate union of the divided parts; which proves, as will be mentioned in treating of wounds of the joints, that wounds of the articulations are attended with less danger than the ancients and a great number of the moderns have imagined. The pain occasioned by the extraction is inconsiderable, but it may be acute, if the patient be extremely sensible to impressions, or if a considerable branch of the internal saphena nerve, which is very variable in its direction, come under the edge of the bistory. The loss of blood, when even one of the articular arteries is divided, is very inconsiderable; it scarcely merits the name of hæmorrhage, and is easily stopped by bringing together the sides of the wound. For some days after the operation, the compresses should be frequently moistened with resolvent liquids, and the knee kept perfectly at rest; the patient should not be permitted to rise before the fifteenth or twentieth day, though the wound may have cicatrized in the first week; for it is much better, in these cases to carry precaution too far, than to be deficient in it.

When, on account of the admission of air into the articulation, or the improper use of instruments in extracting the body, inflammation takes place, it is combated by emollient applications and copious and repeated bleedings. If abscesses form, they are to be opened; and when the symptoms have abated, the limb is to be gently moved, and the motion increased every day, in order to prevent a stiffness of the joint. All the observations that we have made here respecting these bodies are applicable to those only found in the knee; and this is the only joint on which it has been necessary to perform an operation in order to remove them. Their presence in other articulations would not be so easily discovered, neither would it cause the same inconveniences. Should extraction, in these cases, be necessary, the operation would be so much the more dangerous, as the joint is deep-seated, and surrounded with important parts.

CHAPTER XIX.

OF WOUNDS OF THE ARTICULATIONS.

ALL the ancient writers on surgery speak in the same terms of the danger of wounds of the articulations; and almost all modern authors are of their opinion. We will prove, in this chapter, that wounds of the articulations, sometimes followed by serious consequences, often heal with the greatest facility, and that the apprehensions of authors respecting them are unfounded.

A man was wounded in the elbow by a piece of glass, which penetrated into the cavity of the joint. The glass was extracted, and the lips of the wound were brought together, and supported by adhesive plaster; his recovery was quick, and not interrupted by any unfavourable circumstance.

Another man was wounded by a small sword in the same joint; he was carried to the hospital *de la Charité*. On examining the wound, it was found that the capsule of the joint was opened. This wound healed like the most simple puncture.

As the practitioners of all ages have agreed in referring the danger of wounds of the joints to the admission of air, the facility with which punctured wounds of the articulations heal, may be accounted for from the narrowness of the wound, and the difficulty opposed to the insinuation of air. But experience also proves, that wounds of the joints, by cutting instruments, are not very dangerous, though the admission of air into them is manifest.

A *Massacreur* of the second of September, who seized by the hair a prisoner of the *Abbaye Saint Germain*, received on his wrist the blow levelled at the head of the victim. The posterior part of the articulation was entirely opened, and the convexity formed by the scaphoides, semilunaris, and pyramidalis, abandoned the ends of the bones of the fore-arm. He was admitted into the hospital *de la Charité*; the lips of the wound were immediately brought together; the hand was kept much extended by means of a splint; the skin, tendons of the extensor muscles, and the capsules, all healed by the first intention, and, at the end of twelve days, he was discharged, quite cured.

A boy employed in the kitchen of the hospital *de la Charité*, had the articulation of his wrist opened by a piece of a vessel of delph ware; the lips of the wound were brought together, and the patient recovered in a very few days.

A shoemaker's wife opened with a sharp cutting instrument the articulation of her wrist on the external side, for about one third of its circumference; the tendons of the *radiales externi*, *extensores*, and long abductor of the thumb, were divided. Citizen Boyer was called in; he closed the wound, which healed by the first intention, and was cicatrized on the third day.

The facility with which the incisions made in the joints for the purpose of extracting foreign bodies, heal, proves also, that wounds of the articulations are not attended with so much danger as has been generally supposed. But though the facts just related, fully invalidate the opinions of the ancients, yet it must be allowed that such a happy termination does not always take place. Cases sometimes occur, in which the wound is followed by a violent inflammation that terminates in gangrene, or lays the foundation of a caries of the ends of the bones.

These melancholy consequences, as the ancients have well observed, seem to be brought about by the contact of air, which excites an inflammation of the synovial membrane. But that this cause can produce these effects, it must be continued for some time, and must make a considerable impression on the capsule and cartilages. The imprudent application of charpie, or any other dressing, to the surfaces of the joint, produces still more dangerous consequences. A man received a sabre-wound on the external side of the wrist, which opened the articulation; he was brought to the hospital *de la Charité*; one of the monks, who then directed that institution, filled the wound with charpie; an enormous swelling took place, gangrene supervened, and the patient died.

The danger is equally great when the wound suppurates; the purulent matter, formed in the joint, irritates the parts, and causes an exfoliation of the cartilages, or caries of the ends of the bones. These consequences are also to be apprehend when the wounding instrument has not only penetrated into the joint, but wounded the cartilages, or ends of the bones. A young man received a sabre-wound in the anterior and external part of the knee, which entirely divided the patella; the lips of the wound were brought exactly together; but a great swelling came on, and excluded every hope of union by the first intention. The dressings were taken off, the parts were covered with a cataplasm, and the patient was bled; but the swelling continued to increase, an abscess formed above the patella, between the femur and the triceps cruralis, and the entire limb became much swelled. Death soon ensued, and, on dissection, the patella was found divided, and the cartilages partly disorganized.

Another young man received in a duel a sabre-wound on the anterior part of the point of the shoulder, which opened the articulation of the humerus with the scapula, and divided the end of the clavicle next the scapula, the deltoid muscle, and a portion of the great pectoral muscle. The wound was immediately dressed by bringing its sides together, but a hæmorrhage came on the third day, which made it necessary to remove the dressing. The vessel was too deep-seated to be discovered and taken up; an attempt was made to stop the hæmorrhage by stuffing the wound, after which a violent inflammation supervened, which terminated in the formation of enormous abscesses. The patient died, and the articulation was found full of pus.

A young man, aged eighteen years, received a sabre-wound in the inferior part of the left arm; the weapon came obliquely from above downwards, and cut off entirely the external condyle of the os humeri. The wound was not dressed for two days after the accident, at which time he was brought to the hospital *de la Charité*; the divided parts were now brought together, but the swelling soon obliged us to relax the strips of adhesive plaster; emollients were applied; pus and synovia flowed abundantly from the wound, especially when pressure was made on the sides of the articulation; abscesses formed; the fever assumed a bad aspect; the swelling extended to the whole of the limb, and the patient was on the point of dying; amputation of the arm was now had recourse to, by which the patient's life was saved. On opening the articulation, the soft parts surrounding it were distended with pus, the joint itself was filled with a fetid purulent matter, the cartilages were nearly destroyed, and the head of the radius was somewhat carious.

What inferences are we to deduce from all these facts apparently contradictory? What prognosis are we to form in wounds of the articulations? What treatment is adapted to them? The prognosis must be necessarily doubtful; it is favourable, when the wounded joint is superficial, the wound in the integument and capsule not extensive, and consisting of a simple incision without contusion; when no vessel is opened, or principal nerve wounded; and, lastly, when with these favourable circumstances the admission of air has been prevented by quickly closing the wound.

The principal indications of cure are, to bring the divided parts into contact, to exclude the air, remove foreign substances, and keep the limb free from every thing that might excite inflammation. When this practice is not successful, we must combat the inflammation, open the abscesses, prevent the stagnation of the pus by making counter-openings; and, lastly, amputate the limb, when preserving it brings the patient's life in danger.

CHAPTER XX.

OF WHITE SWELLINGS OF THE JOINTS.

THE name of lymphatic tumour, or white swelling, has been given to swellings of the joints, unaccompanied with symptoms of inflammation. Such is the definition of them given by Bell in a Dissertation on White Swellings, at the end of his Treatise on Ulcers. In fact, an increased heat and discoloration of the skin are never observed, at least in the beginning of these swellings; there is simply a tumefaction of the part, with pain more or less deep seated. The English author just mentioned has very justly marked out two principal varieties of this disease.

In the first, called rheumatic, the patient feels dull pains in the whole of the limb, before the appearance of the tumour, which is often a critical termination of rheumatism. The pain now becomes fixed in the joint, and diminishes in violence; the soft parts surrounding the articulation swell more or less; but there is no change in the colour of the skin, nor is there an increase of heat. If the disease be seated in the knee, the patient keeps the leg more or less bent, in order to relieve pain; the muscles, tendons, and even soft parts, from remaining in this contracted state, become stiff, and hence results contraction or rigidity of the limb, or even a complete ankylosis. The pains increase by degrees, the swelling augments and distends the skin; inflammation takes place, which terminates in suppuration, and the formation of abscesses in the cellular substance; these burst spontaneously, and leave fistulous openings. Through these fistulæ flows a whitish or serous matter, at first inodorous, but it is soon vitiated by the contact of air, and becomes fetid. The disease extends its ravages from the soft parts to the cartilages and ends of the bones. The leg is considerably diminished in size; this may depend on the impediment to the distribution of the fluids, by the pressure made on the vessels by the enlarged and indurated parts, or rather on

the swelled joint drawing to itself most part of the fluids, and thus diminishing the quantity which should go to nourish the leg. The immobility of the limb tends also to diminish the nutrition of the leg, since it is found that the emaciation extends to the inferior part of the thigh. The skin, excessively distended, becomes inflamed and ulcerated; the veins become varicose, and burst; and the patient, exhausted by the continuation of pain, and the absorption of purulent matter, drags on a miserable existence for some time, and dies.

The course of the disease is described here as it takes place in the knee, which is its most usual seat; but the articulations of the elbow, hip, wrist, and foot, are by no means exempt from it.

On dissecting the diseased joint, the soft parts are found indurated, decomposed, and in a confused, greyish mass, somewhat resembling lard. The swelled ligaments form one body with the cellular substance; the cartilages preserve, in some cases, their natural colour; in others, especially when the affection has continued long, they and the ends of the bones are affected with caries. The cellular tissue placed behind the inferior ligament of the patella, between the femur and the tendon of the extensors of the leg, in the ham, and behind the cross ligaments of the knee in the interval between the condyles of the femur, has also the colour, appearance, and consistence of lard. In some cases, collections of a bad purulent matter are found in different parts of the cellular substance.

The white swelling produced by a scrofulous taint, which establishes itself in the great articulations, has sometimes an appearance, and pursues a course similar to that just described; at other times dull, deep-seated, and circumscribed pains precede it, and announce its formation. The swelling is at first scarcely perceptible, and when it becomes more considerable, it is perceived, that it arises almost entirely from an augmentation of volume in the ends of the bones, and that the integuments scarcely participate in the morbid state. The limb becomes emaciated and contracted, the pain appears confined to the centre of the joint, and to the extremities of the bones; emollient and anodyne applications neither appease the pain, nor produce a resolution of the swelling; lastly, the patient, exhausted by his sufferings, perishes. On opening the knee, every part is found in a natural state, except the cartilages, and ends of the bones, which are affected with caries.

It would be too tedious to describe the different forms under which this disease may present itself; after pointing out its two principal varieties, it will be sufficient to remark, that it differs so much in different individuals, that it is scarcely accompanied by the same symptoms in two patients.

White swellings are sometimes produced by rheumatic affections; but most generally they originate from a scrofulous taint. They seldom appear to be produced by an external cause, though they sometimes follow strains that have been neglected, or badly treated, and fractures in the neighbourhood of the joints. Sometimes the swelling comes on rapidly without any apparent cause. Such was the case of a young man, whose arm I have lately amputated for a white swelling, and caries of the elbow joint. Lastly, a blow, fall, or any external violence, may produce the swelling in a scrofulous person, in whom the cause of the disease seems to be easily called forth.

The enlargement of the ends of the phalanges, considered by some authors as a species of *spina ventosa*, belongs to the class of white swellings. This disease, as has been already observed, affects both the substance of the bones and their articulations.

The prognosis is always unfavourable, whatever may be the age or constitution of the patient, the cause or duration of the disease. The tumours are very seldom discussed; they almost uniformly resist the numerous remedies with which they are combated. In some fortunate cases, the disease, arrived at a certain pitch, makes no further progress; the pains diminish, and in time disappear; the limb remains contracted; the ends of the bones grow to one another, and the patient escapes death, but has an anchylosed joint.

In the greater number of cases, the patient, harassed by violent pains, is exhausted by the copious suppuration, hectic fever, and colliquative diarrhœa, and no resource is left but the amputation of the affected parts. The prognosis is somewhat less unfavourable in cases of children who have not yet attained the age of puberty. This period, so favourable for the cure of scrofula, brings about also that of white swellings, by destroying the evil which is its most frequent cause.

The diseases the most difficult to cure, are those in which the greatest number of remedies have been used; we must not then be astonished at the multiplicity of means proposed for the cure of white swellings. These, whether adopted on rational

principles, or recommended empirically, must be adapted to the variety of the disease, and the stage in which it exists.

The limb must be kept perfectly at rest: without this precaution, the remedies cannot produce any good effect; for the motion of the affected parts augments the primary cause of the disease. Thus, in white swellings of the knee, the patient should remain in bed, with his leg as much extended as the pains, and tendency which he has to bend it, will permit. If he be young and vigorous, and if an external cause has produced the disease, or contributed to its developement, or if it has been occasioned by a rheumatic affection, some blood may be taken away in the beginning of the disease. The aliments should be mild, and taken in small quantities at a time; the drinks should be refrigerant and copious; and the diseased joint should be covered with an emollient cataplasm, which is to be renewed twice a day. Such are the means for subduing the inflammation which is in some degree latent in the joint; to these may be joined the application of leeches, or even scarifications, which Bell prefers, and by which he says we may draw away at once eight or ten ounces of blood. When the pains diminish, and the tumour tends to a resolution, the emollients are rendered somewhat repellent; a cataplasm made of the root of briony boiled in milk may then be applied with advantage. Black soap, brought to the consistence of a liniment by means of camphorated spirit of wine, has been also employed with some benefit. Frictions about the knee, with a volatile liniment, composed of an ounce of oil and half an ounce of ammonia, have been found useful. The joint is to be rubbed twice a day with this liniment, and afterwards covered with a piece of fine linen that has been soaked in the same substance.

Mild laxatives, such as tamarinds, cream of tartar, dissolved in whey, or different laxative salts dissolved in veal broth, are to be administered at the same time. They cause a determination of the fluids to the intestines, and thus divert them from the diseased articulation. Lastly, when the irritation and inflammation are abated, the most active resolvents are to be used. Blisters are then applied to the articulation, and sometimes the blistered surface is made to suppurate, and the discharge is kept up by a stimulating ointment. Bell recommends, strongly, frictions, with mercurial ointment, which have, he says, the double advantage of introducing into the system a powerful solvent, and increasing the action of the skin. They are to be frequently repeated every day, and continued until the mouth is gently affected.

Le Dran, and many other practitioners, have advised to pump warm water on the affected joint. To derive from this practice its full effect, the water must fall from an elevated place, be used as warm as the patient can bare it, and be rendered stimulant by a neutral salt, or an alkali, dissolved in it. It is in this way that pumping is used in the hospital *Saint Louis*, which contains a greater number of patients labouring under white swellings than any other hospital in Paris. The mineral waters of Barèges and Bourbonne, &c. may be used in a similar manner. Warm baths, of a diluted alkaline solution, and vapour baths of the same solution, have been recommended. Much benefit is said to be derived from a kind of animal bath used in the following manner, the patient introduces the affected joint into an opening made in the belly of an animal recently killed, and keeps it for some time among the warm intestines. The mild temperature and unctuousity of this bath, produces an effect similar to that obtained by folding the omentum of a sheep round the joint, as recommended by Bell.

Very violent means, such as the actual cautery, and burning with moxa, often produce a diminution of the swelling; but some enlargement still remains, and the pain becomes intense. By such powerful stimulants, the state of the patient is rendered more distressing, his disease is aggravated, and its progress is accelerated.

When the treatment is successful, the joint remains for a length of time incapable of motion, and very often ankylosed. But the incapability of motion must not be always considered as a certain mark of ankylosis; it often depends only on the stiffness of the soft parts, and particularly of the tendons. This may be remedied in time, by moving the limb every day, and gradually increasing the motion; and by the use of warm baths, pumpings, and fomentations. However, all interference whatever should be abstained from, when there is a suspicion that the ends of the bones are unsound, or ankylosed; endeavours to move the limb, in such cases, would cause so much irritation as to reproduce the primary affection.

In cases where the white swelling is evidently scrofulous, the antiphlogistic plan cannot be pursued; tonics and corroborants are then to be administered, with which may be combined the application of solvent and stimulant plasters, such as the soap plaster, that of cicuta, &c. &c. Often in these cases, as in the preceding, however assiduous and rational the treatment, the swelling continues to increase; at first, hard and elastic in

some places, it soon points, and a fluctuation is felt in it; abscesses burst spontaneously, and their openings degenerate into fistulæ.

Some empiries have been daring enough to irritate the tumour with acrid and stimulating applications, in order to convert the languid swelling into a phlegmon, and afterwards obtain a termination of it either by resolution or suppuration. Fabricius ab Aquapendenté mentions a case of this kind, in which a charlatan enveloped the knee with a synapism of a very acrid vegetable. An active inflammation took place, which, combated in the ordinary way, terminated by resolution; and the patient recovered the entire use of his knee. But this case cannot serve as a rule; in the greater number of instances in which a similar treatment would be followed, it would infallibly accelerate the progress of the swelling, and caries of the ends of the bones, increase the sufferings, and hasten the death of the patients.

When there are many abscesses about the joint, and the collections of pus are considerable, it is necessary to prevent the stagnation of this fluid, and the absorption of it, by enlarging the fistulous openings, and renewing the dressings repeatedly. It is sometimes useful in these cases to pass a seton in the fistulous passage. This favours the escape of the purulent matter, and impedes the introduction of the air. If the pains be penetrating and excessive, their intensity may be diminished by the external and internal use of sedatives and opiates; but when they are not appeased by these remedies, but become more intolerable, and take away the patient's rest; and when hectic fever, a constant diarrhœa, and colliquative sweats, bring on marasmus, and endanger the patient's life, the amputation of the limb, the last resource in such an invincible disease, must be had recourse to. We must not, however, be in too great a hurry to perform this operation, lest the patient accuse us of precipitance in taking away a limb which might be preserved. Besides, a state of debility is extremely favourable for most surgical operations, and for amputations in particular. It obviates violent inflammation, the troublesome consequence of every operation in which a great number of sensible organs are concerned. However, we do not understand, by a state of debility, that state in which the patient is exhausted and harassed by the continuance of the disease, diarrhœa, and colliquative sweats. Bell appears to recommend deferring the operation until this state of exhaustion has taken place. A

dangerous precept. If observed, the patient, consumed by marasmus, will be no more able to furnish organic action sufficient for the healing of such a wound as results from amputation.

In order to determine on the necessity or impropriety of this operation, the state of the patient must be attentively examined, the resources of nature considered, and what is to be feared, and what may be hoped for, maturely weighed. If the disease is recent; if no suppuration has yet taken place; if the pains are supportable; and if the patient preserves his plumpness and vigour, the use of the means likely to produce a resolution of the swelling is to be persisted in. It would be contrary to all rule to amputate in this case; for, on the one hand, the violence of the inflammatory symptoms is to be dreaded; and, on the other, the cause of the disease inherent in the solids, and diffused in the fluids, has not yet fixed itself entirely in the joint. We must therefore defer operating until it is firmly established in the articulation; and until, consumed, as it were, by the production of the disease, it is rendered incapable of changing its situation, or taking a new residence in another joint.*

Lastly, the operation is not to be performed but in cases where one joint only is affected; if many articulations, the knee and elbow for instance, are attacked, we must not think of operating. In reality, it is doubtful if death be not preferable to the mutilation that would result from such operations; besides, the danger attending them would diminish very much the probability of their success. It is, then, only in affections of the small joints, such as the phalanges, that the different parts can be extirpated. When many of the principal articulations are affected at the same time, and the disease is advanced, death is inevitable.

A practice less terrifying than amputation, inasmuch as it does not deprive the patient of his limb, has been proposed in cases of white swelling. It consists in cutting off, or extirpating, the carious extremities of the bones, when the state of the soft parts admits it.

* How will the physiologists of this country receive this reasoning? It is evidently founded on the doctrine of the humoral pathologists. It may be asked, what evidence is there, that the cause (in the opinion of the author) so firmly fixed in the solids, and widely diffused in the fluids, abandons its spacious residence to confine itself in a single joint? and why the solids and fluids do not manifest some appearance of its having deserted them?

TRANSLATOR.

This operation is practicable only in cases where the affection is confined to the ends of the bones, and extends but very little to the soft parts. If, for instance, the cellular tissue and ligaments about the knee are swelled, and collected into a homogeneous lardy mass, no person would think of performing it. It is, then, confined to cases in which the bones only are affected. In an affection thus limited, which is by no means frequent, the ends of the bones are cut off in this way.

If the head of the humerus be diseased, which is ascertained by an attentive examination of the tumour, and particularly by the introduction of a probe through the fistulæ which communicate with the articulation, the operation is commenced by making on the external and upper part of the arm two longitudinal incisions, directed obliquely downwards, and distant from one another about two inches at their superior part, but approaching as they descend, and uniting in the form of a large V. A triangular flap formed of the skin and deltoid muscle, is preserved in this way. It is dissected and raised upwards by detaching the muscle from the superior and external part of the humerus; it is then committed to an assistant, and the surgeon bringing the elbow forwards and inwards with his left hand, cuts the orbicular ligament of the articulation with his right: the ligament is made tense by the direction given to the arm by this motion of the elbow. The tendons of the subscapularis, infraspinatus, supraspinatus, and teres minor, are to be cut at the same time: this being done, the head of the humerus is easily luxated upwards and outwards, without cutting the tendons of the pectoralis major, latissimus dorsi, and teres major, which has been recommended, but which could not be done without danger, of wounding the brachial vessels and nerves. The head of the humerus being thus luxated, the extent of the caries is ascertained; next, the glenoid cavity of the scapula is examined, in order to discover if it be affected; a plate of lead or piece of pasteboard is then placed under the head of the humerus to protect the soft parts, and the carious portion of the latter bone is sawed off. During the act of sawing, an assistant prevents the humerus from descending, and at the same time keeps it fixed and motionless.

The circumflex artery is the only vessel to be taken up in this operation; it is found at the posterior and superior part of the triangular flap.

The extirpation of the head of the humerus was first practised by White; the patient recovered in four months, and

his arm, shorter by nearly two inches, preserved its shape and strength. Bent, of Newcastle, as he relates in the sixty-fourth volume of the *Philosophical Transactions*, performed soon afterwards the same operation. Since this period, many English surgeons say they have performed it. Vigarous, of Montpellier, has also given a case of it in a Memoir presented to the Academy of Surgery in 1774.

Park, a surgeon of Liverpool, conceived and executed the bold project of extending to the articulations of the knee and elbow, the operation performed on the humerus by White. But in these cases, the circumstances are much more unfavourable, and the cutting off the ends of the bones much more difficult. Nevertheless, Park has performed the operation with success, on the knee of a man thirty-three years of age, and of a robust constitution. This surgeon made two parallel incisions along the sides of the patella, which extended to two inches above, and two below this bone; one of the articular arteries was divided and taken up; a transverse incision was made at two inches above the joint, and another at two inches below it; one comprised the half of the thickness of the thigh, the other, half of that of the leg; all the anterior ligaments were cut, and the patella was removed, after which a knife was insinuated behind the femur, to separate the flesh from the bones, to the extent of about four inches. The edge of the knife was kept close to the posterior part of the bones, in order to avoid wounding the popliteal vessels and nerves. The incision behind the bones being thus made, a plate of lead, or a large spatula, was introduced into it, in order to protect the vessels and nerves of the ham from the saw. In this case two inches were cut from the femur, and one inch from the tibia; the bones were then replaced, their ends brought into contact, and the angles of the wound were closed by a few stitches. The disagreeable symptoms that succeeded were numerous and distressing, notwithstanding the relaxed state of the soft parts; however, in about four months the patient was able to walk. The ends of the bones grew together; the knee was turned outwards; the limb, shortened by three inches, supported the weight of the body very well; and the patient could walk without the assistance of crutches.

There are few surgeons intrepid enough to undertake a similar operation. The lesion of the popliteal vessels and nerves, the violence of inflammation, and an abundant suppuration,

are the perils to which a patient is exposed, to preserve a limb always deformed, and not more useful than a wooden leg.

When the elbow is to be operated on, the incisions must be made on the posterior side of the joint, as the principal vessels and nerves are placed on the anterior side. As to the rest, the same rules are to be observed as in the preceding case.

CHAPTER XXI.

OF ANCHYLOSIS.

ALL affections of the articulations, which consist of a total or partial immobility of the joint, are comprised under the general denomination of ankylosis. It is said to be incomplete, when there is only a stiffness of the joint; and complete, when all motion is impossible, from the ends of the bones growing together. It is further distinguished into dry and suppurating; but the last is a symptom of white swelling. Ankylosis is seldom a primary disease, it almost always succeeds to another complaint. Thus it is seen to take place after fractures, particularly when in the neighbourhood of joints; after sprains, luxations complicated with contusion, or badly reduced, and white swellings, &c. &c. Diseases foreign to the bones, such as an aneurism of the popliteal artery, or abscesses formed in the neighbourhood of a joint, may occasion it. In a word, every thing that keeps a joint motionless, tends to produce an ankylosis, and one so much the more complete, as the limb remained long without motion. Ankylosis from inaction appears to arise from the gradual diminution, or even total cessation, of the secretion of the synovia. It is well known that the friction of the ends of the joints excites the secretion of this fluid.

One may conceive the possibility of a complete ankylosis taking place in all the joints of the body, from being confined to bed for a length of time, without motion.* The secretion of the synovia diminishes gradually, and at length ceases entirely; then the surfaces of the joint, deprived of this fluid, and desiccated, are attacked by an adhesive inflammation, similar to that which takes place in the pleura, and which in a vast number of cases occasions an adhesion of the costal portion of the pleura to that covering the lungs. The ligaments, tendons, and soft parts surrounding the articulation, acquire during the inaction, a rigidity which is difficultly removed; this may arise from the vital power of the parts being rendered torpid by the inactivity; or from the growing together of the different parts of the cellular substance; or from its becoming more dense from the inspissation of the lymph and fat deposited in it.

Having said so much on the formation of ankylosis, let us see what is the influence of the various causes which produce it. When a bone is fractured in the neighbourhood of a joint, the limb is kept motionless by the apparatus, during the whole period of ossification or union of the ends of the bone; besides, the inflammatory swelling which constantly supervenes, extends to the articulation, and attacks the ligaments, capsule, and in general all the surrounding parts. Sometimes it only increases the consistence, thickness, and rigidity of these parts; at other times it produces a mutual adhesion of the surfaces of the joint, by impeding the secretion of the synovia. This is one of the principal reasons for regarding fractures of bones near their extremities, more dangerous than those of their centre. However, the latter are always followed by more or less stiffness in the articulations of the fractured bone; but this arises from the state of inactivity, in which the limb has remained, and it may be removed by exercising the limb gently, and increasing the motion gradually.

The stiffness succeeding to fractures has been for a long time attributed to an effusion of bony matter into the interior, or cellular substance in the vicinity of the joint. This matter, say the ancients and moderns, is a kind of glue which unites more or less completely the ends of the bones, and at the same time indurates the soft parts. This theory, which is found in the treatises of J. L. Petit and Duverney, is abandoned, since the existence of an osseous juice is rejected, and the formation

* *Nouveaux Elémens de Physiologie*, tome ii. chap. Des Mouvements.

of callus in fractures better understood. Besides, dissections of anchylozed joints have never discovered the osseous concretions, which should result from such supposed effusions. The opinion, that a change, or inspissation, of the synovia, was the most frequent cause of anchylosis, is not better founded. On dissecting a joint in which a complete anchylosis has taken place, the ends of the bones are found united at one point; and in this part the surfaces have lost their natural polish; but the parts which have not formed an adhesion, preserve their polish, and their surfaces are lubricated by a small quantity of synovia, not different from that found in the healthy state.

However various the causes of anchylosis, the mode in which it takes place is always the same: when desiccated, inflamed, and sometimes even suppurating, as happens in some white swellings with caries of the ends of the bones, grow together; when it is incomplete, that is to say, when it consists of a difficulty of motion in the part, and the impossibility of performing the same motions as in the healthy state, the surfaces of the joint are still contiguous, and the disease exists only in the soft parts surrounding the articulation.

It is essential to distinguish these two species, since the first or true anchylosis is altogether incurable, and is to be considered, in most cases, a happy termination of a grievous disease. The false or incomplete anchylosis is rather a consequence of disease, than a primary affection. When a considerable abscess takes place in the vicinity of a joint, for instance near the wrist or joints of the fingers, the destruction of the cellular substance occasions a stiffness which it is impossible to prevent; but when the tendons exfoliate, the bones to which they are attached remain motionless, and a complete anchylosis inevitably ensues. Therefore, when abscesses form near the joints of the fingers, and when they are followed by exfoliation of the tendons, the fingers should be bent, in order that they may anchyloze in that direction, which is much less inconvenient and much more favourable for the various uses of the hand, than permanent extension. On the contrary, when there is a suspicion that the knee will remain stiff, after the operation for a popliteal aneurism, the leg must be kept as much extended as the pains will permit. The same conduct is to be observed, when, after a spontaneous luxation of the femur, it is perceived that the head of this bone will attach itself to the pelvis, and that the disease will terminate by anchylosis. In these cases, as well as in every other, when the bones are grown together, even

though the limb may have a bad and inconvenient direction, it would be imprudent, or even dangerous, to endeavour to destroy the adhesions. In fact, it could not be done without using considerable violence and causing great pain, and would be followed by inflammatory symptoms that would renew the adhesion, or by caries of the bones, which might occasion the death of the patient.

When the false or incomplete anchylosis is apprehended, measures should be taken to prevent it. These consist in moving the affected limb as much as the state of the soft parts will permit. This precaution is much more necessary in affections of the ginglymoidal articulations, than in those of the orbicular, on account of the tendency of the former, from the great extent of their surfaces, the multiplicity of their ligaments, and small extent of motion, to become anchylozed. The exercise of the joint, by extending the contracted soft parts, calls forth their vital properties, and promotes the secretion of the synovia, by causing a friction of the articulating surfaces. A crepitation, arising from the synovia being deficient, is first heard; but as soon as this fluid is secreted in greater quantity, and lubricates the surfaces of the joint, this cracking noise ceases. A certain share of precaution is to be used in moving the limb; the motion, if rudely performed, might cause pain, and induce a swelling and even caries of the ends of the bones. It is by proportioning it to the state of the limb, and increasing daily its extent, as the soft parts yield and grow supple, that good effects can be derived from it. The exercise of the joint is not to be left to the patient himself, neither is it to be confided to ignorant persons, who might think that they moved the anchylozed joint, while the motion took place in the one above it. It is thus that a patient labouring under a stiffness of the elbow, if directed to put that joint frequently in motion, moves the entire upper part of the arm, by making the humerus turn in its articulation with the scapula. If inflammation be excited by these attempts, they must be suspended until the inflammation is subdued, and not recommenced until the pain ceases. We are often obliged to use considerable force in elongating contracted muscles, and it is to the great violence employed in such cases that ignorant bone-setters are often indebted for their success.

The efficacy of the exercise of the joint is increased, and its effects seconded, by warm baths, emollient applications, by frictions with the grease of fowls and other animals, and espe-

cially by pouring warm water on the part, from a very elevated situation. Animal baths, and the other means mentioned in the chapter on white swellings, may be also used. When all these means fail, the warm waters of Bourbonne, Barèges, Spa, Bath, and Aix in Savoy, or other warm mineral waters, may be had recourse to. The inconvenience arising from the distance of these mineral waters is now happily removed, as those that are prepared artificially, are found to be fully as effectual as those obtained from the mineral spring itself. Citizen Paul and Company have instituted an establishment for this purpose; and already the waters of Barèges and Loueche, &c. are prepared artificially, and used at this place in the form of baths or pumpings with much success. For this we have the testimony of Dr. Lafisse, inspector of the establishment.

CHAPTER XXII.

OF THE DEVIATIONS OF BONES,

AND THE MEANS USED FOR PREVENTING AND CORRECTING
THE DEFORMITY ARISING FROM THEM.

THE bones, which give proportions to our different parts, and by which we are maintained in the erect posture, may grow in an unnatural direction; and like the branches of a tree, whose growth is impeded by any cause, may bend under the weight of the body and the action of the muscles, so as to render motion extremely inconvenient. But it is only in infancy, when the tissue of the bones is flexible, and the ossification incomplete, that this vitiated conformation can take place. Affections of this kind are very easily prevented, but are very difficult to remove, and are entirely incurable unless encountered before they have attained a certain degree.

They are sometimes occasioned by neglect in the clothing and exercise of children ; in other cases, they arise from a want of equilibrium in the action of certain antagonist muscles. Thus confining children in swaddling-clothes, the use of stays, premature exercise, and the habit of remaining in bad attitudes, as frequently occasion them as the difference arising primarily in the action and disposition of the muscles.

Physicians had, for a long time, raised their voice against the barbarous use of swaddling-clothes, in which the limbs of the infant were so clogged, and kept in such a state of inactivity, that they could neither grow nor acquire strength ; but it remained for the persuasive eloquence of Jean-Jacques to effect a revolution in this part of physical education, which reasoning could not produce.*

Children are, now-a-days, scarcely ever wrapped up in swaddling-clothes : they are generally covered with wide and warm vestments, which protect them from the cold, and at the same time do not prevent the developement of their organs.

The use of stays is no less objectionable. The breast and superior part of the abdomen is surrounded with these *cuirasses*, with the view of diminishing their capacity, and giving to the waist a delicacy altogether unnatural, and consequently remote from beauty. But they are not only injurious to beauty alone, their effects are pernicious to health ; wide above, and growing narrow downwards, they resemble a cone placed inversely to that formed by the thorax, which is naturally wider at its inferior part than at its summit. The breast, subjected to continual compression, must become deformed, and have its form

* “ All our wisdom consists in servile prejudices ; all our customs are
“ subjugating, painful, and restrictive. Civilized man draws his first
“ breath, and expires—in slavery ; at birth, he is laid in swaddling-clothes,
“ when dead, he is nailed down in a coffin. As long as he preserves the
“ human figure, he is enchained by our institutions.

“ The new-born child has need of stretching himself and moving his
“ limbs, to shake off that torpor, in which, rolled up like a ball, he has
“ remained for so long a time. His limbs are extended, it is true, but
“ confined in such a manner that he cannot move them ; his head is tied
“ down by stay-bands ; it would seem to be feared that he should have
“ the appearance of being alive.

“ Thus the impulsion from within, or the tendency of the internal
“ parts to grow and be developed, meets an insurmountable opposition.
“ The infant makes continual, but useless efforts, which exhaust his
“ force, and retard the accession of strength. He was more at his ease,
“ less cramped, and less compressed in the amnios, than in his new si-
“ tuation ; I do not see what he has gained by coming into the world.”

changed from conical to oval, or both its extremities made narrower than natural; hence, in consequence of the lateral depression of the ribs, the action of the lungs is impeded, difficulty of respiration brought on, and a remarkable disposition to phthisis pulmonalis induced. However, though the habitual wearing of stays may be attended with these disadvantages, still they are not to be altogether proscribed, as there are certain cases in which they may be used with some advantage.

Let us suppose, for instance, the shoulders of a child to be of a different height, which inequality may be the result of a bad habit, or may be occasioned by the muscles on each side not possessing the same degree of force. If the right shoulder be lower than the left, the child should wear stays in which the notches under the arms are not on a level; that in the right side should not be so deep as that in the left, in order to raise up the right shoulder. By the continued use of this apparatus, the muscles of the left side recover strength enough to balance those of the right, the habit of remaining in a bad attitude is interrupted, and the child is restored to his natural shape. It would be in vain to recommend the child to incline to the opposite side, as a force which he could not subdue, causes, unknown to him, the deformity. It is necessary, that the pressure made by the corset against the arm-pit keep him constantly in mind of making resistance to the depression of the shoulder, by throwing into action the muscles of the opposite side.

The vertebral column, naturally curved by the weight of the body, is liable to many deviations. We have treated of those arising from rickets: we will mention here those only that arise from another cause. Children, from their sight being naturally very weak, or from contracting a habit of stooping their head to inspect substances closely, bend the neck beyond its natural limits; if this habit be neglected, and nothing done to correct it, the bones become indurated in this curved situation, and the head remains always inclined forwards. The same thing happens in the back or loins of young persons of a delicate constitution. The extensor muscles of the trunk, too weak to support the spine, allow it to be preternaturally bent by the weight of the head, thoracic and abdominal viscera. The nature of the person's occupation influences very much the direction in which the curvature takes place. The breast and shoulders are consequently deformed; the former becomes prominent on the side towards which the curvature tends, and is depressed on the opposite side. The use of stays stuffed at

the side, opposed to the curvature or prominence of the spine, is then to be recommended; or the machine of Levacher, described in the fourth volume of the Memoirs of the Academy of Surgery, may be used. A vertical piece of iron ascending along the spine, and embracing the back part of the head by two wings reaching to the forehead, and a circular bandage to keep the head extended, are the principal parts of this ingenious machine, repeatedly applied with success by the inventor of it. If the head only is bent forwards, a pasteboard stock very high anteriorly may be worn. Whatever mechanical means are used, they should be applied in such a manner as not to impede in the smallest degree the motion of the affected parts. In fact, it is an essential point to combine exercise with them, which it is known is the best means of re-establishing the strength of the enfeebled muscles. Tonics, cold bathing, friction, a nourishing diet, and, in short, every thing recommended in the treatment of rickets, are to be combined with the use of machines.

If the child be very young, and cannot walk without the assistance of leading-strings, the precaution must be taken of sewing these to a broad girdle, so attached to the child's clothes that it may support the entire body without ascending up under the arm-pits, and thus compressing the axillary nerves and vessels. In general, the use of girdles and leading-strings is injurious; children should be left to themselves, and not forced to walk before their strength admits of it. Premature walking, by making the legs bend under the weight of the body, render them sometimes bowed; at other times the knees are turned inwards, that is to say, the child is in-kneed, and the feet are turned outwards; for the position of the feet is always influenced by that of the knees; thus, when the knees are turned inwards, the feet are turned outwards, and *vice versa*.

It is important to know this relation necessarily resulting from the disposition of these parts, when we attempt remedying their mal-conformation. It is on the knowledge of it that is founded the simple but efficacious practice of raising the internal edge of the foot, when the knee inclines too much inwards; and of raising, on the contrary, the external edge, when the knee is turned outwards, and the leg bowed.

When a child, from having been put to walk too soon, or from any other cause, shall be in-kneed or bow-legged, nothing is to be done in the first case but to have the internal edge of the sole of the shoe made somewhat thicker; and in the se-

cond, to have the same done to the external side. The constant adduction and abduction of the foot, if this simple precaution be attended to, influences in time the knee, and insensibly makes it straight. This treatment will be certainly successful if the child be young: his bones, flexible at this time, will yield easily to the force used to straighten them.

There is another species of malconformation, in which the feet are turned entirely either inwards or outwards. Persons labouring under this distortion, to whatever side the sole of the foot is turned, are said to be club-footed. The Romans distinguished two species of this deformity: they call those *vari* whose feet were turned inwards, and *valgi* those whose feet were turned outwards.

In the first species, the sole of the foot is turned inwards, its internal edge becomes the superior, and its external the inferior: the toes are bent; and the back of the foot, turned outwards, is usually more arched than natural. The contrary circumstances are observed in the second species. In both, the deviation of the foot, when carried to a certain degree, renders progression extremely difficult.

This deformity is occasioned by an inequality in the respective force of the adductors and abductors of the foot; which inequality may depend on the position in which the fœtus was placed in the womb, or on the manner in which it has been treated after birth.

Nothing is easier than to discover the affection, even though very inconsiderable; the leg itself is deformed and curved outwards if the sole of the foot is turned inwards, and *vice versâ*. It is of the greatest importance to oppose the deviation of the foot at the moment that it begins to take place. The bones are then soft, cartilaginous, and flexible, and take any form given to them; but as the person advances in age, they become hard, preserve the false position in which they have been drawn, and the part remains forever deformed.

As the foot is oftener turned inwards than outwards, the most useful apparatus in the greatest number of these cases, consists of a boot or buskin, to the sole of which is attached a spring bent into a semicircle. This boot is to be worn by the patient in such a manner as that the convexity of the same circle may bear against the external part of the leg. The spring thus curved, attached below to the sole of the foot, and above to the external and superior part of the leg by means of a broad knee-band, tends constantly to become straight, presses on the

external side of the leg, and at the same time serves to bring, the foot outwards. If its use be persisted in from a very early period until the process of ossification is finished, the limb may be brought to its natural direction. But it is impossible to effect this when the treatment has not been commenced early, and before the parts have acquired their entire consistence. In such cases, the patients should wear the boot and spring during his life.

The internal use of tonics should be combined with the application of this apparatus, for frequently these distortions are accompanied with symptoms which indicate a state of cachexy or general debility.

When, in consequence of a burn, a limb remains contracted, the cicatrices must be destroyed, and the limb brought to its proper direction, and kept so by means of a proper apparatus until the wound is healed. If, after an extensive burn of the palm of the hand, the fingers are contracted and kept constantly bent, an incision must be made into the cicatrix, but not deeper than the skin, lest the vessels, nerves, and tendons, so numerous in this part, might be wounded, and the fingers, after being extended, must be attached to a broad piece of board placed on the back of the hand. By this means the wound will heal, while the fingers are kept parallel to the bones of the metacarpus.

A little girl was admitted into the hospital *de la Charité*, with her fingers reverted on the back of her hand in consequence of a burn: the fræna, which confined them, were divided transversely behind the articulation of the first phalanges, with the bones of the metacarpus: the fingers were brought to their natural direction, and fixed so by means of a board placed on the palm of the hand, and some lint was put between the lips of the wound. Each finger was tied by a little band which passed through the clefts of the board, so that the wounds on the back of the hand might be dressed without deranging the apparatus. A larger cicatrix was formed, and the girl recovered without any deformity.

When cicatrices, in consequence of a burn, gangrenous carbuncle, or any other loss of substance, take place at the anterior-part of the neck, the skin is often overstretched, and fræna are formed, which keep the head bent and turned more or less to one side. In such cases, as in every other, the fræna must be cut, the lips of the wound separated and dressed with lint, and the head kept extended during the formation of the new

ciatrix. The iron cross of Heister, and in general all the machines proposed for remedying curvatures of the spine, may be employed for preserving the head in its proper direction.

In contractions arising from the continual contracted state of the flexor muscles, it is often useful to contend against the force of these muscles, and bring the limb straight. This direction is the most favourable for the functions of the limbs, even when they are ankylosed.

A young man, in consequence of an abscess which formed in the posterior and inferior part of the thigh, and which was followed by a great loss of the cellular substance of the ham, and of that about the popliteal vessels and nerves, had the biceps cruris, semitendinosus and semimembranosus muscles, so contracted, that the leg formed a right angle with the thigh. The leg could be extended by a force that overcame the contraction, but quickly reassumed the bent state on the removal of the force. Professor Boyer, convinced that in this case it was necessary to contend unceasingly against a power that was always acting, had a machine constructed by Citizen Oudet,* which, by keeping the limb in a constant state of extension, both during rest and exercise, at length overcame the contraction.

* This ingenious artist, honoured by the approbation of the Academy of Surgery, and esteemed worthy of national rewards, lives in the street des Fossés Saint-Germain-des-Près, Hotel de la Fautrière, Paris. The different apparatus for fractures of the clavicle, neck of the femur, and patella, an engraving and description of which are given in this work, have been constructed by him.

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NOTES.



NOTE I.

“THE apparatus for perpetual extension should not be applied before the irritation and spasm of the muscles are completely removed;” Page 29.

There are certainly many cases in which this rule will hold good. But the spasmodic action of the muscles has frequently been removed by applying the apparatus for permanent extension. In a case of oblique compound fracture of both bones of the leg, which occurred last winter in the Pennsylvania Hospital, under the care of Dr. Physick these disagreeable symptoms were entirely done away by the application of the extending splints invented by Dr. Hutchinson. A few hours after being applied, the splints by accident became displaced, in consequence of which the pain and spasmodic action returned. The patient was immediately relieved by again adjusting the splints.



NOTE II.

“A man aged 36 had his arm fractured, and nothing was done to adjust the fractured bone. This arm had been so long useless to the patient, that he was determined to undergo any trial for effecting the cure, &c.” Page 43.

In a case very similar to this, Dr. Physick pursued a different and more successful mode of treatment. Instead of sawing off

the ends of the fractured portions of bone, a seton was passed between them. The wound went through all the different stages which are necessary to effect re-union in compound fractures. Inflammation and suppuration were succeeded by granulations, which, by ossifying, produced a complete bony union at the end of thirteen weeks from the day on which the operation was performed. The seton was removed at the end of the twelfth week.

See a Paper by Dr. Physick, in the New-York Medical Repository, Hex. 2. vol. 1. p. 122.

NOTE III.

“If in a fracture of the superior maxillary bone, &c.” Page 45.

In the third volume of the London Medical Facts and Observations a case is related, in which the ligatures as recommended by Le Dran were of very little use in retaining the fractured portions in their natural situation. This indication, however, was completely fulfilled, by placing a piece of sponge between the teeth of the upper and lower jaw. The gradual expansion of the sponge reduced the fracture in about thirty-six hours. The sponge was changed daily for about a month. Its use was then discontinued entirely, and the patient recovered soon after without any deformity, except the loss of the fore teeth.

NOTE IV.

“Paralysis induced by fractures of the cervical vertebræ.” Pages 55, 56, 57.

Persons labouring under paralytic affections are very liable to gangrene, from long continued pressure. In other lingering diseases, the pain which the compression of any part occasions, generally compels the patient to change his position. In palsy however, this salutary warning is never given. But, how easily may we guard against the evils that would result from this suspension of some of the operations of nature, by substituting those of art. All that is necessary is to change frequently the position of the patient.

The effect of pressure from the weight of the body, is not the only evil that we have to contend with in fractures of the cervical vertebræ.

Muscular action is frequently the cause of the greater part of the dreadful consequences which almost invariably succeed fractures of these bones. The circumstance of their being so very moveable upon each other, will perhaps, in some measure, explain the fact, that injuries done to them are so frequently fatal. If the whole spinal canal were a complete and immoveable bony tube, fractures might sometimes take place in the spine, as they do in the cranium, without depression.

But as this canal is composed of a number of distinct bones, each of which has strong muscles inserted into different parts of it, we cannot easily conceive, that a fracture of any of the true vertebræ can ever occur, without being accompanied with a compression of the spinal marrow. In what manner shall we endeavour to remove this compression? Perhaps the best answer that we can give to this question will be to relate the following case:

Peter Colberry was admitted into the Pennsylvania Hospital on the 15th November, 1804. About half an hour previously to his admission, he fell from a height of ten feet, upon his head and back.

The upper and lower extremities were paralytic, the head was turned a little to the left side, and the neck was somewhat contracted. The patient was unable to rotate the head upon the second vertebra, but could easily turn it in every direction by moving the whole neck. Upon making some extension a crepitation was felt in the cervical vertebræ. His pulse at this time was so much depressed as to be scarcely perceptible. On the morning of the 16th it became somewhat fuller, and the pain in the neck increased considerably. This symptom however, was by no means so distressing, as a difficulty of breathing which came on about this time. The man was unable to cough, and was apparently almost suffocated by a collection of mucus in the trachea. Upon turning him so as to have the face downward, with a view of examining the vertebræ, so great a compression was made upon the abdominal viscera, and diaphragm, as almost to put a stop to respiration.

Dr. Physick ordered an apparatus to be applied, by which the neck was kept extended. The feet of the patient were secured to the lower, and his head to the upper part of the bedstead. See Plate 1. fig. 1.

Two hours after this dressing had been applied, the man recovered in some measure, the use of his arms. The difficulty of respiration however, continued, and at 5 o'clock on the morning of the 17th he died.

The muscles were not contracted, and the blood had not coagulated. The spinous process of the fifth, and the body of the sixth cervical vertebra, were fractured, and pressed upon the spinal marrow. A considerable quantity of dark coloured coagulated blood was found between the spinal marrow and the membrane, which lines the cavity of the spine.

The immediate cause of this man's death was, in all probability, a collection of mucus in the trachea, which a paralysis of the abdominal muscles, rendered him unable to discharge.

Notwithstanding the fatal termination of this case, the circumstance of the patient's being able to move his arms soon after the application of the apparatus, affords some ground for the belief, that in fractures of the cervical vertebræ, permanent extension of the neck may sometimes retain the fragments in their natural situation, and prevent them from pressing upon the spinal marrow.

A delineation of this apparatus is given in Plate 1. fig. 1.

A. A. Bandages passed round the ancles.

B. Another bandage tied to the former, and secured to the upright piece C. at the foot of the bed. This serves to make the counter extension.

For the extension a leather strap D. is passed round the head, and buckled on the vertex. E. another strap sewed to the former, and carried under the occiput.

F. F. A bandage which ties the strap to the nut G. of the screw 2.

Fig. 2. A male and female screw, invented and first used by Dr. James Stuart, in fractures of the leg and thigh.

The use of this dressing is attended with several inconveniences. It is frequently necessary to move the body of the patient—whenever this is done the extension will be rendered more or less oblique. It requires too much force, as almost all the ligaments and muscles of the whole body must be elongated.

I have proposed an apparatus, Plate 1. fig. 3, 4, 5, which may perhaps obviate some of these objections.

Fig. 3. Two pieces of board about two feet in length, half an inch thick, and eight inches wide. The lower end should be excavated and covered with bolsters to receive the shoulders. Two mortises in the upper ends receive the cross pieces fig. 4.

Fig. 2.



Fig. 5.

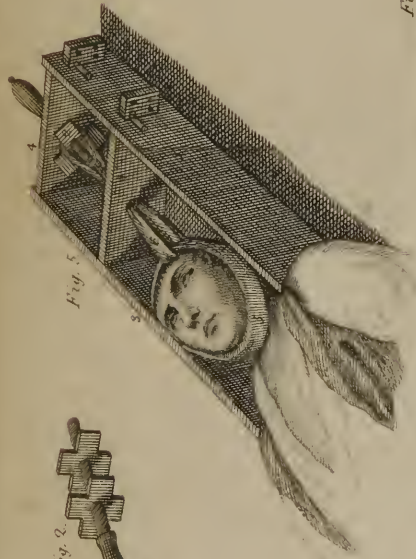


Fig. 3.



Fig. 4.



Fig. 1.



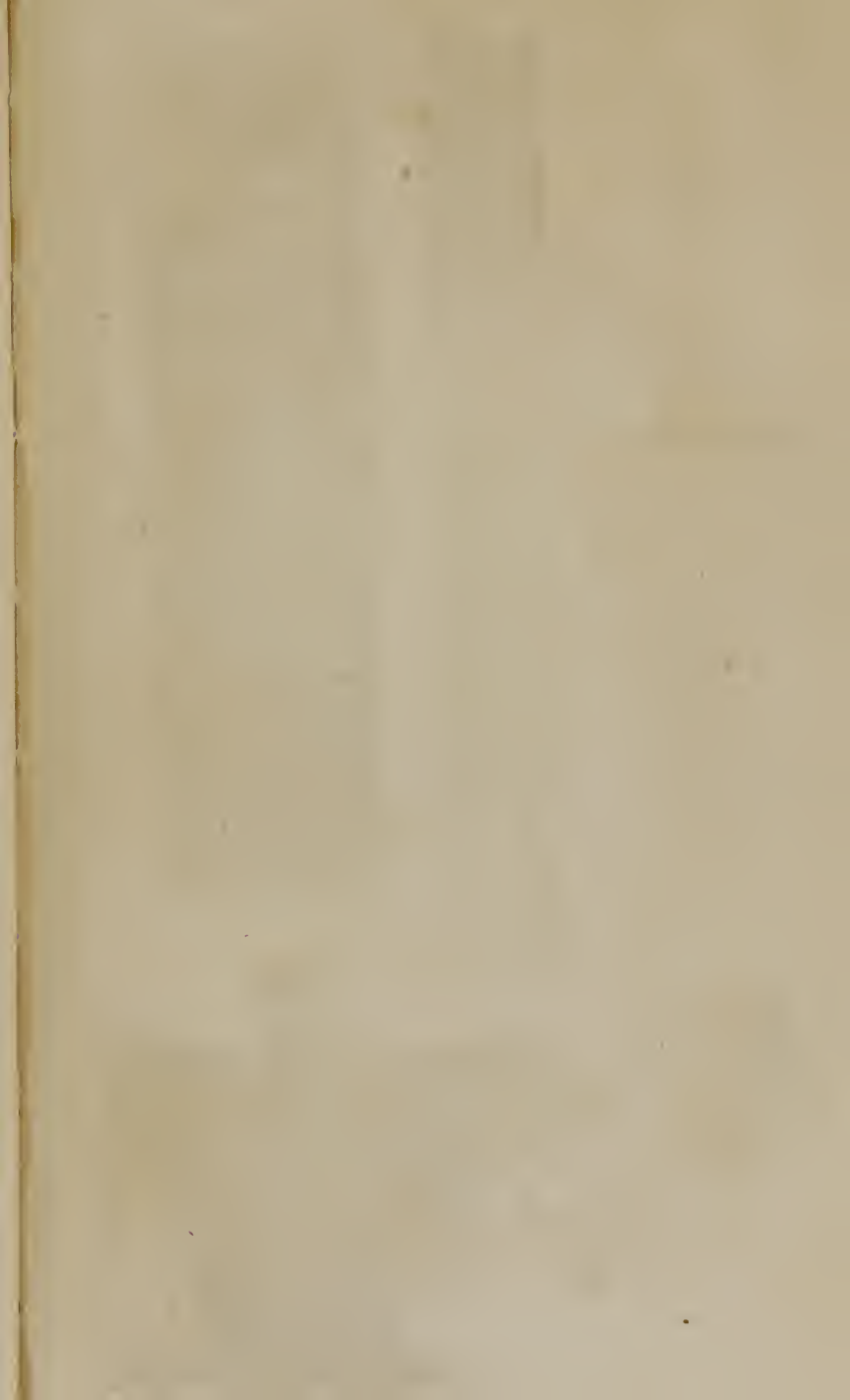




Fig. 5.

Fig. 1.

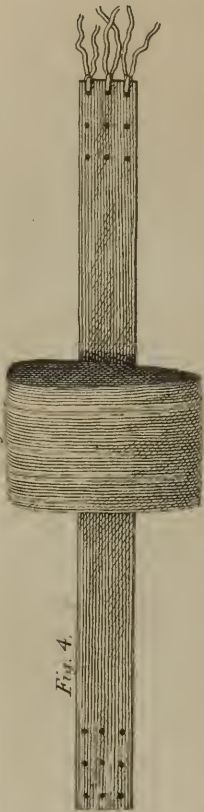


Fig. 4.

Fig. 3.

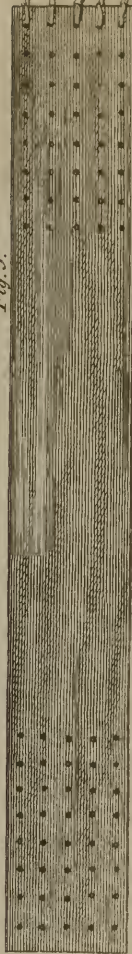
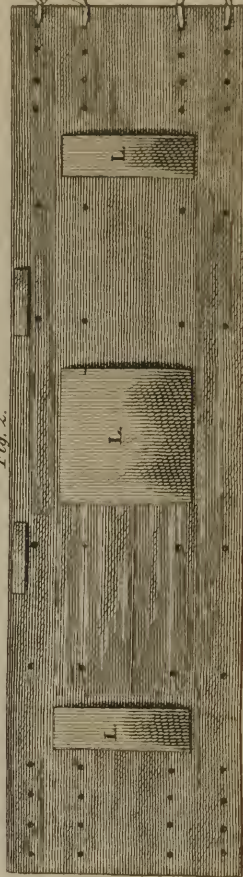


Fig. 2.



Tanner. 50.

Engraved for J. Hartshorne M.D.

A. J. Barrelet del.

Fig. 5. is a representation of the apparatus, when applied. Bandages, or leather straps, are passed round the head as in fig. 1. carried through a hole in the first cross piece, and tied to the screw.

If the screw should not be at hand, a common tourniquet will answer the same purpose.

In fractures of the dorsal vertebræ, this dressing would be of no avail. For if a fracture occur in any part of the spine below the last cervical vertebra, it is evident, that the counter extension must be made against some point below the first rib. If, instead of making the counter extension, as proposed by Dr. Physick, the ossa ilia should be chosen for that purpose, nothing is gained; as it is frequently necessary to raise the pelvis, and in doing this, an angle would be formed at the fractured part.

NOTE V.

“Apparatus for fractures of the clavicle.” Page 77.

This apparatus is simple in its construction, and can be very easily applied. It fulfils every indication which should be attended to in the treatment of these fractures, except that of raising the arm. With a view of supplying this desideratum, and of rendering the dressing for a fractured clavicle still more simple, I have proposed a modification of Boyer’s apparatus.

As the construction and manner of applying it will be readily understood by taking a view of Plate 2. we need not enter into a lengthy description of it.

Fig. 1. a cushion, to be placed under the arm. Fig. 2. a roller, about twelve inches in width, and four feet long, confines the cushion to the body. This part of the dressing has holes at each extremity, through which tapes are passed, and three loops L. L. L. Before the tapes are tied, the fore arm is to be carried through the middle loop, as at L. fig. 5.

Thus the first bandage serves the double purpose of confining the cushion to the body, and of supporting the fore arm. To prevent the cushion from slipping downward, it may either be sewed to the roller 2, or supported by straps passed over the opposite shoulder.

Fig. 3. another piece of linen, six inches wide, and about five feet in length. It is passed over the arm, and through the

loops L. L. L. and tied behind with tapes. The straps A. B. fig. 5. which support the whole dressing, may be either passed through loops, or sewed to the first bandage, before and behind.

Fig. 4. a bandage four inches wide, and a yard long, supports the elbow, and counteracts the tendency of the external fragment to be carried downward by the weight of the arm.

The strap C. D. prevents this bandage from slipping off the shoulder.

NOTE VI.

“Fractures of the Femur.” Page 125.

To the objections made by Boyer to Desault’s splint, we may add the difficulty of preventing the foot from turning outward, and carrying with it the inferior fragment.

A bandage passed round the foot, and tied to the internal and external splints, offers very little resistance. The internal splint being connected only by bandages to the rest of the apparatus is drawn outward by the weight of the foot.

Another very great inconvenience in the use of Desault’s splint is, that the bandages by which extension and counter extension are made, act obliquely. This objection has been in some measure obviated by improvements made in the construction of this splint by Dr. Physick, and Dr. Hutchinson. In Plate 3. we have endeavoured to give a view of these improvements.

a. a. a. Represents the axis of the os femoris.

D. The splint first used by Desault.

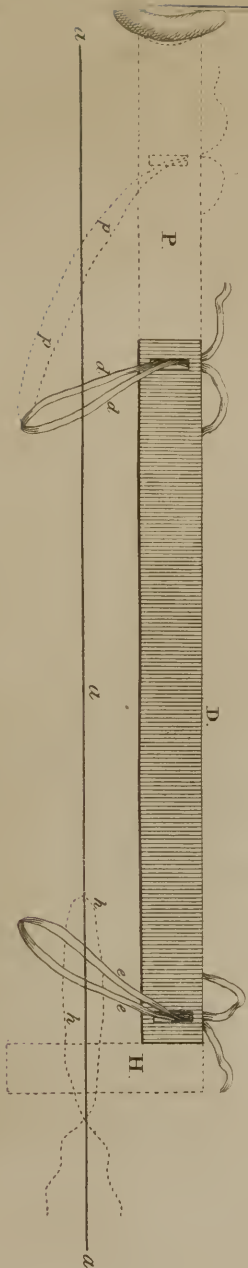
d. d. d. The bandage which makes the counter extension against the tuberosity of the ischium.

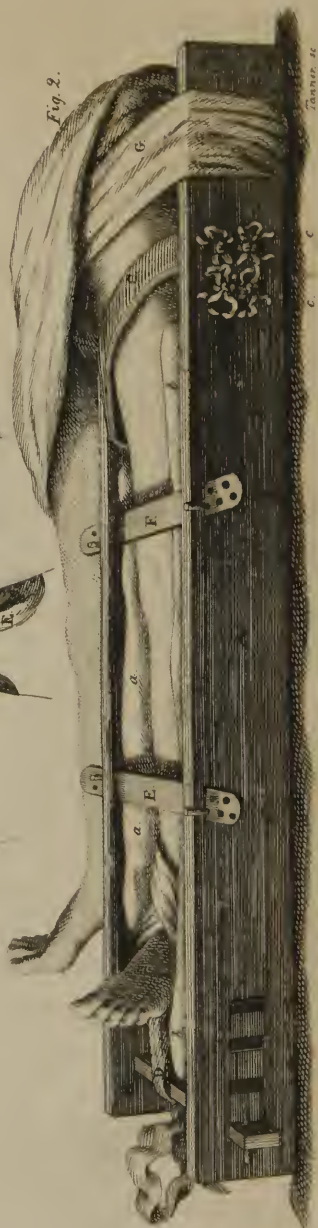
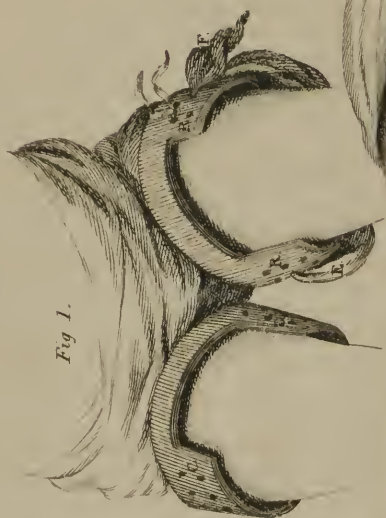
e. e. e. The bandage passed round the ancle, for the purpose of making extension.

The dotted lines P. shew the addition made to the upper extremity of this splint by Dr. Physick—p. p. p. the bandage which makes the counter extension.

H. The block added by Dr. Hutchinson to the lower end of the splint, and h. h. h. the extending bandage passed round the ancle, and over the middle of the block.

The upper end of this splint is excavated, so as to resemble the head of a crutch, and covered with a cushion. The counter extension is made against the axilla and the tuberosity of





the ischium. It is sometimes necessary to remove the bandage, in order to examine the perineum. Whenever this is done, the extension may still be continued, by making the whole of the counter extension against the axilla.

The obliquity in the action of the extending and counter-extending bandages, is thus considerably diminished; but it is by no means entirely removed, nor is any provision made against the tendency of the foot to fall outward.

Should the alterations which I am about to propose in the construction of Desault's splint be deemed worthy of a fair trial, future experience will determine whether they merit the name of improvements. Instead of the bandage which Desault directs to be passed between the scrotum of the affected limb, and tied to the external splint, for the purpose of making the counter extension, a piece of wood of an elliptical form, is made to surround the anterior and lateral parts of the thigh. This part of the apparatus, which for the sake of brevity shall be called the semi-circle, is to be placed on the thigh as in fig. 1. Plate 4. The external extremity presses against the spine of the ilium, while the internal compresses the tuberosity of the ischium.

R. R. shew two lateral projections pierced with holes. They should be about six inches in length, and parallel with the axis, of the os femoris.

E. F. a handkerchief passed through a hole in each projection, carried under the thigh, and tied at F. By tightening or relaxing this band, the circle may be in some measure enlarged or diminished.

Fig. 2, is a view of the apparatus applied to the left thigh.

A. B. the splints of the usual length, and about seven inches in width.

C. the semi-circle.

c. c. c. c. four holes in the external splint, with the tapes which tie it to the external lateral projection. The internal splint is connected in the same manner, to the internal lateral projection.

D. the cross piece upon which the extension is made by a bandage passed round the ankle.

a. a. a. b. b. b. bags of chaff, somewhat wider than the splints.

E. F. two cross pieces passed through mortises and secured by pegs. They serve to keep steady the whole apparatus, and by pressing the bags of chaff against the limb, they prevent the foot from turning inward or outward.

G. a bandage passed round the pelvis and external splint.

The effects of pressure should be guarded against by applying strips of adhesive plaster to the perineum, over the spine of the ilium, and round the ancle. A bolster should also be made to fit the upper edge of the semi-circle.

The bandage which passes round the ancle and is tied to the last cross piece, draws downward the inferior fragment, and at the same time, prevents the pelvis and superior fragment from descending, by pushing upwards the internal and external splints. By the former, the semi-circle is pressed against the tuberosity of the ischium, and by the latter against the spine of the ilium. In this manner, the extension, and counter extension, are made in a direction parallel with the axis of the os femoris.

NOTE VII.

“When the leg is fractured very obliquely, continued extension ought to be employed.” Page 146.

The splints invented by Dr. Hutchinson are well calculated to fulfil this indication. They are so simple in their construction, that a satisfactory description of them may be given without the aid of a plate.

The splints are about four inches wide, and long enough to reach from the knee to some distance beyond the foot. The upper end of each has four holes. At the lower end they are connected by a cross piece passed through mortises.

This apparatus is very easily applied. For the purpose of making the counter extension, two pieces of tape are bound to the inside, and two more to the outside of the leg, by a bandage passed round the limb, just below the knee. With these tapes, the upper ends of the splints are tied to the bandage. Another bandage passed round the ancle, and tied to the cross piece, makes the extension.

NOTE VIII.

“The extending force is to be applied to the inferior part of the leg, in order to have it as far as possible from the parts

which resist the return of the head of the femur. Luxations of the femur." Page 267.

When we apply the extending force to the inferior part of the limb, as directed by Boyer, we must extend the leg. When this is done, the flexor muscles which originate from the pelvis, and are inserted into the leg, have the same effect as if they were inserted into the os femoris—viz. they draw the head of the bone upwards, and offer a considerable resistance to the reduction. This resistance may be very much diminished by bending the leg.

Two cases of luxated os femoris, came under the care of Dr. Physick last winter, in the Pennsylvania Hospital. In the first attempts which were made to reduce these dislocations, the extending bandage was placed above the knee.

Whenever any considerable degree of extension was made, the bandage slipped. It was necessary then, either to pass the bandage round the ankle, and extend the leg; or to flex the leg, and apply the bandage just below the knee. Dr. Physick preferred the latter, and soon after accomplished the reduction.

POSTSCRIPT.

On the second of August, several days after the foregoing notes had been handed to the printer, the editor was called to a case of oblique fracture of the os femoris. The patient was a child aged two years and five months. Desault's splint was applied and had a very happy effect in lessening pain, by restraining the convulsive action of the muscles. On the next day however, the patient became extremely restless. The counterextending bandage had so much excoriated the perineum, that every attempt to increase the extension gave great pain.

In the afternoon, thirty-three hours after the accident, this dressing was removed, and the apparatus delineated in Plate 4 was applied.

Dr. James Hutchinson very obligingly offered to witness the effects of this method of dressing fractures of the thigh.

It was the opinion of this gentleman, that the necessary degree of extension in this case was made with little force, and consequently with little pain, in a direction parallel with the

axis of the os femoris: that the foot with the inferior fragment were effectually prevented from turning either inward or outward.

The child is now (8th August) entirely free from pain, and no difference can be perceived in the length of the lower extremities.

THE END.

PRACTICAL OBSERVATIONS IN SURGERY,

ILLUSTRATED WITH

CASES AND PLATES:

By WILLIAM HEY, Esq. F. R. S.

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